

# 300 TOPS Chapters Ready for Convention March 26, 27

## Daniel Kaepps to Live in Maryland

The marriage of Miss Kay Ann Carssallen, daughter of Mrs. Roy F. Carssallen and the late Mr. Carssallen, to Daniel A. Kaeppp of Livonia was solemnized Saturday, Feb. 6 at two o'clock ceremony at the First Methodist Church, West Branch, by the Rev. Dorraine Snogren.

The bridegroom is the son of Mr. and Mrs. Elmer Kaeppp of Livonia.

The church was beautified with bouquets of American Beauty roses, greens and candleabra and music was provided by Mrs. Snogren.

The bride appeared in a gown of peau de seau designed by Christos and fashioned with a wrapingle "A" line skirt that swept into chapel length train. A panel effect of embroidered Alencon lace graced the front of the controlled skirt and fitted bodice. A matching tapered pillow of Alencon lace held a beautiful veil of imported French silk illusion. She carried a bouquet of white roses, stephanotis and ivy and the bridesmaids carried a bouquet of American Beauty roses and the bridesmaids had pink carnations and American Beauty roses.

Charles H. Carssallen, Jr., and Gregory Carssallen, nephews of the bride, were ring bearers. They were attired in cranberry suits with Eton jackets and shirts with Monmouth collars.

Elmer Kaeppp of Livonia was best man. Serving as groomsmen were Sigmund Gretzner of Dearborn and Edward Taylor of Dearborn. The guests were seated by Greg Kaeppp of Livonia and Richard Gretzner of Dearborn.

Following the ceremony, a wedding reception was held at the Masonic Temple which was decorated with pink and green topiary trees and large pink rings. The wedding cake was made by the bride's cousin, Susan Creigie.

The bride graduated from West Branch High School and Michigan State University and has been teaching in Livonia. Her husband attended Edgewood Ford High School, Dearborn Junior College, University of Michigan Extension in Detroit



Mr. and Mrs. Daniel A. Kaeppp

being accented by a satin band encircling the bodice while panels of crepe graced the back of the dress. The maid of honor carried a bouquet of American Beauty roses and the bridesmaids had pink carnations and American Beauty roses.

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- DOCTORS SHOE PRESCRIPTIONS CORRECTLY FITTED

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The three hundred TOPS chapters in Michigan will be holding their state convention at Cole Hall on Friday and Saturday, March 26 and 27. Fifty-three of the chapters, with a combined membership of 2,747, are located in the Detroit area.

TOPS (Take Off Pounds Sensibly) is a national non-profit organization devoted to helping overweight people lose excess weight through group therapy. It is the only organization of its kind to receive the approval of the American Medical Association. It is a proven fact that obesity and improper eating are the direct cause of many serious health problems, notably among them are cardiac disease, arteriosclerosis and sugar diabetes.

It is true that not everyone will find group therapy the answer to their weight problem and we cannot deny the existence of the THREATS of the terribly obese lady who will stop on the way home from the meeting and fill up on all the fast food which she has just been told she must not eat. BUT, we also know of the young lady severely afflicted with arthritis who, as a direct result of a 75 pound loss, can now descend the stairs without tears of pain. Of the woman who lost 83 pounds and thereby found her blood pressure restored to normal and the death sentence removed by her doctor. Of the 27-year-old woman, whose loss of 95 pounds brought her a new personality, and (in her words) "her first fate and the start of a new life."

"There are hundreds of such stories to prove that TOPS group therapy is effective in the fight against obesity. We would like the opportunity to tell you more about our organization and would certainly appreciate any help you can give us in regards to publicity," stated Kathleen Wade, publicity chairman, TOPS State Recognition Day.



MARGARET BRADLEY and Doris Takas are crowned "Queens" of the Farmington Branch of the "Tops" organization known as the "Scale Watchers". Both lost 81 lbs.

Two members of the Farmington Tops Club (called the Scale Watchers) celebrated a victory of will power over former habits of self indulgence.

Mrs. Doris Takas of Greenwood Park Ave and Mrs. Margaret Bradley of Jacksonville each had a weight loss of 81 1/2 lbs. Their fellow members of the Scale Watchers gathered at the First Methodist Church on Warner Avenue to watch them crown "Queens" of the Farmington Branch of the "Tops" chapter. It was a thrilling moment for the queens. In addition to the jeweled crowns, they each were awarded a \$25 prize. A bouquet of American Beauty Roses, then gift certificates for individual make-up and hair-styling, and jewelry. In addition the Westbrooke coffee shop will feature the menu that helped them lose weight beginning next Wednesday, March 3.

