



Form, balance: Caryn Zeitlin, 6, of Farmington Hills works on her ice ability during basic ice skating class recently at the Farmington Hills Ice Arena. For more details on classes, call 478-8800.

Staving smooth

If you're a woman

over 40, **Botsford**

a toast.



Here's to you ... getting more calcium.

Taking over 1,000 milligrams of calcium a day helps protect you against bone disease and osteoporosis. However, most American adults take in far less, especially women. How simple is filling the calcium requirement? ${
m As}$ simple as drinking three cups of milk a day. And when it comes to calcium content, skim milk is just as effective, as are other calcium-rich foods such as cheese, yogurt and calcium supplements. Are you at risk for osteoporosis? Botsford Hospital has a bone density test that's safe, noninvasive, painless and covered by most insurances when accompanied with a diagnosis from your physician. The test provides essential information to help your doctor assess the health of your bones. If you show signs of osteoporosis, your doctor can recommend preventative measures or therapy. Get a bone density test today at Botsford General Hospital. Then pour yourself a tall, cold glass of milk and drink to your good health! $oldsymbol{\Gamma}$ or information on Botsford physicians in your neighborhood, call our physician referral service, HealthMatch, at (248) 422-7900.



Reaching Out To The People Of Our Community 28050 Grand River Avenue, Farmington Hills, MI 48336-5933

Teen charged with stalking ex-girlfriend

BY TM SMITH
STATE MINISTER THE STATE WATER

The Farmington Public Safety
Department received a warrant
from the county prosecutor Friday authorizing that a 17-yearold West Bloomfield man be
charged for aggravated stulking.
But, so far, the suspect has not
turned himself in - delaying
arraigment proceedings in 47th
District Court. He was notified
by letter that he had a week to
appear at the police station to
face the charge.

After that, the charge will be
put into the computerized Law
Enforcement Information Network, with the information
accessible to surrounding police
departments, said Farmington
Cmdr. Maria Putt Wedneaday.
'If he's stopped for anything,
even a traffic violation, he'd be
arrested.'

The auspect was accused by
is former girlfriend of repeated-

arrested."
The suspect was accused by his former girlfriend of repeatedly stalking her since their breakup earlier last month, even after being ordered by police to leave her alone.

her alone.

Mike Wiggins, public safety deputy director, said the charge is aggravated stalking because of

those repeated incidents. Wiggins said the misdemeanor carries a one-year sentence and/or \$1,000 fine.

Last week, according to Farmington Cmdr. Maria Putt, the expirifriend and her current boyfriend told police they were paged by the man despite warnings from officers to stay away and not have any contact with either of them.

On Thursday, Aug. 28, police reports said the man showed up at the front door of the victim's friend, where the ex-girlfriend was temporarily staying.

And, two days before that, the ex-girlfriend told police the man followed her and allegedly threatened her.

According to the woman, an 18 year-old from Farmington Hills, problems with her experior problems with her experior and the consumer of the continue the consumer relationship.

But the man told police the former girlfriend still owes him about \$200 in cash and another \$125 worth of personal belongings. He said the reason he keeps contacting her is to get his belongings beck.

Sweet ending to road work



ready to help its customers celebrate with a free slice of pie.

Customers are invited to stop into the restaurant to pick up a construction hat. Then, they return wearing the hat on Saturday, Sept. 20, to receive their

A sweet ending is what George Darany, owner of Big Boy Restaurant on 20788 Restaurant in 1995 and began a Farmington Road is promising.

Now that construction at Eight Mile and Farmington is over, the restaurant is segoing on," he said. "Now that it is finally over, I think we its customers cele-"Now, once again, I appreciate my customers' patience while the Eight Mile Road construction was going on." he said. "Now that it is finally over, I think we have reason to celebrate."

The restaurant is open from 6:30 a.m. to midnight on week-days, 6:30 a.m. to I a.m. on Fridays and Saturdays and 7 a.m. to midnight on Sundays and surdays and reason.





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