

New Home Is Present For Couple

Mr. and Mrs. Bernard Klein celebrated their 50th wedding anniversary recently by moving into their new home on Royal Grand, Redford Township. Long-time residents of the Detroit area, the home was their anniversary present to themselves.

Both Mr. and Mrs. Klein are retired City of Detroit employees. Klein served as assistant hallmaster for the Detroit House of Correction and retired in 1952, and Mrs. Klein was a senior clerk with the Detroit Police Department until her retirement in 1967.

They have one daughter, Mrs. Patricia Katina, also of Redford Township, and a granddaughter, Sherry.

Mr. and Mrs. Klein were married in Monroe on Oct. 5, 1921.

Convenient Food May Be Thrifty

* Many people think of convenience foods as costing considerably more than similar, homemade products. But this assumption doesn't apply to all convenience foods, point out University of Illinois Extension foods and nutrition specialists.

A recent study of prices in three Washington, D.C. supermarkets showed that the cost of convenience foods ranged from slightly less to as much as three times more than the cost of ingredients needed to prepare comparable foods at home.

IN COMPARING four commercially prepared, frozen, ready-to-heat dinners—meat loaf, beef, fried chicken and turkey—with homemade ones, the researchers found that the commercially prepared dinners cost more. In fact, costs ranged from about 25 per cent more for the beef dinner to 110 per cent more for the fried chicken meal.

For pot pies, another popular convenience food, it was found that price varied considerably between brands. In part, price difference was due to the amount of meat or poultry used in the pie. For instance, one brand of beef pie cost twice as much as the homemade pie, but another brand cost about the same amount. However, the less expensive pie contained only three-fourths the amount of meat as that in the homemade pie.

The price of frozen, ready-to-heat chicken chow mein ranged from 20 to 80 per cent above that of homemade chow mein. But canned chow mein cost only seven per cent more. Cheese pizza made from a packaged mix cost only slightly more than the pizza made from scratch. But frozen pizza cost 60 per cent more.

The bakery products compared in the study ranged in price from slightly less to one-third more than their homemade counterparts. Frozen waffles, heated in the toaster, cost three times as much as homemade waffles. But canned, chilled biscuits, ready-to-bake, cost only one-third more than home prepared biscuits. Ready-to-eat, no-bake apple pie cost 80 per cent more than homemade pie. On the other hand, pound cake, brownies, sugar cookies and waffles made from a packaged mix, as well as ready-to-eat brownies and sugar cookies, cost about the same as similar products prepared at home.

DESPITE THE increased costs, many convenience foods may be good buys for homemakers with limited time or cooking ability. The built-in services, such as cleaning, peeling, cutting, measuring, mixing and cooking may be worth the higher price for some homemakers.

For persons who live alone, convenience foods offer variety and no-waste individual servings. Miss Acker recommends that you guard against spending more for built-in services than intended. Carefully compare convenience foods with those made at home according to the costs of equal size and equal quality servings.



Up To **1300 EXTRA**
Top Value STAMPS
WITH COUPONS & STRIP IN THIS AD!

Fryer Sale!
U.S. GOV'T. INSPECTED
WHOLE **Fresh Fryers**
25¢
U.S. GOV'T. GRADED CHOICE
Rib Steaks.....**\$1.08**
GLLENDALE FLAT OR ROUND
Boneless Ham.....**88¢**
U.S. GOV'T. GRADED CHOICE BONELESS
Boston Roll Roast
98¢

Mixed **Fryer Parts**
3-Hinquarters with back, 2-Forquivers with back, 2-Wings & Giblets
25¢
NO LIMIT!
SERVE N SAVE
Skinless Wieners.....**3 PKGS \$1.69**
KWICK KRISP
Sliced Bacon.....**2 LB \$1.09**
MARHOEFER OR PATRICK CUDAHY WHOLE
Ball Park Franks. They plump when you cook 'em.
88¢ lb.

