

Breakfast Habits
In a survey conducted by a home economics publication, approximately 49,000 students were questioned as to their breakfast habits. About one-third of these—16,736—had eaten what nutritionists consider an adequate breakfast. But almost 8,000 had eaten no breakfast whatsoever, and 1,250 had had only a cup of coffee.

REPAIR WORK

ON ALL MAKES
OF
HOUSEHOLD APPLIANCES

H. W. Smith

Phone 1546-W
32805 Grand River
Farmington
(Across from the Lumber Co.)

Eye Takes Pictures
Pictures are "printed" on the retina of the eye very much like those formed on chemical plates of cameras. In the case of a photographic negative, a permanent record is desired and the negative is placed in a "fixing" bath. Because continuous vision is desired in the human eye, the chemical changes caused by light, quickly preparing a new plate for the next picture. The eye can "take" about 10 pictures a second.

Overloading Potatoes

Reports of losses due to early decay of potatoes can usually be traced to badly overloaded storage facilities and to improper ventilation. Overfilled bins, blocked alleys needed for proper air circulation, and faulty installation or complete lack of ventilating equipment are chief reasons for storage losses.

Air Express

For flying shipments within the United States, air express began in September, 1927. Only 26 cities were served. A coast-to-coast shipment then spent 36 hours in the air, and made 16 refueling stops. Today's transcontinental trip is an overnight flight of 16 hours. Last year 1,455,000 air express shipments were made, nearly 100 times as many as in the first complete year of the service. This year express cargo has hurtled through the skies at the rate of more than 40 tons each day, over 15 commercial airlines whose routes aggregate 45,000 miles. These air-borne tonnages include lightweight merchandise such as flowers and light-style Easter bunnies, but shipments are headed by machinery, electrical parts and hardware. These items amount to 27 per cent of the total weight.

Strawberry Mulch

Strawberries need a mulch of straw or hay for the winter, both to protect the roots from the alternate freezing and thawing which breaks them and heaves up the then rootless plants, and also to protect the fruit buds from extreme cold. The mulch usually should go on the strawberry bed in late November, before the ground freezes thoroughly. Several inches of straw or hay made the best mulch. Leaves mat down easily and kill some of the crowns of the plants, but may be used if nothing else is handy. Corn stalks are too coarse to give the strawberries much protection without making the covering too heavy and thick. Marsh grass is an excellent mulch.

Good Breakfast

Nutritionists are in practically unanimous agreement that breakfast should provide from one-fourth to one-third of the day's nutritional requirements. The menu which best provides the requirements for this first meal of the day, says the bureau of human nutrition, department of agriculture, consists of fruit or fruit juice, whole grain or restored cereal, cooked or ready-to-eat; eggs, meat or fish; bread; butter or fortified margarine; and a beverage.

Woman Pioneer

Narcissa Whisman, 1809-1847, was one of the first white women to cross the Continent. She was killed at Waitaitapu Mission by the Indians.



Will Review Deferments

Local selective service boards have been directed to review cases of all registrants 18 through 37 years old and deferred in classes 2A, 2B, 2C and 3C. Particular attention will be given registrants under 26 years of age in view of the President's statement that agriculture and industry should release the younger men for military service.

If You Made A Mistake

If you find you made a mistake in your income Tax return and already have filed it, what do you do? If your error was simply one of arithmetic, your mistake probably will be corrected without your action. If you made a mistake in your income or deduction entries, contact the office of the collector where you filed your return. You may need to file an amended return.

Single Ration Book For Food
After food shoppers have used their Brown Y and Z stamps, they do all their food shopping with ration book four. The ration book plan now in effect eliminates use of stamps of four denominations (10, 5, 2 1/2 and 1 points) and less stamps of one denomination (1 point) with one-point ration tokens for change.

Care For 200,000 Babies

Nearly 200,000 babies and their mothers were cared for up to February 1 under the Emergency Maternity and Infant Care Program. Hospital and medical care are provided without cost to wives of service men in the four lowest pay grades, during pregnancy, childbirth and for six weeks after the baby is born, and for the infant during the first year.

