CHAT ROOM FROM PAGE CS

Positive Peter Rageous "Negative Nelles". Therein lies part of the problem: a dearth of good examples to

Now it's a natural fact Now it's a natural fact that no matter how strong your character is, you will take on many of the traits of the people you surround yourself with. It's inevitable, like the sun rising in the east and setting in the east and setting in the west. And it's not only the people you surround yourself with, but also the books you read, the TtV and movies you watch and the thoughts you choose to think. I used to surround myself constantly with people who had a limited outlook and the searcity mentality.

the scarcity mentality. Thus, in order to bond with them, I took on many of the same traits and characteris-

tnem, I took on many of the same traits and characteristics of people with that outlook and mentality. In a way, I guess I didn't know better.

Once I knew better though, I did better. At the time, I believed that there was never enough and would secretly resent anyone I knew who was doing better than I was. I would slently hope for the failure of my peers so they wouldn't be 'better' than me and I wouldn't have to raise my own standards. I would have what Zig I gilar calls the 'Loser's Limp'. I found myelf making comments file-I can't do them they are the sing comments file-I can't do them they are the sing comments file-I can't do them they are the sing comments file-I can't do them they are the sing comments file-I can't do them they are the sing comments file-I can't do them they are telling here of the set of the set.

the smarts", or telling myself, "I'm too shy to ask

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people to do that for me, I don't want to inconvenience them. Fear, not excitement, would rule my decision-making process.

Now, I'm not blaming my friends for holding me back. Like I said, until you know better, you can't do better. And we were all caught up in the same ugly cycle because no one showed us any differently! Once I started meeting people who challenged my beliefs of myself, the world and what was possible, I could start making some headway in my eventual transformation from a Negative Nellie to a Positive Peter Rageous.

So what am I getting at? It's this: We have to be a good example to those around us, because we do know better. And if we don't, we should learn. It really doesn't pay to be a Negative Nellie in this world. And Lord knows there aren't enough Positive Peter Rageous going around, While it may seem easier to just 'fit in' and not create any waves, I contend that the only way to a truly fulfilled life is by helping others reach their goals, and they in turn help you achieve yours.

And the attitude of Positive Peter Rageous is one that supports that. Try it. What I say is true (trust me, it is)? All you've got to lose is that 'Loser's Lorge's those is eight and that's not such loves is eight.

Randy Hall is a certified grapholo-gist and molivational speaker. For more information, visit his Web site, www.thrivenotsurvive.com or e-mail him at randywhall@yahoo.com

HELOISE

ments, Bean tends to stay away from those, because they add to the cost. "I'm a big dollar store' shopper, and I'm a big collector, so if somebody calls me to do something. I have it."

Bean turned what she had done only for family and friends into a full-fledged business last year. But she still considers her table setting business her hobby.

"This is my fun," she said.

BEGINNINGS

Even guest speaker Heloise commented on the use of per-sonal items in table settings, in addition to the advice on cleaning, repairing and storing china and crystal she provided on Thursday morning's radio heradenst

on Thursday morning's radio beradeast.

I was going to bring some of my things, she said, 'but I have a flight to Hawaii in the morning.'

On the road often as an indemand guest speaker, she was preparing to give a speech to 500 military wives there. The territory was familiar, her mother started the Hints from Heloise column while the family was stationed in Hawaii. "My father was in the Air Force,' Heloise explained. "My mother was a military wife...We moved every three or

wife...We moved every three or four years, Maybe that's why

four years. Maybe that's why I'm so organized.
As she spoke to the Hiddur Mitzuah audieinee, Heloisie wore her father's pilot wings. At age 81, he's now living in a retirement community in San Antonio, where Heloise has lived since 1966. She and her husband, David Evans, a plumbing contractor, have a home there and one on the south Texas coast.
Despite extensive travel,



Tables created for the Sisterhood of Adat Shalom's event were centered around such diverse celebrations as Purim and the Fourth of July, Docents led visitors around the room to explain the components of each display.

Heloise said she does take time for hierself, enough to grow antique roses and spend time watching birds, a hobby she finds very relaxing. In the keynote introduction, event chair Charlotte Edelheit described her as "unpretendescribed her as "unpreten-tious, warm and a conversa-

"She is as lovely on the inside as the outside," Edelheit added.

HELPFUL HINTS

Like her mother, Heloise is not a "typical housewife." She passed up a career in teaching to take over the newspaper column after her mother died fung cancer in 1977. The column started in 1959, when her mother convinced an editor in Hawaii to run it on a weekly hosis, after an Air weekly basis, after an Air Force officer bet her that she couldn't get her helpful hints

published.

"Mom worked at home, so I grew up thinking that was normal," Heloise said. "I helped open letters and with reading mail. I tested hints."

The latter created a few strange situations. When a friend of the teen-ager came over to visit, be opened the freezer door to get some ice and found quite a shocking site: a girdle, an angora sweater, candles and a can of ground coffee.

As anyone who has read Heloise's hints knows, an angora sweater is said to 'shed' less' if the kpr in the freezer, candles are supposed ordrip less' if they're kept in the freezer (that's not true, according to a recent Heloise update) and a can of ground coffee will stay fresher in the colder clime.

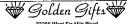
And the girdle? colder clime. And the girdle?

There was a woman in Hawaii... they had no air conditioning at that time, and she would not po te church without her girdle. So she kept it in the freezer so she would be cold in those five minutes or so it took her to walk to clurch; Heloise explained. Today, a staff of five full-time assistants and two partime assistants and two partime assistants and two partime assistants. Heloise also undates hints from years past. The eandles, for instance, will do better if they're chilled for just a few hours before burning them, rather than stored in the freezer full-time. That group effort has resulted in several books, the most recent of which are "In the Kitchen with Heloise and Heloise from A to 2. The kitchen guide includes recipes and the second volume is written in dictionary format.

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