VALUABLE COUPON
50 Extra Top Value Stamps
ON PURCHASES TOTALING \$5 TO \$9.99
Not including Beer, Wine or Cigarettes at Kroger in Det. & East Mich. Coupon valid Mon., Oct. 11 thru Sun., Oct. 17, 1971.
COUPON A
A Coupons A and C are worth 200 Top Value Stamps with purchase of \$20.00 through \$29.99

VALUABLE COUPON
100 Extra Top Value Stamps
ON PURCHASES TOTALING \$10 TO \$14.99
Not including Beer, Wine or Cigarettes at Kroger in Det. & East Mich. Coupon valid Mon., Oct. 11 thru Sun., Oct. 17, 1971.
COUPON B
B Coupons B and C are worth 250 Top Value Stamps with purchase of \$25.00 through \$29.99

VALUABLE COUPON
150 Extra Top Value Stamps
ON PURCHASES TOTALING \$15 TO \$19.99
Not including Beer, Wine or Cigarettes at Kroger in Det. & East Mich. Coupon valid Mon., Oct. 11 thru Sun., Oct. 17, 1971.
COUPON C
C Coupons A, B and C are worth 300 Top Value Stamps with purchase of \$30.00 or more

Pork Chops
79¢
LOIN SLICED INTO

SAVE 11¢
WITH THIS COUPON AND \$5.00 PURCHASE OR MORE
RICH TOMATO FLAVOR
Heinz Ketchup
22¢
1-LB 4-OZ BTL
LIMIT ONE
Good Mon., Oct. 11 thru Sun., Oct. 17 at Kroger in Det. & East Mich. Subject to applicable state & local sales tax. Limit one coupon.

SAVE 14¢
WITH THIS COUPON AND \$5.00 PURCHASE OR MORE
ASSORTED COLORS
Bounty Towels
22¢
JUMBO ROLL
LIMIT TWO PLEASE!
Good Mon., Oct. 11 thru Sun., Oct. 17 at Kroger in Det. & East Mich. Subject to applicable state & local sales tax. Limit one coupon.

KROGER FRENCH, ITALIAN OR
1000 Island Dressing
49¢
PT BTL

SPECIAL LABEL
Ajax Cleanser
22¢
1-LB 5-OZ CAN
ASSORTED FLAVORS
Faygo Pop.....**9 12-FL OZ CANS \$1**

Cold Remedies
PAIN FORMULA
Anacin Arthritis.....**100-CT BTL \$1.82**
DECONGESTANT
Dristan Tablets.....**24-CT \$1.09**
DRISTAN
Nasal Mist.....**15-CC BTL \$1.09**
FAST PAIN RELIEF
Anacin Tablets.....**100-CT \$1.19**
FAST PAIN RELIEF
Bayer Aspirin.....**50-CT BTL 49¢**

SAVE 20¢
With this coupon and \$5.00 purchase or more
WHOLE BEAN—FRESH ROASTED
Spotlight Coffee
3 LB \$1.79
Mon., Oct. 11 thru Sun., Oct. 17 at Kroger in Wayne, Macomb, Oakland, Washington, Livingston & St. Clair Counties. Subject to applicable state & local sales tax. Limit one coupon.

SPECIAL LABEL
Gallon Clorox.....**PLASTIC JUG 49¢**
Kroger 1-lb Crinkle Cut or Regular or 1-lb 4-oz PKG
Shoestring French Fries.....**19¢**

ASSORTED FLAVORS
Hi-C Drinks
29¢
1-QT 14-OZ CAN

CLOVER VALLEY
Freestone Peaches
25¢
1-LB 14-OZ CAN

ASSORTED FLAVORS—KROGER
Ice Milk
55¢
1/2-GAL CTN

Sunshine Fresh Fruits & Vegetables!
Michigan Cider
77¢
NEW CROP
RED OR WHITE SEEDLESS
Florida Grapefruit.....**5 LB BAG 89¢**
U.S. NO. 1 MICHIGAN
White Potatoes.....**20 LB BAG 79¢**

