Bake a King Cake in honor of the Twelfth Night of Christmas

See related story on Taste front.

FATHER DOMINIC GARRAMONE'S KING CAKE

Dough:
1/2 cup sour cream
1 tablespoon shortening
Zest and juice of one medium orange
1 egg
2 1/2 cups white flour, divided
1 package rapid rise yeast
1/4 cup sugar
1 teaspoon salt
1/2 teaspoon nutmeg
1/4 teaspoon cardamom
11 milk chocolate nuggets with almonds, unwrapped
coin or trinket, wrapped in parchment paper

Topping:
Butter
Granulated sugar
12 candied cherries or gumdrops

In a medium saucepan, warm sour cream, shortening, orange zest and orange juice until shortening melts. Remove from heat and cool to 120°F to 130°F.

In a medium size mixing bowl, sift together one cup of flour with remaining dry ingredients. Stir in sour cream mixture and beat thoroughly. Add egg to mixture. Stir in remaining 1 1/2 cups of flour until all the flour is incorporated.

Turn out onto a lightly floured board and knead for three minutes. Cover the dough with a towel and allow it to rest for 10 minutes. This "nap" replaces the first rising.

Lightly grease a 9-inch ring mold. Divide the dough into 12 pieces. Flatten each piece into a circle about three inches across. Set one piece of dough aside. Place a chocolate nugget in the center of a piece of dough and wrap the dough around it by pulling up the sides and pinching the top to form a teardrop shape. This forms the crown. Repeat with the remaining 10 pieces of dough.

Wrap the coin or trinket in a small piece of parchment paper. Use the last piece of dough that has been set aside to cover the coin or trinket (in a pinch you can use an uncooked bean) in the same manner as the chocolate nuggets.

Evenly space the pieces point-side-up around the ring mold, cover with a towel, and allow to rise until doubled in size, about 1 hour.

Bake in a preheated oven at 350°F for 25-30 minutes or until golden brown. Remove from pan and transfer to a wire rack.

While the bread is still warm, brush all sides with butter and sprinkle with granulated sugar. Garnish points with candied cherries or gumdrops, using toothpicks or a small amount of frosting to attach them.

Recipe compliments of the Rev. Dominic Garramone, Fleischmann's Yeast and Hodgson Mill Naturally White Flour.

Garramone's cookbook, "Baking Bread with Father Dominic," and a one-hour instructional video, "The Basics of Making Bread with Father Dominic," are available for $19.95 each plus $5.95 shipping charge. To order, call (800) 293-5949, or visit the Web site www.breaking-bread.com

Electricity *from page B1*

fine dishes.

Brohl agrees there are more small appliances in today's kitchens. "We get requests for mixer cabinets (to hold KitchenAid mixers)," said Brohl. Trash compactors and wine coolers are other popular items.

People want bigger refrigerators, and sometimes two dishwashers. Some refrigerators, such as Sub-Zero, have pullout drawers and a storage area for 46 to 147 bottles of wine. Because cooking is often a shared family activity, more people are requesting double sinks or even two separate sinks in their kitchens.

DeGiulio Kitchen & Bath

In Birmingham, at DeGiulio Kitchen & Bath, John's son, who is also named John, has noticed a trend toward larger kitchens for the past 15 years.

DeGiulio is a name synonymous with excellence in kitchen design in metro Detroit, and they had a hand in preserving a piece of kitchen history at Henry Ford Museum.

"We removed the sink from an old home in Dearborn that we were remodeling and donated it to the museum for their 1930s kitchen display," said DeGiulio of Birmingham. "We installed it.

"In those days, the help would stay in the kitchen, and the family ate in the dining room. Now, people say 'my guests end up standing around in the kitchen.' The kitchen often opens into a great room. Some people want fireplaces in a sitting room near the kitchen, so everyone can be together."

Stoves are also getting larger. "Stoves with larger burners, usually gas with six or eight burners, grills, griddles and hoods with super exhaust fans are popular," said DeGiulio. "Everyone wants quiet appliances. They don't want to hear the dishwasher or refrigerator. There's a movement toward black and stainless steel appliances instead of white."

At KSI in Canton, bisque is an often requested color for appliances.

There's a back to nature trend for cabinetry, countertops and flooring. Many people are choosing natural woods for cabinetry. DeGiulio of Birmingham said cherry, maple, and pine are in, oak and hickory are out. Stone, including granite and limestone, is being used for counter tops and flooring. Some floors are even installed with heating units to keep them warm in the winter.

