

Raiders challenge for boys, girls regional titles

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TRACK/FIELD

North Farmington made a strong showing Saturday in the boys and girls Division 1 regional track-and-field meets at West Bloomfield.

The Raiders were third in the boys competition and the girls tied with Birmingham Marlian for third place.

Coach Jeff Simpson's boys team was just 12½ points behind first-place Birmingham Brother Rice and one short of runner-up Rochester.

"We were trying to win it," Simpson said. "The seniors decided they wanted to go after it at the same time try to get as many kids to state as we could."

"It's the first time in a long time we've had chance to win," Coach (Rich) Burrell said. "The best he recalled North finished second in 1979, so that's probably the last time we were that close."

Since Rice and Rochester declined the invitation, the Raiders will represent the region Saturday in the Michigan Interscholastic Track Coaches Association's team championship meet.

which starts at 10 a.m. in Brighton.

North's Anthony Beal won the 400-meter dash as expected, according to Simpson, and will be seeded No. 2 at the state meet.

Jim Gabriel won the regional in the pole vault. Other top qualifiers are the 3,200 and 800 relay teams, Charlie Stamboulis in the 1,600 run, Brian Hott in the 800 and Chris Duncan in the pole vault.

"(Everyone who competed) stepped up and did a great job," Simpson said. "Brian Hott and Jimmy Lala got second and third in the 800, and that was huge. We just had a lot of good performances from a lot of kids."

"The only event we were hoping we would score and didn't was the 1,600 to lay, which we missed by 3 from the auto time," Simpson thinks the Raiders could sneak up on the competition in the 800 relay at the state meet.

"We're ranked 16th, but the difference between 16th and sixth is less than a second, so

anything could happen there," he said.

Falcons are sprint stars

Farmington High continues to shine in the sprint relays and earned the opportunity to show its stuff June 3 at the Division 1 state meet in Rockford.

After setting records in both at the city meet May 8, the four-some of Mark Ostach, Jawoin Spinks, Dustin Gress and Todd Anthony ran the 800 and 400 relays Saturday at the West Bloomfield regional.

Anthony ran the anchor leg in the 800 and saved the Falcons, according to coach Chip Bridges. A problem with the second handoff caused Farmington to be in fifth place when Anthony got the baton.

"He ran the race of his career," Bridges said, adding the problem with the earlier exchange kept the Falcons from being in the first heat at the state meet.

"We'll just have to prove ourselves in the slower heat."

"I was pleased with the 400 effort. We ran a pretty clean race there, and all four did a nice job. Gress ran a really nice anchor leg and held off some tough competition."

Farmington had two individual state qualifiers. Ben Lukas was runner-up in the 110 hurdles, and Jeremy Mase tied for second place in the high jump.

"We were very happy about Ben Lukas qualifying," Bridges said. "Being a senior and three-year captain, he's very deserving of the state meet. That was great to see, and it got the (regional) meet off to a great start."

"This is the first year for Jeremy Mase doing the high jump, and he has great potential in that event. The state meet will be a great experience for him. If he has a good day, he could do well."

North girls best since '93

The North Farmington girls have two state qualifiers. Laura Turner and Kirsten Cummings in the pole vault — but they scored in nine regional events and just missed qualifying in a couple others.

"I thought we had a really good day," coach Bill Pinnell said. "The kids performed really well. There were no major disappointments during the day."

Dayna Clemons, coming back from a hamstring injury, ran a great hurdle race, finishing third over 100 meters, and a strong anchor leg in the 800 relay, he added.

"The 400 relay was probably the biggest surprise of the day," Pinnell said. "We were seeded ninth and ended up third. They dropped their time by a second and a half."

"The 3,200 relay ran fantastic. Heidi (Frank) ran a 2:29 split

with a stress fracture. She was still able to help us get third in that relay, and she was fourth in both the 1,600 and 3,200."

North's team finish was its best since 1993 when it was a regional co-champion with Southfield. Its previous best since then was fifth place.

"Overall, we were very pleased with the girls' performances," Pinnell said. "They performed to their abilities pretty much."

Falcons, Marlins qualify

Farmington Hills Mercy had a pair of regional champions in Judy Telford (discus) and Kristy Ramsey (high jump).

Farmington's Kristel Stricker ran her best times of the season and finished second in the 100 and 300 hurdles, and teammate Kate Bouschet was runner-up in the long jump.

All four qualified for the state meet June 3 in Rockford.

DIVISION 1 REGIONAL RESULTS

BOYS TRACK & FIELD

DIVISION 3 REGIONAL

May 20 at West Bloomfield

Team scores: 1. Birmingham Brother Rice, 92½; 2. Rochester 81; 3. North Farmington 80; 4. Southfield-Lathrup 56; 5. Southfield, 47½; 6. Farmington, 47; 7. West Bloomfield, 34; 8. Berkley, 24; 9. Birmingham Groves, 22; 10. Detroit Henry Ford, 15; 11. Detroit Country, 12.

Discus: 1. Jack Giller (B), 107-3; 2. Blake Livingston (WB), 135-3; 3. Roy Critchfield (F), 131-0; 4. Rash McKenzie (BBR), 129-7; 5. State Kato (WB), 128-7; 6. Jawuan Kenney (DHF), 127-1.