Serial Numbers On Gas Coupons
A strip of serially numbered coupons in a cardboard folder will now be issued to renew and applicants of "B" and "C" supplemental gasoline rations, and new "E" and "R" rations for gasoline powered equipment. Serial numbering of coupons is one of the OPA's strongest weapons against the gasoline Black Market. Motorists must still endorse their coupons.

Women Farm Workers O.K.
The work of non-farm women, including teachers, college students, stenographers, and professionals, on farms in the United States during 1943 satisfied farmers who have indicated willingness to employ them more extensively this year. Recruiting is handled by the Extension Service of the Department of Agriculture and the U.S. Employment Service.

Round-Up
As a result of recent OPA actions—glass jars of apples, applesauce, apple juice, and sweet cider will sell at retail for approximately two cents more than the same-sized cans. . . 10,000 new passenger automobiles and 7,500 new bicycles will be available under rationing to civilians in March. . . Ration point values for country butter will be lowered in areas where necessary to move it faster and prevent spoilage. . . Effective June 1, the country shipper may add \$1 a hundredweight to his ceiling price for sales to the ultimate consumer when he makes such milk in amounts up to 800 pounds. Reductions are expected in some lines of lamps and lamp shades which have been selling at excessive prices. . . Lard is temporarily removed from rationing. . . Temporary minimum prices for the 1944 crop of sweet potatoes will remain at levels at which they were frozen last December, except for sales to dehydrators.

WFA has announced that—the price of feed which has been increased one-cent per bushel and field wheat will be sold through grain distributors to carlot buyers.

NEW ROOF \$79.00
Insulated Brick
SIDING \$179.00

Complete Installation
Above Estimates for Average Small Homes

ALL FAMOUS MAKES
20 Year Guarantee, FHA Terms
CALL OR WRITE
SPENCE ROOFING & SIDING
Farmington 1002-W

at established county prices without merchandising charges. . . Canners have been notified to increase their set-asides of canned grapefruit juice for war purposes from 32 to 38 per cent. . . Over 3,800,000 pounds of dried apples and nearly a 1,000,000 pounds of (Zante) currants will be released to civilians. . . 50,000,000 pounds of lard have been released for soap making in March. . . WPA says that—repairs may use up to \$25 worth of authorized material for installing cooking, plumbing, heating, or used air-conditioning or refrigeration units and he may use up to \$250 worth of material for an authorized new air-conditioning or refrigeration system. . . Vitamin A, the "anti-infection" vitamin, has been placed under allocation for the first time to insure equitable distribution in face of mounting demand. . . Agricultural discs for plows, harrows, and other farming implements are expected to be produced in sufficient quantity to balance the first half year's program for 1944. . . Old used collapsible tubes should be turned in at once to drug, retail, and chain stores so that needed tin can be salvaged. . . To save travel, Churchill Downs plans to confine attendance at the 1944 Kentucky Derby to residents of Louisville, Ky., and vicinity, ODT says. . . OPA says rear tractor tires are scarce because materials and equipment are being used in manufacture of airplane tires and urges farmers to repair or recap. . . February airplane production averaged 350 per day, a new high, according to the Aircraft Production Board.

Luminous Identification

The Richmond, Va., fire department recently applied phosphorescent paint to all department hose lines to identify them by number at night so that there will be no danger of getting them mixed up during a blackout. Each 50 foot section of hose carries the number of its engine company in luminous numerals. Previously, with 19 engine companies, each carrying 40 sections of 50 foot hose, the firemen had been confronted with the possibility of serious confusion during blackouts.

Farm Explosives
About five million pounds of dynamite are used annually for agricultural purposes.

Mountain Capital
Bogota, the mountain capital of Colombia, is 8,300 feet above sea level.

