

CLUB
FROM PAGE C1

Aspin revised laws protecting women from combat with "little notice or public understanding of the consequences." He did so because of "feminist demands," she said.

Abolished were the Defense Department's "risk rule," which spared women in support units from assignments close to the front line; and "substantial risk of capture" as a reason to exempt women from involuntary assignments in previously all-male positions.

Evidence that women don't have equal opportunity to survive in fights; are more likely to be abused; and don't have equal opportunity to help fellow soldiers survive was disregarded, she said.

As a result, the three U.S. enlisted women were serving in a transportation unit supporting the 3rd infantry division near the front lines in Iraq.

"One thing we all agree on, they were brave women," she said. "But the question is, can't they serve without being in units with a high risk of capture?"

Surveys show that enlisted women themselves do not want to go into combat on the same basis as men - in fact, only 10 percent do, Donnelly said.

Spec. Shoshana Johnson, a single mother who was later rescued, "wanted to join the Army and learn cooking skills, but instead found herself serving in a very dangerous situation. They are not to blame for the problem."

But feminist politicians say, "We need an opportunity to break the glass ceiling. That's the kind of logic I deal with every day."

Donnelly believes, however, "If there is conflict between career considerations and the needs of the military, needs of the military must come first."

Donnelly mentioned several other reasons she believes that women should not serve in combat.

"There are many psychologists who say the loss of a mother is worse than if a man left them behind."

She also said that statistics show a spike in pregnancies

ABOUT THE CLUB

Over 230 members come from 43 different zip codes. Joan Grindel of Farmington Hills, president, said that "in general, we are like-minded in our political beliefs. We try to promote Republican candidates and do volunteer work. We educate our membership on current issues and bring in speakers who can speak to those issues."

Luncheons and dinners, all with speakers, are held February to May. The speaker for September is undetermined.

Conservative leader Phyllis Schlafly will speak Oct. 14. She is president of Eagle Forum, a national volunteer policy making organization.

For more information on BRWC, call Jean Fritz at (248) 647-1921, or Joan Grindel at (248) 661-1928.

before a military deployment, so the woman can say behind. "Men resent it," she said.

Donnelly also criticized the "military welfare system," which draws young single mothers. Benefits include "kiddy hotels" with round the clock care. "We need to support them, but we do not need to have 24/7 child care as an option."

President George Bush said he would leave it to his generals as to whether to revisit Clinton era policies, she said. But, "The problem is that generals respond to the president's leadership."

She urged signing of a petition to the president that asks to restore the risk rules, and review other Clinton era gender policies.

Doing so, to Donnelly, would make sense - especially as a Republican. As she said while telling why she became a Republican, "I would say most of our principles are based on common sense and good morality."

To look up the CMR Web site: emrlink.org

OTHER REASONS, TOO

Donnelly mentioned several other reasons she believes that women should not serve in combat.

"There are many psychologists who say the loss of a mother is worse than if a man left them behind."

She also said that statistics show a spike in pregnancies

Shame and anxiety are sometimes related

It may seem odd to think of shame and anxiety as related, but as I have pointed out in a previous article about anger a person who feels ashamed opens himself or herself up to other potential problems. Let me explain how this works with anxiety.



Dr. Paul Melrose

My friend Richard Pfeiffer, whose workbooks I use in my classes on anger, anxiety and assertiveness, talks about anxiety. He calls a panic attack a "sudden intense surge of anxiety that seems to be coming out of the blue, involving symptoms from heart palpitations to trembling to fears of imminent danger to losing complete control."

When anxiety occurs, you try to avoid it and by so doing may start to avoid people, places, events or patterns of behavior. Anxiety ranges from mild to severe. Two secondary problems along with it are dependency and depression. You can become dependent on someone or something to help you with the anxiety, to the point of

becoming overly dependent. You can become depressed about the hopelessness of not being able to handle the anxiety.

Don't feel alone. Anxiety affects about 5 percent of the American population. Some of the common contributors to anxiety might include overly critical parents, and/or excessively high standards of behavior; a history of emotional insecurity and dependency; cumulative stress. These are not contributors to anxiety and include a host of other emotional, relational or physical stress points. So where does shame fit in to all of this?

