

**SUPPORT GROUPS**

**PT THERAPY**  
Doctor Paws Pet Assisted Therapy is a nonprofit organization based in Farmington Hills, in cooperation with Therapy Dogs Inc., that tests and prepares your dog and you to visit hospitals, nursing homes, children centers, on a volunteer basis. If you have a dog that gets along well with other dogs and people and you would like to volunteer one hour or more a month visiting patients, call Dr. Paws at 988-7488.

**MODERATION MANAGEMENT**

MM is a self-help group and nine-step program that provides guidelines for moderate drinking and support to change your drinking habits. Not intended for alcoholics. Meets 7:15-8:15 p.m. the first Tuesday of the month at Universalist Church, 25301 Halsted in Farmington Hills. Meetings are anonymous, with no fees. Call 788-8040.

**MANIC-DEPRESSIVE**

The Manic-Depressive and Depressive Association of Metropolitan Detroit provides education and support for people with depression and related illnesses and also for family and friends. Meetings are held 2-3:30 p.m. the third Wednesday of each month at Providence Medical Center at 30055 Northwestern Highway. Call 642-0430.

**ALZHEIMER'S SUPPORT**

The city of Farmington Hills Senior Adult Division offers an Alzheimer's support group for caregivers and family members 1-3 p.m. the third Wednesday of each month. Call 473-1822.

**DIVORCE CARE**

DivorceCare divorce recovery support group meets 7 p.m. each Tuesday at Forest Park Baptist Church in Farmington Hills. Child care will be provided. Call 847-6875.

**PROJECT RACHEL**

Project Rachel is a confidential 11-week program for women who have had an abortion. Members of all faiths are welcome. Call (888) Rachel5. Sponsored by the Catholic Archdiocese of Detroit.

**PEER SUPPORT**

The peer support group is a 12-week educational program for people ages 12-18 struggling with chemical abuse, family problems and other stress issues that affect them and their loved ones. It takes place 3:30-5 p.m. Tuesdays at the Farmington Area Counseling Center, 23332 Orchard Lake Road. Call 473-1290.

**DIABETES SUPPORT**

An educational support group at Botsford Hospital's Health Development Network offers day and evening classes. Call 477-9100.

**PROSTATE CANCER**

The prostate cancer educational

support group meets at 7 p.m. the third Monday of each month at Botsford Hospital in Farmington Hills. This support group provides both encouragement and education about prostate cancer. Call 477-6100.

**PARENTING**

Pathways to Parenting, sponsored by Botsford Hospital, is a monthly support group that meets 12:30-2 p.m. the first Monday of each month at Holy Cross Episcopal Church in Novi. New mothers can share concerns and obtain information and network with peers. Call 477-8100.

**GAMBLERS ANONYMOUS**

Gamblers Anonymous meets at 7:30 p.m. every Wednesday at Grace Chapel in Farmington Hills. Call (313) 882-0469.

**TOPS**

Take Off Pounds Sensibly (TOPS) is a support group dedicated to providing information to those seeking to lose and control their weight. TOPS meets 7:30-8:30 p.m. Tuesdays and 9:15-10:30 a.m. Wednesdays at Nardin Park Church in Farmington Hills.

**OSSSESIVE-COMPULSIVE**

Obsessive-Compulsive Disorder is a self-help group for youths and their families that meets 7-8 p.m. the third Wednesday of each month at Davis Counseling Center in Farmington Hills. Call Greg at (313) 438-3293.

**FREE COUNSELING**

Free counseling services to all community members is available from Eastern Michigan University's graduate counseling students in partnership with Farmington schools. Counseling appointments are available 5:30-7:30 p.m. each Wednesday. Call 489-3447 for an appointment.

**TINNITUS SUPPORT**

You do have ringing or buzzing noises in your ears that won't stop? If so, you can join the free tinnitus support group. It meets 7-9 p.m. the first Tuesday of each month at Botsford Hospital in the Ziegler building, Classroom C. Call Jack at 362-1646.

**PREGNANT TEENS**

Catholic Social Services of Oakland County offers support to pregnant teens with the teen-parent program. The goal of the program is to offer moral and emotional support to pregnant and parenting teens. For more information, call Sharon Longbucco at 333-3700, ext. 122. Tuesdays at the Farmington Area Counseling Center, 23332 Orchard Lake Road. Call 473-1290.

**STROKE SURVIVORS**

First Step Stroke Club is a support group for stroke survivors and their caregivers. It meets 1 p.m. every Tuesday at the Senior Adult Center in Farmington Hills for fellowship, fun, exercise and coping strategies. Call 473-1830.

To have your support group listed, send information to Farmington Observer, 3341 Grand River, Farmington MI 48335.

**JCC sponsors forum to involve Jewish women in politics**

Gun violence, education vouchers and elder care issues will top the agenda at a Women in Politics Brown Bag Luncheon coordinated by Jewish Community Council and the National Council of Jewish Women on Monday, June 5.

The luncheon, designed to involve Jewish women in the political process, will be held at 11:30 a.m. in the offices of the National Council of Jewish Women, 20400 Lander, Southfield. Speakers will include Lynn Alexander, director of the office of Services to the Aging for the

state of Michigan; State Rep. Gilda Jacobs and Kathleen Straus, a member of the State Board of Education.

Co-sponsors of the event include Hadassah, Greater Detroit Chapter; Jewish Community Council; Na'Amat; National Council of Jewish Women, Greater Detroit section; and Women's American ORT.

The event is open to the public at no charge.

For information, call the Jewish Community Council at 642-5393.

**Career women to meet June 8**

Ruth Holmes, a certified document examiner, will speak at the regular monthly meeting and networking session of the National Association of Career Women - metro Detroit chapter, next Thursday, June 8, at Holiday Inn, 2655 Telegraph, in Southfield, from 11:45 a.m. to 1:30 p.m.

Holmes is a professional handwriting and document examiner with forensic and personnel consulting firm PenSee Inc. in Bloomfield Hills, advises individual, legal and corporate clients in the U.S., Mexico and Canada. The hotel is on the west side of

Telegraph, south of I-696 and the Lodge freeways.

The cost is \$19 for members; \$23 for guests.

For reservations or information, call 651-8130.

The National Association of Career Women, with seven chapters throughout Michigan, provides a forum for the exchange of ideas and experiences, supports recognition of women, addresses women's issues, and educates members and the public about opportunities available to women.

Non-members are always welcome.

from 6-9 p.m. Cost is \$60 per person (\$30 tax deductible). It's presented by Laurel Manor Banquet and Conference Center and Ristorante Fonte D'Amore.

More than 100 Italian wines will be available for tasting and the producers and owners of Italy's wineries will be on hand. Enjoy a strolling buffet of hors d'oeuvres. The event is slated

from 6-9 p.m. Cost is \$60 per person (\$30 tax deductible). It's presented by Laurel Manor Banquet and Conference Center and Ristorante Fonte D'Amore.

Make-A-Difference Foundation helps children who are physically challenged by providing prosthetics to child amputees in southeastern Africa who have lost limbs from land mines. Call (734)462-0770 for more details.

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