

Patriotism Must Be Learned, States MSC Parent Education Specialist

Patriotic love doesn't come ready-made. It's something that we build slowly over the years, starting with childhood, says Dr. Elmer Knowles, parent education specialist at Michigan State College.

He explains that learning to love one's country is a chain reaction. A person will not love his country if he doesn't love his state. And in turn that person will not love his state if he doesn't love his community, his home and his parents.

So in this chain reaction of loving one's country enough to fight

and if necessary give one's life for it, all the links in the chain are important. But, says Dr. Knowles, the beginning link is for parents to love each other. This is the emotional foundation on which they base the love for their children. If children are loved, they will feel secure.

Parents must also respect their children as a reflection of their love. Then the children will develop self respect. A child should also be helped or disciplined so he will learn to develop his abilities. Dr. Knowles feels it is important to praise a child for what he does and what he is. From this praise a child will develop his own set of values.

Whether a child reaches adulthood as a worthwhile citizen depends on whether he is loved and learns to love his fellow men.

HE'S IN THE DOGHOUSE



His Car Wouldn't Start and He Was Late to Work. But his Boss Came Through with Some Friendly Advice.

Go To The Union Wrecking Co. and Get a Dismantled Garage

They Have 30 Priced at \$20.00 to \$30.00 Each

Easily Dismantled in Sections Mention This Ad for Our Weekly Special

UNION WRECKING CO.

Affiliated with Union Bldg. Supply Co. Phone 512-21 W. 8 Mile Farm. 0268 Livonia

Springbrook Area Briefs

Mrs. Howard Legg Phone 2265-W

There will be a square dance held at the Farmington High School Friday evening, February 25, beginning at 8:30 p.m.

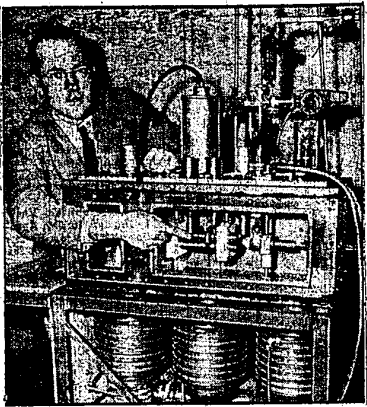
Mrs. Helen Fletcher of LaMar Street is now in Mt. Carmel Hospital recovering from injuries she suffered recently in an automobile accident. It is reported that her stay at the hospital will be lengthy one as cards from her friends would be greatly appreciated.

A number of Springbrook Sub-division residents were at the home of Mrs. Mia Orr last Wednesday evening to honor Mrs. Mildred Hug with a baby shower. Mrs. Hug received many lovely gifts for the new baby-to-be.

Mr. and Mrs. John Aland, Jr. and three daughters have returned home from Gastonia, North Carolina, where they had gone to attend the funeral of Mrs. Junia Walker. Mrs. Walker was the grandmother of Mrs. Aland.

When a wife insists on wearing the pants, some other woman gets to wear the fur coat.

MINSTREL SHOW - MARCH 12



TIME FOR ATOM AGE—Prof. Charles H. Townes, of Columbia University, points to mechanism of his "atomic clock," a device so accurate that it is expected not to vary more than one second from correct time in 300 years.

WEST POINT PARK NEWS

By MISS L. A. AULT TELEPHONE FARMINGTON 1461-M

The Neighborhood Sunshine Sisters met at the home of Mrs. Kenneth Skow on Mayfield Avenue at 10 o'clock Wednesday and enjoyed a hearty, full-course luncheon, served by the hostess. This was a variance from the usual Sunshine meeting procedure.

Significantly, the topic for discussion was "Birthdays." During the month of February, the following Sunshine Sisters and Secret Pals have birthdays: Mrs. Arleigh Hamm, Mrs. Ray Williams, Mrs. Richard Stevens, Mrs. Howard Palmer, Miss Freda Ault and Miss Lora Ault.

A Bible promise chosen for the birthday of each woman present was read; also her "fortune" looked up in a "good fortune book" on hand for reference.

The next Sunshine meeting will be held in the Neighborhood Church on Wednesday, March 2, at two o'clock. This will be the annual "name revealing party" of the Secret Sunshine Pals. Each will bring or send to the meeting a card, note, or gift addressed to the one she has held in secret remembrance during the past year, but having her own name also attached, thus finally disclosing her identity.

