PARENTS

is frightening." Beyersdorf said.
Many of the young parents
she has shepherded through
the birthing process also end
up joining the Mother/ Baby
Club. Over the years.
Beyersdorf has come to understand some of the language,
although she doesn't speak it.
The mothers she works with
don't seem to have any difficulby understanding her warmth
and compassion.
"It's not just a job, it's a passton for me. I really enjoy being
with young people at this time
in their lives and share in their
birth experience. I can't imagine anything more fulfilling."

Beyersdorf enjoys the hum of conversation and laughs along with the mothers as their chil-dren engage in anties that need no translation at all. Nicholas-collection of toys grows as he defines for the other little ones exactly what is "his." And that's just about every-thing.

Observer & Eccentric | Thursday, November 21, 2002

And that's just about every-thing.

"He's started whining,"
Deblaker sald, imitating her son with a tinge of frustration.
"You'll find at 3, his behavior will change dramatically."
Beyersdorf assures her, offering a universal piece of parenting For more information about childbirth education classes in Japanese or the Mother/Baby Club, call (248) 669-9192 or (248) 477-6100, Ext. 237.

ihubred⊋oe.homecomm.net [(248) 477-5450

LONGACRE

FROM PAGE C5

Menu offerings will include typical breakfast fare, with a cooked-to-order egg station, honey-baked ham and baked fresh fish as entrees.

Parents and children alike will appreciate Lunch with Santa, with sittings at 11 a.m. and 1 p.m. on Saturday, Dec. 14. The ticket price of \$12 per person includes a typical "kid-fare lunch, storytelling, a make-it-and-take-it craft and goodle bag, as well as a visit with St. Nick.

Children will be entertained.

Nick.
Children will be entertained in shifts, so that rather than waiting in line as they might at a mall, they can be working on earths or listening to a holiday-themed story.
Here, you don't have to get in his lap to see Santa, seld committee chair Susan Legg. You can see him and be around other kids and enjoy the atmosphere ... We want

SCHNEIDER

FROM PAGE C5

know his family has a German background, but his latkes are so good you have to think somewhere along the line he picked up some tips from St.

people enjoying themselves all the time.

She's looking for committee members to help with planing the event, as well as volunteers who can work that day. Seating is limited, so parents are encouraged to sign up their children early.

The holiday season ends with a classic "New Year's Eve at The Longacre," from 7 p.m. to 1 a.m. on Tuesday, Dec. 31. A five-course gourmet dinner will be the highlight of the evening; the sit-down dinner will include a choice of appetizers, soup and salad, three entree choices - The Longacre prime rib, baked salmon en croute or Bohemian-Almond Cornish hen, topped off by the chef's special caramel nut apple pie.

Guests will receive two drink tickets, after which a cash bar is offered. At every table, there will be a bottle of champagne for the midnight toast.

For more information about any of these events or to purchase tickets, call The Longacre House, (248) 477-8404.

Tedd Schnelder is the community edi-tor of the Canton Observer and a Farmington Hills resident. He can be reached via e-mail at

tschneider@oe.homecomm.net or by nhone at (734) 459-2700.

Eat - It's Good for You, the patron saint of Jewish Mothers.

there are some things which one can do.

These steps will take whatev-er our basic orientation is and strengthen it. Effort and disci-

This month, concentrate Musicale presents on cultivating an attitude of gratitude

When we approach
November we often think
of the Thanksgiving holiday. Thinking about that holiday often engenders some
thoughts about graftlude. Our
pastoral counseling colleagues
at the
Camaritan

Samaritan Counseling Center of the Capital Region in the Albany area of New York had one of their staff reflects on gratitude. What Richard Osborne says Samaritan

Osborne says is that every day we are confronted with choices about how we view life; we consider what we focus on and what we see and experi-

ence. We all know individuals who, We all know individuals who, no matter how fortunate, seem to focus on the negative. They are quick to feel disappointed and to devalue what they have. Such chronic negativism may stem from earlier hurts and disappointments and may become a defense for avoiding further lettlown.

letdown.

