

Hot Dish For Cold Weather

By FAITH GILLESPIE
Queen of Heels

Boots are a bother.

I have hated them ever since I was a little girl, when I hate them more, the older I get.

I think they present the single most constant irritation of the winter, beginning in the wet of the fall and lasting through the wet of the spring.

The other major difficulty of winter, the automobile, may seem greater, but its burden lasts a shorter time and is less frequently felt.

Men have a problem because they would rather wear rubbers to work. They think it isn't going to snow, or the snow will let up before noon, and they consequently come home with wet socks.

Women have a terrible time about boots generally, because they wear a great variety of shoes, all of which differ in heel height and width, according to the occasion. Finding boots to fit all the different shoes is as ridiculous as it is impossible.

Shoe boots are the most popular solution, but they create new difficulties. Either you sit with hot feet, or you run around at parties with stocking feet and cold toes, or you carry your indoor shoes in your hand like a pair of empty rice bowls. Or you get a cute little tote bag and forget it the car or leave it at the doctor's office.

The problems of grown-ups with boots, however, are like minnows compared to the whale of a problem with children and boots. It threatens to swallow the staunchest of motherhood.

Any boots saved from last year, when unshared, prove to be too small for the previous wearer and too huge for the next prospect. If new boots are provided all around, a monumental undertaking in both time and money, something happens to them by New Year's. Either everyone's feet grow outrageously, and the new shoes won't fit the old boots, or else the clever children contrive to lose them or shred them.

Maybe the worst thing of all is putting boots on all the preschool feet in the family several times a day. When the mother gets herself down on the floor and begins to push the child develops an instant case of a childhood disease known as Spaghetti Leg.

You know, you push, and spang! like a strand of cooked spaghetti, the leg retracts. No matter how much you try to compel the child to push, spang! All you can do is take hold of the heel of the shoe with one hand and the heel of the boot with the other and manipulate the moving parts yourself. Or give up and keep the kid in.

The total motherly energy generated in this effort across the nation in a normal winter would, if leashed, power the United States Navy. It's a wonder a mother has enough strength to cook. Well, here is a recipe that doesn't take much:

EASY HAMBURGER CASSEROLE

Cook according to package direction a cup of uncooked elbow macaroni (for 4) or up to 2 cups for more people.

Brown 3/4 to 1 pound of hamburger in a skillet with a cut up onion (use the frozen minced onion when you're exhausted). Season to taste with salt, pepper, celery salt, and maybe a little chili powder. Stir in a can of tomato soup and 1/2 can of milk. Mix with cooked macaroni and throw in half a package frozen peas or last night's leftover peas. Place in greased baking dish, top with corn flake crumbs, and bake at 350 degrees for 35 or 40 minutes. And pray for an early summer.



ABOUT LOW PRICES---LET'S TALK

TURKEY

YOUNG
OVEN-READY
FAMILY SIZE
8 TO 12-LB. AVERAGE

29[¢] LB.

U.S. GOV'T. Inspected
LIMIT ONE PLEASE

Tenderloin Steak
U.S. GOVERNMENT GRADED CHOICE

SIRLOIN STEAK 89 [¢] LB.	T-BONE STEAK 99 [¢] LB.
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U.S. GOV'T. GRADED CHOICE TENDERLOIN RIB STEAK 79[¢] LB.
U.S. CHOICE TENDERLOIN BEEF PORTERHOUSE... 99[¢] LB.

CENTER CUT RIB PORK CHOPS
79[¢] LB.
LOIN CHOPS 89[¢] LB.

ALL BEEF HAMBURGER
49[¢] LB.
IN 3-LB TUBE

U.S. CHOICE TENDERLOIN BEEF RIB ROAST
75[¢] LB.
4TH & 5TH RIBS

FRESH BOSTON BUTT PORK ROAST... 49[¢] LB.
FRESH SHORE FROZEN OCEAN PERCH 1-LB PKG 39[¢]
WITH BACK PORTION
FRYER LEGS... 49[¢] LB.

SERVE N' SAVE SLICED BACON 59[¢] LB.
FRESH SHORE FROZEN FISH STICKS 10-OZ PKG 39[¢]
WITH RIBS ATTACHED
FRYER BREASTS... 59[¢] LB.

WHOLE OR HALF SEMI-BONELESS HAMS 69[¢] LB.

