# YOUR GUIDE TO EVENTS IN AND AROUND FARMINGTON AND FARMINGTON HILLS

## POTPOURRI

Bell-ringers are needed to Stand outside stores in the Farmington Hills area and ring a bell for the Salvation Army red kettle Mondays Saturdays. Two-hour time slots are available. Call 477-1153.

#### COIN COLLECTION

The Whole Foods Co. at Merchant of Vino, on Mid-dlebelt at 12 Mile, will place coin canisters at the checkout lanes for the benefit of the Farmington/ armington Hills Optimist Trmington Hins Open. and for youth programs at the club supports.

# HEER PROGRAM

aployees of Denny's in formington Hills, at Grand liver and 10 Mile, will proe a collections spot for w clothing, toys and non-erishable food items for bodfellows in the area. is Community Cheer ogram will run through

### OLIDAY **EVENTS**

DLIDAY CONCERT The Farmington Community Chorus will present its 198 holidny concert, "Once Upon a December," 8 p.m. Friday and Saturday, Dec. Fromy and Saturday, Dec. 18-19, at the Mercy High Sphool Auditorium in Permington Hills. Call 788-1322.

# CHRISTMAS SCENES

Members of Orchard Unit-Al Methodist Church will portray scenes from the Phristmas story along the niter edges of the church puter eages of the church farking lot 6-9 p.m. Mon-day, Dec. 21. Everyone is vited to drive the road to Bethlehem and experience Christmas story with imals. No charge.

## GOOD HEALTH

HEALTHY COOKING
Tealthy cooking demonstrations are available throughout the month at Solsford's Health Develop-graph Network in Novi. call 477-6100. e cost is \$6.

### SENIORS (55 PLUS)

MEMORIES AND MORE Share your recollections with Memories and More s senior group will mee 10 a.m. to noon every Friday at the Farmington Hills Senior Center, Call 73-1830.

RALL BOOM DANCING Dance to live Big Band sounds from the '40s and 50s 1 p.m. Fridays at the Costick Center, 11 Mile and Middlebelt. Admission

\$2.50 and includes refreshments, which ar served 2 p.m. Call 473-1830.

#### BRIDGE & PINOCHLE

The Farmington Senior Drop-in Bridge and Pinochle Glub meets Mondays at the Farmington Masonic Temple, Call William at 474-4308.

#### SINGLES

#### CARDS & DINNER

Everyone is welcome to join in for cards and dinner 6:30-10 p.m. every Monday at Tom's Oyster Bar in Southfield. Players of all skill levels are welcome WALLYBALL

Play wallyball starting 6:45 p.m. every Tuesday at Rac-quetball Farmington, at Nine Mile west of Farming-ton Road. Call 851-9909.

#### CLASSES

## STICK HANDLING

The Farmington Hills Ice Arena is offering hockey stick handling 11 a.m. to stick handling 11 a.m. to 12:50 p.m. daily. This ses-sion is designed to practice passing skills and puck handling. No games are allowed. The fee is \$7 or a ession pass for \$32. Participants must be at least 12 vears old. **BUILDERS' CLASSES** 

Farmington Community Education offers classes in home building, remodeling and licensing. For dates, cost and registration information, call 489-3333.

#### **CLUBS**

The Farmington Area Lions Club meets 7 p.m. the first and third Tuesday of the month at Botsford Inn. Dinner will mark the new year. New members welcome. Call 476-6257 or 471-4361.

KIWANIS CLUB The Kiwanis Club of Farm-ington Hills meets at 12:15 p.m. every Tuesday at Bill Knapp's Restaurant in Farmington Hills, New members are welcome. Call 661-8463.

# TOASTMASTERS

The Windbaggera/Toast-masters Club meets 6:30-8:30 p.m. every Thursday at Ponderosa Restaurant in Farmington Hills.

Business Network International Farmington Hills Chapter will meet 7-8:30 a.m. Tuesday, Dec. 22, at the Grand Cafe in downtown Farmington. The Northwest Farmington Hills chapter will meet 7-8:30 p.m. Friday, Dec. 18, nt Jax Restaurant, 33572 Grand River.

#### **VOLUNTEERS**

ALZHEIMER'S ASSOCIATION

#### A winner



Performance: Students of the Barbara Hatel School of Dance in downtown Farmington prepare for their annual production of the Nutcracker Ballet. The Barbara Hatels School of Dance, which has been training area dancers for the past 15 years, created its company, Farmington Dance Theatre, in 1995 in conjunction with the school to provide their days with many perfecting conjunctions. Theatre, in 1995 in conjunction with the school to provide their dancers with more performing opportunities. Company director Barbara Hatch, who holds a bachelor of fine arts in dance, has herself performed in countless Nuterackers throughout high school and college. She then decided to give her pupils the same chance to perform the full-length ballet, which has become a beloved holiday favorite for the community. "The Nuteracker" will take place at 2 p.m. Sunday, Dec. 20, at West Bloomfield High School. Tickets are \$10 for adults and \$8 for seniors and children under 12. Call 476-7074.

