

# Issues are different, but Gesund's goals are same

By JONI HUBBARD  
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The issues may have changed in two years, but Farmington Hills resident Ryan J. Gesund still has the same basic reason for seeking the Democratic nomination for 18th District County Commissioner. "I'd always wanted to get involved in politics," he said. "I wanted to get involved and give something back."

A graduate of North Farmington High and Eastern Michigan University, Gesund is no stranger to politics, even before his first run for office in 1998. He lettered in debate in high school and holds a bachelor of

science degree in political science, with minors in public law & government and communications.

On a local level, he has served on the Hills Committee to Increase Voter Participation and on the executive committee of the Oakland County Democratic Party. Gesund can be found in the audience at most city council meetings and said he has attended more county commission meetings than some of the incumbent board members.

A resident of Farmington Hills since 1995, he is vice-president on the executive committee of the Oakland County Democratic Party. Gesund can be found in the audience at most city council meetings and said he has attended more county commission meetings than some of the incumbent board members.

Among his list of county-wide concerns, one strikes a little closer to home than the others: restaurant cleanliness.

"I don't cook, so I eat out a lot," Gesund said. "But it goes back further than that. When I was five years old, my grandfather and I ate in a restaurant, and both of us ended up with salmonella poisoning."

Gesund said he'd like to see the system work more efficiently. He is keeping a close eye on a proposed state law that could change the way restaurants are inspected.

"I just want to make sure inspectors have the tools they need to close unhealthy restaurants," he added.

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**Ryan Gesund**  
—Commission candidate

With so many residents experiencing problems with sewer back-ups, Gesund would also take a hard look at storm drainage. A number of Hills residents are suing the city to recover damages incurred over several years, as raw sewage has flooded

their basements after heavy rains.

He wants to know what's being done with this area's share of the infrastructure fund, and whether that money could be used to alleviate some of the problems.

"I'd also like to see an expansion of the flu shot program," he said. "I think it should be available on weekends, and we could move it around...to make it more accessible."

Gesund said he would also aim to improve communication between the people and their elected officials, by being a visible presence in the community and regularly attending community events.



Ryan Gesund

## POLICE AND FIRE NEWS

The following are police and fire reports made during the past week in Farmington and Farmington Hills.

### ROAD RAGE

**In Farmington Hills:** A 61-year-old Detroit man told Hills police that a traffic altercation with the driver of a blue Econoline van resulted in a hit and run accident. The van hit the man's 1999 Mercury Mountaineer, knocking off the ride side view mirror, then sped away.

While traveling east-bound on I-696, an unknown motorist pulled up alongside a Dodge Dakota driven by a 27-year-old

Farmington Hills woman and began swearing and making obscene gestures.

He threw what appeared to be soda pop on her truck, then drove off.

### NARCOTICS POSSESSION

**In Farmington Hills:** Officials at East Middle School called police in to test what was in a Baggie they confiscated from a 13-year-old student on March 17.

A field test showed the contents to be marijuana; the amount was less than one gram. School authorities said they expected to start proceedings to expel the student.

### LARCENY

**In Farmington Hills:**

While a Wixom man working in the area of Industrial Park Drive was servicing vending machines on March 17, someone took a cell phone and \$1,600 in cash from the unlocked van.

A 52-year-old Redford man reported the license plate was stolen from his 1989 Mercury Topaz while it was parked at a residence on Hathaway. The incident occurred while the man was out of town for an extended period of time.

### DOMESTIC ABUSE

**In Farmington Hills:**

A couple living on Independence Drive called Hills Police on March 16 to report a verbal argument had gotten out of control, and each of them had slapped the other. Although the incident occurred three days before, the husband was required to make a report as part of his treatment for anger management.

### HIT & RUN

**In Farmington Hills:**

A 1994 Ford owned by a Southfield woman that had been parked in front of a residence on Claymore was struck sometime between 6:30 p.m. and 9 p.m. on March 14. The driver didn't stop or leave an identifying note.

A 17-year-old Walled Lake man was ticketed for making an unsafe lane change on March 15, after he struck another car while pulling onto northbound Orchard Lake Road. The other vehicle didn't stop.

### EMBEZZLEMENT

**In Farmington Hills:**

Two teen-aged employees of the F&M drug store on Orchard Lake Road admitted they'd been operating a refunding scheme that netted them the purchase price of goods they hadn't bought.

When they suspected the fraud, store officials reviewed surveillance tapes, which

showed one of the suspects scanning several items for returns, then putting the cash in her purse. The other suspect was seen scanning one item for return. When questioned, both girls admitted they'd been doing similar refunds for a while.

### OPEN HOUSE PARTY

**In Farmington Hills:**

Based on a tip, Hills police shut down an "open house" party at the Radisson Hotel on Grand River March 17. Officers found a room had been rented by a 32-year-old Southfield man, who invited about a dozen 17- and 18-year-olds, both men and women. Officers said most had the strong odor of intoxicants about them, and the room was littered with 40-ounce beer bottles. The man was ticketed for hosting a party where alcohol was served to minors.

### DRUNKEN DRIVING

**In Farmington:**

A 40-year-old West Bloomfield man was arrested for drunken driving after being stopped by police about 1:30 a.m. Friday on westbound Freedom near Maple roads.

The driver's eyes were glossy and speech was slurred and he struggled with field sobriety tests, according to police. The

driver, who had a previous drunken driving conviction out of Ann Arbor, registered a blood alcohol count of .147 percent.

His car was impounded and license confiscated. A court date was scheduled for 9 a.m. Friday, March 31.

### HOME INVASION

**In Farmington:**

It was reported by a resident of Chatham Hills Apartments, in the 36000 block of Grand River, that her semi-automatic 9mm Smith & Wesson stainless steel pistol was stolen from under her bed, between 12 noon Feb. 16 and 8:30 p.m. Thursday. The pistol is valued at about \$750.

The resident, a 22-year-old woman, said she always hid the gun under her bed in a black leather pouch, covered with newspapers.

### STOLEN CAR

**In Farmington:**

A 30-year-old Farmington woman told police her maroon, 1995 Pontiac Sunfire was stolen between 11 p.m. Tuesday and 9 a.m. Wednesday. She said the car had been parked in the driveway of her residence, in the 23000 block of Violet.

The value of the vehicle was estimated at \$7,000.

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**Arthritis Today**  
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**TENSION AND TEMPERAMENT IN ARTHRITIS**  
Can tension cause arthritis? The cause of many arthritis conditions including rheumatoid and osteoarthritis, are not known, so no investigator can say with certainty what role tension plays. My experience is that anxiety, depression, and anger accompany arthritis, but with good reason. Individuals expressing such feelings usually have basic expectations raised or overly complex needs (because of their past conduct). Temperament may play a role in problems such as fibromyalgia or myofascial pain syndrome. Again, in my experience, individuals who develop these rheumatic conditions are perfectionists, and tend to be somewhat of themselves. They are very critical of themselves when they do not reach the goals or complete their personal plans.  
The temperament of individuals who develop fibromyalgia includes being idealistic, possibly self-critical. These persons will hold to expectations when others of a different nature would relax their level of expectations.  
Your doctor must consider the presence of tension and the nature of your temperament when developing therapy for your arthritis. In most cases, the answer is not a drug that works to change your mood. Such efforts make you lethargic without producing a change in your frame of mind. Instead, your doctor has to work out a way for you to cope with the emotional stress that accompanies your arthritis.  
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