KROGER WHITE BRIGHT DETERGENT
1-LB 4-OZ PKG 19[¢]

COUNTRY OVEN ANGEL FOOD CAKE
1-LB CAKE 29[¢]

KROGER ALL WHITE FRESH GRADE "A" LARGE EGGS
2 DOZEN 89[¢]

Frozen Food Specials!
COUNTRY CLUB FROZEN APPLE OR CHERRY PIE 1-LB, 4-OZ PKG 25[¢]
COUNTRY CLUB BEEF, CHICKEN OR TURKEY FROZEN POT PIES 8-OZ WT. PKG 15[¢]
AVONDALE FROZEN FRENCH FRIES 9-OZ WT. PKG 8[¢]

DEL-MONTE BRAND TOMATO CATSUP 2 14-OZ WT. BTL 39[¢]
DEL-MONTE QUALITY FRUIT COCKTAIL 4 1-LB CANS 89[¢]
WILDERNESS BRAND APPLE, LEMON OR CHERRY PIE FILLING 3 1-LB 5-OZ CANS 59[¢]
SUN GOLD BRAND SALTINE CRACKERS 1-LB PKG 19[¢]
GRANULATED PURE PIONEER SUGAR 5 LB BAG 49[¢]
EATMORE GOLDEN MARGARINE 1-LB ROLL 15[¢]
KROGER OR BORDEN'S COTTAGE CHEESE 1-LB CTN 29[¢]

CHEF'S DELIGHT CHEESE SPREAD 2 LB LOAF 49[¢]
20 VARIETIES KROGER BREAD 4 LOAVES 89[¢]

KRAFT SALAD DRESSING MIRACLE WHIP 48[¢] QT
KROGER PUDDINGS OR GELATINS 7[¢] 3-OZ PKG
COUNTRY CLUB SALTED ROLL BUTTER 1-LB ROLL 69[¢]
NORTH BAY BRAND PINK SALMON 1-LB CAN 59[¢]
CAMPBELL'S TASTY PORK & BEANS 1-LB CAN 12[¢]
PREVENT TOOTH DECAY CREST TOOTHPASTE 4 4-OZ WT. TUBE 59[¢]

88 SIZE CALIF. SUNKIST ORANGES
DOZEN 59[¢] 18 FOR 88[¢]
FRESH PURE FLORIDA ORANGE JUICE 5-CAL BTL 49[¢]

FRESH CRISP ICEBERG HEAD LETTUCE
24 SIZE HEAD 29[¢]
SALAD SIZE VINE RIPE TOMATOES 3 LB BKT. 79[¢]

U.S. NO. 1 MICHIGAN POTATOES
10 LB BAG 49[¢]

VALUABLE COUPON Limit One Coupon.
WITH THIS COUPON AND 15 PURCHASE OR MORE BORDEN'S SHERBET OR COUNTRY CLUB ICE CREAM 65[¢] FIRST 1/2 GAL 35[¢] SECOND 1/2 GAL
Valid thru Sun., Feb. 19, 1967 at Kroger Det. & East, Mich.

VALUABLE COUPON Limit One Coupon.
WITH THIS COUPON AND 15 PURCHASE OR MORE KROGER FROZEN FLORIDA ORANGE JUICE 6-FL. OZ. CANS 59[¢]
Valid thru Sun., Feb. 19, 1967 at Kroger Det. & East, Mich.

KROGER VAC PAC COFFEE 2 LB CAN 1²⁹
FRENCH BRAND 2 LB BAG 1²⁹
SLICED DEL MONTE PEACHES 1-LB, 13-OZ CAN 24[¢]

We Reserve The Right To Limit Quantities. Prices And Items Effective At Kroger In Det. & East, Mich. Thru Sun., Feb. 19, 1967 - The Kroger Co.

50 TOP VALUE STAMPS WITH THIS COUPON ON ANY TENDERLOIN BONELESS BEEF ROAST Valid thru Sun., Feb. 19, 1967 At Kroger Det. & East, Mich.	50 TOP VALUE STAMPS WITH THIS COUPON ON ANY PACKAGE ROYAL VIKING DANISH PASTRY Valid thru Sun., Feb. 19, 1967 At Kroger Det. & East, Mich.
50 TOP VALUE STAMPS WITH THIS COUPON ON TWO PACKAGES COUNTRY CLUB WINERS Valid thru Sun., Feb. 19, 1967 At Kroger Det. & East, Mich.	50 TOP VALUE STAMPS WITH THIS COUPON ON ANY TWO PKGS PENNSYLVANIA DUTCH BRAND NOODLES Valid thru Sun., Feb. 19, 1967 At Kroger Det. & East, Mich.
50 TOP VALUE STAMPS WITH THIS COUPON ON ANY 2 PKGS. COUNTRY OVEN SNACK CRACKERS OR ZIPS Valid thru Sun., Feb. 19, 1967 At Kroger Det. & East, Mich.	50 TOP VALUE STAMPS WITH THIS COUPON ON ANY TWO JARS KYROL SPRAY DISINFECTANT Valid thru Sun., Feb. 19, 1967 At Kroger Det. & East, Mich.