

OBITUARIES

KENNETH BAGGETT
Mr. Baggett, 36, of San Francisco, formerly of Farmington Hills, died Sept. 14.
Mr. Baggett graduated from North Farmington High School in 1979. He attended Wayne State University and The Academy of Dramatic Arts in New York City. He was employed as a freelance actor.
Survivors include his parents, Dorothy and Eugene Baggett; brothers, Daniel and Steven; sister, Beth Jacobs; grandmother, Mildred Baggett.
Private memorial services were held Sept. 28 in San Francisco.

RUSSELL L. BLAKE
Mr. Blake, 53, of Redford Township, died Sept. 21 in Botsford Hospital, Farmington Hills.
Born in Detroit, Mr. Blake was employed by Crowley's of Farmington Hills since 1990. He worked for Chesley Industries

for 25 years.
Survivors include his wife, Mary; mother, Trudi Blake; brothers, Mike and Phillip; sisters, Lori Blake of Farmington Hills and Suzi Zinn.
Services were at the Thayer-Rock Funeral Home, Farmington. The Rev. Larry Austin officiated. Burial was in Grand Lawn Cemetery, Detroit.
Memorials may be made to Michigan Cancer Foundation, 18931 W. 12 Mile Road, Lathrup Village 48076-9806.

ELLEN G. OTTO
Mrs. Otto, 66, of Farmington, died Sept. 22.
Born in Ann Arbor, Mrs. Otto was a retired teacher. She taught at Forest Elementary School for five years. She retired in 1991.
Mrs. Otto was a volunteer for the Michigan Parkinson's Foundation and was a volunteer teacher of adult math and read-

ing classes at Bentley Center in Livonia, a community education center. She also played piano and was president of the women's group at her church, St. John Lutheran Church in Farmington Hills.
Survivors include her husband, Don; sons Larry and Dave; sister, Ruth Gunberg; five grandchildren.

Services were at St. John Lutheran Church. The Rev. Daniel Cave, The Rev. Charles Fox and The Rev. Mary Olivanti officiated. Burial was in Oakwood Cemetery, Farmington.
Memorials may be made to the Parkinson Foundation, c/o Mel Walck, 90237 Pipers Lane, Farmington Hills 48334.
Arrangements were made by the Thayer-Rock Funeral Home, Farmington.

LUCILLE F. LINN
Mrs. Linn, 90, of Farmington Hills, died Sept. 23 in Courtyard

Manor, Farmington Hills.
Born in Columbus, Ohio, Mrs. Linn worked for Excello Corp during the war. She also worked for Detroit Edison.
Survivors include her son, Larry; daughters, Betty Rutherford; nine grandchildren and 12 great-grandchildren.
Services were at the Thayer-Rock Funeral Home, Farmington. The Rev. Larry Austin officiated. Burial was in Anacina Park Cemetery, Birmingham.
Memorials may be made to Alzheimer's Association, 17220 W. 12 Mile Road, Suite 100, Southfield 48076.

MARY DENISE FANELLI
Mrs. Fanelli, 45, of Farmington Hills, died of breast cancer in St. John Hospital, Detroit.
Born in Detroit, Mrs. Fanelli received her nursing degree from Mercy College in 1973. She taught intensive care nursing at Grace for 8 1/2 years. She

became associate director of nursing at Bon Secours Hospital in Groesse Pointe.
While working full time and raising a family Mrs. Fanelli earned a masters of science degree in nursing administration from the University of Michigan in Ann Arbor. She also held positions at Botsford General Hospital as an administrator of nursing services, and at Bon Secours as vice president of operations until 1995.
One of her aspirations of running a hospital was fulfilled when she became vice president-administration of Annapolis Hospital in Wayne, part of the Oakwood Health System, until her illness restricted her from working full time.
Survivors include her husband, Tony; sons, Michael, Patrick and Tony; mother, Kathleen Knecht; sisters, Molly McDonald, Kathleen Knecht, Maureen Kronk and Michaelen

Gillespie.
Mass was celebrated at Our Lady of Sorrows Catholic Church. Burial was in Holy Sepulcher Cemetery, Southfield.
Memorials may be made to St. John Oncology Dept., 22101 Moross Road, Detroit 48238.
Arrangements were made by the O'Brien Chapel/Ted C. Sullivan Funeral Home, 41665 Grand River, Novi 48375.

CLED P. POWDER
Mrs. Powder, 72, of Farmington Hills, died Sept. 26.
Born in Greece, Mrs. Powder was a school teacher in South Redford School District.
Survivors include her daughter, Marijo Dupuy; brother, Gus Paron; sisters, Thalia Schunic and Stella Carmichael; three grandchildren.
Arrangements were made by the McCabe Funeral Home, Farmington Hills.

Cranbrook Hospice Care needs volunteers

Cranbrook Hospice Care is seeking caring volunteers to provide in home support to terminally ill patients and their families.

Fall training sessions begin in September. Please call Sharon Doyle or Gerry Gold at 810-334-8700 for more information.

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Physical Therapy & Sports Medicine

by Richard W. Milder, P.T., A.T.C., M.S.

IN THE SWING

Playing golf may pose less risk of producing sprains, strains, and fractures than other more vigorous sports, but it still carries a risk for creating shoulder problems. Swinging a golf club can place undue stress on the rotator cuff muscles, which are the four key muscles located on or near the shoulder blade that stabilize the upper arm bone (humerus) in the shoulder socket. Repeated overuse of the shoulder can lead to microscopic tears in the tendons of these muscles, which leads to swelling and inflammation (tendinitis). With continued overuse, the tendon might actually tear. Those who are most vulnerable to this sort of injury are older golfers due to the fact that the rotator cuff can degenerate with age. The best course of action to take with this type of injury is the preventative approach. The physical therapist can recommend exercises intended to keep the rotator cuff strong and flexible.

The purpose of our practice here at Milder Physical Therapy & Sports Medicine, P.C. is to relieve pain and restore and achieve our patient's optimal movement and health. Following an examination, we will answer any questions patients might have. In this way, patients have a clear understanding of their present condition. For more information, or to schedule a consultation, call us at (810) 476-7330. Located at 13566 Eight Mile Road, Suite A, Farmington Hills, we are open weekdays by appointment.

P.S. Right-handed golfers typically experience rotator cuff problems in their left shoulders, while the opposite holds true for left-handed golfers.

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- JOAN RIVERS • BOB WOODWARD • EVEL KNEIVEL • TORI AMOS

THE STARS ARE BRIGHTER ON THE

- Paul W. Smith 6:00 a.m. – 10:00 a.m.
- Ken Calvert 10:00 a.m. – 12 noon
- Paul Harvey & Focus 12 noon – 1:00 p.m.
- Dr. Laura Schlessinger 1:00 p.m. – 4:00 p.m.
- Albom in the Afternoon 4:00 p.m. – 6:00 p.m.

WJR 760am