

### Performing at Borders



**Eco-entertainer:** Lisa Hunter will perform at 7 p.m. Tuesday, Jan. 18, at Borders Books & Music in Farmington Hills. Hunter is an environmental educator who has worked as an instructor at Yosemite and Rocky Mountain national parks. The theme of her "eco-campfire" is "Millennium Time Travel Celebration of the Environment." This is a 45-minute indoor environmental education program for kindergartners to students in second grade that uses sing-alongs, movement, interactive stories and hands-on activities.

## Author gives tips for getting more done

Millennium resolutions are a complete waste of time. The turn of the year is the worst time to make resolutions. So says Mark Ellwood, productivity expert, trainer and author of the book "A Complete Waste of Time - Tales & Tips About Getting More Done," now in its second edition.

Ellwood says many people use New Year's resolutions as nothing more than a conversation starter at parties. But if they're serious about changing their lives, they should take a new approach to reach their goals and ensure success. Ellwood says:

■ Set goals using the SMART formula. Make them: Specific,

Measurable, Appropriate, Realistic and Timely

■ Plan your time every day. Block off time for high-priority activities and don't allow interruptions to interfere. Based on research conducted by Ellwood's company, Pace Productivity Inc., he found that employees should spend 30 percent of their time on high priority, long-term tasks. Even stay-at-home mothers should spend 15 percent of their time on personal activities.

■ Overcome procrastination by breaking large tasks into smaller pieces

■ Give yourself rewards for successfully completing tough tasks.

■ Visualize success when fear

of failure gets in the way.

■ Share your deadlines with others.

■ Learn to say no. We say "yes" to others because we like to please them, even when saying no is the better course of action. Clarify what's being requested, direct people to others who can help, and develop personal policies that allow you to say no.

■ Don't become burdened by technology. Many new communication tools simply add more and more ways to be out of touch with people. Simplify your life.

■ Spend time alone with your spouse, commit to personal improvement, create a vision for your career and make time for balance in your life.

## Arts coordinator from page B1

Commandours is also a regional co-leader of the Michigan Association of Community Arts Agencies for the counties of Oakland, Wayne, Macomb and St. Clair.

"We have the largest region in Michigan. MACAA exists to support community arts," she said. "I think on the political scene there is a higher awareness now of the importance of the arts and how that translates into other areas."

Statistics support art study  
She points out some statistics - students with

four years of arts studies scored an average of 104 points higher on their Scholastic Aptitude Tests than students with no arts education; music majors have the highest rate of admission to medical school (86 percent) of any other subject area including biochemistry, chemistry and physics; and 83 percent of Americans agree that music is part of a well rounded education.

"I like being part of special services," she added. "Along with Parks and Recreation, Youth Services and Seniors, we can all work together."

## Minister from page B1

a historic home in downtown Farmington.

"That's the seminary I attended. Having been a student, I can understand their fears and wants. I'll be there to guide them," she said. "I also plan to teach a class."

### Community development

Her second new job is in community development for the Society for Humanistic Judaism.

"I will be the support person for congregations that don't have a rabbi," she said.

Founded in 1963 by Rabbi Sherwin Wine of the Farmington Hills-based Birmingham Temple, Humanistic Judaism now has 27 congregations across the country. Only two have their own rabbis. The Farmington Hills congregation has 450 families.

"I hope to visit each congregation at least once a year. There is

also always fledgling groups that want to become a congregation, and I will be able to help them."

Paul worked as administrative assistant to Rabbi Wine 1980-84 and considers him her mentor.

"Rabbi Wine was very supportive of the years I served at the Unitarian Church. I was somewhat his protégé. He's excited about my coming back.

"I'm not trained to serve in a rabbinic capacity, but I can bring other principles - create a community, enthusiasm - those things translate from one group to another."

Paul's husband, Charles, is vice president of the Birmingham Temple and will become president in May.

Suzanne Paul hopes to stay involved with the Multi-Cultural, Multi-Racial Task Force and other volunteer pursuits that may come her way. Two more rooms in the home she and her

■ 'The ministry is an extraordinary experience but with great expectations.'

Suzanne Paul  
—retired Unitarian minister

husband have lived in for nearly six years still needs remodeling. They moved to the Oakland Street house after downsizing from a large Farmington Hills home once their three children were grown. With an impeccable collection of antiques, it is both cozy and elegant.

"The ministry is really a job you're on 24-7. It's an extraordinary experience but with great expectations. I want to reclaim some of that time for myself and my husband."

## Chat Room from page B1

upbeat and full of humor.

Friends who aspire to greatness and achieve it, beyond their wildest dreams.

The people closest to me, who give as much as they receive when it comes to love and support, despite their own challenges.

### Inspirational stories

As I begin my work in Farmington, I am convinced the same kinds of people exist here, and with them, stories of hope and inspiration. Many every day people have amazing tales to tell, if someone would just take the

time to listen.

As a newspaper convention held in January, I listened to a Pulitzer prize-winning journalist talk about her award-winning story. But her most important words had to do with the writing itself. She urged reporters to remember how we write and why we write is not nearly so important as what we write.

Journalists are the scribes of our time, like the storytellers who once gathered around fires burning brightly in the pre-historic night. The legends they passed on lived only because someone took the time to

remember them.

First, though, they had to listen. And watch. And learn.

That's why I'm here. I've resolved to do more than just keep track of what happens at City Council meetings or who has been arrested or arraigned or victimized. But I can't do that without your help.

It's a simple thing I'm asking, really.

Just tell me a story.

Joni Hubred is a reporter for the Farmington Observer. She can be reached at 477-5450 or via e-mail at jhubred@oc.homecomm.net

# Entertaining Ideas

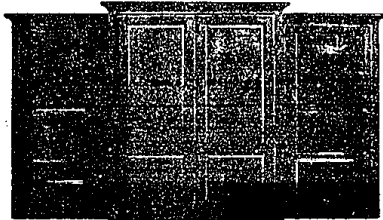
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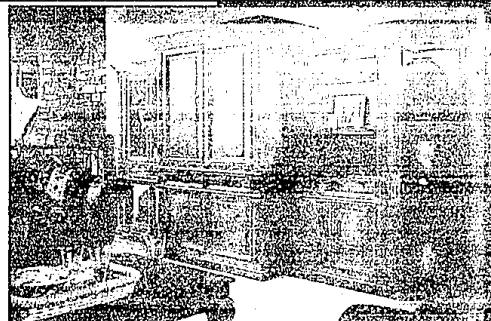
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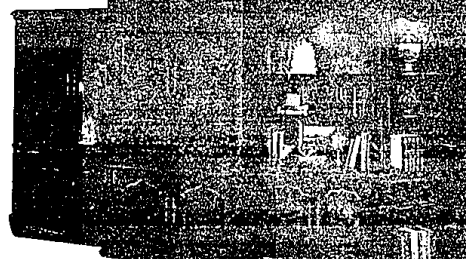
64" Executive double pedestal desk, map \$2,205. Sale \$1,245  
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Crawling Entertainment Center. Low profile. 3 pieces, map \$1,415. Sale \$1,945



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Corner desk configuration. 7 pieces, map \$4,735. Sale \$2,720.



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