

The Lemon, Summer's Top Cooler

By ELLY
Lemon is one of the most popular summertime taste refreshers, whether it be as lemonade, a sherbet or as a refreshing cool dessert pie. Bottled lemon juice captures the natural flavor of this sunshine fruit and gives a fresh lively flavor.

LEMON BREEZE
1 c. packaged cornflake crumbs
1/3 c. melted margarine or butter
1/2 t. unflavored gelatin
1/2 c. bottled lemon juice
2 eggs, separated
3 T. sugar
1 1/4-cup can (1-1/3 c.) sweetened condensed milk
Measure packaged cornflake crumbs and margarine into nine-inch pie pan. Mix until thoroughly combined. Reserve two measuring-tablespoons of crumbs mixture for topping; press remainder firmly and evenly around sides and in bottom of pie pan to form crust. Chill. In small saucepan combine bottled lemon juice and gelatin. Place over low heat and stir constantly until gelatin is dissolved; cool. In mixer bowl beat egg whites until foamy; continue beating, adding sugar gradually. Beat until stiff and glossy. Set aside. Beat egg yolks in mixer bowl until thick and lemon colored. Stir in sweetened condensed milk and gelatin mixture; gently fold in egg white mixture. Spread evenly in crumbs crust; sprinkle top with reserved crumbs mixture. Refrigerate two hours or until firm. Cut into wedges to serve. Yield: Eight servings.

NECTARINE FLIP-TOP CAKE
2 T. melted butter or margarine
3 T. sugar
1/2 t. grated lemon rind
1 T. lemon juice
1/2 t. cinnamon
2 c. sliced fresh nectarines
1 loaf-sized pkg. white or yellow cake mix *
Whipped cream
Melt butter in bottom of nine inch round glass baking dish. Sprinkle sugar, lemon rind and juice and cinnamon over butter; arrange nectarine slices on top of sugar mixture. Prepare cake mix according to package directions, pour over fruit. Bake in 350 degree (moderate) oven 35 to 40 minutes. Cool on wire rack for five minutes, then run knife around edge and invert on serving plate. Serve with whipped cream, if desired. Makes one (nine inch) cake.

Or one regular-size package white cake mix. Pour half of batter over fruit; bake remainder as cupcakes or as plain layer.

PALAIS PEARS
3 egg whites (at room temperature)
1/2 t. vinegar
Salt
1 c. sugar
1 t. vanilla
2 fresh California Bartlett pears
Lemon juice
1 envelope plain gelatin
3/4 c. water
1 can (5-1/2 oz.) fudge topping
1/8 t. cinnamon
1/2 c. whipping cream
2 maraschino cherries, cut into wedges
Beat egg whites with vinegar and dash salt until foamy; gradually add sugar and continue beating until stiff peaks form (about 15 minutes). Beat 1/2 teaspoon vanilla. Place meringue in pastry bag and pipe onto greased and floured cookie sheet to form 11x7-inch rectangle; build up edges about two inches high. Bake in 275 degree (very slow) oven one hour. Turn off heat; let meringue cool in oven with door open. Halve and core pears. Dice one pear; slice remaining pear crosswise. Coat with lemon juice. Combine gelatin and water in saucepan; heat gently, stirring, until gelatin is dissolved. Blend fudge topping, 1/3 teaspoon salt, cinnamon and remaining vanilla into gelatin mixture. Chill until mixture begins to mound. Meanwhile, whip cream stiff; fold onto chocolate mixture with diced pear. Heap into meringue shell. Arrange sliced pear in two rows on top; dot cherries in row down center. Makes six to eight servings.



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