

PHEENEY

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in San Francisco Bay three times, a 30-mile, rim-to-rim trek across the Grand Canyon and a bike race on frozen Lake Huron from Drummond Island to Canada.

His average of 10 triathlons per year has included the Marine Corps, Detroit Free Press and Ironman - on the "granddaddy of triathlons" - on the ocean side of Florida.

The Pheeneys flew to New York to Buenos Aires and eventually to Tierra Del Fuego on the southernmost tip of South America where the weather can be quite severe.

A Russian research vessel will take them on a four-day voyage through the tumultuous Drake Passage to Antarctica. "This isn't like going on a cruise," Pheeny said, adding the

shipboard accommodations were expected to be rather Spartan.

"We've never been seasick but, by bringing preventative seasick patches, we plan to enjoy the spectacular scenery and Russian cuisine like borsch and sour cream."

One of the pre-trip considerations for the Pheeneys was how much and exactly what kinds of clothing to pack.

In Buenos Aires, the Pheeneys will meet up with the other adventurers, and Walt will participate in some warm-weather training runs.

"What impact will that have after months of being cold-weathered? Michlgan training?" he said. "Shedding my lined Gortex running jacket for a singlet will be a treat."

But after a couple days in Argentina, it's back into the cold climate. While in the Drake Passage, the Pheeneys will stay aboard ship except for one night when they accompany the

Russians to an ice flow.

"They've encouraged us to join them," Pheeny said. "We'll need not only warm clothes but waterproof clothes."

"The sun is a concern, too. It may be cold but where the sun is beating down on the snow everything is white. Sunburn is an issue. I had to get special (wrap-around) glasses to wear."

It's summer in Antarctica, so the temperature won't be all that different than what Michlgan has experienced recently - near zero at night and teens to 20s during the day, according to Pheeny. But the wind will be much stronger.

All things considered, Pheeny isn't real concerned about his time in the marathon. Finishing is the main objective, he said.

His best time for his age is 3 hours and 40 minutes. He expects it to be one to 1.5 hours slower than usual.

Other than his sunglasses and layered clothing, the only special

equipment Pheeny will need for the race are trail shoes, which are wider and provide more stability than regular running shoes.

The course will be set up like a Figure 8 and will pass through four permanent outposts belonging to various nations. Unlike the image people might have, it won't be a flat course.

"We'll see the ice and some mountains in the race," Pheeny said, adding Antarctica is 1.5 times the size of the United States. "They have warned us there will be some good climbs."

Water will be available at one outpost, but Pheeny must provide his own nutrition and hydration supplements, otherwise.

"I do have a concern for the chill factor and running difficult due to the strong winds," he said, adding he was afraid his water bottles might freeze.

Another concern, to which all runners can relate, Pheeny said, is the possibility of too

much hydration and what to do if nature calls during the race.

"We've all been in races where a quick trip off to the side behind a tree was necessary," he said.

"But where do you stop when there's nothing but white snow and ice for miles in every direction?"

Aside from a practical issue such as that, Pheeny is confident he has trained well and is prepared for The Last Marathon.

He works out every morning at the Farmington YMCA and alternates his workouts to cover the three disciplines of the triathlon. He usually runs 35 to 40 miles per week, but he also does a lot of swimming and biking.

Pheeny and his wife were equipped with video and still cameras for the trip. In addition to the natural beauty of Antarctica, the Pheeneys expect to see a lot of penguins, seals and whales. "I think the views will be

spectacular," Pheeny said. "There's absolutely no humidity, so you have great views."

"Notwithstanding the considerable embellishment I plan to offer while recounting stories of the adventure, the truth of the trip will be captured by the video and photos we plan on shooting."

The cost of the trip, which was 20 months in the planning and is sponsored by Marathon Tours of Boston, is \$5,000 apiece, which is a good deal "when you divide it by 17 days and figure what all is involved," Pheeny said. "It even includes the race entry fee."