We Can Help You SAVE YOUR CAR and Gas...and Tires Too

No matter what make of car you drive—no matter how old it is—no matter what condition it's in, the chances are it'll have to last you until this war is won.

That Means Taking Care of It!

THE TIME TO START IS NOW. And we're the people to help you. We're good at keeping cars running and our service is complete—from changing a tire to overhauling the motor.

Here's a Few of the Things We'll Do For You

ENGINES—Tuned up or Overhauled
CARBURETOR—Cleaned, Adjusted or Rebuilt
FUEL PUMPS—Rebuilt and Replaced
BRAKES—Adjusted and Relined
MUFFLER and TAIL PIPES—Replaced
CHASSIS—Lubrication
CAR WASHING
TIRE—Recapping and Vulcanizing Service
O.P.A. TIRE INSPECTION (No. 79)
SERVICE ON ALL MAKES

Earl Vivier

OLDSMOBILE SERVICE

33205 Grand River Phone 184

Special!

This Week

Pants Cleaned and Pressed 35c

Plain Dresses 95c

Men's 2 or 3 Piece SUITS 95c

WATCH FOR OUR SPECIALS EACH WEEK

Farmington Cleaners

33205 Grand River

THE OLD JUDGE SAYS...



"Judge, would you mind tellin' Charlie here what you told me the other night walkin' home from lodge. I can't word it just the way you did."

"Sure thing, Tim. Here's what I told him, Charlie. There's no such thing as votin' a nation, a state, a county, or even a community dry. We had proof enough of that"

during our 13 years of prohibition. What you really vote for is whether liquor is going to be sold legally or illegally...whether the community is going to get needed taxes for schools, hospitals, and the like, or whether this money is going to go to gangsters and bootleggers. That's the answer, boys...simple as A-B-C."

This advertisement sponsored by Conference of Alcoholic Beverage Industries, Inc.



★ FARMINGTON ★ Latest News Wed-Thurs-Fri-Sat

FREE DISH NIGHTS

"Doughboys In Ireland" Wed.-Thurs.

KENNY BAKER and JEFF DONNELL 8

"Gangway For Tomorrow" 9

MARGO and JOHN CARRADINE

"HAPPYLAND" Fri.-Sat.

DON AMECHE and FRANCES DEE 10

MAN FROM MUSIC MOUNTAIN 11

ROY ROGERS

"THANK YOUR LUCKY STARS" Sun.-Mon.-Tues.

EDDIE CANTOR and HUMPHREY BOGART 12

"ADVENTURE OF A ROOKIE" 13

ALAN CARNEY and WALLY BROWN 14

FREE DISH NIGHTS

"Sign of the Cross" Wed.-Thurs.

FREDERIC MARCH and CLAUDETTE COLBERT 15

"That Natzy Nuisance" 16

BOBBY WATSON and JOE DEVLIN

"POWERS GIRL" Fri.-Sat.

GEORGE MURPHY and ANNE SHIRLEY 17

"APACHE TRAIL" 18

LLOYD NOLAN and DONNA REED

"PRINCESS O'ROURKE" Sun.-Mon.-Tues.

Olivia DeHavilland and Robert Cummings 19

"JOHNNY COME LATELY" 20

James Cagney and Grace George 21

Ration Calendar

MEATS, FATS

SUGAR

SHOES

GASOLINE

FUEL OIL

PROCESSED FOODS

Red AB, BB and CC valid through May 20

Green Stamp K, L and M good through March 20

Blue Stamp A, B, C, D, E, F, G, H, I, J, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z

Brown Stamp Y and Z valid through March 20

Stamp 30 in Book 4 good for 5 pounds for eating indefinitely

Stamp 40 in Book 1 and No. 1 airplane stamp in Book 3 good for 1 pair each until further notice

Stamp 10 in Book 1 and No. 1 airplane stamp in Book 3 good for 2 gallons until used

A-10 good through March 21

B, B-1 and C and C-1 stamps good for 2 gallons until used

Period 3 coupons good through March 13; Periods 4 and 5 through Sept. 30