

# Hood's Sarsaparilla

Is the specific remedy for that tired feeling so common in the spring or upon the return of warm weather. It purifies and enriches the blood.

Get it today in usual liquid form or chocolate tablets called Sarsatabs.

Now He Doesn't Believe It.  
A Cleveland man was reading some jokes about how the English weren't so slow as they are supposed to be to get a joke. He believed it, too. So he tried his theory on a British guest of his.

"Did you ever hear Mark Twain's joke about how the report of his death had been greatly exaggerated?" he asked.  
"No," answered the Englishman, eagerly. "But I'll wager it was good. What was it?"—Cleveland Plain Dealer.

## SCALP WAS BADLY AFFECTED

"I am more than gratified by the successful results I obtained by the use of the Cuticura Remedies. For several years my scalp was very badly affected with dandruff and scales. My scalp itched terribly at times and my hair fell out. My coat collar would be actually white with the dandruff that had fallen from my scalp. My profession being that of a barber, I was particular about having my hair in good condition, and was also in a position to try many lotions, etc., for the scalp. These had little or no effect. I had heard so much about the Cuticura Remedies that I resolved to try them. I shampooed my head with Cuticura Soap twice a week and after drying my head thoroughly I anointed parts of my scalp with Cuticura Ointment. I was pleased from the outset, and continued to keep up this treatment. To think that only three cakes of Cuticura Soap and one-half box of Cuticura Ointment did my head of this annoying trouble made me feel quite contented. I have now got a thick growth of hair and I am never troubled with any dandruff or itching of the scalp. There is no question but that the Cuticura Remedies cured me. I frequently recommend them to my customers, and they think a great deal of them." (Signed) John P. Williams, 307 N. Folk Street, Dorchester, Boston, Mass., July 28, 1910.

## A NEW IDEA.



Politicians—There were several ungrammatical sentences in your speech last night.  
The Candidate—I know; I'm making a play for the uneducated vote.

Hopelessly Outclassed.  
"Mrs. Caswell, while you were in Venice did you see the Bridge of Sighs?"  
"Oh, yes; I saw what they called that. But, my land, I've seen bridges ten times its size without ever going out of Pennsylvania!"

One Close Tip.  
"Your wandering life as an actor must cut you off from all ties."  
"Ah, madam, say not so. The rail road ties are ever with us."

## Get the Happy Mood—Post Toasties

with cream for a breakfast starter produce it.

And there's a lot in starting the day right.

You're bound to hand happiness to someone as you go along, and the more you give the more you get.

Buy a package of Post Toasties and increase the happiness of the family!

"The Memory Lingers"

POSTUM CEREAL CO., Ltd., Battle Creek, Mich.

# With the World's Workers

REVIEW OF PROGRESS THAT IS BEING MADE ALONG ALL LINES OF ENDEAVOR

## REALITY THAT COUNTS

Fine Clothes a Poor Substitute for Character.

### PROBLEM FOR THE WORKER

Gay Finery Does Not Make Nor Retain Respect—Jane Adams' Career a Worthy Example—Her Character and Worth Make Her Preeminent.

Working girls, like their richer sisters, have their likes and dislikes, and, like their richer sisters, often lay stress upon things which are not of so much value to them as other things might be. They have more by the show of things than by the realities. It is a case of the glitter which passes for gold. When well-dressed women come into the store, the girls behind the counter stare at them and not infrequently say, "Fine feathers make fine birds." They often wish they might be so situated as to have nothing to do with life but buy fine clothes and spend their time at social functions and clubs. There is such a glamor about the society woman in the young girl's eyes that her yearning for finery is so great she will almost spend every cent she earns and even get into debt to deck herself, and too often she presents the appearance of a cheap imitation.

She ponders over the thought, Why is it that she just toil and suffer details while others no better than she have an easy life? There are certainly inequalities in life. Circumstances often govern, however, there are compensations for every condition in life when one learns properly to read the meaning of it. Most people do not read the parable, as is evidenced by the distress about the well-dressed woman in contrast with the indifference and contempt frequently evinced toward the toiler.

It is this preference which makes the worker long for the life of ease, the good clothes, the society life. She feels if she, like her rich sister, but had the money she too might shine and be of the so-called elite as a matter of fact she does not need fine clothes nor the show of wealth for one to reach the highest pinnacle of society. It needs only a good strong character, but the good must be of the highest quality. Some will say, "Sunday school talk," but let them answer this question: Are there any women in the best society who stand higher than Jane Adams? Every society woman in the whole United States, from the president's wife down, would feel honored by her presence.

And happy indeed will be those that die the hour that Jane Adams dies, for the angels will throw the gates wide, to welcome home their sister, that many a poor unworthy will enter into joy in the glory of her coming.

There are other women who have made a place for themselves which is looked up to by people in every walk of life, and their names will live long after those of the society women of ages have been forgotten. These women never lead in style, nor do they feel that they have to have every passing fashion. Through their character and worth they impress themselves upon the people, and society welcomes them with open arms. They believe that they have no right to luxuries while others are in want of necessities. They are the workers, these women, who toil that others may shorten their hours of toil, who agitate for better working conditions for workers, who strive that knowledge may be spread.

