

NOVEMBER

Grief support

Angela Hospice offers ongoing grief support groups every second and fourth Tuesday of the month at the center, 1400 Newburgh Road, Livonia. The next meetings are 1 p.m. and 6 p.m. Nov. 26. Call (734) 464-7810.

Prostate cancer

Attend a free supper/lecture on "Nutrition and Prostate Cancer" 6:15 p.m. Tuesday, Nov. 19, at Weisberg Cancer Center, 3195 Northwestern Hwy., Farmington Hills, with national speaker and author Mark Mayard. Call (248) 538-6501.

ADHD

Are you looking for natural alternatives to Ritalin and other drugs? Attend a free workshop offered by the Doctors Speakers Bureau 7 p.m. Wednesday, Nov. 20, at the Plymouth Library, 223 S. Main Street, Plymouth. Call (734) 416-2411.

Dyslexia

Dr. Robert D. Smith, neuropsychologist, of the Michigan Dyslexia Institute - Detroit Metro Center, will discuss dyslexia, attention deficit disorders and learning disabilities 7-9 p.m. Wednesday, Nov. 20. Center is located at 30230 Orchard Lake Road, Suite

4130, Farmington Hills. Call (248) 737-0044.  
**Fibromyalgia**  
Dr. Barry Hobbs, specific chiropractor, The National Wellness Foundation, will offer a complimentary lecture on fibromyalgia/Chronic Fatigue Syndrome 7-8:15 p.m. Thursday, Nov. 21, at the Plymouth Public Library. Call (734) 416-2411.

New Docs

"Boot Camp for New Docs," a class taught by docs, teaches fast-time fathers practical information on parenthood and baby care. Hands-on experience with babies brought to the class by "veteran" docs. Offered 6-9 p.m. Thursday, Nov. 21, at the Saint Joseph Mercy Canton Health Center, 1600 S. Canton Center Road, Canton. Cost is \$25. Call (734) 712-5400.

Stuttering

The Stuttering Support Group for adults will meet 6:30-8:30 p.m. Thursday, Nov. 21, at Beaumont Hospital, Administration Bldg., Classroom 3, 3600 W. Thirteen Mile Road, Royal Oak. Improve your fluency skills and learn coping techniques. Call (248) 551-2100.

**Long-term care insurance**  
Beaumont Hospital's Sharing & Caring

program presents "Is Long-Term Health Care Insurance Right for Me?" 7-9 p.m. Thursday, Nov. 21, in the hospital's 1st Floor Conference Room. Beaumont Cancer Center, 3577 W. Call (248) 551-8588.

DECEMBER

Senior Health Day

Senior Health Services of Saint Joseph Mercy Health System will host "Holiday Foods, Fun and Surprises" 9:30-11:30 a.m. Tuesday, Dec. 3, at SJM Health Stop, located in Briarwood Mall just off I-94 at the State Street exit in Ann Arbor. Call (734) 827-3777.

Worry

Dr. Bruce Hillenber, psychologist, will present "Coping with Worry and Fear" 7-9 p.m. Thursday, Dec. 5, at Beaumont Hospital, 1st Floor Conference Room, Beaumont Cancer Center, 3577 W. 13 Mile Road, Royal Oak. Call (248) 551-8588.

Lymphatic workshop

The Tree House, 22906 Mooney Street, Farmington, will host "The Ultimate Lymphatic and Blood Detox Workshop" 1-7 p.m. Saturday, Dec. 7. Learn the basic principles of anatomy, physiology and fluid dynamics of the human lymphatic system. Raw food dinner

buffet. Cost: \$50 single; \$90 couple. Call (248) 473-0624.

Parkinson's disease

The Parkinson Education and Support Group of Washtenaw County will meet 1:30 p.m. Saturday, Dec. 8, at the Saint Joseph Mercy Hospital Education Center, Bldg. 5305, Huron River Drive, Ann Arbor. Annual holiday pollock. Bring table service and a dish to pass. Main entrée and drinks provided. Entertainment. Call Beth Colander-Kenney at (734) 741-9209.

Homeopathy

The Tree House for Earth's Children, 22906 Mooney Street, Farmington, offers an "Introductory Class on Homeopathy" 10 a.m. to 3 p.m. Saturday, Dec. 14. Learn about natural remedies for colds, cough, allergies, aches and pains, indigestion, colic, asthma, depression and sexual problems, and more. Cost: \$50. Call (248) 473-0624.

ONGOING

Self-help groups

Anyone seeking information on a variety of self-help groups may call the Michigan Self-Help Clearing House at (877) 777-5555.

**Bipolar**  
The MDDA-Bipolar Support Group meets 3-5 p.m. the second and fourth Thursday at Beaumont Hospital, Administration Bldg., 3601 W. 13 Mile Road, Royal Oak. Call Kathie at (248) 544-1097.

Divorce support

The Women's Resource Center at Schoolcraft College will offer a "Divorce Support Group" 7-9 p.m. the second and fourth Tuesday of each month. Call the WRC at (734) 462-4443.

