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FARMING ON THE STORYS

Gaines receives honor



five seasons.

Gaines averaged 5.1 points and 4.5 rebounds per game, and he was one of only four Catamounts to play in all 26

games.
In his first collegiate game versus Lehigh last November, Gaines recorded a double-double with 10 points and 12 rebounds.

12 rebounds.

The Catamounts were 11-16 overall and 7-11 in the conference.

"We are real proud of Trevor, and he is real deserving of this honor by the league," Vermont coach Tom Brennan said.

"He is a joy to coach, and he has a tremendous upside. Of the five guyson the all-rookie team, I think we have the player with the brightest future."

on the all-rooks ceam; on the all-rooks the have the player with the brightest future. Northeastern University guard Jean Bain of Medford, Mass., was named America East Rooks of the Year after averaging 9.8 points, 2.2 rebounds and two assists. Maine, Hofstra, Delaware, Drexel, Hartford, Boston and New Hampshire are the other conference schools.

MIAA kudos for Valade

Sophomore MaryJone Valade of Farmington Hills received post-sea-son honors in women's basketball as member of the All-Michigan Intercol-legiato Athletic Association's second

member of the All-Michigan Interest-legistot Athletic Association's second team.

The former Mercy High School star lod Kalamazoo Collego with 1.36 points per game while shooting 43.2 percent from the field.

She also led the Hornets with 56 assists and was third in rebounding with 5.7 per game. She averaged 14.8 points and six rebounds in league play.

Valade had game bighs of 28 points versus Adrian College and 12 rebounds at Madonan University.

Kalamazoo senior Kelly LaCasso of Farmington Hills (Harrison High) was an MIAA honorable mention.

The Hornets recorded the most wins since the 1993-94 season with an 11-14 record. Kalamazoo was 7-9 overall.

Saints are good sports

Farmington Our Lady of Sorrowa' fifth- and sixth-grade girls basketball gold team received the Archdiocese of Detroit's CYO Sportsmanship First

gold teum received the Arcanucese or Detroit's CVO Sportsmanship First Award.

The players and coaches were honored Feb. 28 between games of the Catholic League high school boys baskethall playeffs at Calihan Hall on the campus of the University of Detroit-Mirey.

It's the first time a Sorrows team has won the sportsmanship award.

Members of the Sorrows team are Calitlin Tracey, Emily Pelton, Paige Ryan, Correy Law, Jonny Johnson, Pam Lyskawa, Christian Gerometta, Rachel Ciccone, Ashloy Wrobel, Megan McGhio, Kristin Martin, Katie Raftery, Carlotta Allievi, Katie Markey and Maggie Cornell.

The Sorrows team is coached by Kevin Ryan and Dave Peczynski.

Academic grid honors

In the Michigan High School Football Coaches Association's academic all-state selections, Farmington Harrison senior quarterback Dave Poset and the Farmington High team received honerable mentions.

Harrison coach John Herrington was named Class A Coach of the Year by the MHSFCA.

Raiders runners-up in tourney

■ North Farmington met its match defensively Friday when Walled Lake Western took a 43-37 victory in the championship game of the WLAA basketball tourney.

By Dan O'Meara Staff Writer

Walted Lake Western showed it can play a pretty stingy brand of defense on the basketball court, too.

The Warriors shut down North Farmington before a packed crowd Friday at Livonia Franklin to win their first Westorn Lakes Activities Association championship, 43-37.

We take a lot pride in our defense, said Western senior Ben Dowar, who scored 13 points. 'If we play good defense, that will lead to offense. We don't worry too much about that. The key is our defense.'

The Raiders were the No. 1-rated defensive toam in Oakland County, allowing an averge of 42 points per game, but the Warriors might be able to make that claim now.

"At halftime we talked about getting some transition baskets, because it was difficult to score,' Western coach Rex Stanczak said. 'Luckly, the best thing we do is play defense, and we held them down.

North junior center Emir Medunjanin led all scorers with 15 points, but the Raiders had a hard time getting the ball to him in the post.

Medunjanin, who had only 10 shots but made seven, was guarded by Western's Jeff Mitchell with help from John Eagle:

"Joff did a tremendous job, and he was giving up a lot of height," Stanczak said. "He's been in Ben's shadow all year but has done a great job.

"John Eagle is our spy, If Emir touches the ball, he was the double. He had to guard his guy and then double down. (Mitchell and Eagle) did a great job of forcing Emir to kick the ball our.

Mitchell also scored 14 points to lead the Warriors, who finial the regular seasons 19-1. Jenero Dawood followed him with 10.

But Jerry Hargan's four points might have been the most important of the game, according to Stanczak.

The 5-foot-10 senior guard scored consecutive to salzes.

