

The Farmington Enterprise
C. E. HAMSEY, Publisher
FARMINGTON, MICHIGAN
IMPORTANT NEWS
NOTES OF A WEEK
LATEST HAPPENINGS THE WORLD
OVER TOLD IN ITEMIZED
FORM.
EVENTS HERE AND THERE

Condensed into a Few Lines for the
Perusal of Every Man-
woman and Child in the
Latest Personal In-
formation.

Washington

Investigation of the war department
as an outgrowth of the difference be-
tween the secretary of war and Gen-
eral Wood and former Adjutant Gen-
eral Anson, which culminated in the
latter's retirement after a threat-
ened court-martial, practically is as-
sured.

A grave diplomatic situation be-
tween the United States and Colombia
has been precipitated by the publica-
tion of a letter which Senator Pedro
Nel Ospina, the Colombian minister,
has written to Acting Secretary Hun-
tington Wilson of the state department
suggesting that it might be "inopportu-
ne" for Secretary Knox to visit Colom-
bia during his projected tour of
Central America.

Congress is asked to change the
presidential and congressional elec-
tions so they will fall on Monday in-
stead of Tuesday in resolutions adopt-
ed by the commercial travelers' con-
gress of Iowa, at Des Moines.

A provision providing for a limited
term of the parcel post has been in-
serted in the post office appropriation
bill.

A naval board appointed to dispose
of the relics of the Maine at Washing-
ton has been classifying the mass of
material recently brought from Hava-
na and is about to begin the work
of distribution.

Domestic

Two days of entertainment by
the young citizens of the George
Junior Republic at Freewille, Gen. Sir
Robert Baden-Powell left for Niagara
Falls with a visit to Buffalo on the
program.

W. H. Kennard of Appleton, Wis.,
Forest county abstracter, was sen-
tenced on a plea of guilty to seven
years for forgery.

Settlement of the Springfield, Ill.,
claims in the graft cases will be ef-
fected next week. It is said former
municipal employees will pay the
claims, totaling \$20,000.

White Lakeville, a fine summer re-
sort near Muskegon, Mich., was de-
stroyed by fire of incendiary origin.
The damage was \$10,000.

John W. Irwin, former recording
secretary of the Peoria (Ill.) local,
structural iron workers, and one of
the most widely sought labor men in-
dicted by the Indianapolis federal
grand jury in the dynamite plots, was
arrested at Chicago by Deputy United
States Marshal William Crowley.

Former State Senator Frank J.
Gardner of Brooklyn, N. Y., of race
track legislation fame, who was ar-
rested charged with conspiracy to gain
control of the \$500,000 out of the sum-
mer of E. Haslett, an aged recluse, oc-
cupant of Brooklyn's "House of Mys-
tery," through a power of attorney
which Haslett is alleged to have be-
queathed, was released on \$2,000 bail
after pleading "not guilty" to the charge.

The postmaster general has promul-
gated an order at Washington, sign-
ing by the president, permitting ex-
changes between city letter carriers
and rural letter carriers, provided the
rural carriers pass the examination re-
quired for appointment to the position
of city carrier.

A plan to raise a fund of \$10,000 for
the support of aged clergymen of the
Presbyterian church may be the out-
come of a conference being held at
Philadelphia by a sub-committee of
the general assembly and the board of
managers of the sustentation fund for
the support of ministers more than
seventy years.

The number of dead as a result of
the wrecking of the Pennsylvania illu-
minated at Warren's Ridge, Pa., was
made four when Alexander Servant,
a porter, of New York, died in the
Huntington hospital, to which all the
injured were taken.

Representatives of an English syn-
dicate are in New York with a plan
for merging a score of the largest
printing establishments in the state
into a single organization with a cap-
ital of \$5,000,000.

An alleged morphine fiend in a De-
troit hospital has proved to be Mar-
quise Robert Villeneuve, a French bio-
man, who left home because his fa-
ther frowned on his marriage. He was,
it is said, a hero in the Boer war. His
father is said to have made a world-
wide search for him.

The Mount Vernon Antislavery soci-
ety, organized to fight the practice
of charging admission to the house
and tomb of Washington, has ap-
pealed to the Interstate commerce
commission for a reduction in the
electric railway fare between Wash-
ington and Mount Vernon.

Grief over the death of his only
daughter resulted in the suicide of Jo-
seph Crura, a citizen of Fulton, near
Hancock, Mich., whose body was
found hanging to a bedpost.