Fibromyalgia

"Fibro-Friends & More," a support group for sufferers of fibromyalgia and Chronic Fatigue Syndrome, meets 1 p.m. the first Thursday of the month at the Herriman Road Baptist Church, 2055 Herriman Road, Galesburg. Call Tina at (734) 495-0226 or Lucy at (734) 953-6576.

Bereavement

"Together to Share," a grief support group, meets 10 a.m. the first Monday of each month at American House on Middlebelt Road in Livonia. The group meets 3 p.m. the third Thursday of the month at Dorwin Nursing Center on Middlebelt Road in Livonia. Both groups are facilitated by a bereavement coordinator from

Heartland Hospice in Southfield. Call (800) 770-9859.

Overeaters Anonymous

Support group for overeaters meets 7 p.m. every Friday at Providence Park-Novi, 47601 Grand River Avenue, Novi. HelpLine: (313) 438-HELP or (248) 474-9456.

Alcoholics Anonymous

Anyone is welcome to the AA meetings held at noon every Tuesday and Thursday at Providence Medical Office Center-Novi, 39500 W. 10 Mile Road (at Haggerty), Novi. Call (248) 348-9362. AA meetings also held noon every Wednesday at Mission Health Medical Center-Livonia, 37595 Seven Mile Road, Livonia. Call (734) 953-1188.

Thyroid cancer

Thyroid Cancer Survivors Association, Inc. support group meets 7-8:30 p.m. the fourth Tuesday of each month at the Plymouth Public Library, 223 S. Main Street, downtown Plymouth. In the Gold Room. For more information about the ThyCa SE Michigan Support Group, call Mary Rose at (734) 397-2801 or e-mail: SE-MI@thyca.org. For more information on thyroid cancer and our other free support services, visit www.thyca.org or call toll free (877) 588-7904.

SURGERY

FROM PAGE C6

these selfless employees by funding research so medical breakthroughs like the Dodrill-GMR can be possible."

One patient who benefited from open-heart surgery was a 5-year-old girl, Julie Miller's extreme heart defects restricted her from normal physical activity. Dodrill performed open-heart surgery in 1961, making her one of the youngest heart-lung machine patients at the time.

"Before the surgery, I didn't have any recollection of playing outside, bike-riding, just everyday activities, you'd think of a little kid doing. And after the surgery, the doctors were amazed how quickly I recovered. I had no limitation," said Miller.

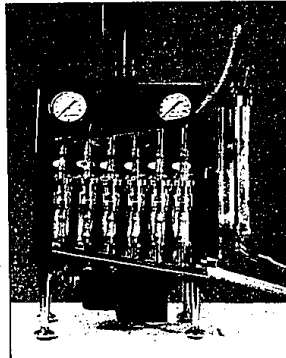
The success of Dodrill's heart-lung machine started a wave of research and medical advances that continues today.

The Dodrill-GMR heart created the opportunity for advances in cardiac surgery we have witnessed over the past several decades, including bypass of narrowed coronary arteries, repair or replacement of damaged heart valves, and repair of congenital heart defects," said Dr. Robert Bonow, president of the American Heart Association.

Although new technologies continue to be developed to correct heart problems, heart-lung machines are a mainstay for cardiac surgeons. With very high rates of survival and success, open-heart surgery is one of the most commonly performed operations in the United States.



The historic operation re-routed blood around the heart, allowing the surgeon to repair a damaged valve.



The Dodrill GMR Mechanical Heart resembled an old Cadillac V-12 engine. What looked like six cylinders on each side of the engine were actually separate pumping chambers. The Michigan Heart, as it was nicknamed, was used until around 1957 or 1958, when it was replaced with a more modern version of a Gibbon-Mayo heart-lung machine.

TRIALS

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In a randomized trial, a few people benefited from this procedure. However, a more important finding was that researchers could identify who would benefit. The vaccine isn't for someone who has never had cancer. However, further research advances

could lead to a preventative cancer vaccine years from now, Sondak said.

The vaccine Sondak tested has already been approved in Canada as a treatment for patients with advanced stages of cancer. The entire trial process takes more than 25 years from research stages to drugs and procedures being available.

"That's how time-consuming this process can be," Sondak

said. "Immune therapy is just starting to be approved and come into the mainstream. It's all up to the courageous volunteers who go into the study and how essential that is to the development of the vaccine."

"The best way to fight melanoma is to prevent it, by avoiding the sun and wearing sun block," Sondak said.

The University of Michigan Health System Cancer AnswerLine is (800) 865-1125

or visit the Web site at www.cancer.med.umich.edu. Ask for the melanoma clinic.

Women diagnosed with breast cancer who are interested in participating in Sabel's clinical trial should contact his office at the U-M Cancer Center, (734) 936-5827. People interested in any of the other clinical trials at the U-M Comprehensive Cancer Center should call the AnswerLine at (800) 865-1125.

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