Shame contributes to anxiety because of the sense that you are not a good person. This creates anxiety in any of the forms listed above. This feeling manifests itself in some of the ways also mentioned above. Depending on how ashamed one feels can give some clues as to how anxious one might feel. The defenses against shame, such as denial and withdrawal, lead people to disconnect with their environment and those whom they love. When one is isolated a personal loss, however its size, takes on greater weight. A life change can be harder to handle, both because there is a thought that it should not have happened and also how well will I handle it.

This is part of the goal of the course which I teach. You can learn to distinguish different forms of panic and what their consequences could be. You can learn to retreat when appropriate. You can learn diversion techniques. You can accept that you, like everyone, feel some sense of shame and that that is normal. You can seek support from a person or persons to help you deal and cope with your anxiety. In more difficult anxious moments, you may need the assistance of a professional therapist and/or appropriate medication.

Working with anxiety deals not only with coping with it. It also means helping to heal the shame that is within you. Do this with someone who can help.

Challenge the shame. Set positive goals based on humanity, humility, autonomy and competence. These and many other strategies help you to reduce your level of shame and to manage your anxiety more effectively.

Challenge the shame. Set positive goals based on humanity, humility, autonomy and competence. These and many other strategies help you to reduce your level of shame and to manage your anxiety more effectively.

Dr. Paul Melrose is director of Clinical Services at the Samaritan Counseling Center of St. William. He can be reached through paul.melrose.com or at (248) 474-4701.

OCC employees will have access to child care

BY PAUL R. PAGE
STAFF WRITER

at Orchard Ridge last year. In an effort to cut costs at the colleges, the chancellor's council proposed leaving employees out of the child care program, said OCC spokesman George Cartsonis.

An employee who asked not to be identified because she feared retribution said the program is important for people who work at the college.

"It's a slap against women," she said. "...It's silly, the resources are there... (They) don't have to start attacking those types of services."

A signature petition was sent around the Orchard Ridge campus to squelch the proposal.

At Monday's board of trustees meeting, Cartsonis said members chose to leave

the service unchanged, but also asked administration to perform a cost-analysis study of the program. No date was set for the report's completion.

Cartsonis said the child care service was never officially intended for employees, but that over time, employees' children were accepted and employees were charged the same fee as students.

LEGEND

FROM PAGE A1

lessen the drudgery and increase productivity. By 1956, much of the 90-foot profile had been blasted and rough-cut, with removal of thousands of tons of granite debris. In the next 10 years, a total of 2,800,000 tons of the

mountain had been hauled away, not yet revealing recognizable features. Korczak had a massive heart attack, in 1970, but continued his excavating mission, further aggravating his arthritis and diabetes. Realizing the precarious state of his health, Korczak built a tomb a few hundred yards from the base of the Crazy Horse monument, where

he would eventually be buried. To give you an idea of the magnitude of the project, a total volume of 7,400,000 tons of the granite mountain were removed by 1982. In October of that same year, Korczak suddenly died, at 74 years of age.

For the legacy to live on, Ruth, wife of Korczak, and their 10 children vowed to remain allegiant and steadfast toward their monumental goal. Facial features began to emerge in 1991 and seven years later, the face of Crazy Horse was finalized. The completed sculpture will show Crazy Horse with outstretched arm, astride his magnificent horse.

Korczak's widow, sons, daughters, grandchildren and extended family are making steady progress on his project,

as well as receiving philanthropic artifacts and works of art for the Crazy Horse Museum. There is also an Orientation and Communications Center under way that is planned for cultural use and the Crazy Horse Research Library.

Like the illustrious Crazy Horse, Korczak was a man of great dreams, devoting his life to a benevolent cause and never took a salary for his work on the monument.

No government tax money has been used for the nonprofit project; instead, the public is funding it through modest admission fees and endowments.

Ellen Herscher is a regular contributor to the Farmington Observer.

