

Heartfelt tributes help give dad his due on his day

The following essays for our Father's Day contest met our requirements for size and information.

We've chosen one winner (see Page A1), but offer congratulations to all the people who entered the contest and all the dads who quite obviously appreciate and love.

These essays answered the question: "My dad is special because..."

My Dad...
Reliable
Incredible
Caring
Helpful
Bright
Understanding
Trustful
Trustworthy
Outstanding
Nice
...is the best!

Keith Button
Farmington Hills
Dad: Rich Button

Irene Lucas
Farmington Hills
Dad: John Lucas

I want to honor my father for his selfless devotion as a firefighter, committed to saving lives of strangers for over twenty-five years.

Shari Silver
Farmington
Dad: Alan Silver

No one is perfect except for my dad.

He'll listen to me whenever I'm sad.
He'll make me laugh when I am down.
And it takes away my droopy frown.

Courtney Goodroe
Farmington
Dad: Joseph Goodroe

He takes me and Kevin on bike rides! He likes to be with us. He's proud of us! He takes us out for ice cream.

Jason Sieloff
Farmington Hills
Dad: Kurt Sieloff

We have a father to son bond. We can always sit and have a good conversation.

He loves me and always spends time with me.

Jeffrey Freer
Farmington Hills
Dad: Mark Freer

He spends special times with me, like when he took me to a movie and put-putt. We had so much fun and he made me feel so special.

Jessica Freer
Farmington Hills
Dad: Mark Freer

How many dads coach their son's football team, cook meals and come to all his sons functions? My dad does these things and more, that's why he is so special!!!

Joe Schiavi
Farmington Hills
Dad: Tom Schiavi

He can talk like Donald Duck. He tickles me and that makes me laugh. He's funny.

Elyse Hildebrandt
Cooper
Farmington Hills
Dad: Eric Cooper



Hugs: John, Katie Young.

He makes us pancakes, reads us bedtime stories, wrestles with us, gives us twizzlers, takes us "out" to lunch, and let's us ride in the Jeep with no top.

Katie, Elly & Timothy Mikula
Farmington
Dad: Richard Mikula

He moved our family out to Farmington Hills where lots of nice people live.

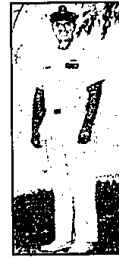
Katie Young
Farmington Hills
Dad: John Young

My Dad is caring, loving, nice, sincere, sensible, smart, enthusiastic, hard-working, reliable, friendly, willing, generous, dependable, trustworthy, intelligent, benevolent, industrious, cool.

That's my Dad.
Danny Talwar
Farmington Hills
Dad: Chris Talwar



Winning team: Joe Schiavi considers his dad, Tom, special because he coaches his football team, among a host of other things.



Dear dad: Richard Mikula is a Seabee in California.



Fun time: Elyse Cooper and her dad, Eric, at the Toronto Science Center.

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Arthritis Today

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ROTATOR CUFF TEARS

A rotator cuff tear is not something that happens only to athletes such as baseball pitchers, football quarterbacks, or professional welders. I have seen it in nurses.
The term "rotator cuff" refers to the group of muscles that surround the shoulder and permit you to smoothly raise and move your arm. Scratching your back or throwing a baseball from the mound to home plate.
The way most of us develop a tear is from an old injury to the rotator cuff muscles that did not completely heal. Or you may have been born with an incompletely formed rotator cuff and over the years by ordinary wear and tear the muscles tend to tear. In such a case, a tear in the tendon can occur even after minimal strain upon it.
You can suspect you have a rotator cuff tear if, following strain on the shoulder, you note pain and difficulty using the arm out and then up. This motion is what you undertake when you sit in the front seat in an auto and reach for the shoulder safety belt.
At times, a shoulder x-ray can identify a rotator cuff tear. In other instances, your doctor may require an MRI. Treatment includes rest, and removal of excess fluid in the shoulder joint. Mild exercise prevents the development of a frozen shoulder.
The advent of shoulder arthroscopy permits realignment and suturing of the tendons, and results in repair of the condition in a faster and more reliable way than previously possible by traditional surgery.

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CLARIFICATION

The ice cream for Cloverdale Developmental Center's recent Field Day was donated by the Novi Baskin-Robbins store, located at Grand River and Haggerty. An article in the June 18 Farmington Observer incorrectly reported that the ice cream was provided by a store in Farmington.

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The Farmington Observer

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