

**THE FAT IS IN YOUR HEAD**

HOW TO DEVELOP A LIFESTYLE TO TAKE IT OFF AND KEEP IT OFF

by Charlie W. Shedd

author of bestsellers: PROMISES TO PETER; THE STORK IS DEAD; IS YOUR FAMILY TURNED ON?; LETTERS TO KAREN; and LETTERS TO PHILIP.

The man who wrote this book lost 120 pounds... has kept it off for more than 15 years. His exciting new book helps you accept the fact that you're overweight! That you are overeating. The answer? The facts in your head. The cure is in your soul. Through a special relationship with God. By overcoming a lifestyle that makes you obese in an instant state of mind.

Charlie Shedd proved it. The facts in your head. He found his answer. So can you.

Clotbound, #00207, \$1.95

---

**Christian Book Nook**

30719 W. 10 Mile, Farmington 474-7271

MON.-THURS. 9-5 pm  
FRI. 9-9pm - SAT. 10-4pm

**Outstanding Educators Are Named**

Dr. S. James Manila and Margaret Broadman, both of Farmington, have been named "outstanding educators of America" for 1973 by Oakland Community College.

Manila is provost of the Orchard Ridge campus in Farmington. He resides at 36945 Gardemia. Mrs. Broadman, of 25705 Middle Belt, is an associate professor of nursing at the Highland Lakes campus.

Both were selected on the basis of their professional and civic achievements. Their names will appear in the volume "Outstanding Educators of America."

**VILLAGE MALL**  
33335 Grand River at Farmington Road

- Metal Art
- The Klay Komer, Inc.
- Helen's Health Hut
- Golden Fleece
- La Playgirl
- Art Alone
- The Village Goldsmith
- LeCadeau Imports
- Wine Unlimited

Family of shopping in the area - call for our programs.

**JOHNNY CARSON SUITS**  
Many Styles  
WERE \$125  
NOW \$110

**OBENEY MAN'S WORLD**

**DOWNTOWN FARMINGTON TAX SERVICE BUSINESS AND PERSONAL**

Daily 9 a.m. - 7 p.m.  
or by Appointment  
30760 Grand River (Loverly Tax) 477-0638

# OCC Business Students Score

Ten local business and marketing students were among students in a statewide Orchard Ridge campus of

Oakland Community College in Farmington who recently took awards in a statewide competition.

A team placed second in a marketing quiz bowl. Students on the team include Ron Mitnick, 32411 Scotsdale, Franklin; Eric Carlson, 34167 Gloucester, Farmington; Sue Warrakasa, 11379 Arnold, Redford Township and Robert Dwortz of Hazel Park.

meeting; Warren Smith of Detroit third in conducting training meeting; Gary Daien and Nathan Bronstein of Oak Park, third in marketing problem solving team, with Sue Tonner of Birmingham, second in fashion merchandising.

## Science Heads Meet At OCC

Several science department chairmen from Farmington and Southfield high schools will attend a science luncheon on Friday at the Orchard Ridge campus of Oakland Community College in Farmington.

Dr. Charles M. Wynia, chairman of Orchard Ridge's physical sciences department, said the program is designed to establish a liaison between the campus and high school science, mathematics and counseling departments.

Orchard Ridge students won 15 awards during the Michigan Junior Collegiate distributive education conference at Eastern Michigan University. Some of the students will compete in a national competition in May.

Orchard Ridge winners also include Steve Berlow of Huntington Woods who placed second in management decision making and third in sales representation; Frank Lobel of Oak Park, second in sales management meeting; Joel Swain of Bloomfield, second in conducting training

John Fattel, business instructor, is advisor to the Business and Marketing Club. Assisting in the conference were Harvey Bronstein and David Adams, both of the business department, as well as Tina Melhas, part time faculty member who helped students with their projects.

Those attending will include Clarence Haus of Farmington High School, Tom Shalla of Harrison High School, Beverly Schmitt of North Farmington High School, Sister Mary Martina of Our Lady of Mercy, Bertram Brexbaker of Southfield High School and Bill Previtt and Tom Spiedel of Southfield-Lathrup High School.

Winners include Dave Swider, 19822 Goldwin, Southfield, who placed third in chapter activities manual and third in advertising campaign; Robyn Musket, 22680 Twickingham, Southfield, third in individual marketing improvement; and Richard Lundquist, 34016 Alta Loma, Farmington, second in training manual.

Other award winners include Linda Hogarth, 34016 Alta Loma, Farmington, first in management decision making and Mike Beaudoin, 23800 Meadowdale, Franklin, first in executive job interviews.

## Irish Society To Entertain

DETROIT "An Evening With the Irish" will be presented by the Michigan Irish Cultural Society at 7 p.m., Saturday, April 7, in Mercy College, 5400 W. Outer Drive. Admission is \$2 for adults and \$1 for children.

The evening will feature Detroit area singing and dancing talent.

Brian McGowan, 28960 W. Chicago, Livonia, is helping with arrangements. He is president of the society.

Wonders, 11379 Arnold, Redford Township and Robert Dwortz of Hazel Park.

