

The Mad Hatters Of March -- Vintage '72

Everyone wore a crazy bonnet with an ecology theme when the Redford Suburban League gathered last week. These were judged best -- the hats, that is.



DORIS WEBER



MARY LOU FREDERICKSON



BETTY KURTZ

Spotlight on Women

m. m. memos

A little press release from one of my friendly neighborhood supermarket chains has some advice on how to get the weekly shopping done most expediently.

Go during lunchtime or dinnertime or when it's the last hour of the day, recommends the release, and the crowds will be small so you can get through faster.

I guess the advice results from careful observation, but my own research over years of trying to get the proper items off those supermarket shelves only partially bears it out.

It seems to me that the number of cashiers available to check you out varies in direct proportion to the crowd size -- so you always have to wait.

Except, as the release says, that last hour of the day. I find there's no time better for solicitous service than when tired employees are anxious to get through work.

But there is one job the supermarkets do with remarkable consistency at any hour of the day. That's cleaning out whatever amount of cash I figure is the absolute top limit that I can spend for groceries.

On one memorable occasion, I checked out of the supermarket line, putting an unexpected \$10 bill back in my purse and expressing surprise over the bonus.

"We'll get it next time," the cashier smiled. They did, too.

—Margaret Miller

Rep. Griffiths Addresses BPW Spring Meeting

U.S. Rep. Martha Griffiths (D-Detroit) will be the speaker for the District IX spring meeting of the Michigan Federation of Business and Professional Women's Clubs in Plymouth Sunday, March 19.

Gathering in the Mayflower Hotel for brunch at 9 a.m. and the meeting at 10 a.m. will be BPW members from the Farmington, Garden City, Livonia, Lola Valley, Plymouth, Northville, Wayne, Westland and South Redford clubs.

MYRA A. ROOSE, District IX director, is in charge of the meeting, and hostess clubs will be Wayne, Plymouth and Farmington.

Special guests will be Charrie Peterson of Southfield, state BPW president, and Stephanie Nowak of Dearborn Heights, recording secretary. Election of new officers is scheduled during the business meeting. Rep. Griffiths is



MARTHA GRIFFITHS

expected to speak about 10:30 a.m.

THE 17TH Congressional district Democrat is a member of the powerful Ways and Means Committee of the U.S. House of Representatives.

Psychologist's Definition

Are You a Healthy, Functioning Individual?

By MARGARET MILLER, Women's Editor

Who moves things in the world today? "The healthy, functioning human being," says Dr. Clayton Lafferty, clinical psychologist.

How do you recognize this healthy, functioning human being?

BY SOME SPECIFIC characteristics, explains the Northville resident who was Northville Town Hall speaker last week.

He does his work because he wants to rather than for the world's approval. That's described by Dr. Lafferty as "intrinsic" rather than "extrinsic" motivation.

He lives in the present, with a bit of attention to the past and the future. "Here and Now orientation," Dr. Lafferty describes it.

And he sees himself as being pretty much in command of his own fate, rather than taking a fatalistic view or putting his trust in luck or magic. He understands "cause and effect relationship," explains the psychologist.

WHERE CAN the healthy, functioning human being make a difference? In business and industry, where Dr. Lafferty does a lot of his work, helping executives find the best ways to relate to each other and to employees.

In the schools, where he feels there are major basic changes that need to be made. And in the whole fiber of national life.

"Only a democracy produces really healthy people," he said in talks in Northville High School and following a celebrity luncheon in the Farmington Holiday Inn. "And you need really healthy people to run a democracy."

Dr. Lafferty pointed out that in defining the healthy individual he deliberately didn't say "normal." "The so-called normal person often isn't too healthy," he added.

IN DESCRIBING motivational differences, the speaker told of tests made on a group of fifth graders, asking them why they felt it was

important to do well in that grade. Among kids not doing well, he said, "There were answers like to please parents, to get to the sixth grade, to get a good job."

"These are socially accepted responses," he said. "But the high achievers said doing well in school is fun, or they enjoyed learning, or it would make them a better person."

The same differences exist among adults, he said, and the person who enjoys his work has to do it better.

AS EXAMPLES of unhealthy time orientation, he mentioned the older person always slightly depressed because he lives in the past and "you can't do anything about the past," and the tourist "who never really sees the Grand Canyon because he's so busy taking pictures of it."

"The proper balance for a self-actualized person is about eight hours in the here and now to one each for the past and future," Dr. Lafferty said.

The idea that it's possible to alter the course of events is a

sign of healthy personality, he said. "But we know that a lot of people in this country don't think it's possible to make changes because they don't even bother to vote," he added.

DR. LAFFERTY described one manufacturing business in Michigan where workers elect foremen, foremen elect supervisors, profits are shared and when layoffs are necessary a number of workers volunteered to take the time off.

"That's an effective company," he said. The main problem with education in America today, Dr. Lafferty said, is that tests show the average child's enthusiasm for learning and belief in his own ability to accomplish it declines steadily from kindergarten to 12th grade.

Innovations such as the ungraded classroom and modular scheduling are at best administrative tools that allow learning to take place," he added. "Whether or not it does depends on a number of factors."

Dr. Lafferty indicated he

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