

## Nov. 9 'Girls Matter' conference can help kids grow up

Keynote speaker for the third annual 'Girls Matter' conference will be author Rosalind Wiseman, author of *Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends and Other Realities of Adolescence*.

The conference, designed for girls age 11-14 and their parents, takes place Saturday, Nov. 9, from 8:30 a.m. to 12:30 p.m. in Building J on Oakland Community College's Orchard Ridge Campus in Farmington Hills. Admission is \$15 per person and the event is open to the public.

Wiseman is co-founder and president of the Empower Program, a non-profit organization that empowers young people to stop the culture of violence. She was profiled in a

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Arlene Frank  
OCC Womencenter Coordinator

cover story on girls' aggression in the *New York Times Magazine*, and has been featured in *Ms. Magazine*, the *Washington Post* and *USA Today* Weekend. Wiseman has also been interviewed on national television and radio programs including the CBS Evening News, CNN, National Public Radio and Oprah.

Wiseman is certified through

Harvard University's "Program for Young Negotiators" and holds an advanced Bachelor of Arts degree in political science from Occidental College, Los Angeles.

"According to both research and anecdotal information, girls' self-confidence is fairly high until 11 or 12 years of age," says OCC Womencenter Coordinator Arlene Frank. "Up to this point girls are appropriately perceptive about relationships and assertive about their feelings. At adolescence many begin to accept stereotyped notions about how they should behave (bitch) girls who continue to acknowledge their true feelings retain higher self-esteem," Frank said.

For girls, the conference objective is broadening aware-

ness of the keys to success and expand knowledge of the issues they face. For parents, the objectives are increasing awareness of the challenges facing adolescent girls, promoting understanding of the need to foster girls' sense of self-worth, and assisting parents in utilizing resources to achieve these goals at both the personal and societal levels.

Wiseman's conference keynote presentation will illustrate how cliques play a powerful role in shaping what girls learn and how they feel about themselves. It will help girls and parents become equipped with the necessary tools for empowerment during the baffling and tumultuous adolescent years.

Workshops for girls will focus on education and careers, self-esteem, nutrition and body

image, media influences, sexuality, peer pressure, setting boundaries, and making a difference in the world. Workshops for parents will focus on nutrition and body image, communication, setting boundaries with daughters, media influences, sexuality, and emotional intelligence.

Workshop presenters are all experts in their fields, organizers say. In addition to Wiseman, local presenters are Pam Micallef, Elissa Driker, Saunteel Jenkins, Kimber Bishop-Yanke, Susan Rogers, Melanie Jacob, Cheryl Munday, Carmen Kennedy, Judith Minton, and Elana Goell-Varkovitzky.

The "Girls Matter Conference" is presented by the Oakland Community College's Womencenter in collaboration with Girls Empowered, West

Bloomfield Community Education, and the Farmington and Birmingham Public Schools. Conference friends and sponsors are Botsford Health Care Continuum, Dr. Nelson Herth, and the Farmington and Northville-Novati Branches of the American Association of University Women.

The Oakland Community College Womencenter is a facility that provides educational and supportive resources for area women.

For more information and a registration brochure for the "Girls Matter" conference, call (248) 522-3642.

The Orchard Ridge Campus is located at 27055 Orchard Lake Road, just south of I-696 in Farmington Hills.

### SINGLES MINGLES

#### METROPOLITAN SINGLE PROFESSIONALS

##### Single Mingle Dances

MSPs hold Single Mingle dances on Friday nights throughout the month. Call (248) 851-9909 for times and locations.

##### Halloween Party

Metropolitan and Farmington Single Professionals will hold their 15th annual Halloween Party Friday, Oct. 25 at the Double Tree Guest Suites in Novi. Admission is \$10. Call (248) 851-9909.

##### Tennis Club Party

Beginners and experienced tennis players can enjoy an evening of fun, exercise, dinner and refreshments at 6:30 p.m. Saturday, Nov. 2 at the Farmington Tennis Club, 22777

Farmington Road, Call (248) 851-9909.

##### Book Discussion Group

MSP's book discussion group meets on the second Wednesday of each month at 7:30 p.m. at Borders Books in Farmington Hills. Borders will offer a 20-percent discount on all titles chosen for discussion.

##### Volleyball

Drop in and play volleyball 6:45-9:45 p.m. every Tuesday at the gym and fitness center at Bloomfield Hills Middle School, 4200 Quanton Road.

##### Euchre

MSPs play euchre 6:30-9:30 p.m. every Monday at the Brass Point Inn in Farmington Hills.

##### Social and Travel Club

For people 35 years old and up. Activities include dinners, dances,

cards, camping, theater, sports, travel.

To learn more about the club call (248) 435-5330 or go to [www.sssic.org](http://www.sssic.org)

##### Fun & Fine Dining Parties

Join MSPs every Thursday between 6-7:30 p.m. for socializing with dinner afterwards. Enjoy sampling some of the best and most interesting dining places in the metro Detroit area.

##### West Side Singles

Friday dances to be held every Friday night at Burton Manor, located on Schoolcraft Service Drive, just west of Inkster in Livonia. The dances are open to the public. Doors open from 8 p.m. to 1 a.m., 25 years of age and older. Dressy attire required, held in non-smoking ballrooms with a D.J. and budget bar. Admission price is \$4 before 8:30 p.m. and \$6 after 8:30 p.m. For information, call Anita at (734) 981-0909.

## Tyndale to offer ministry classes

As part of its expanding effort to serve the Christian community in southeastern Michigan, William Tyndale College has announced a new Certificate in Music Ministry. This curriculum is designed as a non-degree program for those who wish to serve as music leaders in local churches.

Jerry Smith, Ph.D., director of the Tyndale Music Program,

was asked to create a special curriculum for the men and women who are requested to move into worship and/or music positions in their churches - often with a minimum of preparation.

Smith states, "It is our hope to provide an appropriate and practical educational opportunity to help raise the level of musical leadership for our metro area churches."

The certificate will include courses in church music administration, worship planning, conducting, vocal/ keyboard training and music theory.

Courses will be offered in the evenings to be convenient for working adults.

For more information on the program, contact Kimberly Swan at (248) 955-7200, Ext. 450.

## Band concert will be Spooktacular

Farmington Community Band will host Spooktacular XVII at 3 p.m. Saturday, Oct. 26, at the William Costick Activities Center in Farmington Hills.

Everyone at the FCB's 17th annual Halloween Concert, including the band, comes dressed in

costume for tunes and treats. Hear about trick or treat safety with Farmington Hills Police Department's Officer McGruff and join in the costume parade.

This event is sponsored by the Target store at 30020 Grand River in Farmington Hills.

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(On corner of Ford Rd. and Hayes Rd.)

Troy, Oakland Mall  
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West Bloomfield,  
Orchard Mall (248) 737-8080  
(Orchard Lake and 15 Mile)

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Pkwy., west of Woodward Mall

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