Following the revealing of Secret Pal identities, new names will be drawn for the coming year. Each name will be written on a card, bearing important dates also, and placed in an envelope. Envelopes are all placed in a basket, from which each lady on the Secret Pal list will draw one. It becomes the duty of each one to become, secretly, a sort of "cheer sister" and "prayer partner" to the one whose name she has drawn.

At the close of the meeting, light refreshments will be served. Thursday afternoon the Ruth Circle of the Livonia Methodist W. C. C. held a get-together at the home of Mrs. George Young on Shadydale Avenue.

Mrs. V. C. Roddy of Shadydale Ave. Road has Wednesday afternoon guest at a baby shower honoring Marlene Ann, newly-adopted daughter of Mr. and Mrs. Don Robinson of Six Mile Road. The affair was held at the Meinzinger home on Middlebelt.

Mr. and Mrs. William Fisher of Mayfield Avenue left Friday evening for New York City, where they expected to enjoy several days of sightseeing.

Arthur Muir of Shadydale Avenue was a business visitor in Cleveland this past week.

Bob Dickerson of Parker Avenue was a business visitor in Chicago last week.

Miss Betty Barnes of Farmington Road has job offer for her employed in Indiana, and is attending school there. Mrs. Barnes plans to be with her husband and daughter as soon as she can sell the family home on Farmington Road and move the household effects.

The Padot family from Monroe and the Kochanek from Inkster were guests last Sunday evening of Mr. and Mrs. Joe Roberts of Mayfield Avenue.

Mrs. Herman Schult of Shadydale Avenue will spend the coming week with her daughter, Mrs. James Maynard, in Detroit.

While her husband is in the

Health Commissioner Offers Pointers On Safe Weight Reducing Methods

Now is an excellent time to take off those unwanted pounds added to the waists during the holidays, suggests Dr. Joseph C. Molner, Detroit health commissioner. He quotes the proverb, "A lean horse for a long race," and says the serious effect of overweight is only beginning to be appreciated.

Overweight shortens life, reduces efficiency and lessens satisfaction. Heart disease, whatever its cause, is always aggravated by overweight. The fat person works harder performing any task and the bulk of this extra work is done by his heart. Overweight increases the tendency to diabetes, high blood pressure and other diseases of the blood vessels. It causes excessive fatigue, accidents, lack of pulse, shorter life span and reduces working ability.

Trim your figure the safe and easy way. Visit your doctor; he will determine whether or not there is any disturbance associated with your weight problem. When he gives you the go-ahead signal, work with him in planning your diet and stick to it.

Cutting down on food intake is the only way to reduce. It is

Necessary to eat from 500 to 800 calories less each day than the body needs. No advertised reducing pills, fast diets, setting up exercises or health foods will do the trick. Overweight results when more food is taken in than the body needs. Dr. Molner advises persons to beware of too much food high in calories such as pies, cakes, fats, rich dressings, foods cooked in grease, soft drinks, candies and other sweets.

- Here are some "do's and don'ts" that will aid in reducing. 1. Between meal snacks, including alcoholic beverages, candy, potato chips, pretzels, and other similar foods are very high in calories but low in food value. 2. Use lemon or vinegar on salads in place of oil salad dressings. 3. Omit adding sugar to fruit or fruit juices. 4. Omit salad dressing or mayonnaise from sandwiches. 5. Trim the fat off meat. 6. Bake or broil food in place of frying. 7. Avoid sweet spreads and gravies. 8. Eliminate heavy or whipped cream. 9. Drink tea or coffee without

cream or sugar. 10. Avoid using fat as seasoning when preparing food.

It is true that many a professor has never met a payroll, but then many a businessman has never met a class.

John Clappison Sells Insurance

To the Voters of Farmington Township:

I deeply appreciate your support in the Primary and wish to thank you for the confidence you have placed in me over the period of years in which it has been my privilege to serve you.

I trust that as your Supervisor, I can continue to serve you in a capable, efficient, businesslike manner. It is certainly an honor that any loyal American citizen would esteem.

May we, in Farmington Township, go forward as an intelligent, progressive people. In unity is strength - let us work together for the good of our community.

