

**Fondue Pot Turns Out Desserts**

By ELLY

Your fondue pot doesn't have to sit idle seven months of the year waiting for cold weather or an after skiing party.

A hot fondue pot, surrounded by appetizing dunkables makes a perfect dessert any season of the year.

**FRESH LEMON FONDUE**

1 c. sugar  
1/2 c. cornstarch  
1/4 t. salt  
4 c. water  
2 T. grated lemon rind  
1/2 c. lemon juice  
8 T. butter

Combine sugar, cornstarch and salt in fondue pot. Gradually mix in water. Set heat control at a high setting. Stir constantly until mixture thickens and reaches a boil, about five to six minutes. Heat one more minute. Reduce heat to a low setting. Add the lemon rind, lemon juice and the butter and stir until well blended. To serve, spear cubes of gingerbread, brownies, fruit cake or small meringues on fondue fork and dip into fondue. Serves 10 to 12.

**MOCHA CHEESE FONDUE**

1 1/2 c. freshly brewed full strength coffee  
1 8-ounce pkg. cream cheese, softened  
1/4 c. flour  
1/3 c. brown sugar  
1 1/2 c. (6 oz.) grated Swiss cheese  
1 t. cinnamon  
1/4 c. chopped nuts

Set heat control at cheese setting. Pour hot coffee into fondue pot. Blend cream cheese with flour and sugar. Add to coffee. Heat and stir until smooth and creamy, about five minutes. Add Swiss cheese, one quarter cup at a time, and stir until melted, about 15 minutes. Add cinnamon and nuts. Stir gently. Reduce heat control to dessert setting. For serving, spear cubes of angel food cake or pound cake, dried fruits or fresh fruit tidbits with a fondue fork.

NOTE: Temperatures in these recipes were for an electric fondue pot with controls. A regular fondue pot may be used, but watch your burner.

**HOMEMADE bread used for dunking in either a cheese or a dessert fondue will make a hit with your family and guests.**

**NORWEGIAN FRUIT BREAD**

1 compressed yeast cake  
3 T. lukewarm water  
2 c. milk  
1/2 c. butter  
2 T. sugar  
1 1/2 t. salt  
2 c. all-purpose flour  
3 eggs  
1 c. raisins  
1 c. currants  
1 c. citron, cut up  
1/2 t. ground cardamom seeds  
1/2 c. all purpose flour

Soften yeast in warm water. Scald milk and pour over the butter, sugar and salt. When lukewarm, add the yeast and the two cups of flour. Beat thoroughly. Add rest of the ingredients and stir until well mixed. Beat until smooth and elastic. Brush with melted butter, cover and let rise until light, about 1 1/4 hours. Beat well and fill buttered bread pans 2/3 full. Brush with melted butter. Cover and let rise until light, about 45 minutes. Brush lightly with milk and sprinkle with sugar. Bake in a 375-degree oven. Bake small loaves 45 minutes, larger loaves 50 to 60 minutes.



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U.S. GOV'T. GRADED CHOICE  
**Chuck Roast**  
**57¢**  
LB  
CENTER CUT



**Bonus**  
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**Fun Franks** ..... LB **88¢**  
ECKRICH  
**Smoked Sausage** ..... LB **\$1.19**

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**Smoked Ham**  
**39¢**  
LB

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**West Virginia Ham** ..... LB **88¢**

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With this coupon and \$5.00 purchase or more  
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**Fruits & Vegetables**

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**Walnut Meats**  
**99¢**  
1-LB PKG  
U.S. NO. 1 MICHIGAN  
**Yellow Onions** ..... LB **349¢**  
JUMBO 56 SIZE  
**Sunkist Oranges** ..... EA **10¢**

U.S. NO. 1  
**Red Potatoes** ..... 20 LB **99¢**

**SAVE 28¢**  
With this coupon and \$5.00 purchase or more  
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ECKRICH  
**Smorgas Pak** ..... LB **\$1.19**  
ECKRICH BEEF  
**Smorgas Pak** ..... LB **\$1.09**

QUICK KRISP THICK OR THIN  
**Sliced Bacon**  
**2 99¢**  
LB PKG

U.S. GOV'T. GRADED CHOICE BONELESS  
**Boston Roll Roast** ..... LB **98¢**

**Dollar Days Sale!**

LIBBY YELLOW CLING HALVES OR  
**Sliced Peaches**  
**4 1**  
1-LB 13-OZ CANS LIMIT 4 CANS

AVONDALE  
**Purple Plums**... 4 1-LB 13-OZ CANS \$1  
CHUNKS, CRUSHED OR TIDBITS  
**Dole Pineapple**... 4 1 1/2-LB 13-OZ WT CANS \$1  
LIBBY FRENCH STYLE OR CUT  
**Green Beans**..... 5 1-LB CANS \$1

LIBBY WHOLE KERNEL OR  
**Cream Corn**  
**6 1**  
1-LB CANS

SUN GOLD SLICED  
**White Bread**  
**22¢**  
1 1/2-LB LOAF

**VALUABLE COUPON**  
THIS COUPON WORTH \$1.00 TOWARD THE PURCHASE OF  
**Round Cake Pan**  
EVER-CLAD \$2.59 Price  
TEFLON \$1.00 Coupon Value  
You Pay \$1.59 With Coupon Limit One  
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**Surf & Turf**  
U.S. GOV'T. GRADED CHOICE  
**Delmonico Steaks** ..... **2 29** LB  
LIVE FRESH  
**Maine Lobsters** ..... **2 69** LB  
LIVE LOBSTERS AVAILABLE AT YOUR KROGER STORE FRIDAY, OCTOBER 1st.

