Pumpkin **Should Not** Be Limited

By ELLY
Consider the pumpkin.
For one night of the year it omes into its own – a smiling r a sad-faced jack-o-lantern.

or a sad-faced jack-o-lantern. It plays its one-night stand then gets tossed out on its candle-blackened noggin. If you have steamed and strained pumpkin to make your own pie filling you may have decided it was not worth the time and effort. It is much the company of the property of th

have decided it was not worth the time and effort. It is much casier just to open a can and it is not expensive. But the pumpkin should not be limited to a Thanksguing pit. It can be baked or pickled. Pumpkin soup. cookies, pudding and jam are other bonuses of this versatile member of the melon family.

1. pumpkin pip filling 2 eggs. well beaten 1. per pip filling 2 eggs. well beaten 3 large crackers 2 T. brown sugar Butter a small casserole. Mix all the ingredients in the casserole, except the crackers and the two tablespons of brown sugar. Beat until the mixture is creamy and gets poler in color. Roll the crackers into fine crumbs, add the brown sugar and sprinkle bower the padding. Dot with the cast of the pip filling. So the color of the pip filling. So the pip filling filling. So the pip filling filling. So the pip filling filling filling. So the pip filling a 350-degree oven. Reduce heat to 325 degrees and bake

20 to 30 minutes longer. BAKED PUMPKIN BAKED PUMPKIN

1 medium pumpkin

3 c. milk or light cream

1 c. maple syrup or honey

1 c. tonnamon

1 c. nutmeg

1 t. cinnamon

1 c. nutmeg

1 t. ground cloves

1 c. c. butter

1.1. ground cloves
1.c. butter
1.c. molasses
Cut the stem end and scoop
out the seeds and loose libers.
Pour in the milk or cream,
maple syrup or honey, ginger.
cinnamon, numeg and cloves.
Put the lid back on and hold in
place with a wooden toothpick.
Set the pumpkin on a baking
sheet and bake for five or six
hours in a 300-degree oven.
Check after four hours to see if
it is getting soft. When done,
take off the top and pour in the
butter and molasses. To serve,
scoop pumpkin from shell and

butter and molasses. To serve, scoop pumpkin from shell and stir it with the butter and molasses. Any left over can be scooped from the shell and refrigerated. It can be re-warmed.

rmed.
PICKLED PUMPKIN

warmed.
PICKLED PUMPKIN
56 lb. pumpkin, pared
1 pl. cider vinegar
3 lb. sugar
1 t. whole cloves
1 T. cinnamon stick, broken
2 pieces crystallized ginger
Cut the pumpkin into oneinch cubes. Bring the vinegar
and sugar to a boil and simmer until the sugar is
dissolved. Place the cloves,
ginger and cinnamon in a bag.
Add to the syrup and boil for
five minutes. Add the pumpkin and bring the mixture to a
fast, rolling boil. Boil over low
heat for 25 minutes, stirring
often. Remove the spice bag
and put the pumpkin
sterrilized jars. Pour the
vice production of the property over
yellost five to six pints.
PUMPKIN COOKIES
11; c. strained or canned
pumpkin, browned
2 e. ggs
1 t. vanilla

2 eggs 1 t. vanilla 2 2 c. flour 4 t. baking powder

1. salt 1. t. cinnamon

*, i. cinnamon
*, i. mannon
*, i. mutas, chopped
to ratism
Cream together the sugar
and the lard, Add the vanilla
and the eggs and best until
creamy and light. Add the
pumpkin and blend in
thoroughly. Sitt together the
flour, bakint powder and
spices and add to the creamed
mixture. Sitr in the muts and
ratisms. Drop by teaspoonful
on a greased baking sheet.
Bake in a 373-degree oven
until lightly bowned, about 15
minutes. These freeze very
well.

PUMPKIN SOUP PUMPKIN SOUP
2 lbs pumpkin, diced
and peeled
23 T. butter
1, t. nutmeg
1 c. water
1 c. milk
1 2 c. cream
1 2 c. croutons

Peel and dice the pumpkin.
Melt the butter and add the pumpkin and nutmeg. Cover and simmer over low heat for 20 minutes. Add water and milk. Continue cooking for 10

minutes. Force through a sieve. Add the cream and the croutons. Season to taste.