Edward L. Brown, who conducted
banks at Paige, Elkhardt and Ellinger,
recently involved in bankruptcy pro-
ceedings, is under arrest at Houston,
Tex., on the charge that he is president
of the Paige State bank, which is sub-
ject to a writ of habeas corpus.

An appeal for votes for women was
made to the senate woman suffrage
committee, Mrs. James Bennett of
Richmond, Ky., chairman of the con-
gressional committee of the Equal
Rights association of Kentucky, was
the speaker. She urged a constitu-
tional amendment.

The setting of Clarence S. Darrow's
trial on the indictment charging jury
bribery, has been continued at Los
Angeles until February 23.

Partially wounded in a duel with a
barrister at Helena, Ark., James Gil-
bert, who came from Kentucky, de-
clared he was the man who fired the
shot that killed Governor Goebel at
Frankfort, Ky., in January, 1900.

Three trainmen were burned to
death in a freight wreck on the
Grand Trunk (rail) near the North
Yarmouth (Me.) station.

Adolphus D. Brannan of East St.
Louis, Ill., has invented a device by
which fares run up on a trolley car
will be simultaneously registered in
the company's meters office. Tests
are being made at East St. Louis.

In a bitter fight at the stockholders'
meeting in St. Louis Henry Clay
Pierce and his associates checked the
effort of John D. Rockefeller and
the Standard Oil interests to take
absolute control of the Waters-Pierce
company by refusing to allow the
Standard people to vote their stock.

Foreign

Many persons and thousands of cat-
tle have perished in Portugal's floods.
The damage is \$10,000.

The Russian cabinet has prepared
for submission to the duma a bill
calling for an appropriation of \$27,500
for the extension of the growth of
cotton in Turkestan and the replacing
of American agricultural machinery
with machinery made in Russia or
other countries.

A duel with swords was fought in
the Parc des Princes, Paris, France,
between De Caillavet, playwright, and
Mas, critic. After two lively rounds
the encounter was stopped by physi-
cians. Both men were wounded.

Yuan Shi Kai has been unanimously
elected president of the Chinese re-
public. Dr. Sun Yat Sen resigned the
office of Sun Yat Sen, who he says
is more familiar with the details of
government than himself.

The Canadian government's tele-
graph line was completed to Dunve-
gan, on the Peace river extension.
This, it is said, is the farthest wire
on the American continent.

Admiral of the Fleet Sir Norval Sal-
mon died at the age of 77, at London,
England. He was one of the rare pos-
sessors of the Victoria cross, which he
won for bravery in the field during the
Indian mutiny.

Sporting

Clarence Ferns of Kansas City
knocked out Dave Desher of Boston in
the ninth round of a scheduled ten-
round fight before the Grand Avenue
athletic club at Kansas City.

Johnny Coulton of Chicago is still
the bantamweight king. The champion
successfully defended his title against
Frankie Burton of Jersey City in a
hard-fought twenty-round battle be-
fore the West Side Athletic club in
New Orleans. Coulton was given a
justly earned decision over the east-
ern crack by the local fight staff at
the end of an hour's hard fighting.

Personal

A three days' search at Oakland,
Cal., for "Sir Harry Westwood Cooper,"
alias Dr. Milton Abraham, and his
alleged third bigamous bride, has
been fruitless.

The brothers and sisters of the late
Edwin Hawley will erect a memorial
to him in Chatham, N. Y., where he
was born and lived for many years.
The memorial probably will take the
form of a hospital to cost upward of
\$100,000.

FORTY-ONE ARRESTS
IN DYNAMITE CASES

Men "Higher Up" To Be
Sought After Trial Of
Those Under Arrest.

H. S. HOCKIN EXPECTED TO TURN
STATE EVIDENCE.

Total of 54 Labor Leaders Are Under
Indictment, Charged With Nation-
Wide Conspiracy to Blow Up
Structures.

Forty-one arrests, with a certainty
there will be others, represents the
work of the federal grand jury in the
dynamiting case in Indianapolis, and
it is not denied that there are from
10 to 20 others who have been caught
in the net and will be arrested. Nearly
all the accused men are now, or
have been members of the "Internat-
ional Association of Bridge and
Structural Iron Workers" organiza-
tion. They were in the great con-
spiracy to destroy property and
break up the open shop movement,
however, and each is charged with
some other act in connection with
members of the Iron Workers is the
work of destruction. Fourteen of
these indicted are each required to
furnish \$10,000 bond, and 40 are each
required to furnish \$5,000 bond, mak-
ing an aggregate bond required of
\$340,000. Some of those whom the
government was unable to find were
reported to have disappeared through
the use of their ability to get bond. It was
indicated that the ironworkers' as-
sociation would be unable to furnish
security for its indicted members.

