

Ready to row: Caroline Gregory and her fellow crew members in the women's intermediate lightweight four with coxwain are ready for competition in the annual Royal Canadian Henley Regatta in St. Catharines, Ont.

## Gold from D1

team, according to Gregory.

"I was excited to get more
water time and coaching and to
compete at the lightweight level
since I would be more competitive in that class," she said.

The camp is where Gregory
made the connection with her
teammates for the Royal Canadian Henley Regatta.

But their first race was at the
U.S. Rowing nationals in Indi-

U.S. Rowing nationals in Indi-anapolis where Gregory won a bronze medal as part of the lightweight eight with coxwain

"It was pretty exciting to look over into the next lane and see the top lightweight rowers in the country," she said.

country," she said.
Gregory's team went next to
Duluth, Minn. It was an openweight-only event, but her four
with coxwain managed to overcome the odds and win.
"We were supposed to go to the
club national championships and
then to Henley," Gregory said.
"But we decided to use all the
time we could to prepare for our

But we desided to use all the time we could to prepare for our biggest race, which was Heroley. At the Henley Regatta, the other we beate in each heat qualify for the final, and Gregory's beat when the season of the season of



Winning crew: The members of the winning four with coxwain boat were (left to right) Jenny Swenson, Wisconsin; Kirstin Holbeck, Minnesota; coxwain Kim Harding, Washington; Caroline Gregory, Michigan; and Elise Hazelwood, California.

length. In the final, the colle-gians had a one-seat lead on Dons Rowing Club with 500 meters remaining.

We had given everything and had to come up with more if we were going to win, Gregory said.

With about 250 meters to go, our stroke rate was up to 42 per minute.

our stroke rate was up to 42 per minute.
"We usually raced the body of a race at 33 or 34 strokes per minute and the sprint at the end at 36 to 38. I looked over and

saw Dons crew rowing harder through the finish than I ever had.

"After we crossed the finish, I thought we had won, but it was too close to be sure."

Gregory and her fellow rowers tile for anything less," Gregory

through the timest than I even had.

"After we crossed the finish, I thought we had won, but it was too close to be sure."

Gregory and her fellow rowers had to wait until the official

had to wait until the official times were posted and then breathed a sigh of relief when they knew they had won. Gregory's team finished with a best time of 7 minutes, 24.54 sec-onds and was less than a seat

Sept. 10. Sept.

er is David Friedman.
The 11-year-old tryouts will be noon to 2 p.m. at Founders Sports Park (filed Nos. 1, 2 and 3) on Eight Mile Road. The manager is Don Egyed.
The 13- and 14-year-old tryouts will be 10 s.m. to noon at Founders Sports Park (field Nos. 1, 2 and 3). The manager is Rick Burkhardt.
For more information, call

BASEBALL/SOFTBALL • The NFWB Cobras will have additional baseball tryouts Sat-urday, Sept. 18, and Sunday, Sept. 19.

1, 2 and 3). The manager is ruck
For more information, call
NFWB Travel Commissioner
Mel Borock after 5 p.m. at (246)
\* The 15-year-old Michigan
Bulla need additional players for
the 2000 season. Players must
have birth dates between Aug. 1,
1984, and Dec. 31, 1985.
Tryouts will be Sunday, Sept.
12, and Sunday, Sept. 19, at
Farmington High School (west of
Orchard Lake Road between Tem
Mile and Grand River). The
times will be noon to 2:30 p.m.
both days.

times win co-both days.

For more information call coach Eric Sams at (248) 647-

• The NFWB Ultimate Preci-\* The NFWB Ultimate Precision Cobras, a 18-and-under girls fastpitch travel softball team, will be conducting tryouts 1-4 p.m. Saturday, Sept. 18, and 1-4 p.m. Sunday, Sept. 19, at North Farmington High School (13 Mile and Farmington roads). The makeup date in case of rain is Sunday, Sept. 26. Potential players can't be 17 before Jan. 1, 2000.

For more information, call Les

Jan. 1, 2000.

For more information, call Les Taub at (248) 626-7701 or Rob Schrock at (248) 471-3686.

Tyoust for the 12-and-under Michigan Rattlers travel base-ball team will be 3-6 pm. Saturday, Sept. 18, at Founders Sports Park, diamond No. 2.