Extra VALUE STAMPS TOP

FEDERAL FOOD STAMPS U.S. GOV'T. INSPECTED FRESH

Plump Whole SERVE N SAVE Skinless Wieners..... 3 PKGS \$1.69 MARHOFFER BONELESS Fryers Canned Ham 8 CAN \$6.69 PESCHKE'S HICKORY SMOKED WHOLE OR HALF BRED & FED TO BE PLUMP & MEATY WHOLE YOUNG & TENDER

U.S. GOV'T. GRADED CHOICE Boneless **Boston Roll** Roast

Fun Franks Smoked Sausage \$1.19 U.S. GOV'T. GRADED CHOICE

Mixed Fryer

Z III. Z

Hamburger.....10 LBS \$5.98 Pork Roast.....49¢ U.S. GOV'T. GRADED CHOICE Chuck Steak.....

VALUABLE COUPON 100 EXTR

Pork Chop Sale!

% LOIN SLICED INTO

Pork Chops

Pork Chops LS. GOV'T. GRADED CHOICE

Stamps PLEASE PRESENT THIS TO CASHIER TO CHECK OFF ITEMS!

GROCERY

50 SCOTT'S LIQUID GOLD

100 PANTY HOSE

25 SALAD DRESSING

25 BAKING NUTS

25 CHOCOLATE CANDIES

25 SPRAY STARCH

50 GRAHAM CRACKERS

50 FROZEN VEGETABLES

50 KROGER ICE CREAM

25 COTTAGE CHEESE

25 SWISS CHEESE

MEAT

50 LUNCHMEATS

50 CENTER CUT HAM SLICES

25 SMOKED PORK CHOPS

25 CHIVE CHIP DIP

100 TURKEY

25 FRESHORE SEAFOOD

25 OR SAUSAGE LINKS

Ground Round or GROUND CHUCK

50 PRUNE PLUMS

PRODUCE 25 HOLLAND BULBS

PESCHKE'S FULLY COOKED WHOLE

Semi-Boneless Ham.....

ū

 \Box

°°'

SPECIAL LABEL MILD LIQUID DETERGENT ivory

COFFEE 19 SE

CHOICE OF GRINDS Kroger Coffee

SPECIAL LABEL

King Size Tide

VONDALE CRUSHED, CHUNK OR Sliced Pineapple 4 M-LB \$1 KROGER WIDE, MEDIUM OR EXTRA WIDE

Egg Noodles......BAG 29¢

ASSORTED FLAVORS KROGER

Cake Mixes....

VALUABLE COUPON Free 18¢ VALUE 14-OZ CAN Comet Cleanser WITH PURCHASE OF 15-OZ
HOME PRIDE WINDOW CLEANER
Non., Sept. 20 thru Sun., Sept. 26 at Kroger
in Wayne, Naccomb, Oaklond, Washenow, Livis
ingsten & St. Cleir Counties. Subject 10 applicable states & local states row. Limit one

COUPON. ASSORTED FLAVORS COUNTRY CLUB Ice Cream

KROGER 2% HI-NU

Lowfat

SWIFT'S

Bread

SUN GOLD SLICED

White

ASSORTED COLORS GALA

Sunrise Fresh Fruits & Vegetables!



24 SIZE ICEBERG **Head Lettuce**

GOLDEN RIPE Bananas 2 LBS 29¢ CALIFORNIA THOMPSON

Michigan 20-LB Seedless Grapes.....3 LBS 99¢ Potatoes....

> VALUABLE COUPON THIS COUPON WORTH \$1.00 TOWARD THE PURCHASE OF Round Cake Pan

| EVER-CLAD 12.59 Price | EVER-CLAD 15.59 Price | TEFLON 11.00 Coupon Value | TEFLON 11.00 Coupon Value | TEFLON 11.00 Coupon Value | 1.00 Coupon

VALUABLE COUPON THIS COUPON WORTH \$1,00 TOWARD THE PURCHASE OF

12-91 Covered Sauce Pan

AMERICAN FLAIR
TABLEWARE
Thru Sun., Sept.,26, 1971 at-Thru Sun., Sept., 20, 19'1 ot . Kroger Det. & Ecst. Mich.