**Grand Opening Sale!!**  
Sylvania Factory Authorized Sales and Service

ANY NAME-BRAND TV TUBE

50% OFF WITH THIS AD

17" Color TV reg. \$19.95 SALE PRICE 269<sup>95</sup> with stand

Model CC315 9" Sylvania Color Tube reg. 99.95 NOW 79<sup>95</sup>

**Old Orchard TV & HOME ENTERTAINMENT CENTER**  
CALL NOW 478-0222 2877 ORCHARD LK. ROAD FARMINGTON TWP.

**ALTERATIONS FREE**  
IS OUR NEW POLICY WITH OUR DISCOUNT OPERATION ON ALL BRAND MAKES

• Suits Regular From \$24 To \$45 Our Discount Price From \$54 To \$140

• Sport Coats Regular From \$69 To \$139 Our Discount Price From \$49 To \$99

• Slacks Regular From \$24 To \$45 Our Discount Price From \$16 To \$30

WE SPECIALIZE IN CADETS & PORTLY (SHORTS - REG - LONG)

**ALTERATIONS FREE**  
• SHIRTS • TIES • BELTS • FORMAL ACCESSORIES

**1/3 OFF**

**OUR ALTERATION DEPT.**  
ON LADIES', MEN'S, CHILDREN'S CLOTHING IS LARGELY EXPANDED

SEE OUR LATEST STYLES IN TUXEDO RENTALS NEW BAR-MITZVA BOYS' FORMALS

**Radom TAILORS & CLOTHIERS**

22141 COOLIDGE, OAK PARK 398-9188  
Just South of 9 Mile Rd. Daily 10-P.M. Thur. 10-9 P.M.

# Are you getting your money's worth on your money?

You do with safe, high earnings at

percent per year

percent per year

On Savings Certificates of \$5000 or more for two years

A two-year certificate savings account in passbook form may be opened with \$5,000 or more... no special "even" figure is needed. Your account may be opened at any time and it will begin earning 6% interest from date of deposit. Interest is paid and compounded quarterly. If you withdraw your money at any time prior to maturity, in accordance with federal regulations, such withdrawn funds will lose 90 days' interest. The amount left on deposit at Standard Federal, provided it is \$5,000 or more, will continue to earn the 6% rate.

On regular, insured Passbook Savings Accounts, with daily interest

Day in... Day out... Any day... Every day... Standard Federal pays 6% daily interest on regular, insured passbook savings accounts from the date of deposit to date of withdrawal. Interest is paid and compounded quarterly. Additions or withdrawals can be made in any amount at any time! And your savings enjoy unsurpassed safety. Accounts are insured up to \$20,000 with the Federal Savings and Loan Insurance Corporation, an agency of the U. S. Government. Get your money's worth by saving at Standard Federal.

## THINKING OF AIR CONDITIONING? What Do You Know About It?

- Every Home Owner Wants to Know...
1. What Systems Method is Best for My Home?
  2. What size do I need?
  3. How much will it cost?
  4. Can I have the proper service when I need it?
  5. Are all warranties the same?
  6. Where can I get the right professional answers?

## OPEN HOUSE FREE AIR CONDITIONING CLINIC

NOW YOU CAN HAVE YOUR QUESTIONS ANSWERED PROFESSIONALLY

APRIL 5 THRU APRIL 29

COME IN -- HAVE A CUP OF COFFEE -- QUESTION OUR STAFF OF EXPERTS -- SEE!

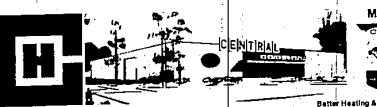
1. An actual operating unit
2. The equipment
3. A professional service dept. &
4. One of Detroit's largest & most modern sheet metal plants

WE OFFER OUR SERVICES TO YOU -- FREE TAKE ADVANTAGE OF US --

For your convenience, our showroom will be open the following special hours:

WED. 9:00 P.M. SATS. 8:00-3:00 SUNDAYS 10:00-3:00

## CENTRAL HEATING CO.



26580 W. 8 MILE RD., SOUTHFIELD 1/2 Mile W. of Telegraph 353-8400

Better Heating & Cooling Bureau

EQUAL OPP. EMPLOYER

**STANDARD FEDERAL SAVINGS**

NORTH  
1500 N. Woodward south of 16 Mile Road, Birmingham  
99 West Maple at Pierce, Birmingham  
3700 West Maple at Lahser, Bloomfield Twp.  
25850 Middlebelt at 11 Mile Road, Farmington  
1405 N. Woodward south of 12 Mile Road, Royal Oak  
29405 Greenfield north of 12 Mile Road, Southfield  
25123 Southfield north of 10 Mile Road, Southfield  
940 East Long Lake Road west of Rochester Road, Troy

WEST  
2699 West Big Beaver Road east of Coolidge, Troy  
17540 Grand River east of Southfield  
25712 Grand River east of Beech Road  
14221 Greenfield south of Grand River  
10641 Joy Road at Manor  
24224 Joy Road west of Telegraph  
18841 Schaefer Road south of McNichols  
17230 Farmington Road north of 6 Mile Road, Livonia

EAST  
14528 East Jefferson at Manistique  
16530 East Warren north of Outer Drive  
11511 Kelly Road at Whittier  
25501 Hester north of 10 Mile Road, St. Clair Shores  
30700 Schoenher south of 13 Mile Road, Warren  
3900 Fourteen Mile Road west of Ryan Road, Warren  
DOWNTOWN DETROIT  
405 Griswold at Jefferson