

My Kidneys Are Killing Me!

Martyrs to Kidney and Bladder Trouble Try This Remarkable New Treatment Free.

Here is a treatment for kidney and bladder disease and rheumatism that is absolutely guaranteed, that is safe and positive, and that you can test yourself without investing one penny. It is a new scientific, safe, powerful cleanser of the kidneys. The new



treatment, Dr. Darby's Kidney Pills, will save your kidneys, upon which your very life depends. If you have cramping or dull pains in your back, bright or dimmed eyes, rheumatism in any form, pain in the bladder, prostate or urinary tract, discolored, foul urine, do not let the day go by without getting a package of Dr. Darby's Kidney Pills and see a tremendous difference in four to six hours. If you want to try them first, tell me tonight to give you a free sample package.

Dr. Darby's Kidney Pills—do not cause a drug store or we will supply you. If your druggist hasn't them, Address Dr. Darby Medicine Co., Salem, Mich.

Not Knocking Slattery. Mrs. Coogan—An little thing is the devil's own image of his father.

Mrs. Slattery—Yi, but I don't mind that so long as he keeps billy. —Puck.

Well arranged time is the surest mark of a well-arranged mind.—Pittman.

DOCTORS FAILED TO HELP HER

Cured by Lydia E. Pinkham's Vegetable Compound

Pound, Wis.—"I am glad to announce that I have been cured of dyspepsia and female troubles by your medicine."

I have been troubled with both for fourteen years and consulted different doctors, but failed to get any relief. After using Lydia E. Pinkham's vegetable Compound and Blood Purifier I can say I am a well woman. I can't find words to express my thanks for the good your medicine has done me. You may publish this if you wish. —Mrs. HERMAN SLATTERY, Pound, Wis.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be used with perfect confidence by women who suffer from displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, indigestion, nervousness, dizziness, or nervous prostration.

For thirty years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills, and suffering women owe it to themselves to at least give this medicine a trial. There is abundant proof that it has cured thousands of others, and why should it not cure you?

If you want special advice write to Mrs. Pinkham, Lynn, Mass., or for it is free and always helpful.

44 Bu. to the Acre

is a heavy yield, but that is John Kennedy of Kenosha, Wis., who has secured 44 bushels of corn from one acre in that State.



The Silver Cup was awarded to the flour made from this flour.

From a sample of 160 bushels of flour made from this flour, the Silver Cup was awarded to the flour made from this flour.

It is the best flour for all purposes, and is the only flour that is so pure and so good.

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PROGRESS of the WORLD

SOME THINGS THE BUSY WORKER IS DOING FOR THE ADVANCEMENT OF CIVILIZATION

Gets Good Training

Stenographer Will Find Big Office is Best Business School for the Beginner.

DISCIPLINE IS INVALUABLE

Hard and Varied Work Will Keep Her Mind Alert and Teach Her to Adjust Herself to All Kinds of People.

"The work here is hard," said the manager of the big office where there are more than fifty stenographers employed, "but I don't think you'll regret it if you come here. Our office is a first-class training school for the stenographer. You will get a good idea of what you are going to have a 'clerk,' but if you do come and make good you'll find that we appreciate it and that the training you have had will more than compensate for the hard work."

His words proved true. "Through tears and tribulation the applicant struggled through the many difficulties in that big office, and when she finally took another position she fully realized how invaluable had been the experience she had had in that big, hard school."

The timid girl learns to control her nerves. She becomes accustomed to being sent to take dictation from strangers who may glare at her and shout in a most distracting way if she fails to grasp every word or the instant. She finds out just where the fine line is drawn between intentional rudeness and mere business abruptness. She learns to adjust herself to the many kinds of people with whom she is thrown in sharp contact. After she has become thoroughly convinced that she is the merest atom after all, all the conceits having been extracted from her system, leaving her humbly resigned to the fact that she is of absolutely no consequence, she may be surprised to find that some one has noticed her efforts to do good work, and the thrill which comes with this discovery is worth much past anguish of mind.

The variety of work with which the stenographer in a big office has to be familiar keeps her alert, so that her mind has no chance to fall into the habit of taking naps. She learns to form new words in short and quick, and the thrill which comes with the next word of the good stenographer and to shudder at the "sloppy" work of the indifferent one.

Quite often material for a really good stenographer is sparse in the world. A girl goes into a small office and perhaps works for a man who is ignorant or indifferent and she has no correct standard to live up to.

To take a more personal point of view, a young and inexperienced girl is more protected in a large office.

She has the experienced stenographer to look for easy hours in a small office if she wishes to, but by all means let the beginner get into a big office where the work is hard and varied if she wants to succeed.

Science Notes

Powdered pumice applied with wash leather will remove fingermarks from books.

Australia has prohibited the exportation of the plumage, skins or eggs of native birds.

Projectiles fired even from the heaviest guns, when they penetrate concrete do so without splintering it.

The world has 1,500 electrical works and central stations in Germany in addition to more than 45,000 private plants.

