## **REC ROUNDUP**

## ATHLETIC VENTURES, L.C.

VENTURES, L.C.
DOMINO'S PIZZMAN SERIES
The 1998 Domino's PizzaMan
Series, sponsored by Domino's
Pizza and benefiting the Easter
Seals Society of Michigan, features triathlons, open water
swims and a trail run. And to
top it off, one lucky grand prize
winner will enjoy free pizza for
one year. There are six races in
the series: two triathlons; three
open water swims; and a fiveone year. There are six races in the series: two triathlons; three open water swims; and a five-mile trail run. The second triathlon is set for Sunday, July 26 at Big Portage Lake in Waterloo, while the three open swims will go off July 3, Aug. 7 and Sept. 7 at Silver Lake. The series concludes Sept. 7 (Labor Day) with the Domino's Fall Trail Run. Awards will be presented in each age division (at least three deep) of each race. The grand prize, however, revolves around participation, not wins. For each race entered, one ticket with your name on it will go into the PizzaMan Prize Hat - your name goes into the hat six times if you participate in all six races — and at a wards ecromony following the in all six races – and at an awards ecromony following the trail run one ticket will be drawn and that person wins one large Dominos pizza per month for the next year. Entry forms and race information can be found at Athletic Ventures at highest control the following the state of the state

## **BICYCLING**

BICYCLING

1998 MS BIKE TOUR
The Michigan Chapter of the
National Multiple Sclerosis Society invites all Michigan bleyclists to register for the 1998 MS
160 Bike Tour on Saturday,
July 11 and Sunday, July 12,
starting at Springfield Oaks
Activity Center in Davisburg,
MS 160 riders pedal 75 scenie
miles (or take the 100-mile
option) to Michigan State University in East Lansing, spend a
fun night in MSU dorms and
ride back to Davisburg the next
morning. New this year is a oneday option on July 12, Cyclists
can ride 30 or 60 miles or choose
the seven-mile mountain bike
trail. All riders meet back at
Springfield Oaks for a fun finish
barbecue. It's easy to sign up for
the MS 160. Cyclists pay a \$35
registration fee and must raise
at least \$150 in pledges. (The
registration deadline is June 26,
1998.) Along the route, the MS
Society provides bike mechanics,
medical aupport, vehicles to give
weary riders a rest and rest
stops stocked with refreshments.
For information, please call the
MS Society at 1-800-247-7382
ost. 215.

HOCKEY FREMINGTON HILLS ADULY HOCKEY
Applications are now available
at the Farmington Hills Ice
Arena and the Suburban Training Center for the fall/winter
senson. The Farmington Hills
Adult Hockey Association offers
the opportunity for all players to
participate in a recreational,
organized settling regardless of
skill level. Leagues are offered in
the following age groups: overorganized setting regardless of skill level. Leagues are offered in the following age groups: over-40 and over-47. There are openings in all divisions and now players are encouraged to register. All teams are schoduled for two games a week, beginning the second week of September, and will play a total of 44 games plus playoffs. Since this is an all-draft program, players will be assigned to their respective teams based on age and skill level. The registration is \$100 with an additional fee of \$465 plus jersey deposit due later. The registration dead-line is Saturday, Aug. 1 or when the division is full. For more information or to make a request the division is tall. For more information or to make a request for applications, call (248) 471-6004 or address correspondence to: Farmington Hills Adult Hockey Association, P.O. Box 3357, Farmington Hills, MI 48333.

## MEN'S HOCKEY LEAGUE OF OAK

MEN'S HOCKET LEAGUE OF JAM.

The Men's Hockey League of Oak Park's 1998 summer session begins later this month. The league is an over-30, no-check league with games played at Haneybaked Oak Park Arena. Cost is \$160 which includes n 15-game schedule. Play begins Monday, June 29. New players will be rated on Monday, June 22. Anyone interested in joining the league should call (313) 871-500 during the daytime hours or (248) 544-4459 during evening hours. evening hours.