1/2 PORK LOIN SLICED INTO  
**Pork Chops** ..... LB **69¢**

**Tomato Juice**  
**4 1**  
1-QT 14-OZ CANS

PENN. DUTCH STEMS & PIECES  
**Mushrooms**..... 4 4-OZ WT CANS \$1  
ASSORTED VARIETIES  
**Campbell's Soup**.. 6 10 1/2-OZ WT CANS \$1  
MORTON FROZEN 3 VARIETIES  
**Fruit Pies**..... 4 1 1/2-LB PKGS \$1

LIBBY TOMATO  
**Catsup**  
**4 1**  
1 1/4-LB BTLs

KROGER 2 1/2 HI-NU  
**Lowfat Milk**  
**89¢**  
1/2-GAL CTN

**VALUABLE COUPON**  
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**1200**  
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PLEASE PRESENT THIS STRIP TO CASHIER TO CHECK OFF ITEMS

- | T.V. STAMPS  | GROCERY                  |
|--|--------------------------|
| 25 PINCONNING CHEESE WITH ANY SIZE BREAD   | <input type="checkbox"/> |
| 50 DANISH PASTRY WITH 1-PT 12-OZ BTL LYSOL   | <input type="checkbox"/> |
| 25 DEODORIZING CLEANER WITH 10-OZ JAR SPOTLIGHT  | <input type="checkbox"/> |
| 50 INSTANT COFFEE WITH SIX 3-OZ PKGS   | <input type="checkbox"/> |
| 25 KROGER GELATINS WITH 8-OZ PKG KROGER INSTANT  | <input type="checkbox"/> |
| 25 NONFAT MILK WITH \$1.00 PURCHASE OR MORE  | <input type="checkbox"/> |
| 100 KROGER SPICES WITH 1-LB BAG COLONIAL   | <input type="checkbox"/> |
| 50 VILLAGE CANDY WITH 2-LB PKG COUNTRY   | <input type="checkbox"/> |
| 25 OVEN BAKED BARS WITH 1/2-GAL CTN ORANGE OR RAINBOW  | <input type="checkbox"/> |
| 50 KROGER SHERBERT WITH TWO 6-OZ CANS TREESMEET  | <input type="checkbox"/> |
| 25 ORANGE JUICE WITH 2-LB PKG RUSSETT  | <input type="checkbox"/> |
| 25 HASH BROWN POTATOES WITH 10 CTN KROGER  | <input type="checkbox"/> |
| 25 HALF & HALF WITH 1-LB CTN KROGER LOWFAT   | <input type="checkbox"/> |
| 25 COTTAGE CHEESE WITH ANY PAIR JUBILEE  | <input type="checkbox"/> |
| 100 PANTY HOSE   | <input type="checkbox"/> |
|  | <b>MEAT</b>              |
|  | WITH ANY PKG STEEF OR    |
| 25 CURE STEAKS WITH ANY SIZE ANY BRAND   | <input type="checkbox"/> |
| 100 TURKEY WITH ANY 2 PKGS KROGER WIENERS OR   | <input type="checkbox"/> |
| 50 LUNCH MEATS WITH ANY SIZE HORMEL  | <input type="checkbox"/> |
| 50 CANNED HAM With two 10-oz pkgs Cooked, two 12-oz pkgs Peeled & Drained or one 1 1/2-lb pkg Peeled & Drained | <input type="checkbox"/> |
| 50 SINGLETON SHRIMP with 2-lbs or more extra lean Ground Hamburger, Ground Chuck or                            | <input type="checkbox"/> |
| 50 GROUND ROUND WITH 2-LBS OR MORE CENTER CUT  | <input type="checkbox"/> |
| 50 CUT HAM SLICES  | <input type="checkbox"/> |
|  | <b>PRODUCE</b>           |
| 25 WITH \$1.00 PURCHASE OR MORE  | <input type="checkbox"/> |
| 100 HOLLAND BULBS WITH   | <input type="checkbox"/> |
| 25 RUBBER PLANT @\$4.99 WITH 3-LB BAG  | <input type="checkbox"/> |
| 25 APPLES WITH 8-LB BOX MICHIGAN   | <input type="checkbox"/> |
| 50 PEARS OR PRUNES Valid at Kroger Detroit & East. Mich. Mon., Sept. 27 thru Sun., Oct. 3, 1971. TOTAL         | <input type="checkbox"/> |



**FRENCH-FRIED SARDINES**

1 or more tins of sardines, according to number of portions desired. (Most tins Norway sardines are packed in 3 1/4-oz. cans). For dinner portions, allow 1 tin per person.

Dry mustard

Drain the oil from sardines and prepare a paste of the oil and dry mustard. Remove sardines from tin and spread the paste evenly over each sardine. Roll in bread crumbs. Place in a wire basket or French fry in deep fat until sardines turn golden brown. Drain off the excess fat. Serve hot in a covered casserole.