

# Datebook

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an ill or disabled family member. Meets on the first Thursday of each month. Group meets from 3 - 4:30 p.m. Beaumont Rehabilitation and Health Center, Education Staff Lounge - First Floor Mezzanine. Meets at 746 Purdy St. in Birmingham. Call toll-free (800) 653-7377 to preregister.

**HELPING HEARTS**  
A cardiac support group for family members of heart patients. Group meets Dec. 9, 16, 23 and 30 from 3-4 p.m. at William Beaumont Hospital - 2 East ICU Conference Room, 3601 W. Thirteen Mile Road, in Royal Oak. Call (248) 551-3160.

## MON, DEC. 6

**CHILDRENTH REFRESHER**  
Designed for the woman and her partner who have attended childbirth classes during a previous pregnancy. It provides a review of the birth process and techniques for dealing with labor and birth. \$30. 7-9:30 p.m. Novi Park, Providence Medical Center, 47601 Grand River Ave., Novi. Call (877) 345-5500.

## INFERTILITY/IVF PROGRAMS

Learn about the latest treatments for infertility, including in vitro fertilization, intracytoplasmic sperm injection (ICSI) and blastocyst transfer. The meeting is scheduled from 7-9 p.m. in the Administration Building on the first floor (auditorium) of William Beaumont Hospital. Call (248) 551-0516 to register. Free of charge.

## WED, DEC. 7

**LOW VISION**  
"Peer Support," offers emotional support, coping skills and information for people with visual problems. Group meets Oct. 5 and 19 from 6:30-7:30 p.m. at Beaumont Medical Office Building, Beaumont Eye Institute - fifth floor, 3535 W. Thirteen Mile Road, Royal Oak. Call (248) 551-2020.

**ASTHMA SUPPORT**  
The Asthma Club: An Asthma Support Group, for individuals with asthma and their families meets from 7-8 p.m. Wm. Beaumont Hospital Administration Building, 3601 W. Thirteen Mile Rd. Classroom 2, for information call (248) 551-6027.

## THUR, DEC. 9

### EXERCISE FOR BACK PAIN

This lecture/demonstration is for all individuals interested in preventing low back pain, especially those with pain that interferes with daily living, sports or occupation. 7 p.m. Novi Park, Providence Medical Center, Providence Park, 47601 Grand River Ave., Novi. Call (877) 345-5500.

## FRI, DEC. 10

### HOLIDAY BLOOD DRIVE

In conjunction with the American Red Cross of Oakland County, Huron Valley-Sinai Hospital is recruiting donors for its blood drive at the hospital Conference Center. Blood donors must be at least 17 years of age, weight more than 110 pounds and be in good health. Appointments are encouraged, call (248) 360-3314.

## SAT, DEC. 11

**LYMPHATIC/DETOX WORKSHOP**  
Attend the Ultimate Lymphatic and Blood Detox Workshop with

a raw food dinner buffet from 1-7 p.m. The Tree House for Earth's Children, 22906 Mooney St. Farmington. Call (248) 473-0624. Learn the basic principles of anatomy, physiology and fluid dynamics of the human lymphatic system; recount indications and contraindications for physical, therapeutic intervention with Manual Lymphatic Drainage; learn how to detox the body; discuss deep cellular supplements. 6.5 CEUs available for nurses and for massage therapists. Cost is \$60, single; \$90 couple.

## MON, DEC. 13

**PARKINSON'S DISEASE**  
A support group for individuals with Parkinson's disease, their families and friends. Meet from 7-9 p.m. at the William Beaumont Hospital, Rose Cancer Treatment Center, 3601 W. Thirteen Mile Road in Royal Oak. Call David Bartczak at (248) 546-1782.

## TUE, DEC. 14

### BEREAVED PARENTS

Bereaved parents support group for parents whose child has died. Meets on the third Tuesday of each month from 7-8:30 p.m. at William Beaumont Hospital, Adm. Building, first floor, dining conference rooms A & B, 3601 W. Thirteen Mile Road in Royal Oak. Call (248) 551-3160.

**HELP FOR IMPOTENT MEN**  
Educational group that meets at 7 p.m. in Classroom 2 East A/B. Free. Call (248) 477-6100. Botswana Center for Health Improvement.

## THUR, DEC. 16

### INTERSTITIAL CYSTITIS

Support group for adults who have been diagnosed with the chronic bladder disorder interstitial cystitis. Spouses and support people invited. Meets from 7-9 p.m. Wm. Beaumont Hospital 10th Floor - Classrooms A,B, & C, 3601 W. Thirteen Mile Rd. For information call Amber Olin, (313) 421-8378.