For such people, hope may seem too big a risk. And yet, there is the danger that such negativism will become a self-fulfilling prophecy.

Direct your energies, then to cultivating an attitude of grati-

cultivating an attitude of grati-tude.

This involves making a con-scious choice about your basic orientation; you must choose life and each other. As Dr. Osborne says, "Life is not a matter of what is handed to us but of what we actively find through our own seeking. This takes courage and imagination." To cultivate this attitude there are some things which one can do.

pline help to strengthen the attitude of gratitude. Make a 'gratitude list' of what you are grateful for. Don't include just the obvious, friends, family country. Think of those other things for which you are grateful, such as cooling breezes, a wonderful coffee, betweenew winter nometries. a picturesque winter morning

etc.

If you have a discipline of prayer, meditation, religious ceremonies use these avenues as times to be thankful, to further reflect on gratitude, to see what is good in your life and in the lives of others.

uner reitect on gratutuce, to see what is good in your life and in the lives of others.

Be sure to share what you are grateful for. For some this may be done through a time of prayer at a meal.

Or have your family and guests, if present, share what they are grateful for.

When there is a crisis or some difficult time look carefully; you will find something good in it and through it. It may be the caring of others or the help you receive, but there is something about which gratitude can be expressed.

Remember that our happiness is not tied to possessions. We don't need the most to feel grateful.

Don't forget birthdays, the upcoming Thanksgiving holiday. Christmas, or other special celebrations as opportunities to share important times with special people.

Finally as Dr. Osborne sums this up, "Aside from these specific suggestions, parents can help cultivate gratitude in children by modeling an attitude of orthusiasm and appreciation for life – its constant opportunities for growth and service, as well as its beauty and simple pleasures – through their daily words and ancions.

Or. Paul Melorse is director of Clinical states the expression of the constant opportunities of the parameter of the constant opportunities of the pleasures – through their daily words and ancions.

Dr. Paul Metrose is director of Clinical services at the Samaritan Counseling Center of SE Michigan. He can be reached through www.paul-metrose.com or at 248-474-4701.

holiday event

will present, "Tis The Season", on Dec. 4, 2002 at 1:00 p.m. at North Congregational Church on 12 Mile, west of Drake, Farmington Hills. It will be a Christmas

program of choral music, holi-day selections performed by a french horn trio and a Christmas medley duet with

plano and organ.

The public is cordially invited

WHAT'S HAPPENING

KID STUFF

Breakfast With Santa Kids can have Breaklast with Santa 8-11 am, Salurday, Dec. 7 in Fellowship Hall at Orchard United Methodist Church in Farmington Hills. Tickets will be available at the door. Everyone is welcome. Call (248) 626-3620.

Junior Gardeners

Mill & Date Garden Club will hold a Junior Gardeners Workshop at 10:30 a.m. Saturday, Dec. 14 at the downtown Farmington Library. Call (248) 474-7770

Little Me

Stories and hands-on fun for children ages 16 months to 2 years (with adult) 10:30-11:15 a.m. Mondays, through Nov. 25, at the downtown Farmington

Learning Activities

Learning Activities
The downlown Farmington Library
offers Hearning activity centers
10:30 a.m. to noon Tuesdays.
through New 26, for children
ages 3-5 and 10:30 a.m. to noon
Wednesdays, through New 27, for children
ages 2-3.
Activities will include stories, reading
readiness and crafts.

SALES/SHOWS

Holiday Greens Sale

The Hill & Dale Garden Club will hold its
15th annual Hollday Greens and
Poinsettia sale 9 a.m. to 3 p.m. Saturday, Nov. 23, at the Vacnozz Visitors Center in Heritage Park.

Used Instruments

Farmington Public Schools will note a used instrument sale 7:8:30 pm. Tuesday, Dec. 3 at Warner Middle School, 30303 W. Fourteen Mide In Farmington Hills. The sale is open to anyone wishing to buy or sell band or orchestra instruments, melronomes, music stands and other music items. Call (248) 489-3412.

