

## Treatments for facial skin need not be surgical

### DISCOVERING BEAUTY



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It's not too late to get your skin ready for summer.

Quickly obtaining clear, clean skin doesn't have to be painful or hard work thanks to modern technology and advances in cosmetic dermatology.

Many procedures have become extremely simple and quick. Many are almost painless.

Some allow you to return to your desk without telltale signs (at least nothing a dab of foundation can't conceal).

There's a great amount you can do now with chemical peels, lasers, and injections, such as botox and collagen. These procedures tremendously improve dull, lifeless skin.

Here are what I believe to be the best non-surgical solutions for common skin afflictions. Hopefully, it's enough information to help you put your troubled skin behind you. However, do consult your doctor before undergoing any treatment.

For age spots, freckles and dark patches of pigment caused by sun damage, the solution is the Nd:Yag laser. It zaps dark spots in one or two sessions. You may feel a wave of heat when the laser hits the area being treated, but it's nothing too hot to handle.

Keep in mind that spots will not disappear instantly; fading requires between one and four weeks.

Also, scabbing may occur. Healing time for scabbing, which can be covered with makeup, is five days. Be careful, though, darker skin may be left with white spots.

The results are permanent, but use sunscreen daily to prevent further damage. This procedure costs \$200-500 per treatment.

For crow's feet, the lines that appear at the outer corner of the eye, and marionette lines, which extend from the corner of the mouth down to the chin, I believe that botox is the best solution. It temporarily paralyzes underlying muscle, so when you smile, your lines won't.

Botox, otherwise known as botulinum toxin, a derivative of the poison that causes botulism, is injected with a needle straight into the fold of the skin. You may feel a pinch or mild burning sensation upon injection.

You'll also be a little red where the needle is injected. However, the redness will fade within 10 minutes.

Botox requires from two to 14 days to take effect but lasts three to five months. The procedure is priced \$200-500 per treatment.

For under eye circles, the fix is Trichloroacetic acid (TCA) or glycolic acid peels in low concentrations. Irregular dark pigmentation around the eye can be hereditary or caused by sun damage, a lack of sleep or other factors.

An acid peel treatment evens out skin tone by stripping away the surface layer of delicate skin around the eye. A series of six peels is usually required for results.

Another option for sufferers of dark eye circles is the Q-Switched Ruby laser. It's new and removes pigment without harming the skin's surface. You'll need about two treatments, four to six weeks apart, to get the best results.

Since you're dealing with a delicate area, stinging may occur, as well as flaking two or three days later. With laser treatments, scabbing may occur. Make sure you apply eye cream day and night and consistently apply a stronger moisturizer with scabbing.

The results are permanent, but remember your skin will continue to age. These procedures range from \$200 for a single acid peel to \$400 for a single laser treatment.

Most important, make sure you protect your investment with plenty of sunscreen!

If you have a question for Mary Anne, call her at (248) 203-9477. Toccalino is a professional makeup artist and skin care consultant operating at RED the Salon, 470 Old North Woodward, Suite 200 in Birmingham. The founder and owner of Toccalino Cosmetics, she studied at Jos Blasco's School of Cosmetics in Hollywood where her training included work in special effects for film and print.



## Body shots

### Trends put summer shoulders back in style

Goodbye bare bellies. Fashion designers like Shelli Segal, whose current line for the Laundry label was shown May 10 at Neiman Marcus at the Somerset Collection in Troy, are baring the shoulders.

The runway event was held to benefit the Founders Junior Council for the Detroit Institute of the Arts.

Packed with interesting neck lines and an assortment of halters, spaghetti-strap tops, tanks and T-shirts, the collection seemed to say, hey, it's summer, show off those shoulders.

Spaghetti straps, for instance, were extra thin. Off-the-shoulder and one-shoulder styles were in abundance. A strapless black top came with white decorative vertical ribbing, creating contrast to the shoulder line.

Several tops featured gathered bodices. Others had similar styling along the sleeves and down the sides. Gathers at the shoulders were created by rhinestone clasps on dressier attire.

White T-shirts with vintage images and rhinestone accents were dominant over simple, cropped pants and denim.

#### Legs, too

Shoulders weren't the only show-stoppers, however.

Asymmetrical skirt lines, ruffled, feminine skirt hems and skirts with gathering brought attention to the calves.