# The Alzheimer's Association is seeking volunteers to provide companionship to those with memory loss Volunteers receive an orientation that provides them with the information and skills to brighten the life of someone with

Alzheimer's disease. Call

#### SENEX

Senex, a program for older adults, provides homebound people with extra care and a variety of activities. To learn more about this program or to volun-teer, call 473-1830. MEAL DRIVERS

Event:

Location:

Telephone:

Date and Time:

Additional Info.:

Substitute drivers needed to fill in periodically, one day per week, Monday through Friday, one to two hours per day. Call Diane or Chris at 473-1825. NUTRITION VOLUNTEERS

### Kitchen volunteers are needed 9:30-11 a.m. Tues-day and Thursday. Call Chris or Diane at 473-

### FOCUS:HOPE

Drivers are needed for an hour or two to deliver food boxes to eligible senior citizens once a month. Call Gail at 473-1826.

### COMMON GROUND

Common Ground, Oakland County's 24-hour crisis cen ter, needs volunteers to provide telephone crisis intervention counseling Call Liz Christopher at 456-8128.

## CATHOLIC SOCIAL

SERVICES
Volunteers are needed to help improve relationships between parents and chil-dren in a program spon-sored by Catholic Social Services of Oakland County. Training for the pro-gram is provided. Call Francine Adams, 334-3595.

#### DRIVERS NEEDED

If you have some free time to transport cancer patients in your area to nearby treatment centers,

CALEND'AR FORM

The Farmington Observer, without charge, welcomes Calendar tiems. Items should be from non-profit community groups or individuals announcing a community program or event. Please type or print the information below and mail your item to The Calendar, Farmington Observer, 33411 Grand River, Formington, Mt. 48355, or by fax to 248-477-9722. Items will appear at least once. Deadline for Calendar items is noon Friday for the following Thursday's paper.

# call Ivory Underwood at 443-5800.

## SUPPORT **GROUPS**

#### MODERATION MANAGEMENT

MM is a free self-help group and nine-step pro-gram that provides guide-lines for moderate drinking and support to change you: drinking habits. Not Meets 7:15-8:15 p.m. the first Tuesday of the month at Universalist Church, 25301 Halsted in Farmington Hills Meetings are anonymous, with no fees Call 788-8040.

#### A.I.M.

Agoraphobics in Motion is an organization to help people overcome panic/anxiety attacks. Call 547-0400 for a listing of individual chapters.

PROJECT RACHEL

#### Project Rachel can help heal the wounds of al tion in a sensitive and con fidential 11-week program. All faiths are welcome. Call (888) Rachel5. Sponsored by the Catholic Archdioces of Detroit.

#### PEER SUPPORT

The peer support group is 12-week educational program for people ages 12-18 struggling with chemical abuse, family problems, and other life stress issues that affect them and their loved ones. It is 3:30-5 p.m Tuesdays at the Farming-ton Area Counseling Centers, 23332 Orchard Lake Road, Call 473-1290.

#### DIABETES SUPPORT

An educational support group at Botsford Hospi-tal's Health Development Network offers day and evening classes. Call 477-6100.

#### PROSTATE CANCER

The prostate cancer educa tional support group meets
7 p.m. the third Monday of
each month at Botsford Hospital in Farmington Hills. This support group provides both encourage-ment and education abou prostate cancer, Call 477-6100.

#### PARENTING

Pathways to Parenting, sponsored by Botsford Hospital, is a new monthly support group that meets 12:30-2 p.m. the first Mon-day of each month at Holy Cross Episconal Church in Novi New mome can share concerns and obtain infor mation and network with peers. Call 477-6100.

# GAMBLERS ANONYMOUS

Gamblers Anonymous meets at 7:30 p.m. every Wednesday at Grace Chapel in Farmington Hills, Call (313) 882-0489. TOPS Take Off Pounds Sensibly

(TOPS) is a support group dedicated to providing information to those seek ing to lose and control their weight. TOPS meets 9:30-10:30 a.m. Wednesdays at Nordin Park Church in Farmington Hills.

#### OVERFATERS

Learn how to take steps toward changing your rela-tionship with food permanently in a comfortable, supportive atmosphere at Botsford General Hospital in Farmington Hills. Sessions are scheduled on a weekly basis. The cost is \$10 per session. Call 477-6100

# ORSESSIVE-COMPULSIVE Obsessive-Compulsive Dis-order is a self-help group for youths and their families that meets 7-9 p.m. the third Wednesday of each month at Davis Counseling Center in Farmington

Hills. Call Greg at (313) FREE COUNSELING Free counseling services to

all community members are available from Eastern Michigan University graduate counseling students in partnership with Farmington schools. Counseling appointments are available 5:30-7:30 p.m. each Wednesday, Call 489-3447 for an appointment.