"His two puthacks may be the key to the game, and he's not really a kid who rebounds," Stanczak said. "He's our best defensive player. He did a good job



Going to the hoop: Walled Lake Western's John Eagle gets behind the North Farmington defense Friday. The North defenders are Emir Medunjanin (34), Phil Watha (5) and Adrian Bridges (40).

on (North point guard) Albert (Deljosevic) and came up with those two plays.

"Mitchell and Dawood scored some

"Mitchell and Dawood scored some big baskets, too, but the main thing was our defense. We won two games shooting under 30 percent, and that was because the kids busted their butts for 32 minutes on the floor." While Dewar scored for the Warriors, the Raiders also did a good job of taking him out of the game offensively. "That's what we were hoping to do,

so defensively I think we were very successful." North coach Tom Negoshian as aid. "We had (the score) defensively where we think it's needs to be to win.

"Tom Negoshian is a great coach and we knew hed make certain Ben didn't get n lot of clean looks." Stanczak said, "but other kids stepped up."
Adrian Bridges contributed 10 points for the Raiders, who were WLAA cochamps with Western in the round-

Hawks hustle, scrap for 2OT victory

Both coaches agreed: it was what high school basketball should be all about.
Farmington Harrison defeated Plymouth Canton, 73-70, in double overtime Thursday night, but that wanit the point.
It shows you how great young people are, Harrison coach Mike Teachman said. Here was a game that some people would say doesn't mean anything, and two teams are sweating blood all over the floor.
It was a great game, a great game!

"It was a great game, a great game!"
Canton coach Dan Young said. "Except
that we didn't get it done. But it was
still a great game."

that we didn't get it done. But it was still a great game."
Sophomore Oliver Welcott came off the bench to hit the three-point shot— his only points of the game—that deadlocked the score at 55 with two seconds to play and sent the game into overtime.

The Chiefs took a 63-60 lead into the

The Chiefs took a 63-60 lead into the final six seconds of the first overtime when Harrison's Lomar Wilson launched an errant three-pointer.

Brian Nelson rebounded the ball and passed it out to Wilson, who missed a second three-point try. Nelson grabbed the rebound again and flipped the ball to Wilson in the corner.

This time he nailed the triple to send the game into a second overtime period.

the game into a second of the deard Dave Pesci took over for Harrison from that point, sinking a three-point shot and making three of four free throws for six of the Hawks' 10 points in the second extra period. Pesci also had seven assists in the game.

Harrison was maintaining a double-

BASKETBALL

digit lead in the fourth quarter but began playing "safe" basketball, and Canton stormed back to tie with a 23-tamerian son's Lomar Wilson an errant three-points. Nelson robounded the ball and cut to Wilson, who missed a cut to Wilson, who missed a great three points and to take the cut to Wilson, who missed a great three points and the same three-points and the same four of them and totaled 19 cut of the same three points and the same three-points and the same three-po

made four of them and totaled 19 points.
Junior center Jason Waidmann led Canton with 25 points but was held to three in the two overtimes.
"Nathan Rau rebounded and played his heart out for us in the fourth quarter," Young said. "Ho was very sick all day and spont a lot of time at the drinking fountain.
"But he was a trigger for getting us back in the game in the fourth quarter. He'd come out and then ask to go back in. It was great."
Wilson scored 20 to lead Harrison.

Andrew Burt scored 15 and added 17 rebounds, and he played the last 10 minutes with four fouls hanging over his head. Pesci and Nelson scored 12

each.
The Hawks, who take a 13-7 record

The Hawks, who take a 13-7 record into tournment play, went to the free throw line 41 times and made 28 shots. Canton (11-9) made nine of 13 free throws.

"For a game you only play for pride," Teachman said, "it's a neat thing, it was a really high level of basketball.

"It's a wonderful thing to see people who love to play the game at the end of the season, when they could say they've got to save themselves for the districts. It's nice to see that kind of heart.

"Then, after a hard-fought game — a get-on-the-floor kind of game — they

Shamrocks looking ahead to state meet

Wish do by J. Drow having a clean plant is a serial mark highest properties of the control of th

I think I should get (the record)." Meekins said. T've been dropping time overy week. Facing Brother Rice (in the Catholic League Moet) gets us pumped up, we know we have a challenge. We like challenges. They make us go faster."

Meekins is also a cross country runner in the fall, which helps his stamina, according to Danny Knipper. His times are remarkable, according to Danny Knipper, because he isn't training year-round.

Danny Knipper, because a he isn't raining year-round.

"He gets a real good aerobic base from running so much." Danny Knipper said. "He only trains four months. Once he trains six, seven, eight months, he will show good things."

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