

# Try New Turkey Day Vegetables

By ELLY

With Thanksgiving dinner in mind, considerable time was spent this weekend leafing through cookbooks in search of some new vegetable dishes. Maybe this is the year to get out of the rut of baked squash, green beans with French fried onion rings, and cauliflower with mushroom sauce and cheese.

The vegetables play a secondary but sustaining role to turkey and all the "trimmings" in a holiday meal. They add color and if several choices are offered, everyone should find at least one that he likes.

## SWEET AND SOUR BRUSSELS SPROUTS

- 1 pkg. frozen Brussels sprouts, cooked
- 2 T. cooking oil
- ¼ c. Vinegar
- 1 T. sugar
- ¼ t. salt
- ¼ t. pepper
- 2 T. grated Parmesan cheese

Arrange sprouts in bottom of shallow buttered casserole. Combine oil, vinegar, sugar, salt and pepper; blend. Pour over sprouts and sprinkle with cheese. Cover and bake in a preheated 350-degree oven for 15 minutes.

## CAULIFLOWER AMANDINE

- 1 cauliflower
- ½ c. sliced blanched almonds
- 3 T. butter
- Salt
- Pepper

Place cauliflower head in bowl of cold, salted water and soak for 10 minutes. Rinse again. Break into flowerets. Steam or boil until tender. Sauté almonds in melted butter. Season with salt and pepper to taste. Spoon over the cooked flowerets.

## CHEESE GLAZED CARROTS

- 6 large carrots
  - Salt
  - ¼ c. honey
  - 1 c. shredded American cheese
- Scrub carrots and cut into halves crosswise. Cook in a little boiling salted water until tender, about 15 minutes. Drain. Dip each carrot half in honey. Place in a baking dish; sprinkle with cheese. Bake in a preheated 400-degree oven for 10 minutes or broil until cheese melts.

## CARROTS AND ASPARAGUS

- 2 c. sliced carrots
  - 1 pkg. (10 ounces) frozen cut asparagus
  - Salt and pepper to taste
  - 2 T. melted butter
  - 1 T. chopped parsley
- Cook the carrots until almost tender. Add the frozen asparagus; season with salt and pepper and cook until tender. Drain. Pour melted butter over vegetables and sprinkle with parsley.

## BEANS AU GRATIN

- 1 pkg. frozen green beans (9 ounces)
- 1 pkg. frozen wax beans
- 1 pkg. frozen lima beans
- ¼ c. butter or margarine
- 2 T. all-purpose flour
- 1 t. salt
- Pepper
- Dash of Worcestershire sauce
- 1 c. medium cream
- ½ c. grated Parmesan cheese

Cook beans separately according to package directions. Drain. Mix lightly and place in a shallow baking dish. Melt two tablespoons butter; stir in flour, salt, pepper and Worcestershire sauce. Gradually stir in cream and cook over a low heat, stirring constantly until thickened. Pour over beans. Dot with remaining butter and sprinkle with cheese. Bake in preheated 375-degree oven until hot and browned.

## ESCALLOPED CORN

- 1 can cream-style corn
  - 2 eggs, beaten
  - ¼ c. milk
  - Salt and pepper to taste
  - 1 T. chopped green pepper
  - 1 T. sugar
  - 1 c. cracker crumbs
  - ¼ c. melted butter
- Add milk, sugar, salt and pepper to the beaten eggs. Add green pepper and corn. Pour this mixture into a buttered casserole. Toss cracker crumbs in the melted butter and sprinkle on the corn mixture. Bake in a 350-degree oven for 30 minutes.



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