

Wine from page B1

(seven years on the yeast in the bottle before disgorging, tete-de-cuvée)
 1990 Piper-Heidsieck Brut Vintage \$50
 1993 Champagne Deutz Brut \$45
 1993 Roederer Estate Anderson Valley L'Ermitage \$38 (tete-de-cuvée)
 1994 Iron Horse Classic Vintage Brut \$24
 1994 Iron Horse Russian Cuvée \$26 (crasmer than the Classic Vintage; also suitable as a dessert pour)
 Blanc de Noirs
 1993 Schramsberg Reserve \$45
 1996 Iron Horse Wedding

Cuvée \$30
 1995 Schramsberg Blanc de Noirs \$28.50
 Brut Rosé
 1993 Champagne Deutz Brut Rosé \$52
 Champagne Piper-Heidsieck Brut Rosé \$40
 1998 Schramsberg Brut Rosé \$28.50
 1994 Iron Horse Vineyards Brut \$28
 Extra Dry
 Champagne Piper-Heidsieck Extra Dry \$32
 To leave a voice mail message for the Healds, dial (734) 953-2087 on a touch-tone phone, mailbox 1864.

Toast the new year with flavorful alcohol-free drinks

See related story on Taste front

KIRK CHOCOLATE MALTY

1 1/2 cups vanilla frozen yogurt or ice cream
 2 cups skim milk
 5 tablespoons chocolate malted milk powder
 1/2 teaspoon almond extract
 Whipped cream
 Shaved chocolate

Mix ingredients in a blender until smooth.

Garnish with whipped cream and shaved chocolate.

Serve in a daiquiri glass with a straw. Makes three 8-ounce servings.

Recipe compliments of Margie Thomas of New Hudson, Golden Striver Award Winner, AAA Michigan sponsored Zero-Proof Mix-Off Contest held at the West-in Hotel in Southfield on Oct. 7.

JAMES GALWAY'S FLUTE

1 pint Heagen-Daz raspberry sorbet
 1 pint Heagen-Daz lemon sorbet
 1 cup Minute Maid raspberry

lemonade
 1 bottle St. Julian raspberry sparkling cider/juice

Using a 1-inch or 1 1/2-inch ice cream scoop, place one scoop of lemon sorbet in the bottom of a champagne flute.

Top that with one scoop of raspberry sorbet.
 Pour in 1/4 cup of raspberry lemonade, then fill the flute with the sparkling cider/juice.

Makes 4 servings.
 Recipe compliments of Victor Garcke of Birmingham, runner-up in the Zero-Proof Mix-Off contest.

DOROTHY DANDRIDGE DELIGHT

1 1/2 ounces Ribena concentrated black currant juice
 drink mix
 1 ounce Rose's lime juice
 1 1/2 ounces Original Aquafilla sparkling fruit and herbal drink
 3 or 4 ice cubes
 Brazilia natural fruit guarana drink
 Lime slice

Stir first four ingredients well in a tall Collins glass with a long muddling spoon.

Top with Brazilia drink. Stir well again. Garnish with lime slice.

Makes 1 serving
 Recipe compliments of Darryl James of Southfield, honorable mention, Zero-Proof Mix-Off contest.
 Note: Ribena, Aquafilla and Brazilia natural fruit guarana drink are available at Merchant's Fine Wine and other specialty stores.

SAVORY SHATRA SIZZLER

3 cups Old Orchard Apple Passion mango juice
 1 cup club soda
 3 scoops Edy's peach sorbet
 2 apricots (OK to use canned apricots)
 Pineapple slices

In a blender, mix juice, soda, sorbet and apricots, in that order. Blend for 30 seconds. Pour into two 8-ounce dessert glasses. Garnish with pineapple slices.

Makes 2 servings.
 Recipe compliments of Camille Baar, honorable mention, Zero-Proof Mix-Off contest.

UNCLE MILTY'S MIAMI BEACH MALTY

2 scoops French vanilla ice cream
 1 banana, sliced
 2 ounces cream of coconut
 16 ounces lemon-lime soda, chilled
 1 tablespoon malted milk powder, or to taste
 1 ounce Santa's White Christmas flavoring syrup (or almond syrup)
 Splash of Rose's lime juice (optional)
 Garnishes: Whipped cream, sweetened coconut sprinkles, almond sprinkles, star fruit slices

Combine ingredients in blender and blend until smooth. Pour into three 10-ounce glasses and garnish with whipped cream, sprinkles of sweetened coconut and almonds and slices of star fruit. Makes 3 servings.

Recipe compliments of Renee Reeves of Milford, runner-up in the Zero-Proof Mix-Off contest.

Pretenders from page B1

favorite hands-down.
 Now in its 21st year, the Zero-Proof Mix-Off contest is part of AAA of Michigan's ongoing effort to discourage motorists from driving after drinking alcoholic beverages.
 Look for the winning recipes in "The Great Pretenders Party Guide," available at local AAA Michigan branch offices, or call (800) AAA-MICH to order a copy. Online, you'll find the recipes at www.aasmich.com.
 Click and go to News and Information. You can also send an e-mail request for "The Great Pretenders Party Guide," to pr@aaasmich.com be sure to include your mailing address. The booklet cannot be sent via e-mail.
 As the contestants mixed their drinks, the judges and I toasted each one for his creativity and delicious taste. We could pick only one winner, and Thomas' Kirk Chocolate Maltly - ice cream blended with malted milk powder or syrup, almond extract, topped with whipped cream and shaved chocolate - was our

shoemaker wore a straw hat as she prepared Uncle Milt's Miami Beach Maltly, a fruity tropical blend of vanilla ice cream, banana, coconut, lime juice and lemon-lime soda.
 "It's an easy, breezy drink," she said. "I think it will appeal to everyone in the family. It's smooth and refreshing, with or without ice cream."
 As the contestants mixed their drinks, the judges and I toasted each one for his creativity and delicious taste. We could pick only one winner, and Thomas' Kirk Chocolate Maltly - ice cream blended with malted milk powder or syrup, almond extract, topped with whipped cream and shaved chocolate - was our

WHAT'S COOKING

■ **Losing Weight** - If you want some inspiration, circle 7:30 p.m. Monday, Jan. 10, on your calendar. Sandra Dalka-Fryshy, of Beverly Hills, will explain how she lost 170 pounds "Slow But Sure," at the Baldwin Public Library, 300 W. Merrill, Birmingham.
 Fryshy wrote a book about her experiences, "Slow But Sure,

How I lost 170 pounds with the help of God, Family Circle Magazine and Richard Simmons." She'll be discussing her book, and the challenges she faced on her journey to lose weight, and keep it off on Jan. 10. The program will include a reading and book signing. Call (248) 647-1700.

■ **Chicken soup contest** - Sponsored by Temple Kol Ami, noon Friday, Feb. 26. Contestants must send or fax their recipes with an entry form to the temple by 5 p.m. Friday, Jan. 28. Prizes include a feature segment on WDIV-TV 4 and a deluxe soup pot from Kitchen Glamor. Second prize is dinner

for two at Restaurant Di Modesta in Southfield, third prize is a cookbook from Kitchen Glamor.
 Entry forms are available at Temple Kol Ami, 5085 Walnut Lake Road, West Bloomfield. Call (248) 661-0040 to have an entry form mailed or faxed to you.

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Final Registration
 January 5, 6, 7 & 8
 In person or by phone
 See official course schedule for further details
 Note: Added registration hours, Saturday, January 9, 9 a.m. - 1 p.m.
Classes begin Monday, January 10
 For information call (248) 540-1549
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