Student art sought

Student artists, set up your easels and let the painting begin.

High school students living in the Farmington School District are invited to submit works of art, original in concept and production, for consideration in the 14th annual art competition sponsored by the Farmington Area Arts Commission.

No more than three pieces can be submitted per artist. Work should be dropped off 5-7 p.m. Wednesday, March 17, at East Middle School, 25000 Middlebelt. The works are to be picked up 8-9 p.m. the same night.

Separate prizes will be awarded in two-dimensional and three-dimensional. First prize is $250, second prize $150, third prize $75, and honorable mention$50.

Entries are to be accompanied by a statement of design source to tell if the work is an original idea or if reference materials were used. No team collaborations will be accepted. Two dimensional work should be unframed, mounted and matted, if appropriate. All work should be accompanied by a label including the design statement as well as the artist's name, address, phone number, school and art teacher's name.

Awards will be presented beginning 2 p.m. Sunday, April 25, at the Farmington Hills Activities Center Shannon Hall, 28600 11 Mile, east of Middlebelt.

Massage *from page B1*

'Don't assume one massage will get rid of all your aches and pains. The results are cumulative. Don't go just one day.'

Tamara Friedman
—Tamara's Institut de Beaute

In Russia, Angelica Fayzakova massaged the muscles of Olympic team boxers, gymnasts and runners.

"I finish nursing school and sports institute," she said shyly in halting English.

She has been plying her trade for a decade.

"She gives great massages," Friedman said. "Everybody raves about her and it is very hard to get an appointment with her."

With help from Friedman interpreting her Russian to English, Angelica explained that in Russia, medical clinics routinely offer government-paid massage.

She believes it should be a weekly part of everyone's routine, just like exercise and a good diet.

"It is considered a health preventive measure," she said. "It is good for headaches, backaches. And it is good for all ages, men and women."

Another type of massage offered at Tamara's is performed with the use of hot or cold flat polished stones which are placed on stress points, such as shoulders, where tension tends to build up. Always in search of new ways to expand her offerings, Tamara learned this technique in Arizona.

"The hot is more relaxing, the cold more invigorating," she explained. "People must learn how to relax."

Suzanne Somers coming to town

Comedian, actress and best-selling author Suzanne Somers will be guest speaker for the annual CHOICES fund-raising event on behalf of the Women's Allied Jewish Campaign Wednesday, March 3, at Adat Shalom Synagogue in Farmington Hills.

The event is hosted by the Jewish Federation Women's Campaign and Education Department. Sponsors are Northern Trust Bank, Tapper's Diamonds and Fine Jewelry and Northwest Airlines.

Somers began her career in college plays. She had a small role in the film, "American Graffiti," and achieved television stardom in the sitcoms "Three's Company" and "Step By Step."

She has a health and fitness video to her credit and has twice won the People's Choice Award for Favorite Actress in a New Television Series. She also received the Humanitarian Award from the National Council on Alcoholism.

Carol Weintraub Fogel is CHOICES chair. Barbara Kappy is associate chair. Susie Pappas is advisor. Paula Glazier is women's campaign chair.

A minimum $180 contribution to the 1999 Women's Campaign is required along with the admission fee of $25. Luncheon will be served. Reservation deadline is Feb. 15. Reservations must be accompanied by a check made payable to the Jewish Federation of Metropolitan Detroit, and mailed to CHOICES, P.O. Box 2030, Bloomfield Hills MI 48303-2030

For details, call Esther Weitzman at the federation office, (248) 642-4260, Ext. 181.

Masks: *These masks were painted by (clockwise from top) Anita Calloway, Elizabeth McCutcheon, Joe Borri, Cindy Boese and Curt Bailey (center). The masks will be auctioned March 13 at a benefit for the Coalition on Temporary Shelter.*

Mask benefit for COTS

Celebrities, business owners, politicians and artists are painting ceramic masks to be auctioned Saturday, March 13, to benefit the Coalition on Temporary Shelter.

"MASKorAIDE for COTS," to be held at the International Banquet Center in the Atheneum Hotel in Greektown, hopes to raise more than $50,000 for COTS. COTS is a nonprofit organization that has been meeting the needs of homeless people for more than 16 years by providing shelter, meals, clothing and comprehensive life management services to thousands of people each year.

"The mask project is an opportunity for the community to become involved with COTS and to raise awareness about the issue of homelessness," said Dr. Robert Higgins, director of the Heart and Lung Transplant program at Henry Ford Hospital, COTS board member and event co-chair.

Tickets to the event, which includes a cocktail reception, sit-down dinner, mask auction and dancing to the music of Royce, are priced at $100 per person.

Mask makers include The Temptations, Mary Wilson of The Supremes, actor Jeff Bridges, comedian Sinbad, race car driver Mario Andretti, Rosie O'Donnell, Pam Dawber (formerly of Farmington Hills), Mark Harmon and many more celebrities.

Molly Gorman of Farmington is a member of the steering committee.

The mask collection can be previewed at Twelve Oaks Mall in Novi Feb. 12-18.

For more information on MASKorAIDE, call Joyce Dallas at (313) 831-3777.

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invites you to attend...9:30-5:30 pm.
Donate a clean, used blanket for the homeless and be eligible to win an Amish wall hanging.
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ST. AGATHA CHURCH
LENTEN DINNERS
3:00 pm-8:00 pm Wednesday: Feb. 17
Fridays: Feb. 19, 26, Mar. 5, 12, 19, 26, Apr. 2

Menu

Fish & Chips	$4.25
Shrimp	$4.75
Baked Cod	$5.50
Combination Platter	$6.75
Macaroni & Cheese	$3.00
Clam Chowder	$1.75
Beverages (Coffee, Tea, Soft Drinks)	.50

All dinners include: French fries or potato salad, cole slaw or tossed salad, roll & butter.
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