Peach Crop Will Be About One-Third.
G. E. Rowe, editor of the Fruit
Belt, a paper published in Grand Rapids,
in the interest of fruit growers,
and who lectures extensively on fruit
culture, estimates that because of the
severe winter the peach crop in the
entire country will be but about one-
third of the normal this year.

Editor Rowe says that observations
of the past 20 years have demon-
strated that if the temperature falls
as low as 15 below zero for but a single
night the peach crop will be more or less
seriously damaged. If it drops to 10
or 12 below for several nights the
damage will be substantially as great.
The extreme cold weather has been a
general throughout the country, so
the peach buds are damaged in every
state. Editor Rowe says his estimate
of the extent of the damage is shared
by peach growers quite generally.

R. R. Assessments Are Cut \$718,000.
In the final assessment of corpora-
tion property by the state board of
assessors, given out, a total reduction
of \$718,000 is made in the value of
the railroads in the state as com-
pared with the tentative figures an-
nounced last month. This cut, how-
ever, will be a net saving to the state
in the amount of taxes to be collected
through the increase in the average
rate. The taxes will amount to \$2,465
in excess of the amount paid last
year.

Lenon Bank Affairs Straightened.
Following a conference between E.
Bert Jenney, his father and the di-
rectors of the new state bank at Len-
on, and the directors of the old bank,
the affairs of Jenney's private bank
which the latter sold to the new state
institution, would be paid dollar for
dollar, and the transactions were also
made for the transfer of the property.
It is understood that Jenney's father,
a wealthy California, came to the
rescue of his son and provided suf-
ficient funds to cover all shortages.

Michigan Seeks Maine Re-
prieve. The state board of auditors will
ask congress to grant a reprieve to
Michigan's United States senators, to
secure one of the guns from the wreck of the
battleship Maine, which is being rescued
from Havana harbor, and have it
placed on the capitol lawn.

Secretary of State Martineau, who
is chairman of the board of auditors,
says that every other state in the
union will make application for one
of the relics, and he sees no reason
why Michigan should not be favored.

The Menominee River Sugar Co.
has announced it will build a new
drying plant at a cost of \$150,000
in the near future. The contract
for the driver has been let.

Prof. O. T. Corson, of Columbus, O.,
addressing the teachers attending the
institute in session in Battle Creek,
advised them not to attempt to re-
strain the pranks of the students too
tightly.

The proposal to bond the Pontiac
union school district for \$475,000 for
a new high school carried by a vote
of 449 to 384.

Sigard Hansen, of Pergus Falls,
Minn., equaled the American record
in the tournament of the Ironwood
Club by jumping 312 feet.

The Hardwood Manufacturers' as-
sociation, at their meeting in Bay
City, organized to protect their prop-
erty from fire. The company owns
500,000 acres of timber in the lower
peninsula. A fire warden was ap-
pointed and several deputies will be
appointed later.

The purchase of two pieces of prop-
erty adjoining the new city hall in
Battle Creek, to be reserved for a
classroom for the use of the school,
that the county seat is to be moved
from Marshall to Battle Creek.

The golden anniversary of the or-
ganization of the Twenty-third Mich-
igan infantry will be held in Saginaw
in September. There are 150 survi-
vors of the regiment. George B.
Green, of Detroit, is adjutant. Gen-
eral O. L. Spaulding of Washington
was colonel of the regiment. The
regiment started from Saginaw
Sept. 18, 1862.

SAYS HE SHOT GOEBEL
Dying Man Declares He Shot the
Famous Kentuckian

Fatally wounded in a duel with a
barrister in Helena, Ark., James Gil-
bert, who came from Kentucky, de-
clared he was the man who fired the
shot that killed Gov. Goebel at
Frankfort in January, 1900.

Gilbert said he had been a member
of the Hargis family, notorious in
Kentucky feuds for two generations.
Gilbert came to Helena three years
ago. Recently he was made a deputy
sheriff. County authorities declare he
was without sense of physical fear.

Large Number of Votes Enrolled.
Information from the secretary of
state's office reveals the fact that 50
of the 210 precincts in the state, and
Deputy Mills says these will prob-
ably be in within the next few days.

