# BELIEFS Values

## SHIR TIKVAH

Congregation Shir Tikvah invites the public to its annual winter Sdup Shabbat at 6:30 p.m. Jan. 28.

The evening begins with homemade soups and bread made and served by Shir Tikvah congregants. A shortened Shabbat service is then held by Shir Tikvah's Family Education teachers and tutors.

Congregation Shir Tikvah is at 3900 Northfield Parkway, south of Wattles between Crooks and Coolidge in Troy. For more information, call the Temple at (248)649-4418.

## TEMPLE KOL AMI

Temple Kol Ami, 5085 Walnut Lake Road, West Bloomfield, celebrates Rabbi Norman T. Roman's 25th anniversary in the rabbinate on Saturday, Jan. 29, with a day of worship and study. The community is invited. For more information, call (248)661-0040.

n Rabbi Amy Bigman will teach a ten-week "Introduction to Judaism" course on Tuesdays, beginning Feb. 1. The course is open to the community. It's designed for those interested in conversion as well as anyone interested in learning about Judaism. Topics will include the meaning of Torah, Jewish history, holidays, life cycle observances and God concepts.

Sessions will be 7:30-9 p.m. at the Temple, 5085 Walnut Lake Road in West Bloomfield; there is a charge. For more information, contact the temple at (248)661-0040.

## EILU V EILU

New students are welcome to join winter classes now in progress, sponsored by Eilu v Eilu, the adult Jewish learning project of the Michigan Conservative movement and a year-round resource for adults seeking to connect with Jewish history, holidays, culture and Torah. Weekly study series include "Poetry of Modern Jewish Women" with Rabbi Aaron Bergman, "The Red Tent and the World of the Midrash" with Ruth Bergman, and "Judges, Kings and Prophets — The Struggle for Power, Authority and Leadership in Tanakh" with Michael Weiss. Monthly learning opportunities include "Swimming in the Sea of Talmud — Lessons for Everyday Living" with Rabbi Lee Buckman, and Rosh Hodesh Women's Learning Minyan. For information, call (248)737-1931 or e-mail eilulearn@aol.com. Website: http://www.cbahm.org/eilu.htm.

## THEOLOGY ON TAP

Holy Name Church in Birmingham holds a four-week winter series of the program, "Theology on Tap" at 7:30 p.m. Wednesdays, starting this week, in the back room of Dick O'Dow's Irish Pub, 160 West Maple Street in Birmingham.

Theology on Tap provides an opportunity for people to informally discuss issues of the day. Monsignor John P. Zenz and Father Chip Farrar serve as facilitators.

Upcoming programs are: Feb 2: Father Chip Farrar, "Ways to Get More Out of the Bible;" Feb. 9, Monsignor John Zenz, "Til Be Right Back! A Christian Look at Reincarnation and Evolution;" and Feb. 16, Father Chip Farrar, "Balancing Male and Female Spirituality."

There is no admission charge. Theology on Tap is open to the public.

For more information, call the Holy Name Parish Office, (248)646-2244.

## CIMBS

The Center for Integrating Mind, Body, Spirit holds "Exercise for Wholeness," with Sharon Bergman on eight consecutive Thursdays from 11:30 a.m. to 12:30 p.m., Feb. 10 to March 30, featuring low impact whole body exercise ending with meditation and relaxation. Fee: $40; one-time drop-in's: $7 per session.

CIMBS is located in downtown Birmingham at the First Baptist Church. The mission is to integrate personal wholeness through mental, physical and spiritual well-being and through healthy relationships with self, others and God.

For more information, call CIMBS at (248)644-0650.

## BETHANY

Bethany, a Catholic non-profit organization, provides spiritual, social and education assistance to divorced and separated Christians through peer-to-peer ministry.

Bethany Rochester meets every Wednesday in the lower level of St. Andrew Parish Center, 1234 Inglewood, Rochester, at 7:30 p.m. Contact Steve at (248)623-1364. St. Andrew's is in the Oakland County Pontiac Vicariate.

Bethany South Oakland meets the fourth Thursday of each month at St. Dennis Church Office, 12 Mile and Stephenson Highway, Royal Oak, at 7:30 p.m. Contact Betty Jean (248)524-9274. St. Dennis is in the Southeast Oakland Vicariate.

Bethany has no formal membership or yearly fees.