Pheeny said he has been asked many times why he wanted to undertake such an adventure.

"My response is, 'When was the last time you did something for the first time?'" he said.

"I just keep telling myself that one of life's greatest opportunities is to experience a unique challenge undertaken and attempted by only the few"

FALCONS

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Farmington made a run and finally took the lead, 59-58, when Matt Okopyn hit a three-point shot in the last minute.

The Falcons made a decisive stop and inbounded the ball at the 'Drujans' end of the court.

Okopyn was fouled right away and made the first of two free throws. Marcus Holman grabbed the rebound with 3.9 seconds left to secure the win.

"Our guys always maintain their poise and their patience, offensive," Norgrove said. "We had some crucial possessions down the stretch that we executed."

"It's the stuff we practice. They executed those things and closed the game out."

Holman scored 16 points to lead the Falcons, who outscored the Tryptans in the fourth quarter, 17-14. Danny Preston had 13, Georgio Holt 10 and Okopyn nine.

Clawson's leading scorer was Steve Freeman with 14 points (four threes). Doug Koenig, Alex Nason and Brian Kirehner chipped in 10 each.

The Falcons (11-7) were 4-of-9 at the line and the Tryptans 11-of-17. Clawson is 4-7 in the division and 10-8 overall.

"To go into someone else's gym

with a bulls-eye on your back and win is very difficult, and we played through it," Norgrove said. "Our toughness really showed tonight, mentally and physically."

BERKELEY 81, HARRISON 46: Sean Kennedy had 24 points for the host Bears, scoring a game high 31 points Friday.

Kennedy made eight three-point shots - seven in the first half and four in the first quarter, which Berkeley outscored Harrison, 25-9.

Kennedy, who made three of five free throws overall, had 14 points in the opening period.

The rest of the game was pretty even with the Hawks having a 27-28 edge. The Bears led 38-20 at halftime and 48-35 at the end of three quarters.

Van Kesteron added 11 points for Berkeley, 5-7 in the OAA Division III and 8-10 overall. The Bears were 7-of-15 at the line.

Brian Giles scored 13 points for Harrison (11-7, 2-10). Ronnie Simpson and Dan Williams led in eight apiece, and Jackie Thompson added 11 points.

Simpson also had nine rebounds and Ronnie Giles had five assists and five rebounds. The Hawks made 16 of 28 free throws. Harrison was 14 of 41 from the field.

CLARENCEVILLE 15, HARTMANCK 52: Glenn Garant, a 6-foot-7 senior center, scored a game-high 25 points and had 14 rebounds Friday to lead Livonia Clarenceville (15-5) to a first-round Metro Conference playoff victory over the visiting Canons (15).

Clarenceville led 35-10 at halftime and pulled away with a 29-9 third quarter run. Sophomore guard Bruno Shalel chipped in a career-high 25 points, including three triples. Seniors Josh Silverman and Andrew Shaw added 10 each, while senior forward Pete Shaw had eight points and 10 rebounds.

Nick Buckley paced Hartmanck with 13 points.

NORTH

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first of four three-point shots four minutes into the game. North managed to take an 8-7 lead after one period and outscored Kimball in the second, 25-10. The Raiders won going away with a 26-10 advantage in the second half.

White, who scored an career-high 11 points, made two triples in the second quarter. McComb had five of his game-high 18 and Kennedy eight of his 10. Overall, Greg Shumer added seven points and Sean Mackler six.

McComb also had five rebounds and six steals, Darrin Rawls four points and seven rebounds, Kennedy five rebounds and five assists.

Senior center Mike Sheldon scored 10 points for Kimball and junior forward David Villorot six.

The Raiders made seven of 30 free throws - Mackler was 6-of-6 at the line - and the Knights 10 of 17.

Negoshian added Kennedy, a junior with no previous varsity experience, has been a pleasant surprise this season, and sophomores Mackler, Matt Lench and Rawls have played key roles.