**BREATHERS CLUB**  
Support and education group for adults with chronic lung diseases. Meets at 1 p.m. at the Wm. Beaumont Hospital Admin-

istration Building/Lower Level Classroom 2, 3601 W. Thirteen Mile Rd. For information call (248) 551-6027.

## SAT, DEC. 18

### BIRTH AFTER C-SECTION

Vaginal Birth After C-Section class provides information for expectant mothers considering vaginal birth after c-section. Meets at William Beaumont Hospital, 44201 Dequindre, Troy. Join participants in Classroom F from 9 a.m. to 1 p.m.

## TUE, DEC. 21

### LOW VISION

"Peer Support," offers emotional support, coping skills and information for people with visual problems. Group meets Oct. 5 and 19 from 6:30-7:30 p.m. at Beaumont Medical Office Building, Beaumont Eye Institute - fifth floor, 3535 W. Thirteen Mile Road, Royal Oak. Call (248) 551-2020.

## BUSINESS CALENDAR

Items from the Observer/land area for the Business Calendar can be sent to: Observer Newspaper, 36251 Schoolcraft Road, Livonia, MI 48150 attention: Business Calendar.

## TUE, NOV. 16

**ASSOC. OF CAREER WOMEN**  
The West Suburban Chapter of NACW will host its monthly meeting at 11:45 a.m. at Ernesto's in Plymouth (41661 Plymouth Road). The featured speaker will be Mary Uday of Prism Performance System. Her topic is "Win-Win Negotiating."

You will learn the art of persuasion, diplomacy and compromise. Cost is \$18 members; \$22 non-members. Call Tracey Huff (248) 347-3355 for a reservation.

**FINANCING YOUR BUSINESS**  
The Michigan Small Business Development Center at Wayne State University will host a workshop titled, "Financing Your Business Without A Bank," from 6-8 p.m. at MSBD Center, 2727 Second Ave., #121, Detroit. This workshop is designed to inform prospective and existing entrepreneurs on alternative financing opportunities that exist outside of traditional lending institutions. Register before Nov. 15, cost is \$20; day of the workshop \$25. Space is limited. Please arrive approximately 15 minutes before the workshop to make your payment at the door. Call (313) 964-1798, ext. 300, for information or to register for the event.

**WED, NOV. 17**  
**BUSINESS NETWORK INTL.**  
Meets from 7-8:30 a.m. Laurel Park Chapter, Archie's Restaurant, 30471 Plymouth Rd., Livonia and Metro Livonia, The American Table 33501 West

Eight Mile, near Farmington Road. Call the BNI office (810) 323-3900.

## THUR, NOV. 18

**BUSINESS PLAN**  
Service Corps of Retired Execu-

tives will host a Business Plan Workshop from 8:45 a.m. to 1 p.m. at the McNamara Federal Building, 477 Michigan Ave., Room 895 in Detroit. \$40 per person. Topics include preparing a business plan and sources of help. Call (313) 226-7497 to register.

**SPOTLIGHT ON**  
**Orthodontics**  
by Josephine Finazzo, D.M.D.  
**A WORTHWHILE INVESTMENT**  
There is no question that orthodontic treatment involves an investment in both time and money, and it is an investment millions of Americans are willing to make. According to the American Association of Orthodontists, an estimated 4.5 million Americans wear braces, with about 80 percent of this number ranging in age from 6 to 18 years. Clearly, parents regard orthodontic treatment as quite worthwhile, whether undertaken with a functional or aesthetic goal in mind. And, the increase in recent years in the number of adult patients reflects the desire of older patients to better reflect the treatment they may have been denied in childhood. It is never too early or too late to make a worthwhile investment in orthodontic treatment. While no one can put a price on health and happiness, we understand that the cost of orthodontic treatment may be a concern. Any insurance coverage you may have can make braces a lot less costly than you might imagine. At THE ORTHODONTIC GROUP, we offer payment plans and terms to make treatment more affordable. When you consider the long-term benefits of orthodontics, it's a wise investment. The further information or to schedule a free initial consultation, call us at 19850 Middlebelt (442-8885).

**THE ORTHODONTIC GROUP**  
19850 Middlebelt • Livonia • (248) 442-8885  
P.S. According to the American Association of Orthodontists, every child should be screened for braces by age seven.