Hollday Market Place Antioch Lutheran Church in Farmington Hills will hold a Holiday Market Place 10 a.m.-3 p.m. Saturday, Dec. 14. The Church is located at 13 Mile and Farmington Road.

Mercy Arts & Crafts
Mercy High School will host its annual
arts and crafts show 4-8 p.m. Friday,
Nov. 29 and 9 a.m.-4 p.m. Saturday,
Nov. 30. Admission is S3 on Friday and \$2 on Salurday. The school is located at 29300 W. II Mile in Farmington Hills.

CLUBS

HIII & Dale
Hill & Dale Garden Club will meet at 7 Hill a bale careen club with meet at 7 p.m. Thursday, Dec. 12 at the Yagnozzi Thursday, Center in Heritage Park, members will create a nature wreath and enjoy special guest day featuring holiday polluck treats.

Embrolderers
The Farmington Hills Embroiderers
Guild will meet for a Christmas luncheon at 11:30 a.m. Wednesday, Dec. 4 at
Marco's in downtown Farmington.

Farmington Garden
The Farmington Garden Club will meet
at noon, Monday, Dec. 2 at the

Longacre House in Farmington Hills for Creative Wreath Designs Holiday Luncheon, Call (248) 553-0986.

Musicale

The Farmington Musicale presents *Tis*the Season at 1 p.m. Wednesday, Dec. 4
at North Congregational Church in
Farmington Hills.

POTPOURRI

Massage-A-Thon

Massage-A-Thon
Healthy Touch Massage will host an
eight-hour massage a-thon noon-8
p.m. Sunday, Dec. 8, et 32959 Grand
River, between Glorbar Loke and
Farmington Roads.
All proceeds will be donated to the
Farmington Area Goodfellows.
Sugested minimum donations are 325
for a half-hour massage and 345 for a
one hour massage.
Donations will be accepted in the form
of cash or check made out to the
Farmington Area Goodfellows.
No credit cards, coupons or discounts
can be accepted for this event.

Twelfth Night
Farmington High School will perform
Twellth Night at 7:30 p.m. Nov. 21-23 In
the school auditorium.

Lend Me A Tenor

North Farmington High School pres-ents Lend Me A Tenor at 7:30 p.m. Nov. 21-23 in the school auditorium.

Holiday Brass

Detroit Chamber Winds and Strings present Holiday Brass at 7:30 p.m. Tuesday, Dec. 10 at the Costick Center Tickets are \$15 for adults, \$12 for seniors and \$10 for students, Call (248) 473-1857.

International Classics Farmington Community Band will per-form International Classics at 3 p.m. Sunday, Dec. 8 at Harrison High School In Farmington Hills.

Celebrate Singing North Farmington High School pres ents Celebrate Singing at 7:30 p.m. Tuesday-Thursday, Dec. 3-5 in the school audilorium.

Sahrina Fair

Harrison High School presents *Sabrina*Fair at 7:30 p.m. Friday and Salurday,
Dec. 6 and 7 in the school auditorium. Novi Choralaires

The Novi Choralaires will perform
Christmas is Coming at 7:30 p.m.
Friday, Dec. 6 at First United Methodist
Church of Farmington, 33112 Grand
River, Call (248) 474-8277.

A Tuna Christmas

The Farmington Players will perform A Tuna Christmas Nov. 29-Dec. 14 at the Barnes & Noble Bookstore Theater in West Bloomfield. Call (248) 239-0800

Velveteen Rabbit

relyeteen Rabbit
The Marquis Theafre in Northyille presents Verveleen Rabbit now playing
through mid January, For times and
reservation information call (248) 3498110. Special group rates available.

Artist Exhibit
Watercolor artist Jim Patterson will
display his artwork now through Dec.
20 at the Farmington and Farmington
Hills City Halls.