Appliances

Look for lots of changes in appliances in years to come.

Some manufacturers are working on developing smart refrigerators that tell you when you run out of an item like milk.

You can visit the Gadget Guru online at www.gadgetguru.com to read about the latest innovations in kitchen appliances such as the FlashBake oven created by Wolf. It doesn't require preheating and "uses eight 1,000-watt halogen lamps controlled by a computer chip to cook food with the moisture, texture and quality you expect from a conventional oven in approximately half the time."

"Imagine what it would be like to pop a meal into the microwave and simply press start — without telling the microwave what it is or how long it should cook?"

According to information found on the Gadget Guru Web site, that dream could soon become a reality because of a joint project between Samsung Electronics and researchers at Cook College/Rutgers University.

The intelligent microwave was demonstrated at the 1999 International Housewares Show in Chicago. Cooks scan the bar-codes on packages, and the microwave oven automatically adjusts its settings and cooking times to prepare your food.

The intelligent microwave can be hooked up to a computer to access the Internet and communicate with food manufacturers to locate cooking information for new food products.

There's no word when this microwave will go into production, or how much it will cost, but you can find out more about it by visiting Samsung online at www.sosimple.com

Warming ovens, an old-fashioned idea, are making a comeback. Dacor manufactures oven systems that include a microwave, convection oven, and warming oven that has space for four dinner plates.

Computers, built into countertops, are a new innovation that's catching on. To find out more about these "space saving solutions," visit www.novadesk.com online.

Kitchens have always been the center of the home, and this is still true today.

"It seems that more people are coming together in the kitchen today," said DeGiulio of Birmingham. Like his father says, "the kitchen really is the center of the home."

Wine *from page B1*

This latter wine introduces another new decade phenom. Syrah will grab the attention of merlot drinkers, especially as the glut of merlot grapes ushers in an era of under-fruited, thin merlots from new vines, planted everywhere in California. Lessons from the French – all grapes do not grow everywhere.

One asks, why has this happened with merlot? Popularity breeds greed.

Why won't this happen with syrah? Picky grape. It won't grow everywhere. It needs California's hotter climates such as Paso Robles.

■ Chilean wines have not seen the continued meteoric rise they had in the mid-1990s. Consumers learned; some were flat out poor. It scared people away. Producers, such as Vina Undurraga, with a long-history in the Maipo Valley have sustained excellence through new vineyard investments and upgraded technology. They will regain popularity in early 2000s. Undurraga's 100 percent varietal wines are priced between $7-$11.

Australian wines will continue to make an impact. Lindemans, Penfolds and Rosemount are the hot brands. New Zealand's spunky whites such as 1999 Villa Maria Private Bin Sauvignon Blanc $11 will revive interest in white varietals.

■ Nineteen states (Michigan is one of them) forbid direct shipment of wines to consumers. *Florida is one of seven where* such shipment is a felony for both shipper and consumer. Recently, six Floridians filed a suit in federal court against the State of Florida claiming the state law violates the commerce clause of the U.S. Constitution. We have the same belief.

Our crystal ball is not clear enough to see whether a consumer group in Michigan will be this gutsy. You could at least start by writing our governor and state legislators and expressing your dismay at legislation prohibiting direct shipping of wine.

■ Consumer demand for a wider choice of wines has spawned such e-commerce as WineShopper.com. Even though you live in a constrained state with archaic wine legislation, you will be able to shop and receive wines ordered through WineShopper.com.

But why a middleman? If laws were changed, you could phone your favorite winery directly. More on WineShopper.com's debut soon in our column.

Look for Focus on Wine on the first and third Sunday of the month in Taste. To leave a voice mail message for the Healds, dial (734) 953-2047, mailbox 1864.