The worker can better afford to emulate the example of those who stand highest in the realm of work. Everyone can exert an influence for good in his community if he lives a right life in accordance with his means and circumstances; if he sets value upon the things worth while. One should dress the best one can afford. It is a girl's duty, and her desire as well, to look as well as possible. It is equally her duty to give her mind to other matters than dress.

To Repair Tungsten Filament.  
As persons using the brilliant tungsten filament electric lamp have reason to know, they are easily broken by a sharp jarring of the bulb. So delicate is this tungsten burner that in spite of the better light which householders feel they cannot afford without; or, if using them, make sure that they shall hang pendant from a height above the ordinary chance of one's stumbling over the chandelier with head or broom handle or duster.

Recently an inventive person has discovered that in the case of a broken tungsten filament a light tapping of the bulb, wherever the broken filament is caught in the glass, tends to come in quiet contact with the vibration, will result in the filament's broken ends coming in contact and fusing fast again. Of course, the current at the time must be turned on.

### SHORTER DAY WORK WELL

Has Naturally Been Coincided With the Adoption of Labor-Saving Machinery.

The shorter workday has been adopted by practically every lithographic establishment in the country, and the lithographers, with the help of the new "Cost Systems," which are being pretty generally adopted in the trade, are busily engaged in trying to figure out just how much more their work must cost their customers in order that the expense of the adoption of the eight-hour day will not fall directly upon the lithographer himself. That it will cost more to do work on the eight-hour-day basis than it did when the men worked nine hours is but reasonable to suppose. Just how much more the cost will be is a question that will require some study, because man is not a machine and will not be capable of doing as much work in the ninth hour as he does in the eighth. It stands to reason that a certain amount of fatigue will have to be contended with.

So far, throughout the civilized world, the adoption of shorter working days for men has been coincided with the adoption of labor-saving machinery. In the type printing industry, for instance, the adoption of the type-setting machine resulted—occurred at the same time as—the adoption of a seven-hour day on newspapers. This is but one of many such incidents—Exchange.

### SNIP-O-GRAMS.

If you can't keep straight in the company you keep out out the company.

He is a friend in name; only whose influence is not a good one. Business secured by the loss of self-respect is poor business. The test of friendship is an empty purse.

The man whose debts do not worry him is generally poor pay. If your wife is the better savor she had better be the banker. The pool shark is not, as a rule, the pluggier in business.

## GRINDING CINNAMON

City Industry of Which Little is Known.

### INGENUOUS MACHINERY IN USE

But for Clever Construction of Pipes Worker Would Be Unable to Pursue Calling on Account of the Quantity of Fine Dust.

Down in a dark corner of a basement of a wholesale house stands a middle-aged man under a drop light burning all day long, flickering and casting long shadows over the brown sacks of sugar stacked high against the walls. A ten-year-old boy plays around his father, whistling and snapping a leather whip, climbing on top of the sugar sacks, or kicking through a pile of cinnamon bark, writes Harriet Ferrill in the Chicago Tribune.

The glaring light fits over their faces now and then, showing the father before a mill something like a giant coffee mill without a handle. It rests on top of a number of little buzzing wheels, turned by an electric motor. A broad belt stretching from the funnel-like mouth to the low, whirling wheels in the rear away and spins behind the cinnamon grinder, who stoops to adjust the chipped cinnamon bark piled like a mountain on a square platform of rough boards at his feet.

After each scoop he scrapes the stray pieces back into their places and makes the mill nicely pointed.

Meanwhile the wheels turn, the belt slips, and the noise continues. At the side of the hopper is a big trunklike chest with tall pipes made of canvas stretched over wooden frames, towering half way to the ceiling, reminding one of a pipe organ. The cinnamon bark grinder turns off the electricity and the mill slows down. By unclamping the locks and throwing back the lid of the chest he causes a cloud of cinnamon to rise as it drops from the tall mill into the hopper at the bottom of the big wooden box.

"If it were not for the pipes I couldn't stay in here for the dust," he says. "As it is, it has ground cinnamon in the pipes as it ascends. The canvas is thin enough to let the air for ventilation, too. The grinder generates heat and the cinnamon needs to be cooled. When the chest is full the cinnamon is dropped

## MAKE IT HOME HOUR

STENOGRAPHERS DO WORK THEY LIKE ON TRAIN.

Chicago Workers Seem to Have Solved Problem How to Employ Time on Long Journeys.

It would not be considered thrilling by most girls, but the time that they spend on the train is considered the most delightful part of the day by the stenographers that come in from Aurora to offices in Chicago. They catch a train that gets to Chicago before 8 o'clock in the morning. This, in a town of the size of Aurora, means getting up pretty early. During the short winter months it is still dark when some of them start from home. Even in the evening there is no time to do the "home" things that girls delight in. But these stenographers have turned the trips on the train into a home hour. Some embroider, some crochet, but they all have a way of work. With twenty or thirty of them the car which they use present a strange appearance for a railroad.

