

# RECREATION CENTER

The Observer & Eccentric publishes the "Recreation Center" every Sunday in Sports. To submit results of competition, items for the Rec Roundup or local story ideas, call staff writer Chris Mayer at (248) 903-2559, fax him material at (248) 644-1314 or write to him at: The Observer & Eccentric Sports Department, 805 E. Maple, Birmingham, MI 48009.

## REC ROUNDUP

### RUNNING

**R & D RACE DIRECTORS**  
R & D Race Directors kicks off its 1998 schedule Sunday, May 3 with the First Annual Great Lakes State Games Regional event. Scheduled for 10 a.m. on the trails at Independence Oaks in Clarkston, this event features a 5 1/2-mile run, 2.4-mile walk and 1/2-mile Kiddie Run. It will be held in conjunction with the annual Great Lakes State Games in Lansing. Call 1-800-753-9820 for more information regarding R & D's exciting 1998 schedule.

### FUND-RAISERS

**THE 1998 MS WALK**  
The annual MS Walk to help the fight against multiple sclerosis comes to Birmingham on Sunday, May 3. Featuring routes of five, 15 and 20 kilometers, the Birmingham event will be conducted at Seaholm High School (2436 Lincoln). Check-in begins at 8 a.m. and the routes open at 9 a.m. Walks will also be held in Ann Arbor (Sunday, April 19), Dearborn (May 3), Grosse Pointe (May 3) and Monroe (May 3). For more information or a detailed brochure/registration form, call the National MS Society, Michigan Chapter at (248) 350-0020 or 1-800-247-7382.

### CLEAN AIR CHALLENGE

Join the American Lung Association for the 6th annual Clean Air Challenge Bike Trek on Sunday, Sept. 7 at Island Lake Recreation Area. Proceeds benefit the American Lung Association of Michigan's Asthma Education Programs in Metropolitan Detroit. To sign up or receive additional information, call 1-800-LUNG-USA.

### TEAM IN TRAINING

Team In Training is an endurance training program for runners, walkers and cyclists to benefit the Leukemia Society of America. As a Team In Training member, novice and experienced participants will be training to either run or walk a 55.2-mile marathon or to cycle a 100-mile bike ride under the leadership of professional coaches. The program includes regularly scheduled training sessions, fitness and nutritional advice, as well as weekly schedules to keep you on track throughout the four-month program. An information meeting is scheduled for 6:30 p.m. Monday, Feb. 2 at the Holiday Inn/North Campus (3600 Plymouth Road) in Ann Arbor. Call 1-800-456-5413 for more information.

### INDOOR SPORTS

**DROP-IN BASKETBALL**  
Basketball players looking for a pick-up game can stop by Abbott Middle School in West Bloomfield on Wednesday evenings. Half-court drop-in basketball games will be played each week from 6:30 p.m. to 9 p.m. Cost is \$4 per player at the door. The program is offered by West Bloomfield Schools Community Education. Call 539-2290 for more information.

### more information.

**SENIOR CITIZEN VOLLEYBALL**  
Senior citizens can get a little exercise and have an enjoyable time in the process by participating in senior citizen drop-in volleyball games. The games are free to all seniors and is offered 7:30 a.m.-9:30 a.m., Mondays, Wednesdays and Fridays at the Administration and Community Services, 6910 Commerce Road. The games are offered by West Bloomfield Schools Community Education. Call (248) 639-2290 for more information.

### TENNIS

The Suburban Tennis Association will present "Saturday Night Tennis" events in the next few weeks at Franklin Fitness & Racquet Club in Southfield. The next matches are scheduled for 7 p.m. on Feb. 7, Feb. 14, March 7 and March 14. The night features doubles and mixed doubles play, a minimum of two hours court time, no tennis balls, soft drinks, sandwiches, salad and dessert. All players are welcome, and the cost is \$16. Call Marilyn at (248) 879-1673 or Al at (248) 646-4277 for more information. Franklin Fitness & Racquet Club is located at 29360 North-Western Highway.

### JOE DUMARS' FIELDHOUSE

The winter II league season at Joe Dumars' Fieldhouse begins in mid-February. Offerings include adult 5-on-5 and 4-on-4 basketball leagues, adult floor hockey leagues and adult hard court volleyball leagues. Call Dave Stone or Jen Hopp at (810) 731-3030 for details. Joe Dumars' Fieldhouse is located on Mound Road just north of M-59 in Macomb County's Shelby Township.