**CITY OF FARMINGTON
Special Meeting
(Summary)**

A Special Meeting of the Farmington City Council was held on Monday, June 16, 2003 in Council Chambers, 23600 Liberty Street, Farmington, Michigan. Notice of the meeting was posted in compliance with Public Act 267-1976.

The session was called to order at 6:15 p.m. by Mayor Mitchell.

COUNCIL MEMBERS PRESENT: Bush, Campbell, Harrison, McShane, Mitchell.

COUNCIL MEMBERS ABSENT: None.

CITY REPRESENTATIVES PRESENT: Clerk/Treasurer Cantrell, City Manager Pastus.

Council met and approved entering into a closed session for the purpose of discussing ongoing litigation regarding "Great Northern Insurance Company/Innovative v. City of Farmington."

**JAMES K. MITCHELL, Mayor
PATSY K. CANTRELL, City Clerk/Treasurer**

Publish: June 22, 2003

**CITY OF FARMINGTON HILLS
SUMMARY OF PROCEEDINGS
CITY COUNCIL REGULAR MEETING
JUNE 16, 2003**

The meeting was called to order by Mayor Bates at 7:30 p.m.

Council Present: Bates, Barnett, Brickner, Ellis, McTee and Oliverio.

Council Absent: Grant.

Others Present: City Manager Brock, City Clerk Dornan, Assistant City Manager Whinnery, Directors Blawie, Boye, Coutsman, Lasky and Ruff, Fire Chief Marinucci and City Attorney Joppich.

CITY COUNCIL TOOK THE FOLLOWING ACTIONS:

- Presented proclamation honoring:
 - 80th Birthday of Joy Briggs, Farmington Hills Historical Commission member.
 - Dave Welch as Court Administrator of the Year by Michigan Court Administrators Association.
- Recognized:
 - Ms. Farmington/Oakland County Kelly Zander and received update on Parent activities.
 - Jeri Fellwack, 2003 Artist in Residence and presentation of painting to the City.
 - Sam's Club donation to the City on behalf of Fire Inspector Paul Cusack.
- Received update on City Hall telephone system conversion.

APPROVED:

- FY 2003/04 City Budgets and established Property Tax Rate.
- Appointments to the Commission for Children, Youth and Families and Housing Rehabilitation Loan Board.
- Purchase of ten reworked properties from Oakland County.
- Special Event Permits for:
 - Parks & Recreation Department 4K Run on October 12, 2003.
 - City's Annual Fireworks Display on July 1, 2003.
 - Franklin Hills Country Club Fireworks Display on July 6, 2003.
- City Council Regular and Study Session meeting minutes of May 12, Regular meeting minutes of May 19, 2003 and Budget study session meeting minutes of May 5, 27 and 28, 2003.
- Entering into Executive Session meeting immediately following the regular meeting to discuss pending litigation.

AWARDED BIDS/CONTRACTS FOR:

- Yard waste/compost bags to KPE/IDJ, Inc. in the amount of \$33,728.
- Rock salt to Morton Salt, Inc. in the amount of \$28.65 per ton and to Detroit Salt Co., LLC in the amount of \$30.48 per ton.

**NANCY BATES, Mayor
KATHRYN A. DORNAN, City Clerk**

Publish: June 22, 2003

**CITY OF FARMINGTON
COUNCIL PROCEEDINGS
JUNE 16, 2003
(SUMMARY)**

A regular meeting of the Farmington City Council was held on Monday, June 16, 2003 at 8:00 p.m. in Council Chambers, 23600 Liberty Street, Farmington, Michigan. Notice of the meeting was posted in compliance with Public Act 267-1976.

PRESENT: Bush, Campbell, Harrison, McShane, Mitchell.

ABSENT: None.

OTHERS PRESENT: Clerk/Treasurer Cantrell, Director Goss, Director Gushman, City Manager Pastus.

The Pledge of Allegiance was led by Junior Girl Scout Troop #2048.

Agenda was approved as submitted.

Minutes were approved and/or received and filed.

Council recognized Junior Girl Scout Troop #2048 from Our Lady of Sorrows School for their achievement of the Bronze Award.