HILLCREST
Pear Halves
4 \$1
1-LB 14-OZ CANS

RICH'S NON-DAIRY
Coffee Rich.....**QT 28¢**
INDIVIDUALLY WRAPPED
Kroger Cheese.....**12-OZ BKG 59¢**

RECEIVE UP TO 1000 EXTRA Top Value Stamps
WITH STRIP BELOW
PLEASE PRESENT THIS STRIP TO CASHIER TO CHECK OFF ITEMS

1/2 STAMPS	GROCERY	
50	BATHROOM CLEANER WITH 4 PKGS	<input type="checkbox"/>
25	DRINK AID MIXES WITH 10-0Z JAR SPOTLIGHT	<input type="checkbox"/>
100	INSTANT COFFEE WITH ANY 1-LB PKG COLONIAL	<input type="checkbox"/>
50	VILLAGE CANDY With any Milk Glass Container of	<input type="checkbox"/>
25	KROGER SPICES With one 2-lb bag Kroger Frozen Pumpkin	<input type="checkbox"/>
25	MINCE MEAT PIE With PT CAN KROGER FROZEN	<input type="checkbox"/>
25	ORANGE JUICE WITH 1/2-GAL CTN KROGER	<input type="checkbox"/>
50	SHERBET WITH PT CTN KROGER	<input type="checkbox"/>
25	SOUP CREAM WITH ANY 2 PKGS	<input type="checkbox"/>
50	BROWN & SERVE ROLLS With any pkg Hillcrest New York Shop or Sliced Cakes	<input type="checkbox"/>
25	LONGHORN CHEESE WITH 12 1/2-OZ CAN COUNTRY CLUB	<input type="checkbox"/>
50	MIXED NUTS	<input type="checkbox"/>
	MEAT	
100	CANNED HAM WITH ANY 2 PKGS KROGER WIENERS OR	<input type="checkbox"/>
50	LUNCHEON MEATS WITH 2-LB OR MORE CENTER CUT	<input type="checkbox"/>
50	HAM SLICES With any pkg Rib or Loin Center Cut	<input type="checkbox"/>
50	PORK CHOPS With any Family Pak or 2 Snack Pkg	<input type="checkbox"/>
50	DRUMSTICKS OR THIGHS With any size pkg Gordon's Pork Links or ROLL SAUSAGE	<input type="checkbox"/>
25	With any size pkg Extra Lean Hamburger, Ground Beef or	<input type="checkbox"/>
50	GROUND ROUND WITH ANY PKG MRS. PAUL'S	<input type="checkbox"/>
25	SEAFOOD With 2 pkg Sharp Rib, Bone-In Rib, Neck	<input type="checkbox"/>
25	BONES OR BEEF SHANKS	<input type="checkbox"/>
	PRODUCE	
50	With \$1.00 PURCHASE OR MORE	<input type="checkbox"/>
50	HOLLAND BULBS WITH \$1.00 PURCHASE OR MORE DATES OR	<input type="checkbox"/>
25	GLACE FRUIT	<input type="checkbox"/>
	Valid at Kroger Det. & East Mich. Mon., Oct. 11 thru Sun., Oct. 17, 1971. TOTAL	

VALUABLE COUPON
THIS COUPON WORTH \$1.00 TOWARD THE PURCHASE OF
Round Cake Pan
EVER-CLAD \$2.59 Price
TEFLON \$1.00 Coupon Value
You Pay \$1.59 With Coupon Limit One
Oct. 11 thru Nov. 20, 1971 at Kroger Det. & East Mich.

VALUABLE COUPON
THIS COUPON WORTH \$1.00 TOWARD THE PURCHASE OF
10" Open Fry Pan
EVER-CLAD \$3.29 Price
TEFLON \$1.00 Coupon Value
You Pay \$2.29 With Coupon Limit One
Oct. 11 thru Oct. 17, 1971 at Kroger Det. & East Mich.