Segal also brought focus to the lower legs by layering sheer fabrics at the hem line in a series of "color block-bottom" skirts featuring contrasting bright colors.

#### Choice is yours

There's been much said this season and last summer about wearing cheerful colors, rather than resting on black and other neutral shades. But Segal, like other designers, seems to be saying the choice is yours. One portion of the collection featured only black and white and the same classic combination with the addition of true red. Later, the collection mined brighter and softer palettes including turquoise sea, lush melon, lipstick pink, soft yellow and pale blue. Then, black returned in a series of sexy, fluid jersey pieces, embellished by gathers, ruffles and ties.

—By Staff Writer Nicole Stafford



STAFF PHOTO BY JERRY ZOLNISKY

Shoulders and shapes: Wide straps on a halter (far left) a white, V-neck tank with a gathered bodice (left) and a turtleneck tank (above) draw attention to the shoulders, as does a large hat (top of page), all from Laundry by Shelli Segal. The line was recently shown at Neiman Marcus at the Somerset Collection in Troy to benefit the Founders Junior Council of the Detroit Institute of the Arts.

Retail, style and special store events are listed in this calendar. Please send information to Malls & Mainstreets, c/o Observer & Eccentric Newspapers, 805 E. Maple, Birmingham, MI 48009. By fax, (248) 644-1314. E-mail, nstafford@oe.homecomm.net. Deadline for publication is two weeks in advance.

### SUNDAY, MAY 20

#### GARDEN PARTY

The Somerset Collection's Home & Garden Show 2001 opens and runs through June 24, North Grand Court. For details, call (248) 643-6360.

#### STORE CELEBRATION

Michigan Made, 830 West Ann Arbor Trail in Plymouth, celebrates Michigan Week through May 25. A book signing and art exhibition by Michigan book illustrator Tom Woodruff runs from 5 p.m. to 8:30 p.m. May 25. For more details, call (734) 207-8794.

#### YARN TRUNK SHOW

The Knitting Room, 261 East Merrill Street in downtown Birmingham hosts a Classic Elite Yarns trunk show through May 21. Store hours are 10 a.m.-5 p.m. Monday-Friday and 10 a.m.-4 p.m. Saturday. For more information, call (248) 640-3623.

### MONDAY, MAY 21

#### MARIA MINICUCCI COLLECTION

## ADDED ATTRACTIONS

View the Maria Minicucci fall 2001 collection by appointment through May 22 at Saks Fifth Avenue, the Somerset Collection in Troy, Fifth Avenue Club (248) 643-9025.

### TUESDAY, MAY 22

#### ST. JOHN TRUNK SHOW

Preview St. John's fall 2001 collection at Neiman Marcus, the Somerset Collection in Troy, 10 a.m.-4 p.m., St. John Boutique, third floor. For more information, call (248) 643-3300.

### THURSDAY, MAY 24

#### TRUNK SHOW

Suits, separates, dresses and scarves are featured in a trunk show by Lafayette 148 at Roz & Sherm, 6536 Telegraph Road in Bloomfield Township, through May 28. For details, call (248) 855-8877.

### WEDNESDAY, MAY 30

#### HALSTON COLLECTION

View the Halston fall 2001 special order collection at Saks Fifth Avenue, the Somerset Collection in Troy, through May 31, Designer Salon, second floor. To schedule an appointment, call (248) 614-3393.

#### DOWN TRUNK SHOW

Michael Casey's fall 2001 collection visits Neiman Marcus, the Somerset Collection in Troy, through May 31, 10 a.m.-4 p.m., Couture department, third floor. For additional information, please call (248) 643-3300.

### MONDAY, JUNE 4

#### MAMMOGRAM TESTING

The Karmans Cancer Institute mammography van visits the Women's Health Boutique, 31209 Plymouth Road in Livonia, to administer mammograms and distribute breast health awareness information. To schedule a mammogram, call (734) 782-9324.

### SATURDAY, JUNE 9

#### RETAIL BENEFIT EVENT

Roz & Sherm, 6536 Telegraph Road in Bloomfield Township, hosts the 3rd Annual Michigan Parkinson Foundation Art of Food and Wine event, 7-9 p.m. Tickets are \$75 and include wine tasting, hors d'oeuvres, coffee and dessert. For tickets, call (248) 433-1011 or (800) 852-9781.