The best opportunity for voters to
cast their ballots will be on the 10th
of April. There has, however, ap-
parently been a wrong impression
gained by many voters in the
state, who are of the opinion that
April 1 is the only time in which they
can enroll. It must not be lost sight
of that voters can enroll at any time.

President Snyder delivered an ad-
dress and the farmers have been
thinking it over ever since. Loud
compliments were paid to the speaker
and nothing new in his talk crystal-
ized into the action taken. Some of
the farmers are saying that he ad-
vised them to put in to the govern-
ment for the establishment of a
system of land improvements, and
one farmer declared that there were
telephones in Iowa county before
Detroit city had an exchange.

Ann Arbor. — Miss Mary Elbe-
white Robinson, a student, was in-
jured in a collision with a horse-
drawn carriage on Felch
street hill. While her injuries are not
considered serious, they are very pain-
ful. She was, consequently, down one
week from school.

Pontiac. — Patrolman West of this
city surprised a burglar attempt-
ing to gain entrance to the
store of Gaultier & Barker on
South Saginaw street. The officer was
in the forenoon by the fleeing
burglar. The bullet glanced and tore
a hole through the officer's cap. He
was knocked down, but quickly re-
gaining his feet fired three shots, none
of which took effect. The man fled
out of the alley and down Auburn
avenue, but no trace of him could be
found. The bullet merely grazed the
officer's head.

Ann Arbor. — Miss Mary Elbe-
white Robinson, a student, was in-
jured in a collision with a horse-
drawn carriage on Felch
street hill. While her injuries are not
considered serious, they are very pain-
ful. She was, consequently, down one
week from school.

Pontiac. — Albert E. Harling, in-
dustrial gas expert for Hodespi, Jr.,
Hardy & Co., was almost instantly
killed here by an explosion in the
plant of the Michigan Rolling
company at Whittemore and Per-
kins street. Charles A. Nesbitt, pro-
prietor of the refining plant, was cut
and bruised by the force of the explo-
sion, but not dangerously injured.

Kalamazoo. — Mrs. Hartney A. Ben-
nett, a prominent resident of this
city, died suddenly. Mrs. Ben-
nett had been in ill health for the
last few weeks, but her death caused
surprise. Her husband is one of the
best known business men of the city.

Shelby. — Joseph Sheslie was struck
and instantly killed while using
the railroad tracks as a highway.
He was very deaf and failed to hear
an approaching freight train. It
was not believed that the train crew is
in any way to blame.

Kalamazoo. — Dr. Milton West-
brook, for forty years one of the
best known physicians of Kalamazoo,
who for the last six years has been a
resident of Chicago, died there.

Saginaw. — W. D. Trump, general
superintendent of the Pere Mar-
quette railroad, issued a signed
statement in answer to the protest of
the attorney general of Michigan
denying the charges that the railroad
was financially unsound and that
transportation and traffic conditions
were "intolerable." Mr. Trump de-
clares the road is not indebted per
mile less than any other road oper-
ating in Michigan except one. He also
denied the charge that the road has
expended but little money in mak-
ing improvements in the Saginaw ter-
ritory and other parts of Michigan.

Alto. — Nine cars of a west-bound
Pere Marquette freight train were
involved in a ditch here, the accident
being due to a broken rail. No one
was hurt. The locomotive and tender
passed the broken rail in safety, but
nine cars of the train rolled into an
eight-foot ditch. Traffic was delayed
several hours.

Muskegon. — Ellis Ferguson, fifty,
engineer in the Stewart & Stearns
burn plant, froze to death. He was
found lying on the sidewalk in Pine
street and died shortly after being
carried into police headquarters.

Vassar. — While eating breakfast
with his sister-in-law, Mrs. Wil-
liam Hulbert, William Havens, sud-
denly left the table and going into
the bathroom, he died. It was the right
temple with a 32-caliber revolver.
Mrs. Hulbert summoned assistance
but Havens died without recovering
consciousness. Havens was a widow
and resided with his daughter, Jennie
Cornell, in Detroit. He visited a
local undertaking establishment and
selected a coffin he wished to be in-
terred in. He died. His daughter
revolver the same day.

Thirty-nine Australian boys scouts
are in Washington to take part in
the celebration of the American cap-
ital. The boys, who range in age
from 10 to 19 years, were selected to
represent the Australian Scouts
on account of their proficiency in
scholarship, music and athletics.