### OUTINGS

#### SOUTHEAST MICHIGAN GROUP, SIERRA CLUB

SEMG will stage the following outings for those interested in outdoor activities on Sunday, Feb. 8, Riverbend Ooops. Hike the riverbend loops without any slippery cops at Island Lake State Recreation Area. Meet at noon behind the Marathon station at Telegraph and 12 Mile Road in Southfield or at Riverbend at 1 p.m. for a five-mile, moderate hike. There is a \$1 trip fee and an optional restaurant stop. Call trip leader Max Nemazi at 313-421-4397 for more information.

**Saturday, Feb. 14, Moonlight Ski.** Valentine's Day hike or ski under the stars at Maybury State Park west of Northville. Meet at 7 p.m. in the horse barn parking lot off Beck Road approximately 1/4 mile south of Eight Mile Road for this moderately paced adventure. Bring a flashlight. There is a \$1 trip fee and optional restaurant stop. Call trip leader Ed McArdle at 313-385-6645.

**Sunday, Feb. 16, Bald Mountain Ski or Hike.** The group will do the hilly trails of this area early in the day so bring a flashlight and the appropriate gear for a moderately paced hike. Meet at 10 a.m. behind the Michigan National Bank on 14

Mile, 1/2 mile east of I-75 (on the south edge of Oakland Mall) in Troy. There is a \$1 trip fee. Call (313) 366-6901 for more information.

**Sunday, March 1, Pointe Pelee Ice Hike.** Join the eighth annual winter outing to the Pointe in Ontario, Canada. Dress warmly for this five-mile walk and all-day adventure. Depart at 9:30 a.m. at the Ontario Tourist Info Center on the west side of Huron Church Road (Route 3), about 1/2 mile directly south of the Ambassador Bridge. There is a \$1 trip fee and a restaurant stop afterward. Bring appropriate ID. Call trip leader Liz Allingham at (313) 681-7579 for more information.

### BIKE TREKKERS

Serious bikers can get on the right track Sunday mornings by joining members of Bike Trekkers for a ride through West Bloomfield. Bike Trekkers meets at 8 a.m. each Sunday morning at the West Bloomfield Recreation Center and ride 10-15 miles on various routes through the subdivisions of West Bloomfield. Routes include both paved and dirt roads as well as the West Bloomfield Trail Network. Bike treks may also take riders outside West Bloomfield. The program is free and there are no residency requirements. Cyclists must be at least 16 years of age, have a bike with sturdy tires that can endure gravel roads, and must wear a helmet. For more information call Doug McEwen at (248) 739-2500 or leave a message at (248) 788-3940. The Parks and Recreation Center is located at 4640 Walnut Lake Road, west of Orchard Lake Road.

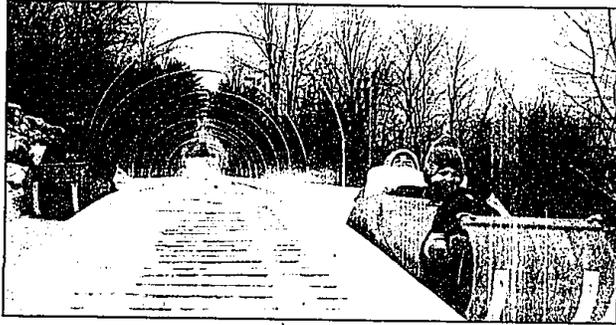
### OAKLAND COUNTY PARKS

#### SKIING

Addison Oaks County Park, located at W. Romeo Road nine miles north of Rochester, will be the site for "Family & Friends Ski Night" on Saturday, Feb. 7. Held from 5:30 p.m.-9:30 p.m. both days, this program features cross country skiing on a 1/2-mile lighted trail, ski lessons, hayrides, ice skating, a bonfire and marshmallow roast and prize drawings. Entry fee is \$3 per person or \$9 with ski rental. Call (248) 693-2432 for more information.

The Observer & Eccentric Ski School will hold sessions on Feb. 8 and Feb. 14 at Addison Oaks and Feb. 7 and Feb. 15 at Independence Oaks. The clinic features instruction and fundamentals, including proper use of equipment and attire, health benefits, warm-up exercises and open skiing. Sessions are 10 a.m.-noon and 1:30 p.m.-3:30 p.m. Cost is \$7/session and \$13/session with ski rental. Ski equipment rentals are available on a first-come, first-served basis at both parks. All programs are snow-dependent. Call Addison Oaks (248-693-2432) or Independence Oaks (248-625-0877) for more information or visit the Oakland County Parks website at www.co.oakland.mi.us.