## *Catholics' dream wedding in Rome's St. Peters*

A dream wedding for many Catholics would be under the dome of St. Peter's Basilica in Rome.

This pastoral service is offered by the American Catholic community in Rome. Paulist Fr. Dennis Hickey coordinates Rome weddings as part of his pastoral duties at Santa Susanna, the parish for U.S. Catholics living in Rome.

The pastor sends paperwork to his bishop who must approve the decision for the couple to marry in Rome or at the Vatican.The marriage license comes from the U.S. Consulate in Rome.

The Paulist Fathers book the Choir Chapel in St. Peter's Basilica, where Vatican weddings take place at 9:30 a.m. or at 10:30 a.m.

For more information about a wedding at St. Peter's, call the Paulist Fathers at 011-39-06-488-2748.

## *North Congregational teams with Botsford for class series on aging parents*

**■ The three Sunday sessions will focus on various aspects of caring for an aging parent or friend. A variety of specialists will lead the talks.**

If you are caring for an aging parent, relative, friend or spouse, North Congregational Church, in conjunction with Botsford General Hospital, has designed a free Sunday evening series to help you.

At each presentation, there will be refreshments and time for audience questions. Anyone may attend. To reserve your place, call 848-1750 up to a week in advance of the program. You may sign up for a single lecture or the whole series.

6:30-7:30 p.m. Sunday Feb. 6, the series debuts with **'Who Can Help Me Care for Aging Relatives or Friends?'**

This presentation will outline community resources to ease responsibilities and enhance quality of life for caregivers.

Alison Doyle of the Area Agency on Aging 1B and Sandy Linden, president of Seniors for Seniors, will describe how to find community resources for transportation, home companion, Meals on Wheels, chore help, personal care, respite care and more.

Government, non-profit and commercial programs will be covered, along with eligibility requirements. Tips will be given for evaluating and selecting service providers.

Then from 6:30-7:30 p.m. on Sunday, March 5, the second seminar will be **'How Can They Remain Independent?'**

Sean Singer, a Botsford occupational therapist, will talk about organizing the home for safety and convenience, compensating for impairments in vision and hearing, and locating assistive devices to help with activities of daily living such as dressing, cooking and bathing.

And finally, from 6:30-7:30 p.m. Sunday, April 2, the series concludes with **'Who Will Care for My Relative When I Can't?'**

Mollie Evans, director of nursing at Botsford Continuing Health Center, will describe the continuum of possibilities, including home care, adult day care, psychiatric day care, senior apartments, assisted-living residences and skilled nursing facilities.

You will learn about the relative costs, reimbursement possibilities, and medical indications for each type of care. She will also offer suggestions for evaluating facilities and ways to begin discussing care options with relatives.

The sessions will be held at Pilgrim Hall, North Congregational Church, 36520 12 Mile between Drake and Halsted in Farmington Hills. They are free and open to all.

## Parent Child Home program seeks literacy volunteers

Young children who are at risk for being educationally disadvantaged are eligible for Parent Child Home, an early literacy program sponsored by Catholic Social Services of Oakland County. This in-home program seeks to promote positive verbal interaction between parent and child, 17 months through 3 years of age, with the goal of preparing the child for school by age 5.

Parent Child Home is currently seeking volunteers to serve as home visitors, in home educators who will demonstrate to parents the appropriate use of educational toys and books to promote early literacy. After completion of a special training program, home visitors will bring a new toy or book to the home and will demonstrate its use as an educational tool. These books and toys remain in the home to allow the family to continue to work on verbal interaction skills between visits and after program completion. Volunteers are asked to make a commitment of four hours per week until June 2000.

Graduates of the Parent Child Home program average a 15-point gain in IQ, maintain average grades through eighth grade, and graduate from high school at a normal rate. Parent Child Home is recognized and endorsed by the U.S. Department of Education, and the Child and Family Studies Center of the National Institutes of Mental Health. Funding through United Way allows CSS to enroll 30 families in the program.

For more information about Parent Child Home, or to volunteer, call Rosemarie Nilsson at 334-3595. Catholic Social Services of Oakland is a United Way agency.

## Bat Mitzvah is planned

The Bat Mitzvah of Andrea Podob, daughter of Laura and Keith Podob, will take place in February at Adat Shalom synagogue in Farmington Hills.

Youngsters celebrating their birthday during the month of February will be called to the bimah.

For more information, call Adat Shalom at 851-5100.

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