ERNEST V. BLANCHARD Township Supervisor

Save at PLEASURE & LEISURE'S Winter Sale! SALE ENDS SATURDAY, MARCH 5. Our customers who know value are astounded at our regular low prices. Final clearance prices like these defy comparison. Living Room END TABLES \$2000 UP TO 50% OFF. Several Styles of Mahogany DINING TABLES \$50 OFF. DINING ROOM CHAIRS. Values to \$26.00 \$7.00. SELECTED LAMPS 25% to 50% OFF. CHAIRS—Modern, Traditional, Colonial \$49.50. HI-FI PHONOGRAPHS: Columbia 360 Console Reg. \$179.95 \$129.50. Admiral Console Reg. \$249.95 \$179.50. Lowest Down Payment Easy Monthly Payments We Do Our Own Financing.

ANNUAL SALE OF WILLET and DREXEL FURNITURE ENDS FEB. 28 - HURRY!

SAVE \$60.00 ON BRAND NEW 1954 WESTINGHOUSE DELUXE LAUNDROMAT. WAS \$299.95 Now Only \$239.95. WEIGHT TO SAVE DOOR WATER SAVER WASH-AWAY, RINSE-AWAY ACTION. SAVE \$40.00 on WESTINGHOUSE MATCHING DRYER. Was \$219.95 NOW ONLY \$179.95. NO MONEY DOWN EASY PAYMENTS. Open Monday, Thursday, Friday and Saturday Until 9 P.M. 22384 GRAND RIVER

Stop Soft-Bed Backache! And Save in This National SALE! Repeated by Popular Demand. MADE BY A DREXEL ASSOCIATE Serta. Posture-Ease EXTRA-FIRM MATTRESS. FIRM, HEALTHFUL, BUTTON-TUFTED-ATA FIRM YOU'VE NEVER BELIEVE POSSIBLE FOR THIS HIGH QUALITY! ONLY \$39.75. SALE STARTS TODAY! And Positively Ends March 1, 1955. Now SERTA again offers you the country's outstanding mattress value with the healthful firmness doctors recommend, but at a terrific bargain price we dare not continue once this sale is over. Compare with other button-tufted mattresses with much higher price tags. Buy now for the savings of a lifetime! YOUNG! All These Health and Quality Features: 1. Healthfully-firm interlocking... 2. Thick insulator pads reinforced with wire mesh "Perm-A-Loater"... 3. Long-lasting coverings... 4. Upholstered with cotton felt... 5. Firmly button-tufted, Taped seams... 6. Matching Box Spring. Made by SERTA—Makers of the smooth-top "PERFECT SLEEP" MATTRESS. BUY NOW AND SAVE... KE. 1-7300

REGISTRATION NOTICE FOR Biennial Spring Election MONDAY, APRIL 4, 1955

To the QUALIFIED ELECTORS of the TOWNSHIP OF FARMINGTON, COUNTY OF OAKLAND, STATE OF MICHIGAN:

Notice is hereby given that in conformity with the "Michigan Election Law," I, the undersigned Clerk, will, upon any day, except Sunday and a legal holiday, the day of any regular or special election or primary election, receive for registration the name of any legal voter in said Township not already registered who may APPLY TO ME PERSONALLY for such registration. Provided, however, that I can receive no names for registration during the time intervening between the Thirtieth day before any regular, special or official primary election and the day of such election.

NOTICE IS HEREBY GIVEN that I will be at the following place, Farmington Town Hall on Monday, March 7, 1955 -- Last Day The Thirtieth day preceding said Election

As provided by Section 10, Chapter 1, Part 2(a) Act No. 306, Public Acts of 1929, as amended by Act No. 291, Public Acts of 1945 and Act No. 108, Public Acts of 1951.

From 8 o'clock a.m. until 8 o'clock p.m. on each said day for the purpose of REVIEWING the REGISTRATION and REGISTERING such of the qualified electors in said TOWNSHIP as SHALL PROPERLY apply therefor.

The name of no person but an ACTUAL RESIDENT of the precinct at the time of registration, and entitled under the constitution, if remaining such resident, to vote at the next election, shall be entered in the registration book.

UNREGISTERED PERSONS NOT ENTITLED TO VOTE SEC. 1. The inspectors of election at any election or primary election in this State or County, Township, City or Village hereof, shall not receive the vote of any person whose name is not registered in the registration book of the precinct in which he offers to vote. (As provided under Act 108, P. A. 1951.)

HARRY N. MCCrackEN, Township Clerk