

New adult Jewish education courses

Seminars for Adult Jewish Enrichment (SAJE) has added new programs and courses to its year 2000 schedule.

SAJE offers the largest and most diverse selection of adult Jewish education courses in the Detroit Jewish community. Term one will be held Jan. 25-Feb. 10. The second term will be held Feb. 22-March 9. Courses are held at both Jewish Community Center locations.

New this year are a kickoff event, a class in which the instructor speaks only in Hebrew, a class in which the instructor speaks only in Russian, a Jewish cooking class, two lunch and learn series, a course about the Jewish Internet, a course designed specifically for young adults, a course in Jewish art, and culture and a class in introductory Hebrew, written and spoken.

SAJE offers more than 50 three-week courses on a variety of Jewish topics, among them Jew-

ish music, ethics, spirituality and more.

Courses are taught by local rabbis, cantors, educators, scholars and community leaders representing all streams of Judaism. They are held at both JCC locations: The D. Dan and Betty Kahn Building on the Applebaum Jewish Community Campus and the Jimmy Prentiss Morris building on the Taubman Jewish Community Campus.

The seminars are co-sponsored by the Jewish Community Center of Metropolitan Detroit and the Agency for Jewish Education with support from the Jewish Federation of Metropolitan Detroit and the Detroit Jewish News.

SAJE has been endowed by a generous gift from Cis Maisel Kellman. Tuition for SAJE is \$15 per course and \$38 for unlimited courses. For information or a brochure call the JCC Jewish Life and Learning Department at 661-7849.

YMCA swim lessons offered

For parents, not only is their child's safety a primary concern, but so, too, is the assurance that their child builds proper self-esteem and values. A new series of programs, YMCA Swim Lessons, helps kids do all three and more.

Swim lessons is one of the organization's most exciting new programs, said Karen Martorano, program director. The parent-child swim program is a new water enrichment program for parents and their children from six months to 3 years. The new preschool program is for kids 3-5 years. The YMCA of Metropolitan Detroit will hold registration for a new youth swim program, a progressive skill-building swimming program designed for kids ages six and up. All YMCA swim lessons programs emphasize recognizing and avoiding the hazards of aquatic environments. They teach parents and children rescue and emergency skills.

Says Martorano, "The programs include components that parents across the country said they are looking for their children: personal safety, personal growth, including values and volunteering; stroke development; water sports and games;

and rescue.

"YMCA swim lessons will be especially attractive to parents because of the way in which students are taught." Instruction, she explains, is delivered in a student-centered, caring atmosphere with well-trained instructors who give personalized attention. Lessons are developmentally appropriate and designed to quickly and effectively teach skills.

"Information and skill training in other aquatic sports and activities, such as skin diving, synchronized swimming, springboard diving, and waterball, plus competitive swimming, encourages students to develop a life-long interest in aquatic."

Students are encouraged to develop the YMCA's four core values of caring, honesty, respect, and responsibility, she said.

Martorano believes children will like YMCA swim lessons because the lessons start with the skills children are ready to learn. "They will be able to succeed often and build self-confidence."

According to Martorano, the new YMCA swim lessons incorporate the latest research on motor control, motor learning,

child development, and teaching. She explains that quality will be ensured through guidelines and constant evaluation. For example, a recommended ratio of staff to students must be maintained, and all staff is trained and certified. "Safety is at the forefront of all decisions," she said.

Registration for the new YMCA swim lessons is now open. Call the Farmington branch at 553-4020 for more information.

Annual interfaith workshop slated

The Birmingham Temple hosts its annual Interfaith Workshop on Feb. 12. This includes a variety of sessions on common issues experienced by interfaith couples.

The day begins at 9:30 a.m. and sessions will end at 2 p.m. There is a \$16 charge for members and \$19 for non-members. Lunch is included in the price.

Call associate rabbi Tamara Kolton for further information at 477-6295, Ext. 3.

Register now for Valentine's dinner dance

The annual Valentine Dinner Dance sponsored by the Farmington Community Band will be held Friday, Feb. 11, at Glen Oaks Country Club in Farmington Hills.

You can celebrate Valentine's Day at this annual event, which features the Farmington Community Band for dancing and lis-

tening. The cash bar cocktail hour begins at 6:30 p.m. The elaborate Glen Oaks buffet dinner begins at 7:30 p.m. Dancing will continue until midnight.

Ticket prices are \$40 per person for dinner and dancing. Tables of eight may also be reserved. Last years dance was a

sellout. Early reservations are suggested.

To buy tickets or get more information, call (734) 261-2202 or (248) 489-3412.

Glen Oaks Country Club is on 13 Mile between Middlebelt and Orchard Lake roads in Farmington Hills.

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