

Hills' 25th birthday bash: Hoedown, fireworks, band

Get ready to kick up your heels at a square dance and then cool your heels at a fireworks celebration during the 25th anniversary of Farmington Hills.

The event is June 26-28. The celebration begins with a "Conch House" Hoedown at 6 p.m. Friday, June 26, at the Botsford Inn.

Square dancing will follow with the music of Callie Jim Tait & the Golden Griffin Stringtet. To help celebrate the farming heritage, diners will feast on Dutch oven-baked chicken or hickory-smoked ham. A cash bar will be available.

Tickets are \$25 per person. The space is limited. Get your tickets by June 12. Call 563-2344 for reservations.

The weekend celebration features a historic celebration ceremony, musical entertainment and farm animals, pony rides and rope making on Saturday afternoon at Heritage Park.

That Saturday night, the Teen Angels will perform from 7-10 p.m., followed by a fireworks display, all at Founders Sports

Park on Eight Mile. On Sunday, officials will dedicate and host a groundbreaking of Memorial Park, 11 Mile and Middlebelt at 1 p.m. followed at 2 p.m. by a performance of the Farmington Philharmonic Orchestra at Heritage Park.

There will be no parking allowed at Founder's Sports Park during the fireworks. Spectators are invited to park at Greenmead Historical Park on Newburgh Road south of Eight Mile in Livonia. Free shuttle buses will begin at 6 p.m.

The fireworks and other events were made possible by local donors.

They include Botsford Community Hospital, \$7,500; Robert Bosch Corporation, \$2,900; Nissan Research and Development, \$900; Farmington/Farmington Hills Chamber of Commerce, \$800; UTE Consultants, \$100; Huntington Banks of Michigan, \$100; Hitachi Automotive Products, \$1,500; Exotic Rubber and Plastic, \$500; and Jervis B. Webb Company, \$1,500.

Sen. Levin presents 'Hill life' retrospective to JHS; history award to honor Cantor

"Retrospective: Two Decades on the Hill" will be the topic of U.S. Sen. Carl Levin's talk when he speaks at the Jewish Historical Society of Michigan's annual luncheon at 11:30 a.m. Sunday, June 14, at Adat Shalom Synagogue in Farmington Hills.

Senator Levin's reputation as a lawmaker who puts principle before politics has earned him the respect and affection of not only Michigan's voters but also his colleagues in both parties. He's known for simply doing the job.

Another highlight of the luncheon will be the presentation of the 8th annual Leonard N. Simons History Award to Judith L. Cantor.

Cantor, immediate past president of the organization, as well as a professional archivist, curator, businesswoman, author and committed volunteer, will receive this award for the work she has done in the community.

Through her extensive involvement in community affairs, as well as her professional work, Cantor has helped to ensure that the goals of instilling pride in young people and preserving memories have made Michigan history visible to our diverse community.

For more information, or to attend the luncheon, call Phyllis Strome at 646-2092.



Levin



Cantor

NOTABLES

Alumnus of the Year

Robert E. Jensen, vice president for product development at United Technologies Automotive in Dearborn, received the University of Michigan-Dearborn College of Engineering and Computer Science Alumnus of the Year Award.

Jensen, a resident of Farmington Hills, earned a bachelor's degree in mechanical engineering in 1972 and a master's degree in mechanical engineering in 1978 from U.M. Dearborn. Before joining UTA in 1990, Jensen was chief engineer for automotive electronics at Accustar Inc., a subsidiary of Chrysler

Corp. He also earned a master's degree in business administration from the University of Detroit in 1984.

Distinguished Service

James Rick Earnest of Farmington Hills was presented with the Distinguished Service Award at Wayne State University, which recognizes significant service to students, the university department and community organizations.

Earnest is the Senior Academic Services Officer in the Student Center and Program Activities Office. He holds the operating title of senior assistant director. He has provided leadership

and direction to student organizations and The South End student newspaper. He also served as a member of the Academic Staff Professional Development Committee from 1992-1997. In that capacity, he served as chair of the Travel Committee and provided leadership for various professional development programs.

Local physician honored

Melvin F. Cohen, M.D., of Farmington Hills was recently

honored by the Michigan State Medical Society for 50 years of service to his patients and the medical profession.

Cohen was one of 114 physicians honored for half a century of service. All began their medical careers shortly after the end of World War II and assumed important roles in a medical generation distinguished for its unprecedented achievements in advancing and promoting human health care.

INKWELL

Best of their class Molly Penn and Kristin Gustafson were 1998 Mercy High School Valedictorian and Salutatorian, respectively.