Carbon deposits which blacken a gas mantle can be removed by burning a little common salt on the burner.

To economize on ushers a New York moving picture theater has installed small incandescent lamps on the backs of the seats, arranged to burn only when the seat is unoccupied.

Success in Life. He has achieved success who has lived well, laughed often and loved much; who has gained the respect of intelligent men and the love of little children; who has filled his niche and accomplished his task; who has left the world better than he found it, whether by an improved poppy, a perfect poem, or a rescued soul; who has never lacked appreciation of earth's beauty, or failed to express it; whose life has always been a quest; whose life was an inspiration; whose memory a benediction.

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IS 'GRANDDAUGHTER' OF KEY

Mrs. Norwood Gives Manuscript of "Star Spangled Banner" to Washington Relative.

Texarkana, Ark.—Mrs. Rebecca T. Norwood of this place, granddaughter of Francis Scott Key, author of "The Star Spangled Banner," has gone to Washington, with some priceless souvenirs of her illustrious ancestor. She will deliver to a cousin, Attorney Francis Scott Key Smith, a copy of the original volume of Key's poems and an early manuscript of "The Star Spangled Banner," in the poet's own handwriting.

Mrs. Norwood is a daughter of Daniel Turner, who married Ann Key, eldest daughter of the poet. A great-grandfather was Joseph Turner, one time governor of North Carolina. Her father served under Admiral Farragut when he was in command of the Mare Island navy yard in San Francisco. A sister, who recently died, was Mrs. J. Mills Browne, wife of a former surgeon general of the United States army.

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Mrs. Norwood is one of the charter members of the Francis Scott Key Memorial Association. She is interested in a reproduction of the old volume of Key poems, that its proceeds may be added to a fund for the preservation of the Key homestead in Georgetown, now part of Washington.

She visited her grandfather there when she was only 13 years old. Although she only saw him twice and then when she was very young, she has some interesting reminiscences of him.

Tree Takes on Human Form

The "Ballet Girl" in One of the Remarkable Curiosities of Nature in New Hampshire.

Milford, N. H.—One of the remarkable curiosities of nature is the "Ballet Girl" tree on the road from Milford, to the railroad station at Portsmouth.

The formation of the limbs of the tree is such that when the leaves come out it gives a remarkable representation of a ballet girl and is further intensified, if a breeze is blowing, and the figure moves with a motion not unlike that of one going through the latest two-step.

The tree was first discovered by some summer guests, for although it is

Two of a Kind. "Going about this summer, Mrs. Leader?" "Why—no."

"Isn't that a coincidence? I'm not, either."

It is still about as easy to find a man who will sell his birthright for a mess of pottage as it was in the time of Esau.

A FINE NIGHT-CAP The Best Thing in the World to Go to Bed and Sleep On.

"My wife and I find that 4 teaspoonsful of Grape-Nuts and a cup of hot milk, or some cream, with it, makes the finest night-cap in the world," says an Allegheny, Pa., man.

"We go to sleep as soon as we strike the bed, and slumber like babies!" lulling rising time in the morning.

It is about 3 years now since we began to use Grape-Nuts food, and we always have it for breakfast and before retiring and sometimes for lunch. I was so sick from what the doctors called acute indigestion and brain lag before I began to use Grape-Nuts that I could neither eat, sleep nor work with any comfort.

I was afflicted at the same time with the most intense pain, accompanied by a dacking headache and backache, every time I tried to eat anything. Notwithstanding an unusual pressure from my professional doctor, I was compelled for a time to give up my work altogether.

Then I put myself on a diet of Grape-Nuts and cream alone, with an occasional cup of Postum as a runner-up, and—sometimes a little dry toast. I assure you that in less than a week I felt like a new man; I had gained 15 pounds in weight, could sleep well and think well.

The road work went on, and I was soon ready to return to business, and have been hard at it, and enjoying it ever since.

I command me at any time any one enquires as to the merits of Grape-Nuts. You will find me always ready to testify." Name given by Postum Co., Battle Creek, Mich.

Read the Little Book, "The Road to Wellville," in 10 days. There's a reason.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Hug Cracks Evangelist's Ribs. Mena, Ark.—In the final session of a revival here, Rev. John H. Culpenter, of Georgia, was surprised by an enthusiastic revivalist and begged until his ribs cracked.

Nothing is to be expected from the workman whose tools are forever to be sought. It was once told by a great master that no man ever excelled in painting who was eminently curious about paint.

For this girl, who is always trying to say something smart and clever,

For this girl, who is always trying to say something smart and clever,

For this girl, who is always trying to say something smart and clever,

Always Makes Good



You'll be delighted with the results of Calumet Baking Powder. No flat, heavy, soggy biscuits, cakes, or pastries.

Just the lightest, daintiest, most delicious food you ever ate.

Received Highest Award World's Pure Food Exposition, Chicago, 1907.

HOW NASTY.

Mr. Chumpleigh—Yi, but it's hot in here, donkerknov. I feel as though I were being cooked.

Mrs. Chumpleigh—Broiled lobster isn't so bad.

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