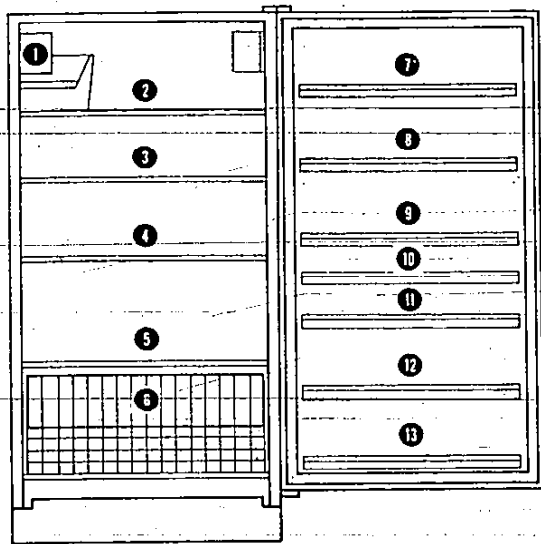
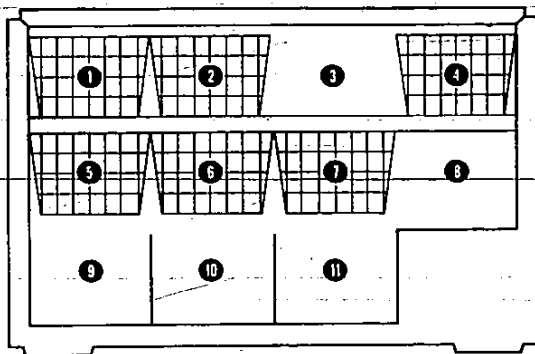


# Freezer Blueprint



**ORGANIZE YOUR FREEZER** if it is an upright by dividing it as follows: (1) automatic ice maker; (2) breads, desserts, ice cream; (3) and (4) temporary storage, fast-freezing; (5) stackable pkgs. of meat, frozen vegetables, fruits; (6) irregularly shaped pkgs. of meats, poultry, fish. On the door: (7) home-prepared and purchased fruits; (8) additional vegetables, fruits; (9) juice concentrates; (10) frozen punches, butter or margarine, cheese; (11) frozen dinners and other fully-prepared foods; (12) frozen dinners and other fully-prepared foods; (13) home prepared soups, sauces, stocks.



A CHEST FREEZER has two tiers of removable roller baskets and below these moveable dividers. Experts suggest you fill the sections like this: (1) desserts, ice cream, baked products; (2) frequently used frozen vegetables; (3) access area; (4) frozen fruits and juice concentrates. In second tier: (5) flat, stackable pkgs. of meats, poultry, etc.; (6) fully prepared main dishes, frozen dinners; (8) free area for fast-freezing. Below baskets keep (9) bulky packages of meat, etc.; (10) cakes and other desserts or fast freezing; (11) other bulky pkgs. (stocks, soups).

The benefits of a home freezer are numerous: It's a reliable "pantry" for your own produce, a cache for gourmet do-aheads, and a budget-sparer that lets you take advantage of seasonal best buys.

But a freezer's advantages are multiplied if you follow an orderly storage system that tells you where things are and when they should be used.

**LABELING AND DATING** all foods (even commercially packaged food) is an important first step, according to home economists. Masking or freezer tape, a marking pen or crayon and an inventory sheet are the tools you will need.

The inventory sheet can be kept in

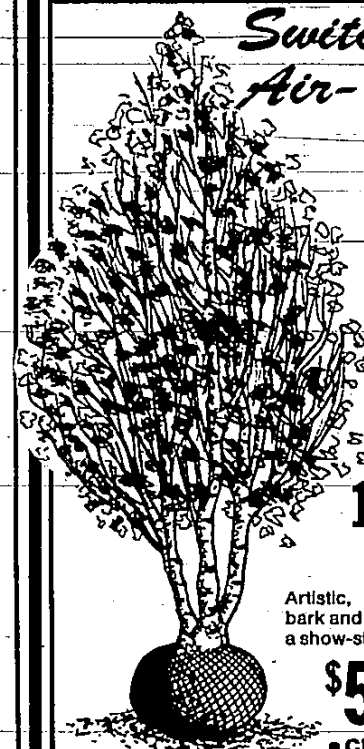
chronological order, it can be organized into sections the same as the freezer. Cross off items as they are used and add new ones as they are stored. Be sure to follow the rule of first-in, first-out.

You will find it easier to locate what you need if you always store like items together. Odd-shaped pieces of meat might go in one area, stackable meats in another. Fully prepared home recipes might go in a third area.

The most frequently used items should be in the handiest spots. For many families, this means frozen vegetables, juice concentrates and ice cream.

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