

BREAKFAST BEST MEAL OF THE DAY, EXPERT STATES

Breakfast should provide from one-fourth to one-third of the day's total food requirements, Dr. Joseph G. Molner, Detroit, consultant of health, states.

In the twelve hours since the last meal the body has burned up energy that must be replaced with food. Eating a good breakfast is a good way to properly nourish your body and build resistance to illness.

Many people do not eat a good breakfast. Irregular working hours or absence of someone taking responsibility for making breakfast accounts for many persons who do not eat a good breakfast. Children sometimes miss preparing their own breakfasts either because the parents do not get up or have already gone to work.

Rather than skip breakfast, people who are trying to lose weight find that they feel much better if they eat something in the morning.

Obituary

Mrs. Magdalena Mary Richert, Mrs. Magdalena Mary Richert, 22435 Shady Ridge Road, died April 25 at her residence.

She was born in St. Clements, Ontario, Canada, March 19, 1885, the daughter of Jacob and Catherine (Kretsch) Moser, and had resided in Farmington four years. Her husband, Albert A. Richert, preceded her in death.

A Rosary Service was recited at the Spencer J. Heaney Funeral Home at 7:00 p.m. Wednesday. Requiem Mass was from Our Lady of Sorrows Church at 10:00 a.m. Thursday.

Interment was in Holy Sepulchre Cemetery.

Mr. and Mrs. Richard Miller of Midland were week end guests of the Irving Plums of 33115 Shawassaw Road.

Now Observing White Cane Week

Members of the Farmington Lions Club and the Oakland Lions Club have joined with other Lions Clubs across the nation this week, April 24 to 30, in observance of White Cane Week, dedicated to those who walk in darkness.

Ministers who came to be worn on the Inpel, are being sold locally by these two clubs. All proceeds will be used for aid to persons with defective vision, talking and braille books for the blind, food and shelter for the needy, leader dogs and funds for blind persons in establishing businesses and thus become self-supporting.

Designed to stimulate traffic protection for the blind, White Cane Week calls attention to the special needs of Michigan's 12,000 blind citizens and to the State law which protects them.

The law, passed in 1936, reads: "Any driver of a vehicle who approaches within ten feet of a person wholly or partially blind, carrying a cane or walking stick, white in color or white tipped with red, shall immediately come to a full stop and take such precautions before proceeding as may be necessary to avoid accident or injury to the person wholly or partially blind."

The White Cane idea began in Peoria, Illinois, in 1930 when George M. Bonham, then president of the Peoria Lions Club, presented white canes to the blind of that city. By 1932, the movement became a project of the International Lions Clubs, and since then, thousands of White Cane canes have been distributed to the blind free of charge by Lions Clubs all over the country.

"The White Cane is a splendid symbol, but it is not enough," declared E. L. Gardner, chairman of the White Cane program for Michigan. "Detroit and Michigan Lions Club members believe that they must see persons carrying white canes, they will, for the moment, act as the eyes of the one who walks in darkness. We know that motorists and pedestrians alike will generously recognize this traffic symbol of the blind."

Announce Award Winners In John's Celebration

Award winners for the first four days in the John's Livonia Hardware Company 10th Anniversary Celebration were disclosed Tuesday by store officials.

William A. Kelly, 32905 LaMoine, was the winner on April 21; Roy Johnson, 15046 Fairfield, winner April 22; E. Crosby, 11704 Morgan Plymouth, winner on April 23; and D. Ewald, 15558 Doris, winner on April 25.

A recent visitor at the home of the Frazer Hill family was Freeman Butler of Roscommon. Mr. Butler was formerly a resident of Farmington.



SLIGHTLY CONFUSED is Frank Kayfer, of the Western Electric Company. He is faced with the tricky task of separating multi-wired cables into individual circuits which will permit intricate switching equipment in Farmington's new dial telephone office.

Drifting About In The 'Subs'

WOODHINI - SPRINGBROOK - FLORAL PARK
Mrs. Howard Legg Phone 2265-W

The home of Mr. and Mrs. William Sullivan at 25751 Brookside was the scene of a dinner and house party recently. Among the guests in attendance were Mrs. Claude Dodson of Clayton, Georgia, is visiting at the home of his niece, Mrs. Bessie Mae Aland, and her family.

Continued to her home because of a broken leg received in an auto accident is Mrs. Lester Lenz of Cora Street.

Mrs. Mary Ann DeWalter entertained Tuesday evening at a ceramic demonstration with about twenty from this area present.

The Intermediate Group from the Farmington Methodist Church enjoyed an evening of roller skating on Saturday. Mrs. Rose Mahoney and Leonard Stidwell accompanied the group.

Appear With Pet Burro On Dave Garroway Show

Alan and Terry Kerby, 8 and 6 years old respectively, were happy youngsters last week. They appeared on the Dave Garroway television show with their pet burro, "Padro," last Thursday morning.

The children's parents are Mr. and Mrs. Nathan Kerby of 21311 St. Francis Street.

Farmington Law Violations

JUSTICE COURT

Malvin McKee, Detroit running red light, U. S. 16 - Middlebelt, \$5 cost.