After the ceremony the "queens" and the audience were invited to partake of a buffet of attractive and low-calorie foods. During the course of the evening we had a chance to talk to Doris and Margaret. Each of their stories ran a parallel course. Both gave the "Tops" club the credit, hands down, for their success in sticking to their chosen goal.

It was hard to believe, looking at these trim figured women that their weight had ever been a problem. Yet, looking at the pictures taken of them at the time they joined "Tops", they had apparently had the appearance of two entirely different women.

A doctor's remark started Doris Takas on her way. On a routine visit, her doctor told Doris flatly that she was shortening her life by continuing at that weight. Margaret Bradley was completely and happily immersed in her family life of making a home for her husband and 10 children. She enjoyed home making and cooked "Sunday meals" everyday in the week. Margaret began to lose weight, and Margaret noticed how much more attractive she appeared and how much more vitality she possessed. She decided to emulate her and joined "Tops" to keep her in line. Like Doris Takas, she took no medication, followed no freak diets, just a steady cutting down on "Tops" intake. She also had fact her oldest son offered to pay her a bonus per pound of a given amount of pounds.

More good things are in store for these determined ladies. A three day trip to New York, with visits to the World Fair is on the agenda. Also on March 26, 27 they will be at the Sheraton Cadillac for the State Day of the Tops organization.

Grace Wycinsky and Gloria Devlin were charming hostesses for the evening and graciously supplied additional information about their club. A new feature is that many men are joining the organization. A scale figure is now becoming as important in a man's scheme of things as it is in a woman's. Anyone interested in joining "Tops" call Phil Lucas (State Campaign Committee and the Board of Managers of the United Church Women.

## Farmington "Scale Watchers" Queens Attend Convention

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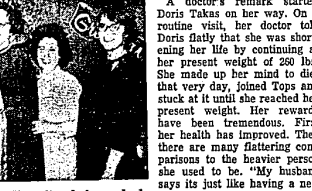


Don Sherman Hubert Auxiliary Report

The Women's Auxiliary of Don Sherman Hubert Post 345 presented an American Flag to the Junior Girl Scouts of Troop 2182 Bulman School.

February 11, the Cub Scouts of Den 6, Pack 423 Stuckey School was presented with an American Flag. The Women's Auxiliary also donated money to the Goodfellow of Redford Township to buy shirts and dresses for Christmas.

Mrs. Jennette Sprangler, Conductress of the Auxiliary is convalescing in her home on Riverview Avenue after major surgery in January.



A JUSTLY PROUD Donna Holtz, after being robed and crowned as the first "Hall of Famer" poses with Officers of the Merri-Bowl Trimmers, a Chapter of the Buxton Belle International.

Left to right are: Betty Yura, Weight Recorder; Rose Lubig, Recording Secretary; Doris Nelson, President; Donna Holtz, Jean Oumedian, Vice Treasurer and Chris Tierman, Treasurer.

## President of Presbyterian Women to Speak in Livonia

Mrs. Luther Berhenke, national president of the United Presbyterian Women, will speak at the March 17 meeting of the Women's Association of the First Presbyterian Church in Livonia.

Her topic will be "New Nations in an Old World" with special emphasis on the work of women. The talk will begin at 8 p.m. in the church social hall.

Guests from the women's associations of seven neighboring churches have been invited to attend the talk. The guests will be from Village Presbyterian Church, Detroit; St. Paul's United Presbyterian Church, Livonia; and St. Timothy's Presbyterian in Livonia; the Women's Association of the First Presbyterian Church of Farmington; Redford Presbyterian, Ward Memorial Presbyterian in Livonia, and the Women from Presbyterian Village.

As national president, Mrs. Berhenke represents 625,000 United Presbyterian Women. She will be stopping in Livonia from her home in Midland, Michigan while enroute to dedicate a new student union building at Knoxville College in Tennessee. Mrs. Berhenke recently visited Africa and Europe as UPW representative, where she attended a meeting of the World Presbyterian Alliance in Frankfurt, Germany.

The African trip, she reports, "added richly to my understanding of the situations faced by peoples of the new nations. It also deepened my concern for the education of whole populations, and especially that of women."

Her husband, a research chemist who is a ruling elder of the church and a lay preacher accompanied her on the trip. "It meant much to me that (he) would also go," she says. "I think we need to let our world see more of us as Americans and christians as couples or families, rather than just as individuals."

