



Wendy Conway

Madonna U. welcomes new math instructor

Madonna University welcomes Wendy Conway of Farmington Hills as a new full-time instructor in the math department. She holds a bachelor's and master's degree from Eastern Michigan University. Her previous experience includes teaching math at Oakland Community College, Eastern Michigan University and Schoolcraft College.

Reduce stress with flower power class at Botsford Center

Smell the healing power of flowers at the Botsford Center for Health Improvement's new stress management class. The third in a series of four classes, Flower Power: Bach Flower Remedies will be 7-9 p.m. Monday, Jan. 29. Bach Flower Remedies utilize the essences of flowers for healing, health enhancement and well-being. This workshop will give participants an overview, history and explanation of how to use these remedies to relieve common ailments. The instructor will also demonstrate how to use the remedies to further enhance

a wellness program. Each participant will receive a customized combination of flower essences.

Healing benefits

"Everyone appreciates the beauty of flowers, but not many people think of the healing benefits that flowers may hold," said Caroline Smith, health programs coordinator for Botsford's Center for Health Improvement. "The goal of the stress management classes is to teach techniques that participants can take home and apply to their everyday lives."

Classes are held at 39760 Grand River in Novi in Botsford's Center for Health Improvement. The final class, Acupressure, is Wednesday, Feb. 21. Cost of each class is \$45 per person plus a \$10 materials fee for the flower class only. Call 477-6100 for more information.

Parenting classes offered

The Oakland County Health Division will offer a series of six Expectant Parent Classes beginning on Wednesday, Jan. 17, at the Oakland County Health Division, 27726 Greenfield, in Southfield.

Classes will be held in the evenings from 7-9 and will be taught by public health nurses. There is a \$25 charge for attending the series, and re-registration is required. Topics will include maternal changes, good nutrition, growth and development of the fetus and the baby, labor and delivery, infant care and parenting. To register by Jan. 12, call 424-7042.

Borders honors jazz

Jazz is America's music. From its birth at the turn of the century in the black community of New Orleans to Benny Goodman to Miles Davis, jazz speaks of the unique American experience. During the month of January, Borders stores across the country will join together to bring customers a unique brand of celebration with music, books, contests and storytimes to share with families.

Borders in Farmington Hills will fill the month with music - it will even spill into February with a focus on jazz and blues in Black History. There will be con-

tests to challenge skills and giveaways to reward perseverance. Events include Jelly's Pierced Tattoos on Friday, Jan. 12, from 8-10 p.m. with jazz funk; and Lynn Cannon with smooth jazz on Friday, Jan. 19, from 8-10 p.m. Jazz vocalist Kathy Kosins will sing on Sunday, Jan. 21, from 3-5 p.m. Jake Reichhart plays jazz guitar on Friday, Jan. 26, 8-10 p.m. and Blue Dog will perform experimental jazz on Sunday, Jan. 28, from 4-8 p.m. Borders is at 30995 Orchard Lake Road. Call 737-0110 for more details.

Breast feeding course for moms

The Oakland County Health Division is sponsoring a breastfeeding support series. Sessions, which are taught by public health nurses, are held at the health division's west office,

1010 E. West Maple Road, Walled Lake. Information is targeted to moms involved in the first year of breastfeeding. For information or to register, call 248-926-3341.

YOUTH ADVISORY

Mid-term 'chill time' Saturday

Just in time to mark the end of final exams, the Mayor's Youth Advisory Council is sponsoring a "chill time" on Saturday, Jan. 13, from 8 p.m. to midnight at the William Costick Activities Center, 28600 W. 11 Mile.

Mark the passage of mid-term madness by swimming, playing table tennis, shooting pool or basketball, dancing, watching movies and mingling with friends. There will be food, fun, and a deejay.

The cost is \$5 and tickets will be available at the door. For more information, call 473-1841.

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King Set:	\$4200	\$2099	-\$100	\$1999

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Queen Set:	\$4000	\$1999	-\$100	\$1899
King Set:	\$4800	\$2399	-\$100	\$2299

Feather Fare

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King Set:	\$6000	\$3099	-\$150	\$2949

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