Glen Buege, Detroit, truck on posted road, 14 Mile, \$15 fine, \$10 cost.

Donald Moody, Northville, running red light, U. S. 16 - M-102, \$5 cost.

Frank Radford, Detroit, running red light, U. S. 16 - Middlebelt, \$5 cost.

George Atwell, Detroit, running red light, U. S. 16 - M-102, \$5 cost.

McClary, Detroit, no mud flaps, U. S. 16, \$5 cost.

Archie T. Patterson, Farmington, operating on posted road, Farmington Road and Ten Mile, \$15 fine, \$10 cost.

Norman Dupuis, Ferndale, operating in posted road, 14 Mile, \$15 fine, \$10 cost.

Harold MacLeod, Detroit, operating on posted road, Bates, \$15 fine, \$10 cost.

Charles Elias, Royal Oak, running red light, U. S. 16 - Middlebelt, \$5 cost.

George Levanberger, Lansing, passing on hill, U. S. 16, \$10 cost.

Josephine Brook, Farmington, reckless driving, \$25 fine, \$25 cost or 5 days.

Kenneth Decker, Wyandotte, speeding, U. S. 16, \$5 fine, \$10 cost.

Paul Peltzer, Milford, expired operator's license, crossing yellow line, \$15 copy (total).

Robert Jamison, Detroit, excessive noise, U. S. 16, \$10 cost.

Nello Kuehn, Dearborn, running red light, U. S. 16 - M-102, \$5 cost.

William Bowman, Detroit, no mud flaps, U. S. 16, \$5 cost.

Bernard Lodge, Livonia, running red light, U. S. 16 - Middlebelt, \$5 cost.

Nathaniel Love, Detroit, no mud flaps, U. S. 16, \$5 cost.

Franklin Linder, Farmington, speeding, Orchard Lake Road, \$15 fine, \$10 cost.

Peter Clark, Jr., expired operator's license, U. S. 16, \$5 cost.

Harold Harding, Detroit, no mud flaps, U. S. 16, \$10 cost (total).

John Zaccagnini, Oak Park, no mud flaps, M-102, \$5 cost.

Ruth Bain, Farmington, running red light, Middlebelt - M-102, \$5 cost.

Howard Sherman, Detroit, speeding, U. S. 16, \$20 fine, \$10 cost.

John C. Smith, Detroit, operating on posted road, Farmington Road at Ten Mile, \$15 fine, \$10 cost.

Ednard Bradfute, Plymouth, passing on hill, U. S. 16, \$10 cost.

Peter Tocco, Jr., running red light, Orchard Lake - Maple, \$5 cost.

Ronald Kelly, Detroit, noisy muffler, U. S. 16, \$10 cost.

Richard Paige, Detroit, noisy muffler, U. S. 16, \$10 cost.

Shepard Norton, Lansing, passing school bus, U. S. 16, \$5 cost.

Farhat Albert, Lansing, passing on hill, U. S. 16, \$10 cost.

Dall Graham, of the U. S. Navy, has arrived from Delaware to visit with his parents, Mr. and Mrs. Louis Graham, on Mayfield Avenue. The young man is being transferred to Greenland.

A Navy submarine, the USS Pickard, holds a record for the longest underwater cruise by steaming 5,194 nautical miles from Hong Kong to Pearl Harbor without surfacing.

STATE DEMOCRATIC MEET TO ATTRACT LOCAL RESIDENTS

Eugene F. McCarthy, Democrat from Minnesota, is the featured speaker. The Michigan Federation of Democratic Women is sponsoring the affair. Mrs. Burnett Staebler, of Ann Arbor, is program chairman.

But you will do better at Ken Cross Used Cars, 29408 Grand River at Tulare.

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CASH and CARRY

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We'll take your old car and give you \$1500!

The "cookbook" will be "Written in Lansing Saturday, April 30, when Democratic women from every part of Michigan gather at Democratic Women's Day at the Lansing YWCA, beginning at 9 a.m. Mrs. Jean R. Lee of Farmington, Oakland County vice-chairman, announced this week.

Several women from the Farmington area have indicated intention to attend. Reservations may still be made by calling Mrs. Charles Fellows at 1329-J, or Mrs. Lee at 2932-M.

The "cookbook" is the program itself. Mrs. Lee explained. Panel discussions on different problems of political organization will be discussed as the "ingredients" and at the day's end, a general session will review the "recipe" for good government and compile them.

The compiled "cookbook," actually a guidebook to participation in politics by Democratic women, will be issued after the meeting.

Mrs. Nancy Williams, wife of Governor Williams, is honorary chairman of the event, and Rep.

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Sincerely Yours

Letters, submitted to the Editor, for publication must be signed. Opinions expressed in this column are those of the writer and do not necessarily represent the policies of this newspaper.

Dear Sirs:

We thank you very much for the publicity you have always given the Farmington Blood Bank. Such publicity is extremely valuable to the success of our blood program and we want you to know that we do appreciate your cooperation.

Sincerely,
Mary Lenz
And all the Blood Bank Workers.

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