

# Mother's Day Brunch

**Champagne Brunch**  
11:00 a.m. - 2:00 p.m.  
Adults...\$16.95  
Children 6-12...\$7.00  
Under 6...Free  
RESERVATION REQUIRED

Entrees include:  
Mushroom Crusted Tenderloin, Pan-Seared Atlantic Salmon with Fresh Tomato Artichoke Sauce, Herb-Stuffed Chicken Breast with Goat Cheese  
Also:  
Fresh Fruits, Vegetables, Salad Bar, Omelette Station, and Dessert Table

## ENCORE

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M, T, W, F, 2:30-6; TH, 2:30-5; SAT, 8-5; SUN, 10-4

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# No price for happiness on Mother's Day

If you're shopping for Mother's Day, put away your credit cards. The moms we talked to had simple wishes for their special holiday.

After years of nurturing, countless nights of worrying, endless Little League games, lessons of all sorts and calendars filled with juniors' activities, these mothers didn't ask for much in return. In fact, most of their ideas were totally free.

We talked to mothers and grandmothers of all ages. Some worked. Some were stay-at-home moms. Others were retired.

This is what they're hoping for next week:  
The ideal Mother's Day is to be together with your own mother or your children and spend time reminiscing and talking about past events that are happy and remembering things that you've done together," according to Joanne Rusch, who was visiting her mother in Farmington Hills recently.

The day wouldn't be complete, she said, without sharing ideas for what the family could do together to make more good memories.

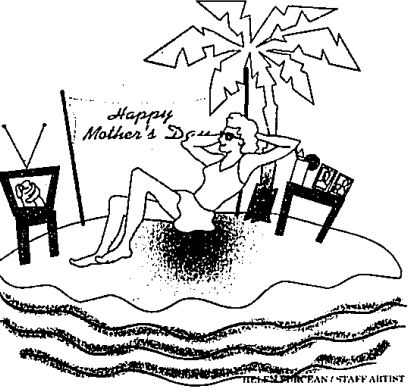
Wicki Kazman of McGraw Hill's Farmington Hills needs time to be alone. All she wants is a little space and a lot of relaxation.

"I suppose the correct thing to say would be to be with the children and grandchildren, but truthfully, I want a week away from work and my family on a little island by myself with no phone and no appointments to keep," said Kazman, who has five children and eight grandchildren.

Sara Warren of Warren's Village Store in Farmington has three sons, a daughter and 12 grandchildren. All she wants is to be remembered.

### Sleeping in

Kathy Lynch of Farmington Hills said her fantasy is sleep in and to have her husband, 2-year-old daughter and 5-year-old son prepare a homemade breakfast.



"And for them to keep the house clean and neat all day so I don't have to do any more cooking or cleanings," she said. "Then I'd like to go out to dinner with my family and my mom and dad so we can share more special times together."

Chris Shiwa, a Farmington Hills Kmart employee, also wants a break from the drudgery of housework. Her wish list included a "whole day's peace and quiet, out to dinner and having them clean the house and do the dishes."

Noelle Newton, a Farmington Hills mother of five ranging in age from 4 to 16, deserves some self-indulgence. She dreams of getting taken away by a luxury bubble bath on Mother's Day. Dinner out would be nice, too.

"The ideal Mother's Day gift would be if they all left me alone," said Newton, who works at Frank's Nursery in Farmington.

### Close to you

While too much togetherness can be overwhelming, other mothers whose children live far away long to have them close.

"The ideal Mother's Day for me would be having my children with me," said Sharon Hain, co-owner of Hearts and Roses in Farmington Hills.

"Everyone is so spread out anymore," she said. "My daughter, Mary, is up at Michigan State and she'll probably come home and that will make me very happy."

My son, Phillip, is in the reserves and if he can be home that would make me wonderfully happy."

Connie Blazek and Maria Bonasso, both of Farmington Hills, know exactly what Hain means by the heartache of family members who are separated by distance.

Blazek has two children in Chicago: one in Ohio and three, including a priest, who live in Michigan.

## Programs focus on Month of Young Child

April is over and, therefore, so is Month of the Young Child. But the needs of preschool children will continue being a top priority for Farmington Public Schools.