### Winter fun



Raiding the Fridge: "The Fridge", Michigan's first refrigerated toboggan run, features a 55-foot vertical drop and 1,000 feet of dips and straightaways.

Two lighted natural ice skating rinks make their debut this winter at Waterford Oaks County Park - home of The Fridge, Michigan's first refrigerated toboggan run.

One rink is for recreational skating (125 feet by 125 feet) and the other for hockey (170 feet by 85 feet). There is no charge to skate, but visitors must provide their own equipment.

"It's a great opportunity for families and groups to spend time together," said Dan Stencil, chief of Oakland County Parks. "The rinks are a great asset to The Fridge, making Waterford Oaks a more diverse winter recreation center."

The ice rinks will be open, weather permitting, during The Fridge's operating times of Tuesday-Friday, 4 p.m.-9:30 p.m. Saturday, 10 a.m.-10 p.m. and Sunday, noon-8 p.m.

As for The Fridge, here is a breakdown of its vital stats:

**WHAT:** Michigan's first refrigerated toboggan run

**WHERE:** Waterford Oaks County Park, 1702 Scott Lake Road

between Dixie Highway and Pontiac Lake Road

#### VITAL STATS

■ Open mid-December through early March (operational, conditions permitting)

■ Length: 1,000 feet (equal to three football fields end-to-end)

■ Height: 55-foot vertical drop

■ Speed: Toboggans reach excess of 30 m.p.h.

#### TOBOGGANS

■ Riders must be 30" tall and no lap riding (four person maximum).

■ Children under 43" tall must be accompanied by an adult. No infant riders.

■ Wooden toboggans provided.

■ Park staff transport toboggans back to tower; riders carry toboggan to top of tower.

■ Mens/gloves required; tuck in or remove scarves or loose clothing.

■ Wear clothing suitable for outdoor activity.

**LOOKOUT LODGE:** A 4,000 square-foot warming building features a fireplace, indoor/outdoor viewing areas, concessions and restrooms.

**FEES** (Tickets available at Lookout Lodge; one ticket good for all-day use.)

■ 1997-98 rates: Regular rate, \$8; Oakland County residents, \$6 (proof of residency required).

■ Youth rate: \$4 (children 30-43" tall)

■ Single ride: \$2 (can be applied to purchase of all-day ticket)

■ Group rates: \$4 (holidays excluded)

(Discounted entry available for affiliated groups of 20 or more; must be pre-arranged with a seven-day notice.)

**HOURS:** Monday - open only for affiliated groups of 100 or more.

Tuesday-Friday - 4 p.m.-9:30 p.m.

Saturday - 10 a.m.-10 p.m.

Sunday - Noon-8 p.m.

**FOR MORE INFORMATION:** Call (248) 858-0908, (248) 975-4440 or (248) 858-1684. You can also visit the Oakland County Parks website: www.co.oakland.mi.us.

# Have a Heart!



This Valentine's Day - a time of when people show their love - you can reach out with love and help hungry men, women and children in our community. Forgotten Harvest, metro Detroit's prepared and perishable food rescue program, announces its "Have a Heart" campaign. Give a "Valentine" to someone in need: your donation to Forgotten Harvest can make a difference in the life of a hungry person. With your support, Forgotten Harvest can continue to rescue nutritious food, that might otherwise be thrown away, and deliver it to the hands of hungry people.

Through a generous grant offered by a Rhode Island philanthropic foundation, gifts received between February 4th and 14th may be eligible for a one-to-one match, doubling their value. To qualify the donations must be received between the 4th and 14th of February, 1998. For more information call the Forgotten Harvest Office at (248) 350-FOOD (3663).

So have a heart! Clip the attached coupon and send it to Forgotten Harvest with your heartfelt gift! Together, we can make a difference!

**Have a Heart!** Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone Number \_\_\_\_\_

with Forgotten Harvest Enclosed is my check for \$ \_\_\_\_\_

Send all donations to: Forgotten Harvest, 21711 W. Ten Mile, Suite 200, Southfield, MI 48075  
Our hearts go out to all our partners in relieving hunger! Your gift is TAX DEDUCTIBLE.