## **HURON-CLINTON METROPARKS**

METROPARKS

WALK MICHIGAN '98
As part of the statewide "Walk
Michigan '98" fitness program,
Kensington Metropark near the
Milford area will host a number
of fun walks in the upcoming
weeks, The non-competitive
walks will vary from one mile to
three miles, and people of all
ages and physical abilities are
welcome to participate. Registration is free and will be held on
the day of the event. Up next on
the schedule is a 9 a.m. walk
Wednesday, June 24 at Martindale Beach. Sessions are also
scheduled for 1 p.m. Sunday,
July 5 (Martindale Beach) and 9
a.m. Wednesday, July 22 (Mar-July 5 (Martindate Beach) and 9 a.m. Wednesday, July 22 (Mar-tindale Beach). For additional times and dates, call Kensington Metropark at (248) 685-1561 or 1-800-477-3178. A Metropark vehicle entry permit is required. Daily costs are \$3 weekends and holiday and \$2 weekdays except Wednesdays, which are free

Wednesdays, which are free entry days.

WEAR THE GEAR
The "Wear The Gear" safety program is back for a second year at the Huron-Clinton Metroparks. From now until Sept. 7, anyone "caught" by a Metropark ranger using all the safety gear -helmet, writet guards, elbow pads and knee pads for in-line skaters and a helmet for bikers - while using the paved trails in one of the participating parks will receive a Wear The Gear helmet sticker and a coupon for free entry into a facility of ro a free food item. They can also register for a Sept. Il drawing to win a bike, in-line skates and other prizes. The Metroparks with paved trails that are participating in the program include Metro Beach, Stony Creek, Indian Springs, Kensington, Hudson Mills, Lower Huron, Willow and Oakwoods. In 1996, 126 biking and in-line skating accidents were reported throughout the Metroparks. That number declined to 84 in 1997.

SKATE SMART YOUR.

Metroparks. That number declined to 84 in 1997.

SKATE SMATT OUR,
A "Skate Smart Tour," featuring free in-line skating lessons and free skate demonstrations sponsored by Nichols Ski & Sports, will be held at six Metroparks throughout the summer. Pairs of demonstration skates, along with the necessary safety gear, will be available for people to try from 11 a.m.-5 p.m. Braking clinies and informal lessons will be held every hour during that time. These sessions are great for anyone just getting started and desiring to see what, is available or for those who want to try the latest styles of in-line skates from a variety of manufacturers such as Rollorbiade, Salomon, K-2 and Nike. The tour will make a stop at Hudson Mills Metropark on Sunday, June 28, Willew Metropark on July 12 and Indian Springs on July 19. For more information, contact Nichols Ski & Sports at (313) 665-0044 or (248) 674-5200. For set-up locations within the metroparks, call 1-200-47-PARKS.

### JOE DUMARS' **FIELDHOUSE**

PIELDHOUSE
OPEN PLAY
Joe Dumars Fieldhouse in
Macamb County's Shelby Township (Mound Road and M-59) is
offering indoor and outdoor basketball and sand volleyball pickup play through Labor Day, Cost
is \$5 per person.

EFAGUES

■ The summer sand volleyball season begins the first week in July. Offerings include 2-on-2 competitive (\$49 per player), 4-on-4 competitive (\$45 per player), 6-on-4 competitive (\$45 per player), 6-on-4 competitive (\$45 per player), 13-13-08 per player with eight-person roster). League includes 10 games, officials, scorokeeper, stats and standings, All levels of play are represented in the league offerings. Call (\$10) 731-3080.

■ Fall roller beckey leagues begin in late August. Registrations are currently being accepted for all divisions. Call (\$10) 731-3080.