At a recent school board meeting, Early Childhood Education/Head Start Coordinator Phyllis Howard and Early Childhood teacher Sue Williams highlighted several of the district's "Month of the Young Child" programs and delved into why it is important to focus on the educational and developmental needs of smaller children.

Among those programs: Head Start, a federal program for preschool children from low-income families; the Michigan School Readiness Program, a free state-funded preschool program for 4-year-olds; Achieving Excellence, a PEK, and the Home Instruction Program for Preschool Youth, or HIPPY. The last two are operated by Oakland Family Services, which

has two counseling centers in Farmington Hills.

Another program is Child Find, which identifies youngsters from birth to age 5 who might need special education services.

"It's fitting that April is Month of the Young Child," Williams said to the board, "because people think of spring as a time for new life, new beginnings."

"These kids are our future," Williams added later. "In 2016, these kids are going to be our young adults, our future architects, hydraulic engineers, interior designers."

Farmington Public Schools operates Alameda, Cloverdale and Fairview early childhood centers for youngsters ages 3-5. Those are the places where the educational foundation for these children is established, said Superintendent Bob Maxfield.

"So much about what we do at those centers... is right," Max-

field said. "They are providing a wonderful start for our children. It's hands-on learning, kid-centered. And they serve as hot-houses for us, incubating ideas how to best teach these kids."

And, Maxfield emphasized, "They do the best job of involving parents."

Through the various programs and centers, Williams said "We now touch the lives of almost all 3- or 4-year-old youngsters who live in Farmington Public Schools, in some way, shape or form."

The school district also works closely with nonprofit Oakland Family Services to identify any potential problems that impact young children.

"Children are important," said Oakland Family Services Director Greg Dymek, from one of the two Farmington Hills-based counseling centers. "They're the future."

Dymek said various Month of

"The ideal is for me to see all my children and I would love for my mother to be here, but she's gone," Blazek said. "I miss her."

Bonasso has five children and three grandchildren. "I want to have all my kids around me," she said, adding, however, that three of her children live out of state.

Jeanette De Conick of Farmington Hills also knows what it's like to have children scattered around the United States.

"They've all been out of state up until about 10 years ago and now they're all back," she said.

All four of her children live in Michigan, the farthest in Grand Rapids. But, her wish is the same: "To be with my family."

You know who Sue Wiktor, the mother of a 9-year-old boy, is thinking about when she said she'd like to spend May 10 at Cedar Point.

"That way the whole family could enjoy it," said Wiktor, who works at Trans Commercial Air Conditioning in Farmington Hills.

Karen Payne of Beaux Blooms in Farmington is looking forward to "relaxing, with no pressures and no commitments for that day." That should certainly be a change of pace considering her brood of four children and four grandchildren.

Cindy Shay, daughter of Fred Steinkopf, owner of Steinkopf Nursery in Farmington Hills, also has four children: two boys, 18 and 17, and two girls, 13 and 12.

Shay knows exactly what to expect on the one Sunday a year that she gets a break from the usual routine.

Her children provide breakfast in bed and time off from cooking and cleaning. And what else would a daughter whose father owns a nursery like? A plant, of course.

If these simple, from the heart ideas are too hard for your head to deliver, jewelry and roses might do the trick. Whatever you do, don't forget to call.

## YMCA HIGHLIGHTS

**THE SOLUTION**  
A weight management program is offered by the Detroit Medical Center and the Farmington YMCA dealing with the six causes of weight problems. Participants receive professional guidance from doctors, registered dietitians and social workers. Cost for the 12-week program, including all class materials and access to YMCA facilities, is \$375. A \$60 non-refundable deposit is required at registration. To register call 360-5024.

**REEBOK STUDIO CYCLING**  
The Farmington YMCA is one of the first facilities in the area to offer Reebok Studio Cycling, an athletic program encouraging cyclists to transfer the proper body positioning used on professional road bicycles to exercise bikes. By doing so, they achieve better biomechanical fit, which enhances performance and workout intensity.  
Cycle Reebok also implements sports psychology, such as guided imagery and motivational techniques, to combine a challenging

fitness experience with a fulfilling mental journey. Registration will continue throughout the summer.

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