



Eloise Page
Mercy

Elizabeth Garlow
Mercy

Katie Naglick
Mercy

Caitlin Kelly
Mercy

Kathleen Moyer
Seaholm

Lisa Hipp
Troy

Amanda Johnson
Lahser

Megan Moore
Roch. Adams



Chris Tennyson
Groves coach

Michelle Aristeo
Kingswood

Carrie Robie
Mercy

Caryn Switaj
Mercy

Rebecca Nyquist
Kingswood

Mara Loniewski
Mercy

Megan Evo
Bim. Groves

The 2002 All-Area swim team was chosen by a panel of area coaches.

ALL-AREA

FROM PAGE D1

Division 1 final with a mark of 1:48.66 - just two seconds behind the winning relay team from Ann Arbor Pioneer.

Coach Downs said Page had a fine performance at the final as the relay team's backstroke, while also having state qualifying times in the 200 free, 500 free and 100 fly.

Naglick's contribution was "instrumental" in the 200 medley relay team's finish, but Downs noted the four-time All-American also was a state qualifier in the 100, 200 and 500 free events as well as the 100 fly.

KATHLEEN MOYER, Birmingham Seaholm (200 freestyle). It was another fabulous season for Moyer, who capped off her senior year with a first-place performance at the Division 2 state meet with a time of 1:52.61.

The Maple swimmer's coach, Karl Hodgson, said such achievements are no surprise given her excellent work ethic and determination to succeed. "If your meet's on the line, and you're in a pinch and you need a kid to come through in the pressure-packed situation, she's the one," Hodgson said.

ELIZABETH GARLOW, Farmington Hills Mercy (200 individual medley). It was the Marlins' senior co-captain finished seventh at the Division 1 final with a time of 2:09.91 and contributed to third-place finishes in the 200 medley and 200 freestyle relay events.

But coach Downs noted other achievements during her Mercy career, including being named 11 times as an All-American and 12 times as an All-State tanker.

Garlow is "a tremendous competitor with remarkable work ethic and leadership skills, topped off with a 4.0 grade-point-average," her coach said.

LISA HIPPI, Troy (50 freestyle). After struggling in October at the Oakland County meet, Colts' head coach George

O'Brien told the quiet, hard-working junior not to get discouraged. The result was a solid 10th-place finish in the 50 free and 11th place in the 100 free, both at the Division 1 state final, with marks of 24.50 and 53.13, respectively.

"The biggest obstacle was getting her to think, 'I can do this,'" O'Brien said. "She's a very efficient swimmer. She gets real good water, which means all of the stroke matters."

MEGAN MOORE, Rochester Adams (diving). Resiliency and determination are two of her unwavering traits, said her diving coach, Chris Gawronski. It helped the junior rebound to finish 10th at the Division 1 final; she was 16th at the preliminaries.

At the Oakland County meet, she followed a similar pattern of performance. "She's known for bouncing back and really bringing it," said Gawronski, noting that Moore had been ill the week prior to the final.

Moore also won diving in the regional which the coach said is difficult "because there is a lot of pressure and you have the top divers from all over the state."

AMANDA JOHNSON, Bloomfield Hills Lahser (100 butterfly). As a senior, Johnson built upon an outstanding junior season, winning at this Division 2 final in the 100 butterfly for a second straight year, this year with a mark of 1:57.22.

But Johnson also was part of Lahser's 200 medley relay team that placed second at the final with a time of 1:51.03 and she took third place in the 100 backstroke, finishing at 1:00.40.

"Having Amanda as part of my team for the last four years, she's an extremely dedicated and committed, hard-working individual," said Lahser head coach Mike Rado. "I look forward to following her career in swimming as she continues at the University of Michigan."

CAITLIN KELLY, Farmington Hills Mercy (100 freestyle). The senior was a state qualifier in

the 50- and 100-free, 100 fly and 200 individual medley and at the Division 1 final finished fifth in the 100 free and was part of three third-place relay teams.

"We knew the money points were to be had in the relays, so we went with 'Kato the Torpedo' to anchor all three," coach Downs said, referring to the all-time All-American and All-Stater.

Kelly's time of 51.71 in the 100 free set a new Mercy varsity record.

MICHELLE ARISTEO, Cranbrook-Kingswood (500 freestyle). For the second consecutive year, Aristeo captured the 500 free at the Division 2 final - one of her main goals as a senior, said Cranes' head coach Scott Hedges. She achieved that goal with a first-place time of 5:05.74.

Hedges added that Duke University-bound Aristeo also was an important cog in the team's freestyle relays.

"She's a great leader, a great source of motivation for her teammates in many ways," Hedges said. "She's got an incredible work ethic and proved to be very strong-willed throughout that 500 race this year at states."

FARMINGTON HILLS MERCY. Carrie Robie, Caryn Switaj, Garlow, Kelly (200 freestyle relay). This quartet finished at 1:37.72, just four seconds behind the national record pace set by Ann Arbor Pioneer at the Division 1 final (1:33.71).

