

LOCALS

Mr. Charles Walling, Mrs. Ray Bowers, of Bowling Green, Ohio, Miss Marie Walling and Mrs. William Burnett attended the funeral of their cousin, Mrs. Helen Campbell Bower in Elsie, Michigan, on Sunday.

Mr. Gordon Way has returned from a two weeks visit with his son, Pvt. Lawrence Way, who is stationed at Lowery Field, Colorado.

do. He was accompanied home by Mrs. Lawrence Way and daughter.

Mr. and Mrs. Nicholas Hautmaki of St. Francis entertained at a farewell party in honor of Lora Jean Herron and Donna Goodrum. Other guests were Mrs. Herron, Mrs. Goodrum, Mrs. Miller and Edith Parker of Farmington. Edith is entering the Institute of Musical Arts in Detroit for further study.

Mrs. Arthur Lamb spent Monday in Northville.

LUNCHES CAN BE MADE ATTRACTIVE

With the opening of Michigan schools, thousands of boys and girls look forward daily with pleasure or chagrin, to opening their lunch boxes each noon hour.

Whether they are privileged to enjoy a nutritious, appetizing meal, or are disappointed by the meagerness and imagination of the home-maker, comments Miss Roberta H. Hershey, extension nutrition specialist at Michigan State college. Stressing the significance of good school lunches, Miss Hershey stresses that each lunch box should contain one-third of the individual's total food supply for the day—protective foods as well as energy foods.

A home-packed lunch need not mean dry sandwiches, soggy pie, and lukewarm coffee left over from breakfast. If the meal planner gives as much care and attention to the packed lunch as she gives to the same meal served at home, the lunch can be a thing of pleasure for the eater.

Select foods that can be handled easily and quickly. When possible, pack foods in the order in which they are to be eaten, but always place heavy foods on the bottom. Be generous with waxed paper and paper napkins. Each lunch should contain an item of meat or poultry product, whole grain or enriched bread, fruit, a vegetable, and milk or cheese.

Vary the kind of bread used for sandwich making. Sometimes quickbreads and plain or fruit muffins offer a welcome change. For sandwich fillings, cottage cheese mixed with chopped green pepper, chopped apple and tart dressing, or chopped cabbage or shredded carrot offers nutrition and variety. An excellent sandwich filling can be made with a mixture of ground cooked meat, one-half as much grated carrot, chopped onion, pickle, dressing, mustard or horseradish. Sliced cold meats are improved by adding "mustard butter," made by working 1/4 cup butter with 2 tablespoons prepared mustard until creamy.

Relishes are appetizers in any lunch box, and should be sent in screw top jars or waxed paper. Suggested are cabbage wedges, celery stuffed with grated cheese and salad dressing, carrot, beet or turnip strips, green pepper strips, beef sticks, pickled cucumbers or crabapples, small whole tomatoes, radishes, lettuce, or raw cucumber fingers.

The lunch box is often the secret of success in an enjoyable lunch. It should be so constructed that a daily scalding keeps it in a sanitary condition, air circulates to prevent mingling of food flavors, and it is of a size and shape easily carried.

YANKS AMUSED BY WASH BOARD



SOMEWHERE IN INDIA—(Passed by Army Censors) — These members of the U.S. Armed Forces are amusedly looking on as an Indian dhobie (public laundryman) quaintly drubs a garment on his primitive "wash board." This is a far cry from the hygienic and scientific methods used by laundries in the good old U.S.A. Note the serious expression of the swarthy "linen beater's" daughter (center) while the Yanks chuckle.

COUNTY AGENT TO ASSIST LAND PURCHASERS

County Agricultural Agent Karl D. Bailey will soon be prepared to offer counsel to industrial workers and returning war veterans who are interested in starting farming operations in Oakland County.

Background information is now being prepared by the farm management staff of Michigan State College under the direction of Clyde O. May. This will be passed on to each agricultural agent to assist him in advising persons seeking help in getting readjusted and located on farms.

Some of the questions that it may be possible for the agent and his local Land Use Planning Committee help answer are: Do I have enough money to buy a farm? Do I have enough background and experience? Am I physically able to do farm work? Is this a good time to buy a farm? Is the farming land in this locality suitable for the type of farming I wish to do?

Information based on farm records gathered by college specialists also will help the prospective buyer in deciding where to purchase a farm.

Several factors that Mr. May believes should be taken into consideration by anyone seeking to buy a farm are:

Michigan land prices for the first half of 1944 averaged about 40 per cent higher than in 1939, which represents the most rapid increase in farm land prices in the history of the state.

Land prices are now at about the same level as 1931.

Land prices reached their peak in 1920 at a price 15 per cent above the 1913 level. The low point in land prices was in 1933 when they were 52 per cent below the 1920 high.

Prices of farm products averaged 100 per cent higher in 1943, while land prices were less than 50 per cent above the 1939 price.

County agricultural agents attended a school of instruction at Higgins lake September 18 and 19 to help prepare them to offer agricultural guidance. The classes were conducted by C. V. Ballard, state county agricultural agent leader.

Ernest L. Anthony, dean of agriculture, Herbert A. Berg, assistant extension director, and E. B. Hill, head of the department of farm management, of Michigan State College, attended a meeting in Detroit September 11 to study the expected back-to-the-land movement.

Mrs. Ziemiak of Detroit and Mrs. Barr of Southfield were Sunday guests of Mr. and Mrs. Louis White.

NORTH FARMINGTON

By Elizabeth Allen
Telephone Q521-R12

Lora Jean Herron and Donna Goodrum left for Bob Jones College in Cleveland, Tennessee, this week.

A Stanley Demonstration was given at the home of Mrs. Emil Pyoral. Refreshments were served to neighbors and friends who attended.

Mrs. Verne LaRue has been ill, but is now recuperating at home. Mrs. Cyril Allen's mother, Mrs. Clara Carter, is recuperating at home after being ill. She arrived home from Mt. Carmel Hospital last week.

The Gabby Wives Club was entertained last week by Mrs. R. Allen. Refreshments were served later in the evening.

Mr. and Mrs. Frank Hough and family have moved from Orchard Lake Road to the city of Farmington, on Farmington Road.

Phyllis Hough and Vivian Fenton won a blue ribbon at the 4-H State Exposition. Phyllis exhibited tomato juice, and Vivian exhibited apple sauce.

Kathy Pyoral is doing nicely at home now after being ill for a few days.

Mr. and Mrs. Douglas Walker from Sterling, Michigan, were the Sunday guests of the Gerald Bangharts.

Mrs. Roxana Pfeiffer was entertained by three young nephews last week. The boys were on vacation for the week, before they returned to school in Detroit.



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