Public Safety Director Goss discussed the nation-wide seat belt compliance program called "Click It or Ticket," and advised Council of a local program, "Click It or Ticket" supported by Colonial Car Wash owners, Mark and Holly Owen, to recognize motorists who "buckle up."

Council recognized and supported the "Positive Peer Influence" event, part of a program promoted by the Farmington/Farmington Hills Call to Action Coalition, during the third quarter of 2003.

Council proclaimed February 4, 2004 as "Family Night", a community-wide event sponsored by Commission on Children, Youth & Families, to promote family time together.

The contestants for 2003 Miss Farmington/Oakland County were introduced.

Brent Morgan, Director of the Downtown Development Authority, provided a quarterly update.

Council appointed Wendy Munson to the Commission on Children, Youth and Families for an unsupervised term ending December 2004.

Council made the following three-year term appointments: Dan Ludwig and Steve Scheemann to the Board of Zoning Appeals; Jon Weining, Jeffrey Edwards and Terri Moroney to the Planning Commission; William Galvin to the Commission on Aging; Lowell Buleau to the Farmington Area Arts Commission; Gerald Wasen to the Farmington Employees Retirement System; and Kenneth Chiara and Duane Reynolds to the Traffic and Safety Board.

Council accepted the resignation of Steven Scheemann from the Commission on the Environment.

Council approved a special events application and temporary sign request from Salem United Church of Christ for a banner and for live music in their parking lot on July 18 and 19, 2003.

Council approved an amendment to the City Fee Schedule adjusting water and sewer rates, recycling fees and Civic Theatre admission fees.

Council approved payment of Construction Estimate No. 1 to Thompson-McCully Company for the 2003 paving program.

Council awarded the bid for the Farmington Road Project to the low bidder, Peter A. Basile & Sons.

Council introduced proposed Building Department fee increases.

Council approved an interlocal agreement with Oakland County for the use of emergency vehicles.

Council comments were heard.

Council adopted a resolution to approve Budget Amendment No. 4, awarding appropriations for various General Operating Fund functions.

**JAMES K. MITCHELL, Mayor
PATSY K. CANTRELL, City Clerk/Treasurer**

Publish: June 22, 2003

**CITY OF FARMINGTON HILLS
31555 ELEVEN MILE ROAD
FARMINGTON HILLS, MI 48336-1165
(248) 474-6115**

ADVERTISEMENT

The City of Farmington Hills Purchasing Division will solicit sealed bids during the next thirty (30) days for the following products and/or services:

- Sign Blankets
- Sign Pedestals

Specifications may be obtained by contacting the Central Services Department. All bids must be submitted in accordance with the bid specifications.

The City of Farmington Hills reserves the right to accept or reject any or all bids, either in part or in whole, to waive any informality and to accept the bid which it believes to be in the best interest of the City.

**KATHRYN A. DORNAN
City Clerk**

Publish: June 22, 2003

**CITY OF FARMINGTON
SPECIAL COUNCIL MEETING WITH
THE COMMISSION ON THE
ENVIRONMENT
JUNE 16, 2003
(SUMMARY)**

A special meeting of the Farmington City Council with the Commission on the Environment was held on Monday, June 16, 2003, in Council Chambers, 23600 Liberty Street, Farmington, Michigan. Notice of the meeting was posted in compliance with Public Act 267-1976.

The meeting was called to order at 7:00 p.m.

COUNCIL MEMBERS PRESENT: Bush, Campbell, Harrison, McShane, Mitchell.

COUNCIL MEMBERS ABSENT: None.

FARMINGTON CITY REPRESENTATIVES PRESENT: City Clerk/Treasurer Cantrell, Director Gushman, City Manager Pastus.

FARMINGTON AREA ARTS COMMISSION MEMBERS PRESENT: Carleigh Flaherty, Carol Hyska, Shelley Raymond, Gretchen Perkins.

Council met with members of the Commission on the Environment to discuss the direction of the Commission; and changes to the Awards, Remembrance Tree and L.R.R.D. programs.

**JAMES K. MITCHELL, Mayor
PATSY K. CANTRELL, City Clerk/Treasurer**

Publish: June 22, 2003