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Dr. [illegible] ... Ferndale — Free Initial Consultation
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[illegible] ... Birmingham — $5 Off Any Hair Service
Family Dental Center 734-427-[illegible] ... Livonia — 10% Off First Visit & Free consultation
Great Nails ... Berkley — 10% Off Any Service
House of Optical ... Royal Oak — 15% Off Complete Pair of Eyeglasses
Medical Center Pediatrics [illegible] ... W. Bloomfield, Farm. — Special Offer for New Patients, Call for Details
[illegible] Barber & Stylist ... Berkley — $1 Off Haircuts + $5 Off Highlights & Colors
[illegible] Salon 478-3040 ... Farmington Hills — 10% Off Color Services, 10% Off Massage, [illegible]
Posh Salon ... Southfield — 20% Off All Services
Sheer Radiance Sheridan Square ... Garden City — 10% Off First Service
Sir Davids Hair Salon ... Westland — 20% Off of Hair & Tanning Products
[illegible] Womens Gym ... Clawson — 15% Off Any Membership
The Gallery of Hair ... Royal Oak — 10% Off All Services
[illegible] Electrolysis ... Ferndale — 10% Off Second Treatment

$ Coffee, Bagels & Bakeries
[illegible] Cakes ... [illegible] — 10% Off Special Order Cakes
New York Bagel ... Ferndale — $1 Off Any Food Purchase of $5 or More

$ Day Care
Hands & Hearts Around the World ... Garden City — 10% Off 1st Months Tuition

$ Dry Cleaners & Laundry
Huntington Cleaners ... Huntington Woods — 10% Off Incoming Orders for New Customers
J.B. Prestige Cleaners on 5 Mile ... Livonia — 20% Off Dry Cleaning (No Other Coupons)
Mai Kai Cleaners ... All Locations — Free Sealer or Pant W/$9.95 Incoming Cleaning
Park Ave $1.75 Cleaners 844-5091 ... Canton — $1.50 Per Item for Dry cleaning
Rags to Riches Cleaners ... Clawson — 15% Off Dry Cleaning Only (Min. $25 Order)
Touch of Class ... Plymouth — 15% Off All Dry Cleaned Garments
White Cleaners & Coin Laundry ... Berkley — 30% Off Incoming Dry Cleaning Orders

$ Entertainment
Ambassador Roller Rink ... Clawson — Buy One Admission - Get One Free (Sat. Only)
Detroit Zoological Society ... Royal Oak — 10% Off All Membership Packages
Electric Stick ... Westland — Pay for One Hour of Pool - Get One Hour Free
Hartfield Lanes ... Berkley — Free Shoe Rental for Cardholder

$ Florists & Gifts
Home ... Royal Oak — 10% Off Purchase (not to be combined w/other offers)
Karlins Floral Expressions ... Ferndale — 10% Off - Excluding Wire Orders
Mary Jane Flowers ... Royal Oak — $5.00 Off Any Purchase Over $10.00
Steve Cadana Flowers ... Southfield — Free Delivery in Metro Detroit Area
The Green Bee ... Royal Oak — 10% Off Purchase over $10.

$ Home Improvement
ABC Plumbing ... Clawson — $50 Off Service or $25 Off [illegible]
American Blind and Wallpaper Factory ... Plymouth — 10% Off Order $80 Min. Mention Code HE10
[illegible] Plumbing & Heating ... Livonia — $15 Off Service Calls 734-[illegible]
Berkley Plumbing ... Berkley — $15 Off Plumbing Repair/Sewer Drain Service
[illegible] Heating & Cooling Inc ... Ferndale — 10% Off Air Conditioning Special
[illegible] ... Garden City — $15.00 Off Service Call 734-[illegible]
[illegible] Plumbing & Heating ... Wayne — 10% Off All Materials Service/Store
[illegible] Electric Inc ... Royal Oak — $25.00 Off Any Electrical Work Over $200.00
[illegible] Carpet Care ... Ypsilanti — 10% Reg. Scheduled Services; Carpet, UPH, Ducts
[illegible] Decorating Center ... Livonia — 10% Off In Stock Borders & Wallpaper
[illegible] Plumbing ... Plymouth — Free Laundry Tub & Faucet with Repipe
I Do Windows [illegible] ... Redford — First Clean Free with Pre-Paid Service
KTP Designs Inc ... Berkley — One Hour Free Interior Design Consultation
New Beginnings LLC 734-[illegible] ... Livonia — 10% Off Painting Two or More Rooms
[illegible] Plumbing & Sewer ... Royal Oak — $15 Off Service or [illegible] Off
[illegible] ... Livonia — Furnace Cleaning & Inspection $57.00

$ Jewelry
[illegible] ... Canton — [illegible]
China Jewelry ... Royal Oak — We Will Pay Your Sales Tax Excluding Loose Diamonds
[illegible] ... [illegible] — 1/2 Off Ring Sizing (excluding platinum)
Minuro Den ... Royal Oak — Free Watch Battery (One Per Customer)
O & D Bush Jewelers 734-455-3030 ... Plymouth — 50% Off All Silver Jewelry
Woods ... Pleasant Ridge/Royal Oak — 1/2 Off Ring Sizing (excluding Platinum)