Shot put: 1. Jack Giller (B), 52-8½; 2. Eddie Kelley (R), 51-3; 3. Todd Goodrich (R), 50-0; 4. Doug Dawson (B), 47-7½; 5. Gordon Niebylski (BR), 46-10½; 6. Tony Gloukas (BBR), 45-0.

High jump: 1. Brian Mitchell (B), 6-2; 2. (tie) Ralph Sylvester (BBR) and Jeremy Mase (F), 6-2; 4. Robert Dyer (B), 5-9½; 5. (tie) Matthew Jones (B) and Jeffrey Allen (BBR), 5-9.

Long jump: 1. Tony Smith (B), 21-7½; 2. Jeffrey Allen (BBR), 21-3; 3. Dominic McCulloch (S), 20-4; 4. Ralph Sylvester (BBR), 20-2½; 5. Jason Smith (F), 19-7½; 6. Justin Doolittle (B), 18-6.

Pole vault: 1. Jim Gabriel (NF), 13-6; 2. Chris Duncan (HF), 10-0.

3,200-meter relay: 1. Rochester (Brandon Cummins, Chris Dwyer, David Goodrich, Mike Duke), 8:17.60; 2. North Farmington (Brian Hott, Charlie Stamboulis, Jimmy Lala, Isaac Kaufman), 8:20.60; 3. Groves, 8:34-10; 4. Brother Rice, 8:44-00; 5. Lathrup, 8:50-10; 6. Farmington, 8:54-50.

800 hurdles: 1. Nick Meter (BBR), 2:42-2; 2. Benjamin Lukas (F), 2:45-3; 3. Brett Park (R), 2:53-7; 4. Eric Thielman (R), 2:55-0; 5. Micah Shepard (S-L), 2:55-5; 6. Kyle Metayer (NF), 2:56-0.

400 dash: 1. Roland Durke (S), 1:07-5; 2. Kyle Brown (WB), 1:07-8; 3. Brian Parker (R), 1:07-3; 4. Dominic McCulloch (S), 1:11-2; 5. Deion Washington (DC), 1:12-2; 6. Kellen Reeves (B), 1:14-0.

800 relay: 1. Farmington (Mark Ostach, Jawoin Spinks, Dustin Gress, Todd Anthony), 3:31-12; 2. North Farmington (David Harris, Blair Weiss, Kyle Metayer, Anthony Beal), 3:31-53; 3. Brother Rice, 3:31-71; 4. West Bloomfield, 3:31-93; 5. Lathrup, 3:32-09; 6. Colley, 3:32-71.

1,600 run: 1. Rondell Ruff (DHF), 4:29-62; 2. Charlie Stamboulis (NF), 4:29-00; 3. Alex Evans (B), 4:33-70; 4. Dan Murray (BBR), 4:34-12; 5. Mike Duke (R), 4:36-50; 6. Paul Jowick (B), 4:43-18.

400 relay: 1. Farmington (Mark Ostach, Jawoin Spinks, Todd Anthony, Dustin Gress), 4:50-2; 2. West Bloomfield, 4:59-3; 3. Rochester, 4:59-7; 4. Brother Rice, 4:59-3; 5. Lathrup, 4:52-5; 6. Southfield, 4:53-4.

400 dash: 1. Anthony Beal (NF), 49-21; 2. Tony Smith (S), 50-60; 3. Anthony Phillips (S), 51-65; 4. John O'Dell (DHF), 51-60; 5. Blair Weiss (NF), 51-71; 6. Joe Martinez (HF), 52-31.

800 hurdles: 1. Nick Meter (BBR), 2:42-2; 2. Eric Thielman (R), 2:55-0; 3. Brian Parker (R), 2:53-7; 4. Kyle Metayer (NF), 43-15; 5. Micah Shepard (BBR), 43-34; 6. Brett Park (R), 43-35.

800 run: 1. Mike Duke (R), 2:03-65; 2. Brian Hott (NF), 2:04-87; 3. Jimmy Lala (NF), 2:07-09; 4. Nicholas Stamboulis (B), 2:07-60; 5. Paul Jowick (B), 2:07-60; 6. Clarence Wardell (S-L), 2:08-00.

200 dash: 1. Roland Durke (S), 22-31; 2. Deion Washington (DC), 22-71; 3. Dominic McCulloch (S), 22-90; 4. Kyle Bealer (S), 23-03; 5. Kyle Brown (WB), 23-31; 6. Ronald Johnson (DC), 23-81.

3,200 relay: 1. Chris Gums (R), 8:59-18; 2. Charles Visconti (BBR), 9:02-50; 3. Alex Evans (B), 9:10-43; 4. Dan Murray (BBR), 9:10-43; 5. Patrick Lockhart (F), 9:10-18; 6. Christian Toole (F), 9:22-46.

800 relay: 1. Lathrup (Micah Shepard, Anthony Phillips, Robert Dyer, Tony Smith, 3:25-00; 2. Brother Rice, 3:27-50; 3. North Farmington (Mike Mitchell, Michael Martin, Blair Weiss, Charlie Beal), 3:28-03; 4. Southfield, 3:31-37; 5. West Bloomfield, 3:33-18; 6. Berkley, 3:43-00.

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