Molly, the daughter of Clifford's Randall and Marcia Penn, plans on majoring in foreign languages and international affairs at University of North Carolina Chapel Hill.

Kristin, the daughter of Gerald and Dorothy Gustafson of Farmington Hills, intends on majoring in biology at Loyola University of Chicago.

Scholarship winner

Competing against more than 12,000 students from throughout the United States, Farmington Hills resident and Detroit Catholic Central senior Matthew Peterson recently won a National Honor Society

scholarship.

Matthew, the son of Jim and Margaret Peterson, is one of 250 National Honor Society scholarship winners, announced recently by the National Association of Secondary School Principals.

"Matthew has demonstrated outstanding ability in his academic work and service to his school and community," said Thomas F. Koerner, executive director of the NASSP. "He's a fine example of the outstanding caliber of young people in America's high schools."

While at Catholic Central, Matthew has been class president for three years, a National Merit Commended student, a member of the state championship football team, a member of the wrestling team, a Voice of Democracy state three place winner and this year's class valedictorian. This fall, he plans on attending Michigan State University, beginning studies in the pre-medical program.



Peterson



Penn



Gustafson

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FLARES

In Arthritis, a flare represents a sudden increase in pain in one or more joints. Usually, a flare is accompanied by fatigue and an aching throughout the body. This feature helps distinguish a flare from an episode of a joint spasm.

The reason for a flare affecting not just joints, but the whole body, is being investigated. What has come out so far is that chemicals, called cytokines, initiate the flare. These substances then leave the joints and circulate through the body. The interaction of cytokines on muscles and nerve tissue determines the intensity and time that you ache, and the duration of your fatigue. These same chemicals are also the source of an accompanying low grade fever.

Your doctor, in his treatment for a flare, will emphasize the role of rest. You will need to revise your schedule to allow more time in the morning to prepare for the day, set aside a period of rest at noon, and conclude with a quiet evening at home and early bedtime.

Starting new medicine at the time of a flare is rarely effective. Medicine takes days or weeks to take effect, and you have a need for immediate relief. Other strategies include steroid injections into swollen joints, and increasing the dosage of arthritis medicine experience has shown you can tolerate.

In most instances a great deal of rest and small changes in medication suffice to resolve a flare.

Dentistry in the 90s

by Herbert M. Gardner, D.D.S.

TAKING GUM DISEASE TO HEART

New research conducted at the University of Minnesota indicates that gum disease may lead to blood clots that can cause heart attacks and strokes. It adds to a growing body of evidence linking gum disease with cardiovascular disease, a conclusion that began with an inquiry to see what happens when bacteria that are harmless in the mouth invade the bloodstream: a likely occurrence among people with infected gums. Gum disease develops when the sticky film of bacteria on the teeth (plaque) grows and penetrates beneath the gumline, where they eat away at the tissue around the teeth and digest a pathway into the bloodstream. The new research indicates treatment may be as healthy for the heart as for the teeth.

In order to avoid gum disease and possible tooth loss, at LIVONIA VILLAGE DENTAL ASSOCIATES, we recommend proper daily brushing and periodic professional dental check-ups. We believe in an informed patient approach to achieve optimal dental health. We're located at 19171 Merriman Road, where we are dedicated to saving and restoring your teeth and helping you look your best. For more information or to schedule an appointment, please call 478-2110. We can help you learn the proper methods to care for your teeth. Smiles are our business.

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P.S. Severe periodontal (gum) disease is the equivalent of a wound of about eight inches square.

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SPOTLIGHT ON Orthodontics

by Josephine Finazzo, D.M.D.

BRACES AS FASHION ACCESSORY

What do braces have in common with athletic shoes, nail polish, and cool headgear in the minds of today's adolescents and teenagers? They are regarded as fashion accessories. This may come as big news to their parents, who grew up in the days when braces were largely comprised of wide metal bands that gave rise to the epithet "red archwire" being brushed at an embarrassed young patient. Today, translucent braces have replaced the bands and colorful elastics are used to hold archwires in place. As a result, this colorful minimalist look has today young patients pondering a consultation a free. We provide quality orthodontics for adults and children.

adults look forward to having braces as a rite of passage.

New techniques and materials have decreased the discomfort of wearing braces, and have also decreased the frequency of office visits and overall treatment time. Appliances may be removable or fixed, and made of metal, plastic, or ceramic. Most patients adjust to braces quickly, and are not hampered in any way. For more information or to schedule an appointment, call THE ORTHODONTIC GROUP, 19223 Merriman (442-8885). The initial consultation is free. We provide quality orthodontics for adults and children.

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