#### TINNITUS SUPPORT

Do you have ringing or buzzing noises in your ears that won't stop? If so, then join the free tinnitus support group. It meets 7-9 p.m. the first Tuesday of each month at Botsford Hospital in the Ziegler ouilding, Classroom C. Call Jack at 352-1646.

#### HEADACHES

The National Headache Foundation, along with Providence Hospital, holds a free monthly support group meeting 7:30-8:30 p.m. the second Tuesday of each month at MedMax, 29305 Orchard Lake Road To register, call 647-0614.

#### PREGNANT TEENS

Catholic Social Services of Oakland County offers support to pregnant teens with the teen-parent program.
The goal of the program is to offer moral and emotion al support to pregnant and parenting teens. If you are or anyone you know is a pregnant teen, contact Sharon Longbucco at 333-3700, Ext. 122.

#### STROKE SURVIVORS

First Step Stroke Club is a support group for stroke survivors and their care givers. Meet at 1 p.m. every Tuesday at the Senior Adult Center in Farmington Hills for fellowship, fun, exercise and coping strategies. Call 473-1830.

#### WOMEN'S PRIME TIME

Women's Prime Time (for vomen ages 40-60) disci es issues and concerns dealing with midlife changes. This forum is scheduled 7-8:30 p.m. the third Thursday of each month, at Botsford Hospital's 3 West Conference Room. Call 477-6100.

#### FREE ADULT SUPPORT

Share your experiences in a safe, healing environment 6:30-8:30 p.m. every Wednesday at Botsford Hospital in Farmington Hills. This program offered through the Metro Detroit Center for Attitudi-nal Healing. Call Lois at 344-4535.

#### PARKINSON'S DISEASE

The Western Oakland Parkinson Support Group meets 7:30-9 p.m. the sec-ond Tuesday of every month at Farmington Hills Baptist Church, 28301 Middlebelt, Call 476-3404. 478-0189 or 474-0003.

## RECREATION NEWS

Fach week, the Recreation Diviifon of Farmington Hills' Depart-ment of Special Services presents a synopsis of upcoming activities. For further information regarding programs, con-tact the recreation office at tact the recreation dince it 473.9570, Preregistration is feculied for most activities. For matters regarding Farmington fills City.Council agenda items, call the news line at 473.9532. MEN'S BASKETBALL

New team registration is open for men's open leagues Sunday and Monday nights and men's over 35 on Tuesday nights. Games are played at the Costick Activities Center gym. Call 473-0570

HOLIDAY BREAK CAMP oliday Break Camp oliday Break Camp will be old 9 a.m. to 3 p.m. Dec. 28-31 I Heritage Park for children ges 5-11. Extended hours are ages 5-11. Extended notes and available if needed. The cost is

\$70 and preregistration is required. Call 473-9570.

required. Call 473-9570.

DOWNHILL SKIING

The Farmington Hills Recreation Division is offering a complete downhill ski program for all participants, fourth grade through high school each Friday night starting Jan. 8, to Mt.

Brighton. The bus will leave designated locations at 4:30 p.me and return at approximately 10 p.m. Fee includes lift ticket, ski

lessons and bus transportation.
The \$11.60 ski rental is not included and will be collected on the bus. The Ge is \$50 for a two week session. Cell 473-9570 for exact dates and departure sites.

DADDY/DAUGHTER DANCE
The Recreation Division announces two special evenings.

announces two special evenings for fathers and daughters 7-8:30 p.m. Friday, Feb. 5, or Saturday, Feb. 6, at the Costick Activities Center in Farmington Hills. The

evening will include entertainment, refreshments, dancing, a crasage for daughter, a bouton-niere for dad, and a memorable photo. Tickets are \$15 per couple, \$7.50 per additional daughter. Registration deadline is Jan. OPEN GYM

OPEN GYM
Get your exercise at the Costick
Activities Center in Farmington
Hills. Choose from Adult Basketball: 7:30-9:30 p.m. Thurs-

days and 9-11 a.m. Sundays; Teen Basketball: 3-5 p.m. Sat-urdays and 1-3 p.m. Sundays; Adult Volleyball: 11 a.m. to 1 p.m. Sundays; Family Gym & Swim: 12-30-3 p.m. Suturdays. Cost to participate for residents 17 and under is \$2, nonresidents \$4. Residents 18 and over \$3 and \$5 for nonresidents, Call 473-9570.