How to get time for pleasure and the rest that is necessary outside of the eight hours' work is the problem of the stenographer. Often a girl will not take a position outside of the loop because the only chance she has to meet her friends is during the train. Many of them are employed like herself, and they go to lunch together. Others will sacrifice a better salary to be near State street for the noon shopping. Others only for the position in a building where there are spacious rest rooms and mirrors.

"We need such a place to dress in if we want to stay downtown together or where we can meet our friends," says one girl. "So to the theater," explained one girl, "so carefully, it will be seen that the stenographer has little chance left for that 'fitting herself for a higher position' which is part of the advice given her. Yet there are girls who have and are studying for outside vocations.—Chicago Daily News.

Excursion Approaches.  
She—My dear, here is the biggest kind of a hole in your best pair of stockings.  
He—Oh, darn it!

Keep your house and your belongings clean. Let the blessed sun, the greatest physician in the world, get all through you and all about you. Get your full share of the free air of heaven. "Eat to live and not live to eat," as a sage philosopher of the long ago tells us. Keep your house clean in which you live and keep the "house" in which your life lives clean, and all will be well.

A Monopoly.  
Urbante—What did you come to the city for?  
Country Boy—To earn a honest living.  
Urbante—That's all right. You'll find no competition.

Better Days.  
He (with a little sigh)—This is the third winter hat you have had this year.  
She—Well, but dearest, summer will soon be here now.

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Apply only from Asseptic Tubes to prevent infection. Merrett Salve in Tubes—New Size 25c. Merrett Eye Liquid 50c-60c. Eye-Socks in each package.

It is a good thing to know where you are going, and what road you are going for.

Power in Quietude.  
There is a potent charm in being serious. And nowhere is seriousness so charming as in a business office. Seriousness need not necessarily be dullness or priggishness. A girl can be quietly and seriously attend to her work, yet be pleasant. She can be jolly, but with just that reserve that is a lure to know her better. A girl needn't talk talkantly to talk interestingly. One can talk to serious matters, or talk seriously about everyday affairs, yet be so enterprisingly and with such sympathy as to hold her hearers. And one goes away from such a conversation with a far keener sense of pleasure than from the talk that has been all clever repartee and nothing else.

There is a happy mean between the noisy, flippant girl, and the quiet one who never has anything to say. The girl who strikes the third mean, who knows how to be charmingly serious, will have the real liking of every one in the office, from her employer to the office boy. And she has a far more valuable business point of view, than the girl who is always trying to be smart. There is no need for the quiet girl to envy the girl who is always saying something clever. The quiet girl has a greater charm within her power, if she will make the most of it.

# Health For Sick Women

We know of no other medicine which has been so successful in relieving the suffering of women, or secured so many genuine testimonials, as has Lydia E. Pinkham's Vegetable Compound.

In almost every community you will find women who have been restored to health by Lydia E. Pinkham's Vegetable Compound. Almost every woman you meet has either been benefited by it, or knows some one who has.

In the Pinkham Laboratory at Lynn, Mass., are files containing over one million one hundred thousand letters from women seeking health, in which many openly state over their own signatures that they have regained their health by taking Lydia E. Pinkham's Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound has saved many women from surgical operations. Lydia E. Pinkham's Vegetable Compound is made exclusively from roots and herbs, and is perfectly harmless.

The reason why it is so successful is because it contains ingredients which act directly upon the female organism, restoring it to healthy and normal activity.

Thousands of unsolicited and genuine testimonials such as the following prove the efficiency of this simple remedy.



Coloma, Wisconsin.—"For three years I was troubled with female weakness, irregularity, backache and bearing down pains. I saw an advertisement of Lydia E. Pinkham's Vegetable Compound and decided to try it. After taking several bottles I found it was helping me, and I must say that I am perfectly well now and can't thank you enough for what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. John Wentland, R. F. D., No. 3, Box 60, Coloma, Wisconsin.

Women who are suffering from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

## IGNORANCE!



Old Gentleman—And what's your name, my boy?  
Kid—Sech is fame! He don't recognize de 45-pound champion of the 'Thoubteen' war!

Keep Clean.  
Keep your house and your belongings clean. Let the blessed sun, the greatest physician in the world, get all through you and all about you. Get your full share of the free air of heaven. "Eat to live and not live to eat," as a sage philosopher of the long ago tells us. Keep your house clean in which you live and keep the "house" in which your life lives clean, and all will be well.

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## The Farmer's Son's Great Opportunity

Why wait for the old man to die? Buy now the great opportunity to become a wealthy man. Buy now the great opportunity to become a wealthy man. Buy now the great opportunity to become a wealthy man.

Now's the Time  
Don't wait for the old man to die. Buy now the great opportunity to become a wealthy man. Buy now the great opportunity to become a wealthy man. Buy now the great opportunity to become a wealthy man.

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