## **LEAGUES**

DETROIT SPORT & SOCIAL CLUB The Royal Oak-based Detroit Sport & Social Club is offering Sport & Social Club is offering summer co-ed lengues in sand volleybail (28, 48 and 68), soft-ball, and 11-on-11 and 8-on-8 outdoor soccer. Games will be conducted at various locations in Metro Detroit, including the Southfield Clvic Conter (sand volleyball) and Inglenook Park (softball) in Southfield. A men's 3-on-3 basketball lengue will also be hold at Joo Dumars' Fieldhouse in Shelby Township. Interested players and/or teams can call DSS at 2424) 588-3366 for starting dates and additional details or check out DSSC website at www.sscus.com.

## R & D RACE **DIRECTORS**

DIRECTORS

2ND ANNUAL RUN AND BIKE
SUMMER CHALLENGE RELAY
The 2nd Annual Summer Challenge Relay is right around the
corner. The event, presented by
Rochester-based Re D Race
Directors, kicks off at 7 a.m. Saturday, June 27. The relay is a
unique blend of two of the toughest and demanding recreational
sports around – running and
biking. The course will take athletes over some of the most
scenic roads in northern Oakland and Macemb counties. Each
team member will be responsible for at least five miles of running and 10 miles of biking. The
relay is also designed to raise
money for The Rainbow Connection, a non-profit organization
that grants wishes to children
with life-threatening illnesses.
For more information, call R & D
Raco Directors at 1-800-7638820, Or go on-line at www.runmichigan.com/summerreluy.

MID ANNUAL FESTIVAL OF THE 2ND ANNUAL FESTIVAL OF THE HILLS

HILLS
The second annual Festival of the Hills 6K Run/Walk and one-half mile Kiddie Run comes to Bloomer Park (John R and Avon roads) in Rochester Hills on Saturday, July 4 beginning at 8 a.m. Entry fee is \$12 before July 1 and \$16 therenfier. For more information, call R & D Race Directors at 1-800-763-9820 or so online 4 to 1 the second part of the sec go on-line at www.runmichigan.com/festi-val6K/.

## RUNNING

MOTOR CITY STRIDERS

MOTIVITY STRICERS

One road race remains in the month of June – Ho Open Door 5K Julie Kun-Waik on Saturday, June 27 at Oakiand Community College's Highland Lakes campus, in addition, this year's Big Boy Road Race Series kicks off Thursday, July 2 in Huntington Woods with the one- and two-mile runs. The three-mile runs follows on Thursday, July 9 and the series ending four-mile runs goes off Thursday, July 9 and the series ending four-mile runs. The three-mile runs include the 15th annual Fire-cracker Mile (July 4), the Just Zoo Itl Organ Doner 5K Run and 1.5-mile walk (July 18) and the 13th annual Heart of the Hills 6K and 10K Run (July 25).Call (248) 544-999 for additional information on any of the above events. Or visit the Motor City Striders website at www.motorcitystriders.com.

## **GOLF TOURNAMENT RESULTS**

WOMEN'S METROPOLITAN
GOLF ASSOCIATION
GURE 17 at 53-2 Burnt
CHAMPIONSHIP FLIGHT
LOW Gross - Nancy Coyne
(Farmington Hills), 41-36-77; Second - Sophia Kang (West Bloom-field), 39-42-81; Low Not - Betty
Vandeputte (Birmingham), 85-14-71.

Lat FLIGHT
Low Gross - Kathy Breitmeyer
(New B.Ritmard), 43-41-84; Second - Karen Kleine (Shelby Township), 48-37-81; Low Net - Sandy
Burns (Warren), 90-18-72 and
Youn Petraitis (Toylor), 88-10-72,
2nd FLIGHT
Low Gross - Pat Meyors (Birmington Hills), 45-45-90; Second - Julia

204 (Parmington Hills), 112-4369.

# **Bowling Show '98 set** to roll into Southfield

This one is for any and all who are interested in the sport of bowling.

Bowling Show
98 is coming to town, and this time, it will be not only bigger and better than the previous expos, it will be specified. the previous expos, it will be right here in your own back-yard at the Southfield Pavil-

ion.

