Hills police host annual run for MD

BY FAUSE TARE

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The Farmington Hills Police

Department is hosting the 13th

annual 10K Run and 6K

Run/Walk for Muscular Dystro
hyon June 8. The Run is open

to both law enforcement per
sonnel and the public, with all

the proceeds over costs donated

to the Muscular Dystrophy

Association.

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Last year's event was a success, due to the business community, said Assistant Police Chief Martin Bledsoe, and the department is again seeking

ners' T-shirts and registration desk banner. Since space is limited, orga-nizers face a May 17 deadline

their support. Over the last 12 cars, donations to MDA have amounted to more than \$46,000.

"This is one of the premier runs in the community," said Bledsoe. He said the run also allows the public and police to mix in a relaxed setting.
Helping to cure MD "is something everybody can put their narts into." he said: into the businesses that donate by listing their names on the runners "I shirtled awar."

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Runners wishing to participate can stop by the police station to pick up an application or they can e-mail mwayman@ci.farmington-hills.mi.us.
The cost to participate in the walk/run is \$20.

Commission adds new awards for seniors

The Farmington Area Commission On Aging will be presenting two new Awards along with the 2002 Diamond Award during the Annual Senior Division Volunteer Luncheon to be held on April 16, at the Costick Activities Center, 28600 Eleven Mile Road, Farmington Hills. The new awards to be presented will be The Gold Award and the Senior Division Award.

The Gold Award will be presented to an active community volunteer, age 50 or older, in the Farmington/Farmington Hills Area Senior Division Programs who is age 50 or over.

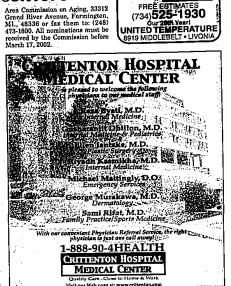
For the past 10 years, The Farmington Area Commission on Aging has recognized residents aged 75 and older who remain active in community service with the annual "Diamond Award". Due to the tremendous efforts of so many senior adults in the community service with the annual reflect their contributions and the eventual to the community appreciation for their efforts.

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To nominate a senior for the Diamond Award, "Gold Award or the "Bonion Division Award," write a statement with the person's name, age, phone number and a short description of the nominee's community service.

Mail nominations to: Farmington





Martian Marathon lands on Earth

Over 1,000 runners and walkers are expected for the 2nd annual Martian Marathon (26.2 earth miles) and the new Martian Half Marathon (13.1 miles) at 8 am., March 23. All proceeds from the event go to the Leukemia

and Lymphoma Society.

The natural beauty and rolling hills of Edward
Hines Parkway will be the setting for this out and
back marathon run.
The course follows 10 miles of parkland through
the communities of Northville, Plymouth, Livonia
and Westland.
Many runners will be using this race as a tuneup for the Boston Marathon, which takes place
three weeks later.
The start and finish will be at Northville Run-

ning Fit, on the northwest corner of Haggerty and Six Mile Road.

Why a Martian marathon? March takes its name from the Latin Mars. On March 31, the gravita-tional pull on the earth is at its low point for the

year.
This should allow for longer strides with less

effort.
Entry fee for the marathon is \$40 with pre-registration, \$50 the day of the race.
The training run entry fee is \$10 with early registration, \$12 the day of the run.
For donation information to the Leukemin Society, call Tami Duquette at: 800-456-5413
Enter the marathon online at: www.martianmarathon.com, via e-mail: Randy@runningfit.com, or by calling 248-347-4668.



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