**A Complimentary Breakfast with Santa!**  
The Livonia Mall Merchants Association is providing 2 opportunities for children ages 2 thru 12 to have a FREE breakfast with Santa Claus...  
9:00 A.M.  
Dec. 4<sup>th</sup> or Dec. 18<sup>th</sup>  
To register your child call...  
(248) 476-1160  
Space Limited

**LIVONIA MALL**  
Seven Mile Road at Middlebelt • (248) 476-1160

**Grand Opening Friday Nov. 19**  
**Ready, Set, Paint!**  
Paint-Your-Own-Pottery Studio  
Come in to paint your holiday gifts and decorations. Create personalized gifts to give to family, friends, teachers, etc.  
located in the Novi Town Center (between Mervyn's and Workbench)  
248.347.1225  
www.readysetpaint.com  
15% off first visit if you bring this coupon

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We simply offer the best selection of frames and mats for prints, pictures or keepsakes. Plus superb craftsmanship and expert advice. No strings attached.  
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Open 7 days through Christmas  
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**Arthritis Today**  
J. J. WEISS, M.D. RHEUMATOLOGY  
16829 Farmington Road  
Livonia, Michigan 48152  
Phone: (248) 478-7860

**TREATING JOINTS AFTER THE ARTHRITIS LEAVES**  
You would think that if a physician were able to treat a patient's arthritis to resolution, that the doctor would be pleased, and the patient would be happy. Such is not the case. Often what occurs is that the arthritis does not go away and as a result, what happens is that the inflammatory reaction or the breakdown process as occurs in osteoarthritis, run out of joint tissue to run. Like a forest fire ending because all the trees that could burn have gone up in flames.  
Destruction of joint tissue leaves a legacy of tough and inflexible joint tissue unable to take the strains required of a moving part. The effect is that the doctor must continue to treat pain.  
Initially, he must recognize that the patient's distress is not coming from active arthritis, and that treatment with rheumatologic drugs is not in order. The doctor must discuss the change with the patient explaining why a different strategy is necessary.  
Now therapy concentrates on preventing pain by treating with acetaminophen, and then resort to non-steroidal drugs, not as anti-inflammatory medicines, but as painkillers. The physician will need to avoid certain medications such as aspirin and ibuprofen. Experience indicates that over time patients with arthritis become immune to the analgesic effect of these drugs while becoming dependent on taking them daily to avoid the shock of withdrawal.  
In treating cases of joint pain, joint injections are useful, however the medical community still must decide how often such therapy is appropriate.

**in the 90s**  
by Herbert M. Gardner, D.D.S.

**NEW NUMBING TECHNIQUES**  
Thanks to technological advancements, dental patients are presented with two alternatives to the anesthetic syringe. Electronic dental anesthesia involves the use of a pair of electrode pads that are affixed either inside or outside the patient's mouth. Electrical impulses then overload the body's nervous system so that the patient only feels a "pins and needles" sensation, which stops when the device is shut down. The other option is a "computer controlled local anesthesia delivery system" called the Wand. It consists of an injection device that looks nothing like a needle, through which anesthetic is delivered at a computer-controlled pressure and volume that ensures patient comfort. The system's non-traditional look and delivery system effectively eliminates patient fear. The system's non-traditional look and delivery system effectively eliminates patient fear.

**LIVONIA VILLAGE DENTAL**  
19171 MERRIMAN • LIVONIA  
(248) 478-2116  
P.S. Anxious or apprehensive patients should discuss their fears with the dentist prior to treatment so they can be properly addressed.

**Thanksgiving**  
Order Now 248-358-3355

**PICK-UP A COMPLETE DINNER FOR 6 TO 8 PEOPLE FOR \$125.00**  
Turkey, Traditional Stuffing, Butter Whipped Potatoes, Sweet Potatoes, Gravy, Cranberry Relish, Fresh Buttered Green Beans, Mixed Organic Greens, Rolls and Flat Bread, Pumpkin Pie & Apple Pie (complete with reheating instructions)  
Pick-up Between 8 am & 1 pm

**Restaurant Open Thanksgiving Day 2 pm to 10 pm**  
Serving our Dinner Menu and Thanksgiving Specials

**28875 Franklin Rd.**  
on the corner of 12 Mile & Northwestern Highway

**THE TROWBRIDGE**  
THE PREMIER RETIREMENT COMMUNITY  
Invites You to  
Meet the Artist who Creates Beautiful  
Sculptures from the Old and New Testament  
in Sterling Silver and Gold Overlay  
**Sam Philipe**  
Renowned Israeli Sculptor  
Thursday, November 18  
7:30-10:00 P.M.  
24111 Civic Center Drive in Southfield  
Cocktails and hors d'oeuvres will be served.  
Pieces brought from Israel are limited editions which may be purchased by cash or check.  
For more information, call Libby Lavine at (248) 552-0208.  
Forest City Management, Inc., Apartment Division, does not discriminate on the basis of handicapped status in the admission or access to or treatment, or employment in its programs and activities. Equal Housing Opportunity/Equal Opportunity Employer.