Mark the dates on your planner: Aug.

For those not familiar with this location, it is at the Souththis location, it is at the South-ield Civic Center on Evergreen Road between 10 and 11 Milo roads. It is conveniently access-ble from 1-696 at the Evergreen Road Exit. The show will feature new balls, shoes and other relat-ed equipment. The manufactur-er's will have some of their own exhibits and many of bowling's

AL HARRISON

stars and notables will be on hand.

There will be the usual bargins in close-outs and sportswear. Tournament representatives will be present with information on many of the choices available for tournament bowlers at all levels of ability. It is expected that the show will be for the bowling trade only on Friday, and open to the public Saturday and Sunday.

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I will have more complete upto-date information for you on subsequent issues within the next few weeks.

subsequent issues within the next few weeks.

If the Meter Bowlers Tour held its most recent event at Bowl One Lanes in Troy.

Greg Robinson of Grand Ledge didn't even know he was going to bowl in this tournament when he went along with some friends. He did enter and wound up dominating the field with a six-game block of 1,524 actual. That is averaging 25 Waterford had to win a tie-breaker for fifth before they could start the finals. Reed

The championship matched

The championship matched qualifying leader Robinson against Stoll, with Robinson stoaling the show by capturing his first MBT event, 224-208. The tournament was sponsored by Roy Akers and The Mortgage King, both combining to contribute an additional \$1,000 to the prize fund. The next stop for the Metro Tour is at Milford Lanes. Call (248) 673-7407 for further information.

MATION.

(Al Harrison covers the local bowling scene for the Observer & Eccentric Newspapers.)

## It's smart to fathom beach safety

The Michigan Department of Natural Resources wants 1998 to be both a safe and enjoyable year for swimmers and offers the following tips based on observations in Michigan State Parks.

The single most important piece of information needed by emergency responders in the event of a drowning or other accidentifillness is your location. It's crucial to know where you are.

are. Adults must provide con-stant supervision to children-even a momentary lapse of attention can prove fatal. Small children can drown in very shal-low water. Children should never be left in the care of other children.

children.

Swim only in designated and buoyed swim areas. Unseen hazards may exist outside the

SWIMMING buoys, and boaters may not expect to see swimmers in open

expect to see swimmers in open waters.

When using Great Lakes becaches, always observe the flag warning system.

A red flag means that conditions are too dangerous for swimming. A yellow flag means that swimming is permissible while exercising extreme caution. A green flag means that conditions are generally safe, but you must still exercise caution as conditions can change very quickly.

tion as conditions can change very quickly.

Extreme care should be exercised when using flotation devices. Offshore breezes or cur-rents can take you into very deep waters in surprisingly

short time. Driting off to sleep or even a moment of inattention while on a flutation device can be disastrous. It's strongly advised that all people, especially chi-dren, were an approved life vest if they are using a flotation device.

device.

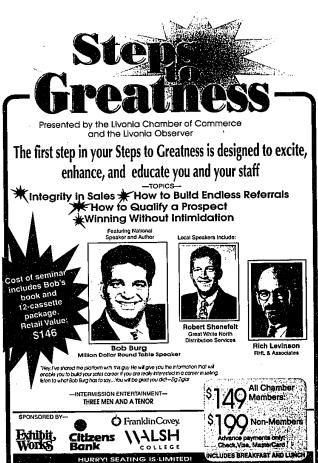
Never swim after consuming alcohol or drugs. Even small lapses in judgment can prove fatal.

fetal.

Expect the unexpected and always swim with a companion.

I Never overestimate your abilities because distances on the water are hard to judge.

People can find themselves farther away from shore than expected. And after a day in the sun while exercising and consuming food, it's common to overestimate the energy you have left.



Thursday, October 8, 1998 . Burton Manor . 7:30 - 4:30 p.m. For Reservations, call 734-427-2122 • FAX 734-427-6055 Visit our Web Site at www.livonia.org/steps