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# Parents Of Mental Patients Need Bit Of Help

CHICAGO -- "If the needs of parents of young psychiatric patients are not recognized and dealt with, their suspicions, hostility and anger may obstruct admission to the hospital, or defeat any gains the patient has made, and make further hospitalization impossible," says a University of Michigan psychiatrist social worker.

Generally, said Mrs. Ruth Shade, family crises during treatment are related to the parents' difficulty in accepting: --The existence of mental illness in their child, and the need for hospitalization. --Separation from their patient for prolonged periods of time. --The patient's improvement in therapy.

MRS. SHADE is chief social worker in the adolescent service of the Neuropsychiatric Institute at the U-M Medical Center.

Seeking help, said Mrs. Shade, is precipitated by the urgent wish for rescue from the intolerable behavior of the adolescent and by a sincere desire for the child to have help.

Pressures from friends, relatives, and community agencies like schools and courts add incentive to seek outside help.

Although parents usually experience a sense of relief about deciding to come to a psychiatric clinic, she said, they are also quite fearful about 1968 Motorsports Calendar Available

A complete list of all major 1968 national and international motorsports events can be obtained from Dan Gurney for 10 cents.

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AS THE PATIENT progresses in treatment he begins to show improvement in his hospital behavior and in his attitude toward his parents. But he will still try to manipulate his parents.

Adolescents often resort to running away from the hospital. If this happens early in treatment, parents are usually able to return the patient to the hospital with little difficulty, she said.

"Being of service to parents requires that we recognize their need to perceive us as concerned about them, and about their rights and needs as parents, and their rights and needs to question the treatment regimen and to distrust us as competitive, 'intrusive agents,'" Mrs. Shade said.

"THIS FANTASY," she said, "Helps to relieve their fears that they have permanently damaged their child, and tends to reinforce their need to see the adolescent's illness as a maturational function. This also places responsibility for change on the therapist and may reinforce the parents' resistance to personal involvement in treatment."

Physical separation of the child and his family is necessary, for, beginning treatment, Mrs. Shade said, The parents react to this situation with a "rise in anxiety, guilt, and recurring, intensified doubts about the adolescent's need for hospitalization."

"Letters become a very potent instrument in keeping alive the pathological interaction between parent and child, and are a mutually effective weapon of punishment. Very often patients refuse to write to parents and by their silence invoke parental fantasies of abuse, neglect, and even death."

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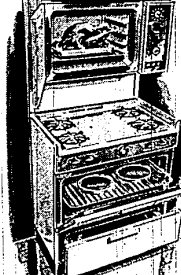






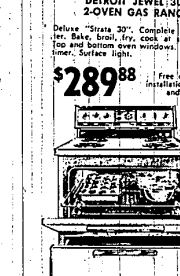

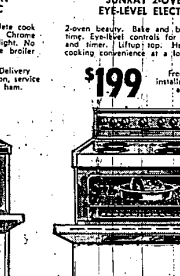



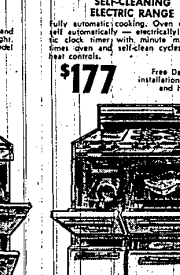
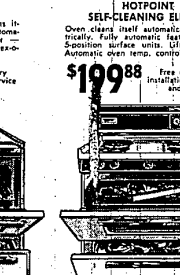



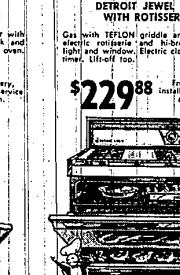
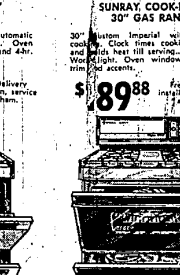
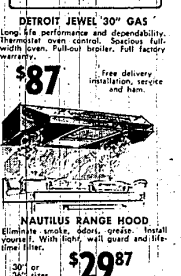
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