$ Landscape & Maintenance
Bills Outdoor Care ... Canton — Commercial Snowplowing Contract 10% Off
D. A. Alexander & Co. ... Livonia — 10% Discount
Saxtons Garden Center ... Plymouth — 10% Off All Hand Garden Tools

$ Pizza
Cottage Inn Pizza ... Birmingham — 2 Large Pizzas W/One Item $12.99
Marias Deli & Pizzeria 734-981-1200 ... Canton — $5.00 OFF a $50.00 Purchase (excluding tobacco & alcohol)
Papa Romanos ... Ferndale — $1.00 Off Sambino Bread with any purchase
Pizza One ... Ferndale — 2 Small Pizzas for $8.99 + tax
Rallos Pizza ... Royal Oak — $1.50 Off Large Square Pizza

$ Restaurants
Alexander The Great ... Westland — 10% Off Entrees - Not Valid on Specials
Barbs Pasties ... Livonia — 10% Off When You Buy 4 Pasties
Beehive Family Dining ... Wayne — 20% Off Any Order
Christinas Cuisine ... Ferndale — 10% Off Any Dinner Entree (Carry Out Only)
Clubhouse BBQ ... Ferndale — Free 2 Liter of Faygo with Any Purchase ($7 Min.)
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Dairy Queen of Royal Oak ... Royal Oak — 10% Off Total Bill
Deli Dollie ... Royal Oak — 15% Off Purchase of $10 or More
Don Pedros ... Redford — 10% Off Food Over $10 (No Other Offer)
Duggans Irish Pub ... Royal Oak — 10% Off Total Food Bill w/$10 Purchase or more
Fayne-us Chicken & Ribs ... Clawson — Buy One Dinner and get $1 OFF Second Dinner
Hard Ice Cream Cafe on Farmington S. of Plymouth ... Livonia — 10% Off Any Item Including Sanders Cakes
Hat Trick Pub/Deli ... Berkley — 10% Off Any Food Purchase
Max & Ermas ... Birmingham — 10% Off Purchase, excluding alcohol & gratuities
Mitch Houseys Schoolcraft/Middlebelt ... Livonia — 10% Off Your Bill - Lunch or Dinner 734-[illegible]
New King Lims [illegible] ... Farmington Hills — 10% Off Total Bill
O'Malley's Bar & Grill 15231 Farmington & Five ... Livonia — 15% Discount after 8 p.m. except Holidays
[illegible] ... Berkley — 10% Off Total Food Bill With $10 Purchase or More
Samuel Hoffmans New York Deli ... Clawson — 10% Off Total Food Bill
[illegible] Deli ... Bloomfield Hills — $10.00 Off Any Catering Order
Subway ... Berkley/Ferndale — $1.00 Off Any Footlong Sub
[illegible] Deli ... Clawson — $1.00 Off Any Sandwich
[illegible] Diner ... Royal Oak — 10% Off Total Food Bill With $10 Purchase or More

$ Retail
A [illegible] Business ... Walled Lake — 10% Off Any Lamp Pur[illegible]
Alcove Hobby Shop ... Royal Oak — 10% Off Any Purchase
Alexanders Framing ... Royal Oak — 15% Off Any Purchase
Altas Greenfield Market ... Southfield — 5% Off Any Meat or Produce Purchase
America' Vitamin & Nutrition ... Berkley — 10% Off Any Purchase Every Day
Beads S.R.O. ... Royal Oak — 10% Off Purchase of $10 or More
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Bourliers BBQ & Fireplace ... Ferndale — 10% Off Replacement Parts
Chet's Rent-All ... Berkley — 10% Off Any Rental
Champions Cellular Warehouse ... Southfield — 10% Discount
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Circa ... Berkley — 10% Off on All Circa Antiques & Collectibles
Contract Design Group ... Royal Oak — 10% Off New Orders/Carpeting/Linoleum
Crossing Bridges ... Berkley — 10% Off Candles, Incense & More (Books/Sales excluded)
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Dimitrie Upholstering ... Royal Oak — 10% Off Complete Order
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[illegible] Books & Gifts 6 Mile ... Livonia — 10% Off Purchase of $50 or More
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