Boys interested in playing competitive baseball in the Little Caesars Federation should plan to attend. The Rattlers ended

TRYOUTS

the 1999 season ranked 10th in the nation and are looking to improve their team. For more information, contact manager Mike Kish after 6 p.m. by calling (268) 478-2702.

Tryouts for the Novi Heat of the Novi Youth Baseball League's travel division will be 10 a.m. to 1 p.m. Saturday, Sept. 18, at Community Sports Park, located at Eight Milo and Napier reads.

18, at Community Sporté Park, Located at Eight Mile and Napier roade.

Registration begins at 10 am. With playors assigned to respective fields for warmups. Actual tryouts start at 11 am. For more information, call Greg Hatcher at (248) 347-3338.

• The Dearborn Heights Knights travel baseball team is scheduling tryouts. Players must be 12 or under as of Aug. 1, 1999. To schedule a tryout, call Richard Grucz at (800) 949-9834.

• Tryouts for the 15- and 16 year-old Michigan Lake Area Rams baseball team will be 2 p.m. Sunday, Sept. 12, at Madona University Park. For more information, call Rick Arbogast at (313) 291-8999.

• A new Livingston County girls fastpitch softball team will have tryouts Spt. 18, 25 and 28 at Howell High School (1200 West Grand River). Ages at Howell High School (1200 West Grand River). Ages are welcome.

The times are 1-3 p.m. for under-14 and 5-7 p.m. for under-12. Registration is 30 minutes prior to the starting time.

For more information, call

and 5-7 p.m. for under-12. Registration is 30 minutes prior to the starting time.

For more information, call Susan Bushong at (617) 646-1789 or Kelly Kellar at (517) 646-6026.

BASKETBALL

The Tri-County Cobras, a 10-and-under boys AAU basketball team, will have tryouts for the 2000 season.

Players should be prepared for an intensive, two-hour tryout at Oakland Community College 1-3 p.m. Saturday, Oct. 2. Registration is noon to 1 p.m.

Players must have been born on or after Sept. 1, 1988, and are in the fourth grade are eligible, too.

For more information, call Al or Regina Storrs at (248) 553-8419 after 6 p.m.

The Cobras will play in the state AAU Cournament, as well as other local tournaments.

## Spartans defeat crosstown rivals in soccer, 4-1

Livonia Stevenson scored a pair of goals in each half Wednesday to turn back city rival Churchill in a boys soccer match, 4-1.

match, 4-1.

The Spartans improved to 2-0toverall with the win, while
Churchill is 0-4.

Mike White scored a pair of
goals for Stevenson, while Nick
Zibron added a goal and one
assist. Ryan Drolet had the other
goal for the Spartans.

Eric Scott scored for Churchill
from Shaun Murray.

JOHN GLENN 3, HARRISON 2: Senior Jeff Shelby scored a pair of goals Wednesday, including the game-vinning with 14 minutes to plys to give West-land John Glenn (2-1-2), that Wednesday, including the Harrison Control of the Harrison was tied 1.1.

Jeff Balland was in goal for Glenn.

"We did not play well the first half, but the second half we were a different team," Clenn caceb Jerry Penlatowski sold. "We had some good combination."

passing. It was a hard-fought, clean

passing, it was a hard-lought, clean game."
REPFORD CC 7, EDSLE PDD 1. Josh Brooks accord two goals to leed the Shamucoks (4-0) Wednesday at Deam Cesle Flore, before the passing the pass





## LAST WEEK'S WINNER HEATHER ROBBINS

West Bloomfield H. S. Presented by

**VILLAGE FORD** 

Tune in WJR 760 AM each Friday at 7:40 a.m. and hear the Athlete of the Week announced on Paul W. Smith's morning show.

To submit your nomination for the High School Athlete of the Week:

1. Send us up to one page of information about the athlete's involvement in sports, community, academic achievements and any awards he/she has received. Include the name of the high school and a picture of the athlete.

Include your name and daytime phone number.

3. Send your nomination to:

WJR 760 AM

2100 Fisher Building, Detroit, MI 48202 Attention: Athlete of the Week

FAX to: 313-875-1988

Tune in to WJR 760 AM Friday morning to hear the winner announced!