MICHIGAN NEWS
TERSELY TOLD

Perry. — Earl Meyers, a farm hand
working for Bert Kenyon, four
miles southeast of here, was bound,
gagged and robbed while the family
were away at a social. Mr. Meyers
was dozing in his chair and hearing a
noise turned around and saw two mid-
dle-aged men in the room. He sprang
at one and knocked him down, but be-
fore he could strike the other, he was
knocked senseless. The two men
bound and gagged him, then proceeded
to take his watch, chain and money,
about \$20. The house was ransacked.
When the members of the family re-
turned Mr. Meyers was on the couch
with a handkerchief stuffed in his
mouth and a chloroform tied over his head and a
quilt fastened over all. It took the
rest of the night for physicians to
bring him back to consciousness.

Ypsilanti. — Miles Ladin, who re-
sides 4 1/2 miles south of this city,
has mysteriously disappeared. He
attended the Lovell school No. 5,
in Augusta, township and left there
during recess, telling his companions
that he was going over to another of
his father's farms to look after some
traps he had set. He wore light-blue
waist and overalls, brown overalls,
a gray overcoat and a red stocking
cap. His parents and others tele-
phoned all around to neighbors and
relatives, but failed to get any trace
of the boy.

Pontiac. — Patrolman West of this
city surprised a burglar attempt-
ing to gain entrance to the
store of Gaultier & Barker on
South Saginaw street. The officer was
in the forenoon by the fleeing
burglar. The bullet glanced and tore
a hole through the officer's cap. He
was knocked down, but quickly re-
gaining his feet fired three shots, none
of which took effect. The man fled
out of the alley and down Auburn
avenue, but no trace of him could be
found. The bullet merely grazed the
officer's head.

Ann Arbor. — Miss Mary Elbe-
white Robinson, a student, was in-
jured in a collision with a horse-
drawn carriage on Felch
street hill. While her injuries are not
considered serious, they are very pain-
ful. She was, consequently, down one
week from school.

Pontiac. — Albert E. Harling, in-
dustrial gas expert for Hodespi, Jr.,
Hardy & Co., was almost instantly
killed here by an explosion in the
plant of the Michigan Rolling
company at Whittemore and Per-
kins street. Charles A. Nesbitt, pro-
prietor of the refining plant, was cut
and bruised by the force of the explo-
sion, but not dangerously injured.

Kalamazoo. — Mrs. Hartney A. Ben-
nett, a prominent resident of this
city, died suddenly. Mrs. Ben-
nett had been in ill health for the
last few weeks, but her death caused
surprise. Her husband is one of the
best known business men of the city.

Shelby. — Joseph Sheslie was struck
and instantly killed while using
the railroad tracks as a highway.
He was very deaf and failed to hear
an approaching freight train. It
was not believed that the train crew is
in any way to blame.

Kalamazoo. — Dr. Milton West-
brook, for forty years one of the
best known physicians of Kalamazoo,
who for the last six years has been a
resident of Chicago, died there.

Saginaw. — W. D. Trump, general
superintendent of the Pere Mar-
quette railroad, issued a signed
statement in answer to the protest of
the attorney general of Michigan
denying the charges that the railroad
was financially unsound and that
transportation and traffic conditions
were "intolerable." Mr. Trump de-
clares the road is not indebted per
mile less than any other road oper-
ating in Michigan except one. He also
denied the charge that the road has
expended but little money in mak-
ing improvements in the Saginaw ter-
ritory and other parts of Michigan.

Alto. — Nine cars of a west-bound
Pere Marquette freight train were
involved in a ditch here, the accident
being due to a broken rail. No one
was hurt. The locomotive and tender
passed the broken rail in safety, but
nine cars of the train rolled into an
eight-foot ditch. Traffic was delayed
several hours.

Muskegon. — Ellis Ferguson, fifty,
engineer in the Stewart & Stearns
burn plant, froze to death. He was
found lying on the sidewalk in Pine
street and died shortly after being
carried into police headquarters.

Vassar. — While eating breakfast
with his sister-in-law, Mrs. Wil-
liam Hulbert, William Havens, sud-
denly left the table and going into
the bathroom, he died. It was the right
temple with a 32-caliber revolver.
Mrs. Hulbert summoned assistance
but Havens died without recovering
consciousness. Havens was a widow
and resided with his daughter, Jennie
Cornell, in Detroit. He visited a
local undertaking establishment and
selected a coffin he wished to be in-
terred in. He died. His daughter
revolver the same day.

