

Madonna

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and anxiety, relationship concerns, work and academic inhibitions, children's issues and family problems. Full psychological testing related to learning problems and personality issues is also available.

"Because of a young family's overwhelming financial responsibilities, children are much more likely to go without testing than adults," said Jane Alexandra Kessler, administrative director of the Psychological Services Clinic and co-director of the Clinical Psychology graduate program.

"But if a child is struggling with behavior issues or learning problems, testing can be crucial to really understanding the problem."

Kessler, also in private practice, says staff members work hard to make sure clients understand what the test results actually mean.

"As a result of testing, we are usually able to give parents a down-to-earth understanding of what that child is struggling with," said Kessler. "And it's important they receive concrete recommendations about the things we found and the services we feel can make a real difference for the child."

Psychological testing, a process that takes 4-6 hours over several sessions, is available for both children and adults at the clinic.

The fee for this service is approximately \$160.

Typically, a person receiving

these tests at a private facility can expect to pay around \$1,200," said Kessler, noting that insurance benefits do not usually cover psychological testing.

Fees for therapy are based on a sliding scale reflective of the client's income. Sessions range from \$10-\$60 each.

"The sliding scale will allow those people who may need more intensive treatment to come in more often," said Lorrie Chopra, one of eight graduate students who work in the clinic. "There aren't a lot of people out there who can afford to pay \$100-\$160 per session if they need to come in three times a week. Here, they could pay as little as \$10 per visit."

Good education

Chopra believes the high quality of education she's received, along with the dedication, expertise and experience of faculty members, will enable the clinic's team to reach out to help a great many people.

"Our educators bring a very real respect to the instruction we receive," said Chopra. "They're out working in the real world, so they have current knowledge of different organizations and all the latest research findings. They bring all those pieces back together in the clinic here at Madonna. It's a benefit to everyone involved."

Chopra is no stranger to the real world, either. The Master's of Clinical Psychology will be her

second graduate degree. She earned a Master's of Science in Hospice from Madonna several years ago.

Currently, she provides grief support to bereaved children and their families through employment in the Sand Castles program at Hospice of Henry Ford, division of the Henry Ford Health System.

An element common to all those involved in the new clinic is a hope that it will help create a greater sense of well being in the institution and the community at large.

"Its exciting to see this beginning venture that has such potential to serve the needs of our students, and the needs of our community as well," said Sister Nancy Marie Jamroz, Madonna's vice-president of student services.

Located in Madonna University's main building at the northwest corner of I-96 and Levan Road, the clinic offers flexible appointment scheduling, including evenings and weekends. For more information, or to schedule an appointment, please contact the Madonna University Psychological Services Clinic at (734) 432-5493. All calls are confidential.

Nightcap

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reporting of their sleep patterns and overnight stays at a U-M sleep laboratory.

The study followed the patients for about five months after they began treatment for alcohol dependence. The researchers found that those people who complained the most about sleep, experienced the most insomnia, and had the most disruptive sleep while at the sleep laboratory were more likely to relapse to alcohol use and dependence than those who did not complain of insomnia.

Following the study, Brower says he and his colleagues decided to explore ways to help alcohol dependent people with their sleep problems to prevent them from using an alcoholic "nightcap" as a solution.

Alcohol dependence is often a matter of life and death, says Brower. In many cases, it can lead to automobile accidents, liver and brain disease and some forms of cancer. It can also impair relationships and job performance, taking a toll on a person's entire life.

"We are always looking for ways to help people with sleep and other problems without resorting to sleeping pills that have some abuse potential because they are habit forming," says Brower. "There are a variety

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ety of other medications out on the market that are not necessarily designed for sleep, but are used to treat other disorders such as depression or epilepsy. We've found that some of those medications work quite well in people with alcohol dependence."

Recognition

Sometimes, however, the first and most difficult step for a person facing alcohol dependence is to admit they have a problem. Often, Brower says, it is the people surrounding that person

that initially recognize there is a problem.

For people who don't think they have a problem, we may ask them to demonstrate that by abstaining completely from alcohol for several weeks or longer. People who can abstain readily at will are unlikely to have alcohol dependence. People who cannot are candidates for treatment.

But there is treatment for alcohol dependence such as various forms of counseling and medications like disulfiram and naltrexone. Brower is the executive director of Chelsea Arbor Treatment Center, which provides these treatments.

"Treatment works," Brower says. "Studies have shown that about two-thirds of people who undergo treatment for the condition either significantly reduce their drinking or are able to abstain from alcohol completely."

CITY OF FARMINGTON HILLS 31555 ELEVEN MILE ROAD FARMINGTON HILLS, MI 48336-1165 (248) 474-6115

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The City of Farmington Hills Purchasing Division will solicit sealed bids during the next thirty (30) days for the following products and/or services:

Radiant Tube Heaters

Specifications may be obtained by contacting the Central Services Department. All bids must be submitted in accordance with the bid specifications.

The City of Farmington Hills reserves the right to accept or reject any or all bids, either in part or in whole, to waive any informalities and to accept the bid which it believes to be in the best interest of the City.

KATHRYN A. DORNAN
City Clerk

Published June 9, 2002

01110006



CITY OF FARMINGTON HILLS SPECIAL STUDY SESSION Summary

A special study session of the Farmington City Council was held on Monday, June 3, 2002, in Council Chambers, 23600 Liberty Street, Farmington, Michigan. Notice of the meeting was posted in compliance with Public Act 207-1976.

The meeting was called to order at 6:40 p.m.

COUNCIL MEMBERS PRESENT: Bush, Campbell, Harrison, McShane, Mitchell.