### ADULT RECREATIONAL LEAGUES

#### FARMINGTON HILLS ADULT ICE HOCKEY STANDINGS

TEAM	W	L	T	PCT	PTS
Penguins	10	6	0	.36	20
Black Hawks	15	7	4	.34	34
Clancy's	12	9	0	.30	30
Maple Leafs	8	17	1	.17	17
Stinkins	8	18	3	.13	19

#### TRIO PARKS AND RECREATION ADULT BASKETBALL STANDINGS

TEAM	W	L	PCT	PTS
Lettering Inc.	23	8	.40	50
Sharks	24	10	.49	54
Nealon Bus Systems	22	8	.55	49
Dagunson/Accretura	22	10	.33	47
Standard Federal	5	6	.455	6
Credit Union One	3	9	.193	8
K & H Printing	2	9	.182	6

#### WEEK 11 RESULTS

TEAM	W	L	PCT	PTS
Pony Express	15	14	.30	30
Fishers	15	18	.40	36
Exhibit Works	11	10	.28	28
M & B Mechanical	12	21	.4	24
Here's Leather Botic	6	25	.15	15
Stare	0	27	.14	14

#### WEEK 12 RESULTS

TEAM	W	L	PCT	PTS
Library Publishing	27	5	.26	54
Dak Photo	18	11	.30	37
Nick's	18	11	.30	37
Law Auto Sales	15	12	.35	35

#### Fat Willie's

TEAM	W	L	PCT	PTS
Fat Willie's	15	13	.42	34
Maple Leafs	10	11	.34	20
Clancy's	9	10	.29	18
Larry Korn	9	10	.4	22
Black Hawks	8	10	.5	21
Levie Metzger	7	23	.2	10

#### Tavern On 13 86, Hoopers 72

TEAM	W	L	PCT	PTS
Tavern On 13 86	10	11	.30	20
Hoopers	7	4	.63	3
GMAC	6	5	.545	4
Standard Federal	5	6	.455	6
Credit Union One	3	9	.193	8
K & H Printing	2	9	.182	6

#### WEEK 11 RESULTS

TEAM	W	L	PCT	PTS
Papa Romano's	10	1	.909	20
GMAC	7	4	.63	3
GMAC	6	5	.545	4
Standard Federal	5	6	.455	6
Credit Union One	3	9	.193	8
K & H Printing	2	9	.182	6

#### WEEK 12 RESULTS

TEAM	W	L	PCT	PTS
Saturum/Attitude	6	2	.750	12
Rebels	5	3	.625	1
Hoopers	5	3	.625	1
Honey Tree	4	4	.500	2
Tavern On 13	3	6	.375	3
TBD	1	7	.125	6

#### WEEK 13 RESULTS

TEAM	W	L	PCT	PTS
Saturum/Attitude	7	1	.875	14
Honey Tree	4	4	.500	2
Tavern On 13	3	6	.375	3
TBD	1	7	.125	6

#### TRIO PARKS AND RECREATION ADULT BASKETBALL STANDINGS

TEAM	W	L	PCT	PTS
Papa Romano's	10	1	.909	20
GMAC	7	4	.63	3
GMAC	6	5	.545	4
Standard Federal	5	6	.455	6
Credit Union One	3	9	.193	8
K & H Printing	2	9	.182	6

#### WEEK 11 RESULTS

TEAM	W	L	PCT	PTS
Papa Romano's	10	1	.909	20
GMAC	7	4	.63	3
GMAC	6	5	.545	4
Standard Federal	5	6	.455	6
Credit Union One	3	9	.193	8
K & H Printing	2	9	.182	6

#### WEEK 12 RESULTS

TEAM	W	L	PCT	PTS
Saturum/Attitude	6	2	.750	12
Rebels	5	3	.625	1
Hoopers	5	3	.625	1
Honey Tree	4	4	.500	2
Tavern On 13	3	6	.375	3
TBD	1	7	.125	6

#### WEEK 13 RESULTS

TEAM	W	L	PCT	PTS
Saturum/Attitude	7	1	.875	14
Honey Tree	4	4	.500	2
Tavern On 13	3	6	.375	3
TBD	1	7	.125	6

#### WEEK 14 RESULTS

TEAM	W	L	PCT	PTS
Short & Slow 04	1	0	1.000	2
Doeren Mayhew 54	1	0	1.000	2
Close To The Edge	4	4	.500	8
Short & Slow	2	6	.250	6
Brave	0	8	.000	0