By virtue of her office, Mrs. Berhenke is a corresponding member of the General Council of the 313 million-member United Presbyterian Church in the USA. She is also a member of the executive committee of the church's General Mission Consultative Conference, a member of the Fifty Million Fund Campaign Committee and the Board of Managers of the United Church Women.

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## On Committee

Mrs. Joan Cargnel, daughter of Mr. and Mrs. James L. Eyle, 22625 W. Six Mile, Redford Township, served as service chairman for the 1968 homecoming at Evangel College. A junior at Evangel, Mrs. Cargnel is majoring in elementary education. She is a graduate of Redford Union high school. As an Evangel student she has won intercollegiate speech awards.

## Adoption Announced

Dr. and Mrs. James Parshall of Stonerest Dr., Plymouth, announce the adoption of a daughter, Susan Gay, from the Methodist Children's Home Society, Susan weighed in at 8 pounds, 5 ounces on Feb. 9.

## Announcing the Opening of Second Office

Dr. Chas. Miller  
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## Merri-Bowl Trimmers Honor Hall of Famer

Excitement ran supreme at the gala Hall of Fame party at Lot's Arbor-Lil Banquet room for Donna Holtz of the Merri-Bowl Trimmers, a Chapter of the Buxton Belle International.

Donna was the first member of the Merri-Bowl Trimmers to reach the Hall of Fame status.

It was a struggle and sacrifice and after many failures, Donna finally reached her goal and after maintaining her weight for six months, was justly rewarded with a lovely party. Hats, roses, money and gifts from the chapter members.

The Merri-Bowl Trimmers Chapter meets every Wednesday evening at 8:00 p.m. at Riley Junior High School in Livonia. New members are welcome. For further information call Jo Epper at ED 8-6488.



KATHLEEN ALICE O'NEILL

Mr. and Mrs. Harvey J. Beadle of Centralia Avenue, Redford Township, have announced the engagement of their daughter, Kathleen Alice O'Neill to James F. Kennedy. Mr. Kennedy is the grandson of Mr. James F. Byrne of East Detroit. Kathleen is a 1962 graduate of Redford Union High School. Her fiance is a 1960 graduate of Saint Ambrose High School, Gross Pointe. He recently completed four years with the United States Marine Corps. A June wedding is planned at Our Lady of Loreto Church, Redford Township.

Rev. Elsie Johns, of Clarenceville Methodist Church, will be the speaker at the Women's Society of Christian Service, general meeting at Newburg Methodist Church on Thursday afternoon, March 31. Her topic will be "The Disciplined Life."

At 12:30 noon, a dessert lunch will be served by the members of the Lydia Clark Ladies from the Garden City Methodist Church will be guests for this meeting.

Devotions will be given by Mrs. Marilyn Stoner of the Ruth Circle.

## VFW Auxiliary Head Slates Visit to Area

Marie Klugow, national president of the VFW Auxiliary will visit this area March 19 through 22. Six members from the Livonia Auxiliary of Post No. 3841 plan to attend a reception on March 19 in honor of the national president.

Mrs. Klugow will visit the V.A. Hospital in Dearborn and Greenfield Village. She will confer with VFW Auxiliary members in Wayne, Oakland and Macomb counties.

The Livonia auxiliary presented a flag to Girl Scout Troop 2504 recently.

## Disciplined Life Is Topic for Talk

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At 12:30 noon, a dessert lunch will be served by the members of the Lydia Clark Ladies from the Garden City Methodist Church will be guests for this meeting.

Devotions will be given by Mrs. Marilyn Stoner of the Ruth Circle.

## Install Officers

New officers of the Pilgrim Shrine No. 65, Order of the White Shrine of Jerusalem will be March 15 at 8 p.m. at the Plymouth Masonic Temple.

Among the officers to be installed are: Edith Hill, WEP; Margaret Landers, NP; Oren Millard, WOS; Albert Landers, AWOS; Evelyn Brodiehurst, WY; Gerbie Florence Conroy, W Treasurer; Dorothy Wienold, W Chaplain; Joe Kokenacs, W Shepherdess; and Helen White, W Guide.

### LIVONIA'S NEWEST POOLARAMA

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### TROPICAL FISH SALE!

PAINTED MOONS	29c ea.	Bale Good March 19-17
CASBOONS	39c ea.	
GLASS TETRAS	49c ea.	

### AQUARIUM SALE

STAINLESS STEEL - SLATE BOTTOM	10 gal. \$29.20	10-75
	15 gal. \$37.75	23 gal. 13.75

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