"The other kids have fit in where needed," Negoshian said, adding Shumer filled that role Friday. "It didn't matter that he was taking minutes; the other kids were happy for him."

"These kids have been about as low-key about who's playing and putting the team first as any team I've had in 30 years of coaching."

"I think the kids consistently find the person who's hot. Gary is our leading scorer, and he gave the ball up to Marcus, who hit two threes in a row."

"That's indicative of the whole team. Whatever it takes to win, they've been willing to do that."



North sophomore Darrin Rawls looks beyond Kimball's David Villorot to make a play Friday night. The Raiders won the OAA game, 59-33.

WRESTLING

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Rodriguez at 140 or 145 after aggravating an ankle injury against Fordson.

"They started getting momentum with every match and that was tough," said Rodriguez. "We had some injuries and we tried to jumble the lineup in spots to get some stronger matches. It doesn't always work out."

Once the match got to 160 pounds, things slowly shifted back to CC but not enough to make the difference. Brad Bartram, Trevor Stewart and Scott Schwarlose posted decisions at 160, 171 and 189 to pull CC back to 29-13.

Still, Roseville only needed to win any of the remaining four matches to seal the win and Casey McClelland did just that at 215. His 10-3 win over John Morrison gave the Panthers a 32-13 lead to shut CC out.

Heavyweight Pat Clark, 103-pounder Sean Dong and Matt Steintrager at 112 all won by void to account for the final score.

"I think if we started at 10, we would have had the momentum," said Rodriguez. "We're strong in the first three weight classes and that would have given us help. It's hard to beat our 103-, 112- and 119-pounders. But we've got next year to build on that."

The lower weights also gave CC a 12-0 lead against Fordson as Wong won by void. Steintrager always led in a 9-3 win and Kozlarn came back from a 7-1 deficit after two periods to win 13-11 in overtime.

The Tractors rattled off three-straight pins to take an 18-12 lead. But Nate Rodriguez, wrestling on a bad ankle that kept him out of individual districts on Saturday, gamely stopped the streak with an 11-2 win at 145, cutting the lead to 18-17. The Tractors won at 145 to pad the lead to 22-17, but CC - behind Kian O'Donohue, Brad Bartram, Trevor Stewart and Schwarlose - won the next four matches

for a 29-22 lead. Amver Kushnir turned a 12-7 deficit into a surprising pin in 3:14 at 215 and the two teams found themselves in a winner-take-all situation in the final match.

Fordson needed a pin to win the match and there was a pin, all right, but it came from CC's Pat Clark, who set

Mohammed Omar on his back in 1:38 to seal the win.

"After losing last year by two points, it was a nice comeback," said Rodriguez. "Kozlarn got a big win on a wrestler (Ghassan Hamka) who beat him at individual districts last week."

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FARMINGTON PUBLIC SCHOOLS INVITATION TO BID. Farmington Public Schools will accept sealed bids for ROOF RENOVATION AT VARIOUS SITES as described in the specifications at the Lewis Schulman Administration Center, 32500 Shawnee, Farmington, MI 48336. Bids will be publicly opened and read at 1:30 PM, Friday, March 21, 2003 for recommendation to the Board of Education at their next regularly scheduled meeting. No oral, telephone, telegraphic or facsimile proposals will be considered. No proposals will be considered after the time of closing of bids. A bid bond for 6% of the bid amount issued by a carrier licensed by the State of Michigan and with an excellent rating from AM Best Company must accompany your bid proposal. No certified checks accepted. It is strongly suggested that bidders attend a prebid meeting on Monday, March 3, 2003 at 10:00 AM at the front entrance of Farmington High School, 32000 Shawnee. Bid documents may be obtained by calling the Purchasing Department at (248) 489-3244. Any questions should be referred to Mr. Ron Aien at (248) 489-3436 or Mr. Ken Holyoake at (248) 701-1761. Publish February 23 & March 2, 2003.