COUNCIL MEMBERS ABSENT: None.

FARMINGTON CITY REPRESENTATIVES PRESENT: Clerk/Treasurer Cantrell, City Manager Lauboff.

Council met to discuss the formation of an ad hoc committee to support Civic Theatre activities.

Meeting adjourned at 7:04 p.m.

JAMES K. MITCHELL, Mayor
PATSY K. CANTRELL, City Clerk/Treasurer

Published June 9, 2002

01110006

CITY OF FARMINGTON HILLS NOTICE OF PUBLIC HEARING PROPOSED FISCAL YEAR 2002-03 GENERAL FUND, SPECIAL REVENUE AND DEBT SERVICE FUND BUDGETS

In conformity with Article VI, Section 6.04 of the City Charter and Section 16 of the Uniform Budget and Accounting Act (MCL 141.436), notice is hereby given that a public hearing will be held at 7:30 p.m. on June 17, 2002, in the Council Chambers, 31555 West Eleven Mile Road. All interested persons will be provided an opportunity to present oral or written comments regarding the following proposed 2002-03 General Fund, Special Revenue Funds, Debt Service Funds, Capital Improvement Fund and Enterprise Fund Budgets, Fiscal 2002-03 budgets and the 2002 Property Tax Rate will be adopted at the Council meeting on June 17, 2002.

2002-03 PROPOSED GENERAL FUND BUDGET

REVENUES

Property Tax Revenue	\$26,908,400
Grants	221,431
State Shared Revenue	8,233,000
Licenses & Permits	1,112,000
Charges for Goods and Services	3,510,000
Interest Income	950,000
Recreation Fees	1,975,292
Fines & Forfeitures	2,106,825
Contribution From Other Funds	432,468
Designated Fund Balance	800,000
	<u>46,750,216</u>

EXPENDITURES

General Government & Administration	6,898,312
Boards & Commissions	812,527
District Court	2,401,489
Library	3,005,689
Police Department	14,405,122
Fire Department	4,148,114
Special Services	234,167
Public Services	6,718,396
Interfund Transfers	806,000
	<u>46,750,216</u>

The property tax millage rate proposed to be levied to support the proposed fiscal 2002-03 budget, will be subject of this hearing and is allocated as follows:

General Operating	7.2193
Debt Within Charter	0.7190
Debt Within Charter	0.8117
Voted Parks	0.4907
Voted Public Safety	0.9814
Total Proposed Fiscal 2002-03 Tax Rate	<u>10.2221</u>

The City has authority to levy this millage through the Charter or voter approval.

A copy of this information, the entire proposed budget and additional background materials are available for public inspection starting on May 7, 2002, at the City Clerk's Office, City Hall, 31555 W. 11 Mile Road, Farmington Hills, and on May 10, 2002 from 8:30 a.m. to 4:30 p.m. weekdays; at the Farmington Hills Branch Library, 32737 W. 12 Mile Road, Farmington Hills, from 9:00 a.m. to 9:00 p.m. Monday through Thursday, and 9:00 a.m. to 6:00 p.m. Friday and Saturday, and 12:00 p.m. to 6:00 p.m. Sunday; also at the Farmington Branch Library, 23500 Liberty Street, Farmington, from 9:00 a.m. to 9:00 p.m. Monday through Thursday and 9:00 a.m. to 6:00 p.m. on Friday and Saturday and 12:00 p.m. to 6:00 p.m. Sunday.

KATHRYN A. DORNAN, City Clerk

Published June 8 and 9, 2002

01110006

SPOTLIGHT ON:

Orthodontics

by Josephine Finazzo, D.M.D.

CLOSING THE GAPS

The term "diastema" refers to excessive space or spaces between teeth. In some cases, including those of Madonna, Lauren Hutton and David Letterman, these gaps are unique features that lend character to the smile and face. However, if you have a gap between your teeth, you may be a candidate for treatment to close the gap. If the goals and work toward a healthier, more appealing smile, this can be accomplished with bonding; however, the results will not be permanent. And, while crowns Middlebelt, we offer day and evening for a longer-lasting solution, your appointments, and no referral is necessary. Payment plans and terms are also available. treatment, on the other hand, offers a Look for our next article in two weeks.

THE ORTHODONTIC GROUP
19850 Middlebelt • Livonia • (248) 442-8885

Arthritis Today

JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860

IN CASE OF TIE, YOU WIN

Physicians often turn to blood studies, x-rays, CT scans and MRIs to help in the diagnosis of arthritic conditions. These studies can be as descriptive as they are useful. A blood study could show you have a high titer of rheumatoid factor, or reveal a positive ANA, a finding associated with lupus arthritis. However, the doctor examining you may find no evidence that you have either rheumatoid or lupus arthritis.

In such cases, and they happen often, you win. If the laboratory tests indicate one condition, but the experience of your illness and the examination indicate something else, then the laboratory results are set aside. Contact with you overrides the results of test tubes and imaging whether by x-rays or digital chips. Even with the technology now available, nothing surpasses telling your story to the doctor and having him follow with an examination.

I do not mean to downgrade the use of screening tests. The medical community has sufficient experience to know that certain tests such as a blood sugar, cholesterol level, post menopausal bone density test, pap smear and mammogram are useful. The time to obtain them is when you do not show the effects of diabetes, atherosclerosis, osteoporosis or cancer.

Screening for arthritis does not work that way. In arthritis, you are as good as you feel. However, if you don't feel right, you need further evaluation even if the test results conclude nothing is wrong. The rule is to care for the patients, not the paper trail that follows them.

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