FISH Herring
4 Cents a Pound
SALT LAKE Herring
6 Cents a Pound

All kinds—First Class—Prices low
Send cash with order. Ask for com-
plete price list. BENSON & BAKER, Bay City, Mich.

DR. J. D. KELLOGG'S
ASTHMA

Remedy for the prompt relief of
Asthma and Hay Fever. Ask your
druggist for it. Write for FREE
NORTHERN & LYMAN CO., LTD., BUFFALO, N.Y.

Celtic Arithmetic.
"Into the general store of a town up
in New York state there recently came
a big, good-natured Irish woman, who
wanted to be weighed. She stepped
out the scales almost as soon as the
bell stopped on."

"Shure, these scales is no good!"
she was disgusted comment. "After
all weigh up to be wathered, and
weigh something like was handled
and nobody pounds."

"Is easily discouraged yess, Mrs.
Casey," said a friend. "Just stand
there twint, me dear, and let Mickey
here do the sum for ye."

Important to Mothers.
Examine carefully every bottle of
CASCORIA, a safe and sure remedy for
all infants and children, and see that
it bears the
Signature of *Dr. J. C. Williams*
In Use For Over 30 Years.
Children Cry for Fletcher's Castoria

But Nanna Didn't.
"Little Mabel was always tumbling
down and getting hurt, but as soon as
her mother kissed the bumped place
Mabel would believe it cured and
cease crying. One day she quickly
jumped her mother to the Union depot,
and while they were seated in the
crowded waiting room an intoxicated
man entered the door, tripped over a
suitcase and fell sprawling on the
floor. The attention of every one was
attracted to the incident, and in the
sudden silence following the fall Mabel
called out:

"Don't cry, Nanna. Mamma'll kiss
oo, and 'en oo'll be all right!"—Lip-
pincott's Magazine.

Plan for Tuberculosis Day.
Sermons on the prevention of con-
sumption will be preached in thou-
sands of churches on April 25, which
the National Association for the Study
and Prevention of Tuberculosis has
set aside as Tuberculosis Day.

Last year out of 200,000 churches
in the United States, over 50,000
observed Tuberculosis day, and mil-
lions of churchgoers were told
about this disease from the pulpit.
This year will be the third
observance of Tuberculosis day. Plans
are being made to have the gospel of
health preached more widely than
ever before. The movement will be
pushed through the 600 anti-tubercu-
losis associations allied with the
national association and through
boards of health, women's clubs and
other organizations in hundreds of
cities and towns throughout the country.
Through these various bodies
the churches will be reached and in-
terested in the tuberculosis campaign.

Creature of Habit.
"Mon," dramatically began Professor
Twigg, during a recent session of the
Soc Et Tu Um club, "is a creature of
habit."

"Et tu," grunted Old Codger.
"Yenzyte, my nephew, Casute J.
Nabson, seems to be. He has been
run over by the same automobile
twice. But then Casute always comes
home down the same lane about the
same hour in the evening, after he
has partaken of about the same
amount of hard cider."—Puck.

Only a fool ever attempts to con-
vince a man that he isn't as clever as
he thinks he is.

THE DOCTOR HAD
And How She Overcame It

When well selected food has helped
the honest physician place his patient
in sturdy health and free from the
"doctor habit," it is a source of satis-
faction to all parties. A Chicago woman
says:

"We have not had a doctor in the
house during all the 5 years that we
have been using Grape-Nuts food. Be-
fore we began, however, we had the
"doctor habit," and scarcely a week went
by without a call on our physician.

"When our youngest boy arrived, 5
years ago, I was very much run down
from nervous suffering from indiges-
tion and almost continuous headaches.
I was not able to attend to my ordinary
domestic duties and was so nervous
that I could scarcely control myself."
Under advice I took Grape-Nuts.

"I am now, and have been ever since
we began to use Grape-Nuts food, able
to do all my own work. The dyspep-
sia, headache, nervousness and rheu-
matism which used to drive me fairly
wild, have entirely disappeared.

"My husband finds that in the night
when in which he is plagued, Grape-
Nuts food supplies him the most ef-
fective, strengthening and satisfying
lunch he ever took with him." Name
given by Postum Co., Battle Creek,
Mich.

Read the little book, "The Road to
Wellville," in page "There's a reason."
Ever read the above letter? A new
one appears from time to time of human
interest.