CITY OF FARMINGTON HILLS 31555 ELEVEN MILE ROAD FARMINGTON HILLS, MI 48338-1165 (248) 474-0115 ADVERTISEMENT. The City of Farmington Hills Purchasing Division will solicit sealed bids during the next thirty (30) days for the following products and/or services: Annual Flowers, Document Imaging. Specifications may be obtained by contacting the Central Services Department. All bids must be submitted in accordance with the bid specifications. The City of Farmington Hills reserves the right to accept or reject any or all bids, either in part or in whole, to waive any formalities and to accept the bid which it believes to be in the best interest of the City. KATHYNA A. DOBMAN City Clerk. Publish February 23, 2003.

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JOINT MEETING CITY OF FARMINGTON CITY OF FARMINGTON HILLS FARMINGTON PUBLIC SCHOOLS (Summary) A joint meeting of the Farmington City Council, Farmington Hills City Council and the Farmington Public School Board was held on Tuesday, February 18, 2003, at the Heritage Park Visitors Center, Farmington Hills, Michigan. Notice of the meeting was posted in compliance with Public Act 207-1076. The meeting was called to order at 6:50 p.m. FARMINGTON COUNCIL MEMBERS PRESENT: Bush, Campbell, Harrison, McShane, Mitchell. FARMINGTON HILLS COUNCIL MEMBERS PRESENT: Bales, Barnett, Brecker, Grant, McRae (arrived 7:10 p.m.). OBSERVER: FARMINGTON CITY REPRESENTATIVES PRESENT: Contrell, Gow, Pastur. FARMINGTON HILLS CITY REPRESENTATIVES PRESENT: Brock, Dorman. FARMINGTON PUBLIC SCHOOL BOARD PRESENT: Brownie, Christian, Toberg, Inch, Reid, Shaw, Webb. FARMINGTON SCHOOL REPRESENTATIVES PRESENT: Masfield, Saravate. OTHERS PRESENT: Bolten, Co-Chairperson of the Multicultural/Multiracial Community Council, Obren, facilitator from Eastern Michigan University. The Cities of Farmington and Farmington Hills and the Farmington School Board met to discuss issues of common concern and participated in a facilitated session on cross jurisdictional collaboration. Meeting adjourned at 9:29 p.m. JAMES K. MITCHELL, Mayor PATSY K. CASTRELL, City Clerk/Treasurer. Publish February 23, 2003.

CITY OF FARMINGTON COUNCIL PROCEEDINGS (Summary) A regular meeting of the Farmington City Council was called to order by Mayor Mitchell at 8:00 p.m. on Monday, February 17, 2003 in Council Chambers, 23600 Liberty Street, Farmington, Michigan. Notice of the meeting was posted in compliance with Public Act 267-1076. PRESENT: Campbell, Harrison, McShane, Mitchell. ABSENT: Bush. OTHERS PRESENT: Clerk/Treasurer: Contrell, Director Gow, Director Gushness, City Manager Pastur, Assistant City Manager Richards, Attorney Schultz. The agenda was approved as submitted. Minutes of the special study session of January 31, 2003, and the special, regular and closed meetings of February 3, 2003 were approved. Minutes of other boards were received and filed. Vincent Pastur was sworn in as City Manager of Farmington. Michael Craps, General Manager, presented the Resource Recovery and Recycling Authority of Southwest Oakland County (RRASOC) annual report. Council granted permission to the Muslim Shrine Temple to solicit funds in the City on June 20, 21 and 22, 2003 to benefit Shriners Hospitals for Children. Council appointed Greg Cowley to the Downtown Development Authority Board for a four-year term ending February, 2007. Council appointed Vincent Pastur to the Brownfield Redevelopment Authority for an unexpired three-year term ending February, 2005. Council accepted the resignation of Robert Heinrich from the Downtown Development Authority Board. Council Comments were heard. The meeting was adjourned at 8:49 p.m. JAMES K. MITCHELL, Mayor PATSY K. CASTRELL, City Clerk/Treasurer. Publish February 23, 2003.