A leader in team spirit, Robie did not disappoint in the relay lead-off spot, kick-starting the fine effort; the junior also qualified for the 50 free. "Carrie has proven her dependability," said Downs.

Switaj, who is only a freshman, greatly improved her swimming during the season, and used her sprint freestyle skills in both the 200- and 400-freestyle relays (finishing third for All-State and All-American honors in the

process.) Downs said the versatile Switaj's future is very bright.

REBECCA NYQUIST, Cranbrook-Kingswood (100 backstroke). The sophomore was runner-up at the Division 2 final, just missing her goal of breaking one minute. Nyquist swam the event at 1:00.1 in the preliminaries and 1:00.18 in the finals.

"For a girl like Rebecca that's even more motivation to come back, train harder and stronger next year and set those goals even higher," said Hedges, adding that the young swimmer brings a lot of energy and determination to the Cranes.

MEGAN EVO, Birmingham Groves (100 breaststroke). The sophomore won every breaststroke race she was in this season, and capped it off with a victory at the Division 2 final with a time of 1:04.85.

Evo also took second in the 200-yard individual medley (2:06.81) and was a key contributor to the team's second-place finishes in both the 200- and 400-yard freestyle relays. Falcons' head coach Tennyson, meanwhile, said Evo set state records with her marks in the 100 breast and 200 IM preliminaries (2:06.61).

"She's tough, she doesn't want to lose," Tennyson said. "She doesn't worry about how good or how bad her competition is. She just swims her race and wants to win every time she gets in the pool."

FARMINGTON HILLS MERCY. Switaj, Mara Loniewski, Naglick, Kelly (400 freestyle relay). Mercy's relay squad placed third with a time of 3:33.34, trailing Ann Arbor Pioneer and Grand Haven.

Freshman Loniewski did an "outstanding job as the second leg of the 400 free relay," but also did well in other events. Downs said she earned All-State and All-American honors.

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2002 ALL-AREA GIRLS SWIMMING

FIRST TEAM

200 Medley Relay: Farmington Hills Mercy
(Eloise Page, Elizabeth Garlow, Katie Naglick, Caitlin Kelly)
200 Free: Kathleen Moyer Seaholm
200 IM: Elizabeth Garlow Mercy
50 Free: Lisa Hipp Troy
1-Meter Diving: Megan Moore Adams
100 Fly: Amanda Johnson Lahser
100 Free: Caitlin Kelly Mercy
500 Free: Michelle Aristeo Cranbrook
200 Free Relay: Farmington Hills Mercy
(Carrie Robie, Caryn Switaj, Elizabeth Garlow, Caitlin Kelly)
100 Back: Rebecca Nyquist Cranbrook
100 Breast: Megan Evo Groves
400 Free Relay: Farmington Hills Mercy
(Caryn Switaj, Mara Loniewski, Katie Naglick, Caitlin Kelly)

SECOND TEAM

200 Medley Relay: Bloomfield Hills Lahser
(Kirsten McAlister, Allison Kurtz, Amanda Johnson, Allison Lawler)
200 Free: Claire Tyler Stoney Creek
200 IM: Emma Schaefer Cranbrook
50 Free: Emily Lowe Cranbrook
1-Meter Diving: Melody Mitchell Athens
100 Fly: Katie Naglick Mercy
100 Free: Caryn Switaj Mercy
500 Free: Mary Catherine Steiner Adams
200 Free Relay: Birmingham Groves
(Laura Zal, Megan Evo, Nikki Howe, Amy Olesnavich)
100 Back: Carolyn Klein Seaholm
100 Breast: Jessica Hauser Seaholm
400 Free Relay: Birmingham Groves
(Laura Zal, Nikki Howe, Carrie Howe, Megan Evo)

COACH OF THE YEAR

Chris Tennyson Groves

HONORABLE MENTIONS

Adams: Lauren Aouate; Andover: Megan Casaj; Clarkston: Alex Beck, Andrea Forst, Teresa Kuhta, Sara Zerba; Cranbrook-Kingswood: Alana Bergfield, Liz McClure; Farmington: Mallory Annarino, Chrissy Fleck, Katie Fleck, Ayumi Ueda; Groves: Amy DeMallie, Kelsey Grobbel, Krista McComas; Harrison: Beth Leeb, Katie Steff, Jakki Waldecker, Jessi Waldecker; Lahser: Bridget Lebedez; Lake Orion: Lauren LeBrun, Emily Roesch, Kathryn Roesch; Marlan: Nicole Bujold, Tina Deneweth, Christine Henderson, Shannon Meter, Carly Steff; Mercy: Annette Merchant, Kara Small, Jackie Smith; North Farmington: Angela Hanks, Emily Howard, Valencia Smith, Kristen Wolff; Rochester: Kristi Goodrick, Katie Hillard; Seaholm: Caroline Stenback, Kristi Timlin; Troy: Maia Koltus-Gates, Lindsey O'Neil; West Bloomfield: Mai Denawa, Kate Essad.

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