

## *Wives Desiring Pregnancy Dislike Pill -- Too Safe!*

LONDON -- Many women who fail to go on taking the contraceptive pill regularly probably do so because they really wish to become pregnant, says a British doctor.

**FAILURE TO PERSIST** with contraceptives is a worldwide phenomenon. In her survey Dr. Thompson found that 30 percent who defaulted gave dislike of the method as their reason for doing so. Surprisingly this figure has remained fairly constant over a number of years.

Dr. Thompson reports the findings of a survey of women who default in the April issue of the British magazine Family Planning.

IT APPEARS some doctors are showing lack of understanding in realizing what women are really seeking when they recommend the pill. One reason for defaults could be difficulty in understanding the problems of patients who come

from backgrounds and cultures widely different from the doctors' own. Despite what a woman tells her doctor, says Dr. Thompson, maximum security against pregnancy may not be what she actually wants.

"The woman may attend a clinic reluctantly, having been sent by her husband," says Dr. Thompson. "She may have a suppressed desire for pregnancy and may wish to achieve this in spite of contraception."

ON THE OTHER HAND she could be emotionally immature, neurotic or mentally subnormal. She might actively desire another baby to demonstrate her own femininity or her husband's masculinity. Or another pregnancy could be her way of tying her husband to her side and dominating him.

size. Husbands, too, may wish their wives to become pregnant—even though this is against their wives' wishes—and remove any form of contraception given. In working-class areas, particularly, it is thought that men may not approve of their wives taking over control of family fertility.

"By understanding these problems and by skillful choice

of a suitable method of birth control, the rate of this type of failure could be reduced but probably cannot be eliminated," Dr. Thompson believes.

**FAILURE TO PERSIST** with contraceptives is a worldwide phenomenon. In her survey Dr. Thompson found that 30 percent who defaulted gave dislike of the method as their reason for doing so. Surprisingly this figure has remained fairly constant over a number of years despite increasing choice in the methods available.

Women who suffer from what doctors have dubbed the "willful exposure to pregnancy" syndrome are probably included in a smaller group who steadfastly maintain that "the method failed."

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AMONG OTHER REASONS given for failure to return to the clinic are dislike of the clinics. Around 30 per cent of those who default give crowd-

ed clinics, long waiting times, lack of privacy or lack of sympathy from the staff as their reasons. This problem could probably be reduced or eliminated as more birth control clinics are established, says Dr. Thompson.

Some women, of course, do not return to the clinic because they have returned to their family doctor and receive advice from him. Others subsequently plan a baby. And a minority of "don't knows" seem unable to decide why they give up.

Dr. Thompson concludes that there are a hard core of patients who will dislike and reject any method of birth control offered to them. But many of those who do fail at present are not of the "hard core" variety and their numbers could be reduced to a minimum by careful selection of contraceptive methods and more perception by doctors into their basic motives for seeking advice.



**PATCHWORK POUF**—This easy cover-up for summer hair-dos is easy to make from scraps. It's packable, too, and will travel easily from city to shore. Free instructions are available by sending a self-addressed, stamped envelope to Nancy Baxter, National Needlecraft Bureau, 430 Park Avenue, New York, N.Y. Ask for leaflet PPF 1333.

## Eggs Can Provide Protein At A Bargain

Take advantage of the egg abundance and get high-quality protein at bargain prices:

Geraldine Acker, University of Illinois foods specialist, offers this tip on getting the most for your money: If there is less than a seven-cent price spread per dozen eggs between one size and the next smaller size in the same grade, you will get more for your money by buying the larger size.

Look for the USDA shield to tell you the grade or interior quality and also the size.

SIZE REFERS to minimum weight per dozen. For instance, extra-large eggs must weigh at least 27 ounces a dozen; large, 24 ounces; medium-sized, 21 ounces; and small-sized, 18 ounces.

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Fresh Fancy, Grade A and Grade B.  
Grade AA eggs are produced

Grade AA eggs are produced under the USDA's Quality Control Program. Such eggs reach the market quickly under strictly controlled conditions, guaranteeing you a fresh, top-quality product.

ALL THREE grades are good to eat. But the top two grades are best for frying and poaching, because such eggs don't spread out very much in the pan and the yolks are firm and high and not easily broken.

Grade B eggs are good for general cooking and baking where appearance is not important. Miss Acker offers these additional tips:

- Buy eggs from a refrigerated case.
- Refrigerate eggs promptly.

at home, large end up, to help maintain quality.

## Underestimate Paycheck Plan Your Spending

Has it ever occurred to you to underestimate your income so you have a starting point on which to plan family spending?

Some authorities say one safeguard is to actually underestimate potential family income instead of count on the flat face value of a salary, points out Helen E. Bell, Extension home management specialist of The Pennsylvania State University. That salary

Not all of it, however, is the take-home pay that keeps the family operating.

IF FAMILY budgets are based

Most families recognize that deductions for taxes, health insurance, social security, and other personal programs take a sizable sum out of total earnings. But knowing this and operating the family budget on what's by hand are two different things. This is why underestimating income is a safeguard says Miss Bell.

A FAMILY with an income which fluctuates on a seasonal basis has even more reason for trying the underestimating system.

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